VISTING FOR THE HOLIDAYS - IS THE HOME CHILDPROOFED

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As we prepare for the Thanksgiving and Christmas Holiday, an exciting time of year, the anticipation of spending time with family and friends tends to make the season more delightful. Holiday decorations, new toys, and visiting homes that may not be childproofed can put your child in danger. Although parents believe they are able to watch their children closely, even if the house is not childproofed, this is hard to do when there are numerous people of all ages and various activities taking place throughout the home. Therefore, parents and guardians should be mindful of their child's safety, when visiting someone's home, for the leading cause of death among children are accidents.

Most parents understand the importance of childproofing one's home such as placing gates across the top and bottom of the stairs, installing smoke and carbon monoxide detectors, and keeping household poisons out of the reach of children; these are standard practices in the majority of homes with small children. However, there are seasonal risks as well, such as holiday decorations, games, and food and beverages in which younger children can be harmed if the home has not been properly childproofed before the festivities begin and reevaluated during and after the festivities.

Most likely, you will find a home that has not been childproofed when visiting individuals who have never had children or parents/grandparents who no longer have young children residing in the home. In addition to not having general childproofing safety measures such as locks on cabinets, or covers on electrical outlets, these individuals may have prescription medications lying about that are not in child resistant containers. Medications often attract young children due to the variety of colors resembling candy. Therefore, as a parent/guardian you should remain vigilant and request the homeowner(s) keep their medications stored away in places that are not easily accessible to children. As a precautionary measure, learn the poison control number (1-800-222-1222) and keep it posted by the phone or listed in your phone contacts in case of an emergency.

Listed below are a few things you should be especially watchful for and/or want to ask about prior to visiting someone's home:

- Do they have a pool? Does it have a fence with a self-closing, self-latching gate? Can the children get to the area where the pool is located?
- Are there guns in the house? Are they stored unloaded in a locked box with the bullets locked separately?

- Are there small objects, such as hard candy or nuts in candy dishes, where younger children can get them?
- Are there gates across the top and bottom of the stairs?
- Are medications, poisons and household cleaners out of reach?
- Do they have an aggressive pet that may harm children?
- If your child has food allergies, will they be serving that specific food?
- Do they smoke? Are matches and lighters out of the reach of children, preferably up high and in a locked cabinet?
- Do they reside in a multi-level home or high-rise apartment? Are there window guards or window stop devices that prevent windows from opening more than 4 inches? Is there a porch or balcony with railings widely spaced apart (more than 4")?

TOY SAFETY

- **IMMEDIATELY** discard plastic wrappings from toys.
- Check toys regularly for small parts, breakage and potential hazards, including chipped or peeling paint. Damaged or dangerous toys should be repaired or thrown away.
- Teach older children to keep their toys away from younger children.
- Keep button batteries away from younger children.
 - A child can swallow a button battery and suffer dangerous chemical burns in as little as two hours. **DO NOT** leave products with accessible button batteries within reach of children.

"Holidays should be memorable, fun-filled events to share with family and friends for generations to follow," states Prince William County Fire & Rescue System Chief Tim Keen. "Take the necessary precautions to keep your loved ones safe during the holiday season and throughout the year."

For more information on Child Safety Basics for Your Home, visit https://www.verywellfamily.com/child-safety-2634211.

For toy safety, education and guides, visit the Consumer Product Safety Commission at https://www.cpsc.gov/safety-education/safety-guides/toys.