



# Prince William 4-H

*Our Clubs, Our Community*



April 7, 2021

## Upcoming Events

- Apr 8** - Crocheting for a Cause Supply Pick-Up
- Apr 10** - 4-H Northern District Contest Day
- Apr 12** - Move it Monday
- Apr 15** - Crocheting for a Cause
- Apr 19** - Move it Monday
- Apr 22** - Crocheting for a Cause
- Apr 24** - PWC 4-H Day Camp & Junior Camp Registration Opens
- Apr 25** - Horse Project Declarations Due to PWC 4-H
- Apr 25** - TSC Posters Due
- Apr 26** - Move it Monday
- Apr 28 - May 10** - TSC Paper Clover Campaign
- May 1** - Community Service Fairgrounds Garden Clean-Up

## PWC 4-H Paper Clover Campaign

The Paper Clover Fundraising Campaign is a semi-annual event held in partnership with Tractor Supply Co. and National 4-H. During Paper Clover, TSC invites friends and family to support 4-H by donating \$1 at checkout in stores to support sending youth in Virginia to 4-H camp, State 4-H Congress, and other leadership experiences.



Tractor Supply will once again be holding their Paper Clover Campaign along with National 4-H during April 28-May10, 2021. Because we are still not able to hold in-person campaigns we are asking clubs to create a small poster (legal size paper up to half size poster board) display featuring their accomplishments this past year. A possible theme could be "RESILIENCY"; something you've all had experience with this year! Posters will be displayed at the Manassas TSC store on Balls Ford Road.

We know that patrons tend to donate more often when 4-Hers are there in person, so let's show them the best way we can under the circumstances. Let's show them just how resilient 4-Hers are! 4-H Clubs earn a large percentage of the proceeds from this event to use towards camps, State Congress, and other leadership opportunities. Sign up below to let us know we can count on your display(s), and please contact us at the 4-H Office if you have any questions about this year's campaign.

[Click here to sign up to participate in the PWC 4-H Paper Clover Campaign!](#)  
**POSTERS DUE APRIL 25th**

## Crocheting for a Cause - THURSDAY!

Back by popular demand! Kayla Dixon of PWC 4-H Nokesville Equestrian Club will host a second session of Zoom meetings to get your creativity working towards a great cause! The new sessions are perfect for 4-H'ers that are experienced or new to crocheting. The purpose of her Service Learning Project is for 4-H'ers to learn the basics of crocheting, **create a scarf** and donate the items to a charity. 4-H'ers are welcome to join in at any time! Crochet hooks and yarn are available from PWC 4-H. [Please click here to register for Crocheting for a Cause and receive information on supplies and meeting links.](#)



### Session Dates:

- \* **Thursday, April 8th - 6:30 pm, in-person supply pick-up in the McCoy Conference Room (upstairs from the 4-H office); Virtual option available by request.**
- \* Thursday, April 15th - 7 pm, Zoom
- \* Thursday, April 22nd - 7 pm, Zoom

## PW 4-H Day Camp & Junior Camp



**SAVE THE DATE!** Camp registration for both PW 4-H Day Camp and Junior Camp will open on **April 24th**. All registrations will be online. Details coming soon!

- **PW 4-H Day Camp** – PWC Fairgrounds, Manassas, August 16 – 20
- **PW 4-H Junior Camp** - Northern Virginia 4-H Educational Center, Front Royal, July 18-22

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Virginia Tech • Virginia State University



## TCM's The Green Promise

A farm...a county agricultural agent...a steer...and 4-H...*The Green Promise* has it all! This TCM classic is a heartwarming story about a young girl torn between love and her family's farm. Their local 4-H Club is at the center of their adventure through crop farming, steer showing, and a 4-H entrepreneur project to purchase lambs. [Click here to learn more about this 1949 classic starring Natalie Wood!](#)



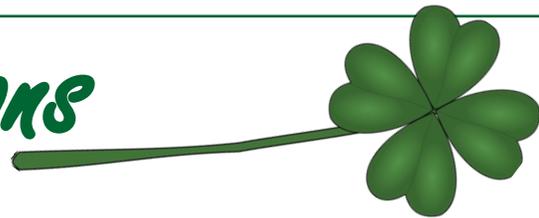
## Virginia 4-H Equismartz Updates

### Important Dates to Remember:

- **April 11th:** Virtual EquiSmartz Hippology, Horse Judging, Horse Bowl Awards
- **April 25th:** Horse Project Declarations Due to PWC 4-H
- **April 25th:** Virtual EquiSmartz Communications Contests entries due
- 

[For details on upcoming EquiSmartz events and programs, please click here.](#)

# Clover Connections



Greetings from Postmaster Cloe! Here's what's new on our Clover Connections Padlet Page:



**Activity:** PWC 4-H is challenging you! We will send you a challenge in the mail. Complete the challenge, send proof back using the included pre-paid envelope, and receive a small prize!

**Field Trip:** In search of stamps...go in search of the latest stamps!



**Write:** Just send your broken heart and love stories to Juliet of "Romeo and Juliet" to Verona, Italy! Learn more on the Clover Connections Padlet Page.

Want to join in the fun?  
[Click here to register to receive the Padlet Link to PWC 4-H's Clover Connections](#) and discover the world of the United States Postal Service!





Log Your Miles for a  
Chance to Win 4-H  
**SWAG!**

- ♥ Download the [Charity Miles App](#)
- ♥ Choose Feeding America
- ♥ Join Team **#Pwc4h**



Click Here



## PWC 4-H 5K and 1-Mile Fun Run Register today!

This is our new annual, county-wide fundraiser event and we need **YOU!**

1. **Volunteer:** We can't do this without **YOU**. We need manpower before and during the race - from bakers, to sponsors, to race set-up and more, our PWC 4-H'ers are needed to take charge and create an exciting event. Be sure to check out the many different possibilities on our [Volunteer Page](#).
2. **Recruit Runners:** Tell your 4-H Story to your **family, friends and neighbors** and encourage them to participate in PWC 4-H 5K. Why should they support 4-H? Aside from supporting **YOU**, they will support over 600 local youth in their strive towards leadership, environmental stewardship, civic engagement, community service and more. Fundraising efforts support local 4-H youth through camp scholarships, funding for state and national leadership events and competitions, and scholarships for continuing educational endeavors. Whether you're a walker, runner, 1-miler or 5K'er...**EVERYONE is encouraged to register!**
3. **Log Your Miles:** Make our PWC 4-H 5K even more impactful! Join Team **#Pwc4h** on Charity Miles and invite your family, friends and neighbors to join. It's free! Not only will they be supporting the youth in PWC 4-H by participating in the race, but their steps will turn into dollars to support our local food banks through Feeding America - **it's DOUBLE the community service!**

### Choose Your Race:

#### In-Person 5K

**Date:** Sunday, May 23rd

**Time:** 9 am

**Location:** PWC Fairgrounds, Manassas

*Register by 8am on May 22nd*

#### In-Person 1-Mile Fun Run

**Date:** Sunday, May 23rd

**Time:** 10:15 am

**Location:** PWC Fairgrounds, Manassas

*Register by 8am on May 22nd*

#### Virtual 5K

**Dates:** Sun., May 23rd - Sat., May 29th

*Register by 11:59pm on May 22nd*

#### Virtual 1-Mile Fun Run

**Dates:** Sun., May 23rd - Sat., May 29th

*Register by 11:59pm on May 22nd*

invite your family and friends!



HEAD



HEART



HANDS



HEALTH

**Register today!**

[Click here to register and choose your race!](#)

**Volunteer today!**

[Click here to volunteer and be part of the action!](#)

### Move it Monday!

**DON'T FORGET TO RUN ON YOUR OWN THIS WEEK!**

**Date & Time:** Every Monday at 4:30 pm

**Location:** PWC Fairgrounds or [click here to attend via Zoom](#)

**What to Bring:** water bottle, mask, and project record book

**Register:** [Please click here to sign up for Move it Monday!](#)



Healthy Habits

Check out this **VCE** article:

["Healthy Eating in a Pandemic: Controlling the Things You Can."](#)

## 4-H Northern District Contest Day Reminders



- The deadline to register and upload videos for the Northern District Virtual Contests is April 10th. The one exception to this deadline is the Extemporaneous Speaking Contest which has a registration deadline of April 8th so that participants can perform their speeches live on April 9th or 10th.
- This website includes guidelines, examples of videos, and registration forms for all contests. 4-H'ers register and upload their videos through this site. Please click here to view the [The 2021 Northern District Virtual Contest Website](#).

## Virginia 4-H Congress Across the Commonwealth - Save the Date!



**Date:** June 25-27, 2021

**Location:** Northern Virginia 4-H Educational Center *(for Northern District Participants)*

The 4-H Congress Leadership Team is working to put together a great, high quality educational leadership program for our participants that will provide the same level of learning and fun that is typically experienced with Congress in Blacksburg. We anticipate utilizing updated technologies at the 4-H centers to provide synchronous virtual programming for statewide assemblies and workshops, as well as giving districts ample time to provide their own in-person programs on site. Competitions will occur virtually outside of Congress, as was the case last year, and winners will be announced at the conclusion of Congress along with the annual Share the Fun Show. Also like last year, the Virginia 4-H All Stars will have time to conduct a virtual welcome ceremony – although we will not be able to conduct in-person tapping ceremonies at each location due to our safety guidelines. Housing, meals, social activities, etc. will follow the same health and safety guidelines at each center as we are using for 4-H camps.

**More information coming soon!** Registration is expected to open April 27th.

## 4-H CAREER SERIES: WOMEN IN STEM

**MS. MARY MICHAEL LIPFORD**

*International Agriculture Major  
Virginia Tech*

**APRIL 7 | 6:00 P.M.**



## Virginia 4-H Career Series: Women in STEM

The new virtual 4-H STEM Careers series will be held every Monday and Wednesday from March 29th to April 28th at 6 p.m. This new series will feature women in various types of STEM careers, majors and at different levels in their career and education. The sessions will last about 30 minutes and will be in an interview-style. Speakers will discuss their career path and education, and then be open for questions from attendees. Youth in 3rd - 12th grade are encouraged to participate. [Click here to register to receive the Zoom link.](#)

### Speaker Schedule:

- ◆ **April 7th:** Ms. Mary Michael Lipford, *Senior in International Agriculture*
- ◆ **April 12th:** Ms. Lucy Adamson, *Senior in Agronomy*
- ◆ **April 14th:** Ms. Lindsey Waters, *Dental Hygienist and Program Manager for Bland Ministry Dental Center*
- ◆ **April 19th:** Dr. Natasha Watts, *Director of Cardinal Education & Associate Director of Online Learning at VT College of Engineering*
- ◆ **April 21st:** Dr. Jessica Walters-Wright, *Veterinarian for Virginia Department of Agriculture and Consumer Services*
- ◆ **April 26th:** Ms. Ridhi Deo, Ph.D. Fellow, *Predictive Healthcare Analytics and Biomedical Instrumentation*
- ◆ **April 28th:** Dr. Bailey Zwarycz, *Intestinal Stem Cell Senior Scientist, ALTIS Biosystems*

Updates are also posted on the [VA 4-H State Facebook Page](#).

**Click to watch the video in the Youth Empowerment Series featuring Madelyn Zimmerman, Indiana 4-H alum and 4-H Youth in Action Ag Pillar Winner!**



## Virginia 4-H Teen Summit

**SAVE THE DATE:** May 14th-16th

**Location:** W.E. Skelton 4-H Center, 775 Hermitage Rd, Wirtz, VA

This event is planned for teens by teens! The 4-H Teen Summit will focus on social justice issues like LGBTQ+ rights, mental health, racial justice, the environment, education, food insecurity, and much more. This is an in-person summit, with a possibility of a virtual option. All state and 4-H guidelines for in-person and over night programs, as well as the VA Health Department guidelines for camps, will be followed.

*Registration information will be released next week.*

SAVE THE DATE!

Virginia 4-H Teen Summit



May 14th - 16th 2021

W.E. Skelton 4-H Educational  
Conference Center

In-Person and virtual options

For Teens, By Teens

Focused on Social Justice issues like LGBTQ+ rights, mental health, racial justice, the environment, diversity, equity, and inclusion. (And more!)





## Pathways for Future Engineers Program at VT Invites Applications



Rising 10th -12th grade students in Virginia who had neither parent graduate from a four-year college are invited to apply to become a Pathways Scholar through the Pathways for Future Engineers program in the Virginia Tech College of Engineering. The Pathways Scholar program is an all-expenses covered program in the Center for the Enhancement of Engineering Diversity that supports first-generation students and their families on the pathway from high school to an engineering degree.

### The Pathways Scholar program includes the following:

- **Summer Program:** Our 2021 Cohort of Pathways Scholars will receive full scholarships to attend our Pathways 2020 Summer program, an online engineering experience, scheduled for July 25th – August 7th . This virtual experience will explore different academic and research programs in the College of Engineering at Virginia Tech and will include online engineering activities and visits with engineering professionals throughout the state of Virginia and beyond. In addition, all students will participate in a team-based, problem-solving design experience in conjunction with the Virginia Department of Transportation with support from engineering students and professionals. [Take a look at what Pathways did in Summer of 2020!](#)
- **Campus Visits (as conditions allow):** Multiple opportunities to attend campus events and meet College of Engineering faculty and students leading up to college with all expenses covered for Pathways Scholars and a Pathways Partner (e.g., a parent, teacher, mentor, or other significant adult).
- **College Application Support:** Students in the Pathways Program will receive special invitations to events and opportunities hosted by Virginia Tech staff that will include early application reviews, conversations on financial aid, and strategies for college planning.
- **Mentoring Programs:** Students in the Pathways for Future Engineers program will have the opportunity to be mentored by previous Pathways participants who are current Virginia Tech students as they prepare for college and develop a deeper interest in engineering. Additionally, Pathways will offer opportunities to connect with Virginia Tech faculty and professionals throughout the year.
- **All Program Costs Covered for Pathways Scholars:** Students selected as Pathways Scholars participate in pathways experiences for free.

CLICK HERE TO APPLY. APPLICATIONS DUE BY MAY 1st.

**PRINCE WILLIAM  
COUNTY**

8033 Ashton Ave, #105,  
Manassas, VA 20109

**Click to Visit Online:**

[PCW 4-H](#)

[Virginia State 4-H](#)

[National 4-H](#)



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4-H PROUD

**PWC 4-H Resources**

**National 4-H**

[National 4-H Homepage](#)

**Virginia 4-H**

[VCE 4-H](#)

[Complete Phase III Social Distancing Guidelines](#)

[Resources for 4-H Enrollment](#)

[4-H Risk Management Forms](#)

[4-H Online Information](#)

[The 4-H Foundation](#)

[Promotional Materials](#)

[4-H Awards and Recognition Forms](#)

[4-H All Stars](#)

[Resources for 4-H Animal Sciences](#)

[Resources for 4-H Citizenship](#)

[Resources for 4-H Club Management](#)

[Resources for 4-H Communication & Expressive Arts](#)

[Resources for 4-H Competition & Scoring Aids](#)

[Resources for 4-H Curriculum & Delivery](#)

[Resources for 4-H Family Sciences](#)

[Resources for Food, Nutrition and Health](#)

[Resources for 4-H Leadership & Personal Development](#)

[Resources for 4-H Natural Resources & Environmental Education](#)

[Resources for 4-H Plants, Soils & Entomology](#)

[Resources for STEM](#)

**Prince William 4-H Association**

[PWC 4-H Homepage](#)

[PWC 4-H Programs](#)

[PWC 4-H Camps](#)

[PWC 4-H Events & Calendar](#)

[Funding Request Form](#)

**Portfolio Records**

[Member Record](#)

[Member Record - editable](#)

[Project Record Ages 9-10](#)

[Project Record Ages 11-12](#)

[Project Record Ages 13-15](#)

[Project Record Ages 16-19](#)

**2020-2021 PWC 4-H  
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Kayla Dixon, Vice President

Alexis Cox, Treasurer

Secretary- Vacant

**Adult Officers**

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Sydney Nguyen, Treasurer

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Recognition Committee - Alan Lerch

Membership Committee - 4-H Staff

