

PRINCE WILLIAM COMMISSION ON AGING

LOCAL GOVERNMENT APPOINTEE	DISTRICT/CITY APPOINTER
Cynthia W. Bailey	Brentsville District – Supervisor Lawson
<i>Vacant as of May 25, 2021</i>	Coles District – Supervisor Vega
Robert D. (Bob) Chase	Gainesville District – Supervisor Candland
Edna Garr	Neabsco District – Supervisor Angry
Nancy West, Chair	Occoquan District – Supervisor Boddye
Verniecia Bell	Potomac District – Supervisor Bailey
Sandra Dawson, Vice Chair	Woodbridge District – Supervisor Franklin
William J. Selfridge, Exec Committee Member	Representative At-Large – Chair Wheeler
Raymond Beverage, Secretary	City of Manassas – City Council
<i>Vacant as of March 29, 2021</i>	City of Manassas Park – City Council
Sarah Henry	Director, Area Agency on Aging

Regular Scheduled Meeting

June 22, 2021 10:00 a.m. - 12:00 p.m.

Room 107, Development Services Building, 5 County Complex Court, Woodbridge, VA 22192

1. Call to Order and Pledge of Allegiance Time Certain: 10:00
2. Determination of Quorum
3. Citizens Time 10:05
4. Guest Speaker/Presentation: Robert A. Schneider, PhD; Executive Director, OmniRide
5. Administrative Items 10:35
 - A. Review of administrative items folder contents – Secretary
 - B. Approval of Meeting Minutes dated May 25, 2021
6. Director's Time 10:40
 - A. Announcements
7. Chairperson's Time 11:00
 - A. Announcements
8. Old Business: None.
9. Standing and Informational Committee Reports (not all have monthly reports) 11:20
 - A. Housing – Sandra Dawson, COA member of the PW Housing Board
 - B. Northern VA Aging Network – Raymond Beverage
- Next Meeting: July 20, 2021
 - C. Friends of the Senior Center Manassas – Len Postman
 - D. Friends of the Senior Center Woodbridge – Alleen Bagley
10. New Business 11:40
11. Commission Members Announcements 11:45
12. Review of Information Items in Folder 11:55

13. Items for the July 27, 2021, Meeting's Agenda:

A. Meeting in Room 107, Development Services Bldg (DSB)

B. Topic: PWC Planning

C. Agency Annual Service & Units Summary Report for FY2021 (07/01/20202 – 06/30/2021)

14. Adjournment

12:00

Next Executive Committee Meeting: 9:30 a.m., July 13, 2021, Location: Room 202, DSB

Next Commission Meeting: 10:00 a.m., July 27, 2021, Location: Room 107, DSB

Defining Aging & Disability – An Aid for Discussions

Older Americans Act – Age 60 and Older - "Vintage Virginians"

"Older" Age Range – Ages 60 to 74

"Elderly" or "Aged" (preferred wording) Age Range – Ages 75 to 84

"Oldest Old" Age Range – Ages 85 to 99

"Centenarians" Age Range – Ages 100+

"Frail Elderly" – Age 65 and over with significant physical & cognitive health problems or age-related infirmities

"Disability" - the term means, with respect to an individual, (a) a physical or mental impairment that substantially limits one or more Major Life Activities of such individual; (b) a record of such impairment; or (c) being regarded as having such an impairment. The term shall not apply to impairments that are transitory (actual or expected duration of 3 months or less) and minor. [Sec. 12102(1) and (3), ADA of 1990 as Amended]

"Major Life Activities" - include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. Major Life Activities also include operation of a major bodily function [Sec. 12102(2)(A)(B)]

Additional Terms

"Baby Boomer" – those born between 1946 – 1964

"Senior" – no age range; depends on context of use

"Senior Citizen" – first used in 1938 to denote civic position of older adults; traditional term for those age 65 and older.