BLS Protocols Skills Assessment

Full Spinal Immobilization

Candidate: _____ Date: _____

Evaluator: _____

☐ Test ☐ Retest
☐ Pass ☐ Fail

Candidate Actions	***Points Possible***	***Points Awarded***
Takes or verbalizes standard precautions (BSI)	1	
Directs assistant to maintain manual stabilization in a neutral in-line position	1*	
Assesses motor, sensory, and circulatory function in each extremity	1*	
Applies an appropriately sized cervical collar	1*	
Candidate determines how the patient will be moved • Patient assisted *(patient may assist with movement to prevent unnecessary movement/trauma)* • No assistance from the patient *(patient is physically unable to move or is unable to follow commands)* • Other (Use of alternate resources: Scoop stretcher, Reeves, KED, improvised sheet/blanket device)	1	
Directs movement of the patient onto the backboard	1	
Applies padding to voids between the patient and the board, as necessary	1	
Immobilizes the patient's torso and legs to the backboard	1*	
Immobilizes the patient's head to the backboard	1*	
Reassesses motor, sensory, and circulatory function in each extremity	1*	
Total points possible	10	
****Denotes Critical failure if not performed***		

Critical Criteria:

- ☐ Failed to immediately direct manual stabilization of the head
- ☐ Released, or ordered release of, manual stabilization before the head was immobilized
- ☐ Did not apply appropriately size cervical collar
- ☐ Patient moves excessively on the board after immobilization
- ☐ Head is not in a neutral in-line position after immobilization
- ☐ Did not assess/reassess motor, sensory, and circulatory function
- ☐ Immobilized the head prior to immobilizing the torso and legs
- ☐ Provided incorrect or unsafe treatment
- ☐ Did not obtain 7 or more points

Evaluator Signature: _____

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