

Prince William Health District

Information Update

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December 6, 2021

The Prince William Health District What You Should Know:

Virginia Deparment of Health Urges Virginians to Get the Flu Vaccine

Although flu activity remains low nationally, Virginia has started to see sporadic reports of the influenza virus detected in recent weeks. December is not too late to get your flu vaccine! While the flu season may vary from year to year, cases often peak in January or February and continue through May.

A flu vaccine is needed every season for two reasons:

- First, the body's immune response from vaccination declines over time, so an annual vaccine is needed for optimal protection.
- Second, because flu viruses are constantly changing, the formulation of the flu vaccine is reviewed each year and updated to keep up with changing flu viruses.

To minimize your risk of contracting or transmitting the flu, follow these simple steps:

- Get vaccinated;
- Wash your hands frequently and thoroughly, for at least 20 seconds;
- Cover your cough, either by using a disposable tissue or coughing into your sleeve, not your hand; and
- Stay at home when you are sick.

Visit<u>www.vaccines.gov/find-vaccines/</u> to find a location near you to get the flu vaccine. It is safe to get both the flu and COVID-19 vaccine at the same time.

Community Vaccination Center and Manassas Mall

Appointments for adolescents and adults are highly recommended. Appointments are required for 5-11 year olds.

Sign up for appointments at <u>vase.vdh.virginia.gov</u> for either the CVC or the Manassas Mall vaccine clinic

Community Vaccination Center (CVC)

- The Prince William CVC is located at the old Gander Mt. building, which is located at <u>14011 Worth Avenue</u>, <u>Woodbridge</u>, <u>VA 22192</u>.
- The CVC will offer vaccines for ages 5-11, Now accepting Walk-ins.
- The CVC normally is open Tuesday thru Sunday from 10 am to 7:30 pm.

Manassas Mall Clinic

- PWHD Manassas Mall COVID-19 vaccine clinic and The Red Sea clinic is located <u>8300 Sudley Rd, Manassas, VA 20109</u>
- At Manassas Mall, vaccines for 5-11 year olds will be offered Mondays, Tuesdays, Wednesdays, Thursdays, and Saturdays, by appointment only.

Mall Clinic Hours:

- Monday: 12 pm to 4 pm (walk-ins accepted for 12 years and older, vaccines offered: Pfizer, and Moderna). By appointment only, Pfizer 5-11 year old vaccinations. The Flu vaccine will be offered while supplies last.
- Tuesday: 10 am to 6 pm (clinic closed 2:30 pm to 3:00 pm, walk-ins accepted for 12 years and older from 1:00 pm to 2:30 pm, vaccines offered: Pfizer, Moderna, Johnson & Johnson). By appointment only Pfizer 5-11 year old vaccinations.
- Wednesday: 10 am to 6 pm (clinic closed 2:30 pm to 3:00 pm, walk-ins accepted for 12 years and older from 1:00 pm to 2:30 pm, vaccines offered: Pfizer, Moderna, Johnson & Johnson). By appointment only Pfizer 5-11 year old vaccinations.
- Thursday: 10 am to 6 pm (clinic closed 2:30 pm to 3:00 pm, walk-ins accepted for 12 years and older from 1:00 pm to 2:30 pm, vaccines offered: Pfizer, Moderna, Johnson & Johnson). By appointment only Pfizer 5-11 year old vaccinations
- Friday: 12 pm to 4 pm (walk-ins accepted for 12 years and older, vaccines offered: Pfizer, and Moderna). The Flu vaccine will be offered while supplies last. No 5-11 year old vaccinations on Fridays.

Content Obtained from: VDH Press Release December 6, 2021

• Saturday: 9 am to 5 pm (clinic closed 12:30 pm-1:00 pm, walk-ins accepted for 12 years and older from 1:00 pm to 2:30 pm, vaccines offered: Pfizer, Moderna, Johnson & Johnson). By appointment only Pfizer 5-11 year old vaccinations.

Mobile Clinic Unit

- Tuesday December 7, from 11:30 am-5:30 pm
- U-mart, 17987 Dumfries Shopping Plaza, Dumfries, VA. 22026
- First, Second, Third, First, Second, Third doses, and for those eligible for the Pfizer-BioNTech, Moderna, and Johnson & Johnson Booster dose.
- COVID-19 Vaccines Pfizer (for 12 and older) Moderna, Johnson and Johnson (18 and older). Pfizer 5-11 year old vaccinations offered while supplies last.
- The Flu vaccine will be offered while supplies last.
- No appointments are required. Walk-ins are accepted as long as supplies lasts. Weather permitting.
- Thursday December 9, from 11:30 am-5:30 pm
- Fresh World, 9540 Liberia Ave., Manassas, VA. 20110
- First, Second, Third doses, and for those eligible for the Pfizer-BioNTech, Moderna, and Johnson & Johnson Booster dose.
- COVID-19 Vaccines Pfizer (for 12 and older) Moderna, Johnson and Johnson (18 and older). Pfizer 5-11 year old vaccinations offered while supplies last.
- The Flu vaccine will be offered while supplies last.
- No appointments are required. Walk-ins are accepted as long as supplies lasts. Weather permitting.
- **Protection From COVID-19:** The CDC and VDH continue to recommend wearing your mask, washing your hands, social distancing, and avoiding large crowds as additional ways to continue to protect yourself from contracting COVID-19 and its variants.