



**Minutes of Regular Meeting
September 24, 2019
Occoquan Conference Room, McCoart Bldg.
1 County Complex Ct., Woodbridge, VA**

Present: Cynthia W. Bailey, Brentsville District
Robert D. Chase, Gainesville District
Lana Tobey, Occoquan District
Nancy West, Potomac District (notified Secretary)
Sandra Dawson, Woodbridge District; Chair
Norman Thornton, Representative At-Large
Raymond Beverage, City of Manassas; Secretary
Charlie Montgomery, City of Manassas Park
Sarah Henry, Director, Prince William Area Agency on Aging
Brenda Carswell, AARP
Diana Paguaga, Commonwealth Council on Aging – 11th Cong. District
Officer Truman Paul, Prince William County Police Department

Absent: Len Postman, Coles District; Vice Chair
Edna Garr, Neabsco District

Visitors: Murial Garr

1. Meeting was called to order at 10:00 a.m. with introductions made.
2. Citizens Time: No one spoke.
3. Guest Speaker/Presentation: Rosemari Walker, Medicare Counselor, Virginia Insurance Counseling & Assistance Program (VICAP).
 - a. Medicare Open Enrollment Period is October 14 through December 7.
 - b. Rosemari provided the currently known Medicare updates for 2020 within Parts A, B and D. Premiums for 2020 were not known at time of presentation. Discussion of the Part D Coverage Cap (“donut hole”) which officially closes in 2020 and Medicare Advantage Plans. Virginia’s Senior Medicare Patrol (SMP) reviewed as SMP provides education on how to detect and report when errors are noted on Medicare Summary Notices.
 - c. Rosemari can be contacted at 703-792-4156. Additional information on VICAP and Medicare: <https://www.pwcgov.org/government/dept/aaa/Pages/Medicare.aspx>.

4. Administrative Items:

a. Review of Administrative Items in the folder. Informational Items will be reviewed under a separate Agenda Item. Administrative Items may include: Agenda, Monthly Meeting Minutes, Executive Committee Minutes, any items Entered for the Record, the COA Roster, and the COA Calendar.

b. Minutes dated August 27, 2019, accepted by uniform agreement.

5. Director's Time:

a. Agency Waiting Lists as of September 24, 2019:

- Personal Care – 9
- Adult Day Healthcare (ADHC) – 17
- Home Delivered Meals – 5

b. Agency Vacancies:

(1) Full-time Cook at the Woodbridge Senior Center: Christopher Bohn hired.

(2) Administrative Support Coordinator I: reviewing position.

(3) CRIA (Counseling, Referral, Information & Assistance) Coordinator: Paula Drummer hired and starts Wednesday, September 25th.

(3) Program Manager, No Wrong Door Study implantation: interviews on Monday, September 30th.

c. Program Updates:

(1) “Scam Jam” event with AARP for October 26 at the Ferlazzo Building.

(2) The No Wrong Door (NWD) Expansion (grant via Potomac Health Foundation & DARS) has been very busy – fifth partner identified. NWD Council formation is next with a meeting in October to discuss setup.

(3) The ADHC had a licensure visit by the State and no violations found.

d. Agency Meeting and Events:

- October 3 – Congressman Connolly public meeting - Westminster at Lake Ridge
- October 4 – Northern Virginia Aging Network (NVAN) Annual Legislative Breakfast
- October 15 – the ADHC will be closed for Staff training
- April 15, 2020 – Annual AAA Volunteer Recognition
- May 13, 2020 – Transitions Expo at Potomac Mills Mall
- May 15, 2020 – Older Americans Month Picnic

e. Sarah provided a copy of Birmingham Green's FY2018 Annual Report. The COA will be meeting there next month on October 22nd.

f. Raymond asked Sarah about her meeting with the PWC EMS on September 17th. Sarah related the meeting focused on high-frequency users. A dialogue has been started and information sharing as to what resources are available to EMS as not often known.

6. Chairperson's Time: Sandra reported on the last Housing Board meeting. See Paragraph 8a below.

7. Old Business: Finalize items for the COA 2020 Budget & Legislative Positions. Draft reviewed and items approved. Descriptors to be reviewed by the Executive Committee on October 8th and adoption of the positions to be done on October 22nd.

8. Standing & Informational Committee Reports (not all have monthly reports):

a. Housing Board: Sandra reported the Board received a briefing by PWC Neighborhood Services on zoning enforcement to include hoarding and no drones flying in neighborhoods. Application in to obtain more Veterans Administration Supportive Housing (VASH) Vouchers. Muriel asked if there was additional information about hoarding cases.

b. Northern Virginia Aging Network (NVAN): Raymond referred to the handouts from the meeting on September 17th. Information on the October 4^h Annual Legislative Breakfast is on the Agenda. Sarah extended an invitation to the Local Government Appointees to pay their Breakfast Registration Fee if they are interested in going.

c. Friends of Senior Center at Manassas: no report.

d. Friends of the Senior Center at Woodbridge: no report.

9. New Business: Voluntary donation to Prince William AAA Team, Walk to End Alzheimer's. Donation counted by Lana and Raymond; handed to Sarah. Receipt from Alzheimer's Association:

PWC - PEOPLE WHO CARE TEAM PAGE

This acknowledgement letter verifies your charitable contribution to the Alzheimer's Association. The Association in return for this contribution provided no goods or services. Please keep this documentation for income tax purposes. We are a 501(c)(3) organization.

Your donation details:

Transaction Summary

Transaction Date: 9/24/19

Gift Information

Amount: \$50.00

Recognition Name: Prince William Commission on Aging

Show Gift Amount to Public: Yes

Matching Gifts (Optional)

10. Commission Members Announcements.

a. Brenda also spoke to the upcoming "Scam Jam".

b. Diana related the Commonwealth Council on Aging met on September 18th. They will be adopting their 2020 Legislative Platform; narrowing it to three priorities and a list of ongoing concerns. The three priorities are: (1) funding the State Long-Term Care Ombudsman Program; (2) Increase the Personal Needs Allowance – currently \$40; and (3) LGBT needs in long-term care.

c. Officer Paul related his meeting with Aaron Rebuck at Birmingham Green. There have been concerns about residents "galivanting across" Route 28. He also will be meeting with residents at the Holiday Retirement Center – Fairmont. November 4 is a meeting at Heritage Village.

11. Review of Informational Items in Folder.

12. Items for the October 22, 2019, Meeting's Agenda:

a. Meeting in the Health Center, Birmingham Green 8695 Centreville Road, Manassas, VA 20110.

- b. AAA Programs & Services Report for July 1, 2019 to September 30, 2019
 - c. Approve COA 2020 Budget & Legislative Positions.
 - d. Briefing on and Tour of Birmingham Green.
13. Meeting adjourned at 11:55 a.m.

* * Original Signed * *

Raymond M. Beverage, Secretary

October 22, 2019
Approved: _____

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. **Agenda** for September 24, 2019

2. **Guest Speaker/Presentation:**

3. **Administrative Items:**

- Regular Meeting Minutes dated August 27, 2019, 2019
- Executive Committee Minutes dated September 10, 2019
- COA Meeting Schedule for 2019 with Topic & Recurring Items
- COA Local Government Appointee & Prince William Area Members Roster

4. **Director's Time:**

- Updates for the Commission on Aging dated September 24, 2019
- Birmingham Green's Annual Report Fiscal Year 2018

5. **Chairperson's Time:**

6. **Old Business: 2020 Legislative Budget & Legislative Positions**

- Results of the Brainstorming Session on August 27, 2019
- CMS Roadmap to Address the Opioid Epidemic; June 2018
- The Virginia Housing Development Authority 2019 Guidelines for the Development of Universally Designed Units
- 2019 Universal Design Check List
- Report on Auxiliary Grant Supportive Housing; Virginia Department for Aging & Rehabilitative Services; August 1, 2019
- Permanent Supportive Housing (PSH): *Health & Housing Strategy for Virginians with Serious Mental Illness: A Report to the General Assembly*. Executive Summary only. Full Report available at: <https://rga.lis.virginia.gov/Published/2019/RD100>

7. **Informational Items:**

- Summary of Report to the General Assembly on Regulation of Independent Living Communities; 2019. Full Report available at:

<https://rga.lis.virginia.gov/Published/2019/HD6>

- Northern Virginia Aging Network (NVAN) Meeting on September 17, 2019:
 - Notes compiled by Raymond Beverage
 - Agenda; Summary Notes dated July 2, 2019; Flyer: Northern Virginia Falls Prevention Alliance; 2020 NVAN Priorities
- Virginia Department of Health: Virginia Opioid Addiction Indicators for 2018 within Prince William Health District
- US Administration for Community Living letter dated August 29, 2019; Approval of Virginia Commonwealth's State Plan on Aging for 2019 – 2023.
Approved Plan Available at: <https://vda.virginia.gov/stateplans.htm>
- Program from the "Mental Health & Suicide Prevention Resource Fair"; September 20, 2019

8. Upcoming Events:

- September 27: Prince William Chamber of Commerce – Health & Wellness Council Meeting Topic: Matter of Balance Speaker: Jodie Houser, RN, Evidence Based Programs Coordinator, Prince William Area Agency on Aging
- September 30: VDOT Public Information Meeting on Centreville Road (Rt. 28) in PWC
- October 9: 14th Annual Mental Health Awareness Event
- October 19: "Above The Influence"
- October 26: GPW Health Center "People Helping People"
- October 28: Prince William Chamber of Commerce "Salute to the Armed Forces"
- October 31: Regional Suicide Prevention Forum. ★ Registration now Open! ★
- November 2: The Arc's 25th Annual Conference – Circle of Support

AGENDA

Regular Monthly Meeting September 24, 2019 10:00 a.m. - 12:00 p.m.
Occoquan Conference Room, McCoart Bldg, 1 County Complex Ct., Woodbridge, VA

1. Call to Order Time Certain: 10:00
2. Pledge of Allegiance
3. Citizens Time 10:05
4. Guest Speaker/Presentation: Rosemari Walker, Medicare Counselor
Virginia Insurance Counseling & Assistance Program (VICAP)
5. Administrative Items 10:35
 - A. Review of administrative items folder contents – Secretary
 - B. Approval of Meeting Minutes dated August 27, 2019
6. Director's Time 10:40
 - A. Announcements
7. Chairperson's Time 11:00
 - A. Announcements
8. Old Business: Finalize Items for COA 2020 Budget & Legislative Positions 11:20
9. Standing and Informational Committee Reports (not all have monthly reports) 11:30
 - A. Housing – Sandra Dawson, COA member of the PW Housing Board
 - B. Northern VA Aging Network – Raymond Beverage
 - Meet September 17, 2019 (See Handouts).
 - Next meeting November 19, 2019. Chaired by Prince William COA.
 - Annual Legislative Breakfast: Friday, October 4th, Country Club of Fairfax with Guest Speaker – Sandy Markwood, CEO, National Assoc. of AAAs (n4a)
 - Save the Date! May 12, 2020 - Governor's Conference on Aging
 - C. Friends of the Senior Center Manassas – Len Postman
 - D. Friends of the Senior Center Woodbridge – Alleen Bagley
10. New Business 11:40
 - Voluntary Donation in Support of Prince William AAA Team,
Walk to End Alzheimer's on Saturday, October 19, 2019
11. Commission Members Announcements 11:45
12. Review of Information Items in Folder 11:55
13. Items for the October 22, 2019, Meeting's Agenda:
 - A. Meeting at Birmingham Green, 8605 Centreville Road, Manassas, VA 20110
 - B. AAA Programs & Services Report for July 1, 2019 to September 30, 2019

C. Briefing on and Tour of Birmingham Green

14. Adjournment

12:00

Next Executive Committee Meeting: 9:30 a.m., October 8, 2019, DSB Room 107B

**Next Commission Meeting: 10:00 a.m., October 22, 2019, Health Center at
Birmingham Green**