CPR and AED Skills Test
1-Rescuer Adult CPR and AED Checklist

American Heart Association®

Student Name: _____ Test Date: _____

Skill Step	Critical Performance Steps	✓ if done correctly
BLS Survey and Interventions		
1	Checks for responsiveness: *Taps and shouts, "Are you all right?" and scans the chest for movement (5-10 seconds)*	☐
2	Tells someone to activate the emergency response system and get an AED	☐
3	Checks carotid pulse *(minimum 5 seconds; maximum 10 seconds)*	☐
4	Bares patient's chest and locates CPR hand position	☐
5	Delivers first cycle of compressions at correct rate *(acceptable: 18 seconds or less for 30 compressions)*	☐
6	Gives 2 breaths (1 second each)	☐
AED Arrives		
AED 1	Turns AED on, selects proper pads, and places pads correctly	☐
AED 2	Clears patient to analyze *(must be visible and verbal check)*	☐
AED 3	Clears patient to shock/presses shock button *(must be visible and verbal check; maximum time from AED arrival less than 45 seconds)*	☐
Student Continues CPR		
7	Delivers second cycle of compressions at correct hand position *(acceptable: greater than 23 of 30 compressions)*	☐
8	Gives 2 breaths (1 second each) with visible chest rise	☐
The next step is performed only if the manikin is equipped with a feedback device, such as a clicker or light. If there is no feedback device, STOP THE TEST.		
9	Delivers third cycle of compressions of adequate depth with complete chest recoil *(acceptable: greater than 23 compressions)*	☐

STOP TEST

Test Results	**Circle P or NR to Indicate Pass or Needs Remediation:**	**P** ☐	**NR** ☐
Instructor signature affirms that skills tests were done according to AHA Guidelines. *Save this sheet with course record.*	Instructor Signature: _____ Print Instructor Name: _____ Date: _____		

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