



Minutes of Regular Meeting
August 27, 2019
Occoquan Conference Room, McCoart Bldg.
1 County Complex Ct., Woodbridge, VA

Present: Cynthia W. Bailey, Brentsville District
Len Postman, Coles District; Vice Chair
Robert D. Chase, Gainesville District
Lana Tobey, Occoquan District
Nancy West, Potomac District (notified Secretary)
Sandra Dawson, Woodbridge District; Chair
Norman Thornton, Representative At-Large
Raymond Beverage, City of Manassas; Secretary
Charlie Montgomery, City of Manassas Park
Sarah Henry, Director, Prince William Area Agency on Aging
Alleen Bagley, President, Friends of Senior Center at Woodbridge
Brenda Carswell, AARP
Diana Paguaga, Commonwealth Council on Aging – 11th Cong. District

Absent: Edna Garr, Neabsco District

Visitors: Officer Truman Paul, Prince William County Police Department
Tracy Maynard, Birmingham Green

1. Meeting was called to order at 10:00 a.m. with introductions made.

2. Citizens Time: Sarah introduced Officer Paul who is with the PWC Police Department Crime Prevention Unit. He is the Liaison Officer to community groups which include African Americans, Hispanic, LGBTW, the Underprivileged, Seniors and Faith-Based Groups. This is a new initiative and, at present, he is the only Officer with six part-time Officers planned. He will be going to each of the Senior Centers. Officer Paul provided his contact information. The COA Secretary will be adding him to our e-mail list.

3. Guest Speaker/Presentation: Brainstorming for the 2020 Legislative Agenda. Results are attached to these Minutes.

4. Administrative Items:

a. Review of Administrative Items in the folder. Informational Items will be reviewed under a separate Agenda Item. Administrative Items may include: Agenda, Monthly

Meeting Minutes, Executive Committee Minutes, any items Entered for the Record, the COA Roster, and the COA Calendar.

b. Minutes dated July 23, 2019, accepted by uniform agreement.

5. Director's Time:

a. Agency Waiting Lists as of August 27, 2019:

- Personal Care – 2
- Adult Day Healthcare (ADHC) – 17
- Home Delivered Meals – 5

b. Agency Vacancies:

(1) Full-time Cook at the Woodbridge Senior Center: interviews scheduled.

(2) Administrative Support Coordinator I: reviewing position.

(3) Program Manager, No Wrong Door Study implantation: waiting on resumes.

c. Program Updates:

(1) Meals-on-Wheels: the GIS work has been finalized for the routes. Planning ride-along to see the routes.

(2) Working on a “Scam Jam” event with AARP for October 26 at the Ferlazzo Building.

(3) The No Wrong Door Expansion (grant via Potomac Health Foundation & DARS) has been very busy. Four new partners identified; fifth in discussion.

d. Agency Meeting and Events: the next PWC Human Services Boards, Commissions & Committees (BCC) meetings will be on August 29th. Meeting starting at 9:00 a.m. at ARC of Greater Prince William, 13505 Hillendale Drive, Woodbridge, Virginia 22193.

6. Chairperson's Time: no items.

7. Old Business: none.

8. Standing & Informational Committee Reports (not all have monthly reports):

a. Housing Board: received a briefing by PWC Neighborhood Services on zoning enforcement. Application in to obtain more Veterans Administration Supportive Housing (VASH) Vouchers. Community Development Block Grant (CDBG) Workshops had 25 attendees in total for both workshops.

b. Northern Virginia Aging Network (NVAN): Next meeting is September 17, 2019. Information on the Annual Legislative Breakfast is on the Agenda. Sarah extended an invitation to the Local Government Appointees to pay their Breakfast Registration Fee if they are interested in going.

c. Friends of Senior Center at Manassas: Len announced planning for the Crafts Bazaar to be held in November and the Manassas Fall Jubilee. The auction was a success. Planning also for a dance in September. The first five pavers for the Memorial Garden are due in; taking applications for more.

d. Friends of the Senior Center at Woodbridge: Alleen extended kudos to Cory for all the new activities. She related the Board appreciates his ideas for new programs/activities which has been something the Board has always done. Alleen also commented on holding an Auction and the Grandparents Day activities. The Yard Sale date is being changed to September or October – check the Center’s newsletter for the date. Planning a dance with a Latin theme in addition to the Cinco de Mayo dinner.

9. New Business: none.

10. Commission Members Announcements.

a. Brenda provided a flyer on upcoming AARP activities. She invited everyone to join her at 1:00 p.m. Thursday at Potomac Mills for the movie “Shaft”.

b. Charlie brought up the recent news article about the Cities of Manassas Park and Manassas withdrawing from the agreement with Prince William County for library services.

c. Nancy thanked everyone for their concern when she was ill.

d. Len will not be at the Executive Committee Meeting on September 10, 2019.

11. Review of Informational Items in Folder.

12. Items for the September 24, 2019, Meeting's Agenda:

a. Meeting in the Occoquan Conference Room, McCoart Building.

b. Presentation: Virginia Insurance Counseling & Assistance Program (VICAP) & Annual Medicare Enrollment Update

c. Voluntary donation to Prince William AAA Team, Walk to End Alzheimer’s

13. Meeting adjourned at 12:05 a.m.

* * Original Signed * *

September 24, 2019

Approved: _____

Raymond M. Beverage, Secretary

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. **Agenda** for August 27, 2019

2. **Guest Speaker/Presentation:** Legislative Brainstorming

- COA Budget & Legislative Positions for the 2019 General Assembly Session
- PWC Human Services BCC Appointees – Agenda for July 25, 2019, Meeting
- Virginia Municipal League (VML) 2019 Human Development & Education Policy

Statement

- 2020 Northern Virginia Aging Network (NVAN) Priorities adopted July 2, 2019
- NVAN 2020 Legislative Priorities Brainstorm Topics

3. **Administrative Items:**

- Regular Meeting Minutes dated July 23, 2019
- Executive Committee Minutes dated August 13, 2019
- COA Meeting Schedule for 2019 with Topic & Recurring Items
- COA Local Government Appointee & Prince William Area Members Roster

4. **Director's Time:** Updates for the Commission on Aging as of August 27, 2019

5. **Chairperson's Time:** No items.

6. **Informational Items:**

- Extract: VACo County Connections 08/23/2019. Mental Health Commission Discusses Major Changes to Structure, Funding of Public Behavioral Health System.

- disAbility Law Center of Virginia: "A State of Stagnation – 246 Psychiatrically-Stable People are Trapped in Virginia's State Hospitals"; Cover Letter and Full Report dated July 16, 2019.

- Virginia Hospital & Healthcare Association Press Release dated August 12, 2019: New Poll Results Show Virginians Continue to Support Medicaid Expansion, Hold Positive Views of Hospitals, Favor Preserving Certificate of Public Need, and Believe Insurers Should do More to Address Surprise Medical Bills and Improve Price Transparency.

- Information Brief – Justice In Aging: "Key Takeaways on the Final Immigration Public Charge Rule." August 15, 2019.

- Administration for Community Living (ACL) 2019 Family Caregivers Profile

- Transportation Cooperative Research Program (TCRP) Research Report 205 Handout: "Social and Economic Sustainability Performance Measures for Public Transportation."

- UVA Weldon Cooper Center for Public Service Stat Ch@t: "Population Projections show that Virginia is aging and growing more slowly."
- Previously Provided as Handout to COA on April 23, 2019; MWCOG Briefing to BOCS on September 3, 2019:
 - MWCOG Resolution R12-2019; April 10, 2019. "Resolution Establishing a COG Housing Strategy Group"
 - NCR TPB Memorandum dated March 14, 2019; Subject: Addressing the Region's Capacity for Additional Housing.
 - MWCOG Memorandum dated September 5, 2018; Subject: Meeting the Region's Current and Future Housing Needs

7. Upcoming Events:

- September 3: PRTC and NVTC Open House on "Commuter Choice Funding Projects"
- September 20: Sentara NoVA Medical Center – Mental Health & Suicide Prevention Resource Fair
- Beginning September 21: 2019 Wills for Vets
- September 27: Prince William Chamber of Commerce – Health & Wellness Council Meeting. Topic: Matter of Balance. Speaker: Jodie Houser, RN, Evidence Based Programs Coordinator, Prince William Area Agency on Aging
- September 28: Sentara Community Day at Sentara NoVA Medical Center
- November 2: The Arc's 25th Annual Conference – Circle of Support
- Flyer: AARP Events in Your Community (Sept – Oct)

ATTACHEMENT AS NOTED IN PARAGRAPH 3

**Prince William Commission on Aging's
Brainstorming Session
For the 2020 Virginia General Assembly Session**

**WORKING DRAFT Listing as of August 27, 2019
Listed for Consideration
Finalize List for Development on September 24, 2019**

Editor Note: Brackets and Stars are placed for reference for use when writing full statement

Carried Forward from 2019 Positions:

Support funding of OmniRide/Potomac Rappahannock Transportation Commission (PRTC) Strategic Plan ~~for transportation which enables person-centered support for Activities of Daily Living and reduction of Social Isolation~~ **to promote the availability and accessibility of transportation options for Older Adults, Persons with Disabilities and Caregivers.**

(***Change to current language used by National Aging & Disability Transportation Center)

Support funding of educational programs for Older Adults, in partnership with Senior Centers, which support the Centers for Medicare & Medicaid Services (CMS) Roadmap to Address the Opioid Epidemic and Substance Use Disorders. **Substance use disorders** occur when the recurrent **use** of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet major responsibilities at work, school, or home (SAMHSA definition; April 2019).

Support funding for educational programs on the benefits and use of Cannabidiol Oil (CBD) or THC-A oil for a diagnosed condition or disease under the provisions of Virginia Code § 54.1-3408.3

From the Northern Virginia Aging Network (NVAN) approved 2020 Legislative Platform:

Note: If adopted by COA, use NVAN 2019 wording which will be available by ~~September 17, 2019~~ October 4, 2019

Require eviction notices (5-day and 21/30 notices) to include contact information for legal assistance.

Clarify in the Virginia guardianship code that any particular clinical diagnosis alone is not sufficient evidence for a finding of incapacity.

Provide living wages, paid sick days, overtime pay, training and a career path for long-term care workers to build a quality, cost-effective workforce.

Appropriate \$974,000, 50% of full funding needed (\$1,947,873) toward bringing the state's Long-Term Care Ombudsman Program up to the state and national standard.

New Items Suggested for 2020:

Support continued funding of the 2019 Medicaid Expansion in the Commonwealth.

Expansion must be accompanied by sufficient State funding for staffing and technology for local Department of Social Services who perform the eligibility & redetermination on behalf of the State.

(*** Use Language from Virginia Municipal League (VML); COA 2017 & 2018 Legislative Priority)

Mandate Builders and Design Professionals offer for new Single Family Homes a visitability and accessibility option, as an alternative to conventional design. The Virginia State Uniform Building Code (SUBC) was amended in 2014 to include this as a voluntary option. The Universal Design Principles incorporated into SUBC improving safety features within the home (www.accessva.org) enable Older Virginians and Persons with Disabilities to "Age in Place".

(*** From COA 2016 & 2017 Legislative Priorities. Check for current language)

Fund the Virginia Housing Trust Fund

The Commonwealth should provide a stable and continuous source of adequate revenue to operate the Housing Trust Fund.

(***From COA 2018 Legislative Priorities. Check for current language from VML; Housing Virginia; and Virginia Housing Alliance.)

Affordable Housing (AFH): include defining "workforce housing"

(***Check with Housing Virginia & Virginia Housing Alliance. MWCOG Regional Housing Study – may provide common language to use – "affordable" needed is \$0 to \$1300 a month rent for PW Area.)

Auxiliary (AG) Grant Funding: two points for inclusion in the statement.

(1) Increase Reimbursement from State. (** \$1,515 as of August 2019)

(2) State take over entire cost of funding the AG Program.

(*** Issue within current FY2019/2020 State Budget:

- surplus funds captured from AG Program as "expenditures in the program have declined by about 12.5 percent over the past three years."

- Use of AG Funding to increase Community Capacity to develop one Assisted Living Facility (ALF) for individuals in State Hospitals with most complex & resource intensive needs with potential for transition to more integrated community setting.)

(***VML Language? Also check on use of AG within Permanent Supportive Housing – see Reports)

► END OF NOTATIONS ◀