Present:  Mickey Feeley, Coles District  
Robert D. Chase, Gainesville District  
Nancy West, Occoquan District; Chair  
Eileen Fowler Thrall, Potomac District  
Sandra Dawson, Woodbridge District; Vice Chair  
Diana Paguaga, Representative-At-Large  
Raymond Beverage, City of Manassas, Secretary  
Joshua Lee, Deputy Director, Prince William Area Agency on Aging  
Barbara Reese, President, Friends of Senior Center Manassas

Absent:  Edna Garr, Neabsco District

Visitors:  Veronica Laughman, ADA Coordinator, PWC Dept. of Parks & Recreation

1. Meeting was called to order at 10:00 a.m. with introductions made. Sarah Henry, Agency Director, is on annual leave and Joshua Lee is attending this meeting.

2. Citizens Time. No one spoke.

3. Guest Speaker/Presentation:

   a. Veronica Laughman, CTRS; ADA Coordinator for PWC Department of Parks & Recreation presented on “Inclusion and Adapted Recreation Services”.

   b. Topics included: role of the ADA Coordinator; Inclusion Services; Adapted Recreation; and Therapeutic Recreation. The online programs RecMapper, Trail Locator and Program Finder were described & demonstrated. Accessibility with walker or wheelchair on trails or facilities was discussed. Issues of accessible parking at locations were also discussed.

4. Administrative Items:

   a. Review of Administrative Items in handout folder.

   b. Approval of Meeting Minutes dated June 28, 2022, by uniform agreement.
c. Enter for the Record:

   (1) Appointment of Diana M. Paguaga to Representative At-Large on July 12, 2022.

   (2) Transmittal of City of Manassas Attendance Record – January to June, CY2022 for Raymond Beverage as required by City Code and COA Rules of Procedure.

5. Director's Time: Joshua Lee provided updates on the ongoing programs/projects/issues:

   a. The Programs & Services Report for FY2022 (July 1, 2021 – June 30, 2022) was presented, reviewed and discussed.

   b. The FY2023 Area Plan for Aging (October 1, 2022 – September 30, 2023) proposed funding was presented and discussed. Advising the Agency on development of the Plan is one of the Commission’s functions under the Older Americans Act.


7. Old Business: no items.

8. Standing & Informational Committee Reports (not all have monthly reports):

   a. Housing Board – Sandra announced there is no July meeting. Next meeting will be August 25 in the Occoquan Conference Room, McCoart Building. A virtual option to view the meeting will be available.

   b. Northern Virginia Aging Network (NVAN) – Raymond announced the meeting was July 19 and reviewed the handouts. Mickey spoke to the Annual Legislative Breakfast planning to date. The Breakfast will be September 30 at Fairfax Country Club. There is discussion about possibly this year being a virtual versus in-person because of current COVID-19 concerns.

   c. Friends of the Senior Center Manassas – Barbara Reese provided an update on activities at the Center. The Friends Membership has expressed interest in more fitness and craft activities. Discussion of proposed activities and expanding membership.

   d. Friends of the Senior Center Woodbridge – no updates


   a. 2022 Acts of Assembly – Chapter 325: Definition of “Official Public Government Website” for posting Public Body required notices and other content. **No action required** by COA as Agency Website is designated for postings since August 28, 2007. See Article IV, Section 4d and Appendix B – Glossary.
b. 2022 Acts of Assembly – Chapter 396: requires any Local Public Body to post minutes of its meetings on official website (see above) within seven working days of final approval.

(1) Action Required: Amend Article VI – Meetings, Section 1, paragraph 1d

As Reads: Minutes shall be prepared by the Secretary, or by a member designated as the Recorder, for all meetings following the COA standard formats which meet the criteria of VA Code 2.2-3701-1 (date, time, location, who is present, summary of discussions/decisions, and votes taken).

Shall Read: Minutes shall be prepared by the Secretary, or by a member designated as the Recorder, for all meetings following the COA standard formats which meet the criteria of VA Code 2.2-3701-1 (date, time, location, who is present, summary of discussions/decisions, and votes taken). Minutes which require membership approval will be forwarded to the Agency Website Manager within seven working days of final approval.

(2) Amendment 3 Actions: July 26, 2022: Notice fulfills Rules of Procedure requirement for 30-day notice of changes. After review, discussion and agreement, action will be placed on the August 23, 2022, Agenda – Item 7 – Old Business for final approval.

10. Commission Members Announcements:

   a. Bob spoke to the ongoing issue of the Data Centers in the District and the recall efforts.

   b. Raymond spoke to the potential increase in Social Security because of inflation. There are concerns the large increase may have persons enrolled in programs - such as Medicaid – to be no longer eligible. The increase will be determined this October.


12. Items for the August 23, 2022, Meeting’s Agenda:

   a. Meeting in Occoquan Conference Room, McCoart Building (tentatively).

   b. Topic: Legislative Brainstorming for the 2023 Virginia General Assembly Session.

14. Meeting adjourned at 12:05 p.m.

* * * Original Signed * * *

_________________________________________  Approved: ___________________
Raymond M. Beverage, Secretary

August 23, 2022

Commission on Aging Minutes of the Regular Meeting on July 26, 2022  Page 3 of 5 Pages
Listing of Handouts in Record Copy (available upon request to the Secretary):

1. **Agenda**

2. **Guest Speaker/Presentation:**
   - Inclusion and Adapted Recreation Services – PWC Dept. of Parks & Recreation

3. **Administrative Items:**
   - Regular Meeting Minutes dated June 28, 2022
   - Executive Committee Minutes dated July 11, 2022
   - COA Local Government Appointee & Prince William Area Members Roster
   - Commission on Aging Meeting Schedule with Topics for 2022 (with Change 3)

4. **Director’s Time:**
   - AAA Programs & Services Report for FY2022 (07/01/2021 – 06/30/2022)
   - Proposed Funding & Programs for FY2023 Area Plan for Aging (10/01/2022 – 09/30/2023)

5. **Standing Committee Reports/Documents:**
   - Housing: Prince William Area 2022 Median Income Tables effective 06/15/2022 with 30%, 50%, 60%, and 80% Gross Household Income
   - Northern Virginia Aging Network (NVAN) meeting on 07/19/2022:
     - Agenda; Meeting Notes by Raymond Beverage; NVAN 2023 Platform Bullets; and AARP Vitae on Jean Accius, Senior Vice President, AARP Global Thought Leadership
     - Presentation *(Re-*)Connecting Generations by Irv Katz, Senior Planner, Generations United

6. **New Business:** Notice of Proposed Amendment No. 3 to COA Rules of Procedures

7. **Informational Items:**
   - Center for Medicare & Medicaid Services (CMS):
     - Fact Sheet: Updated Guidance for Nursing Home Resident Health & Safety
     - Press Release: CMS Releases First-Ever Home-and-Community-Based Services Quality Measure Set
   - Metropolitan Washington Council of Governments (COG):
     - The COG Food and Agriculture Regional Member (FARM) News Release & Letter to Interagency Planning Task Force, White House Conference on Hunger, Nutrition & Health
   - OmniRide Public Hearings in August for Service Restructure (Proposed Changes)
   - Wellness Checklist
• Volunteer Prince William Press Release: Volunteer Prince William Awarded Grant from Potomac Health Foundation for the Veterans Enhanced Transportation Service (VETS).

8. **Read-Ahead for August 23, 2022 Meeting:**
   - COA 2022 Budget & Legislative Positions
   - VA Assoc of Centers for Independent Living (VACIL) 2022 Legislative Tracking
   - VA Assoc of Centers for Independent Living (VACIL) 2022 Selected Budget Items
     (Thanks to Dr. Mary Lopez, IEC-CIL, for sharing VACIL items!)