Present:  Mickey Feeley, Coles District  
Nancy West, Occoquan District; Chair  
Eileen Fowler Thrall, Potomac District  
Sandra Dawson, Woodbridge District; Vice Chair  
Raymond Beverage, City of Manassas, Secretary  
Sarah Henry, Director, Prince William Area Agency on Aging  
Alleen Bagley, President, Friends of Senior Center Woodbridge  
Brenda Carswell, AARP – Woodbridge, VA  
Barbara Reese, President, Friends of Senior Center Manassas  

Absent:  Robert D. Chase, Gainesville District  
Edna Garr, Neabsco District  
Diana Paguaga, Representative-At-Large  

Visitors:  Brian Fulton; Vanessa, Grattis, Malikah Hassan; David Leventhal, Aaron Rebuck  
Matthew Sutermeister  

1. Meeting was called to order at 10:00 a.m. with introductions made.  

2. Citizens Time.  Dr. Venessa Grattis, Ph.D., President and CEO of the PWC Community Foundation presented to each President of the Friends of the Senior Centers a check from the Foundation’s “Day of Giving”.  The Foundation is also donating to the Agency nine tablet computers.  

3. Guest Speaker/Presentation:  
   b. Aaron Rebuck, Health Commission Nursing Home Administrator, introduced the panel:  Matthew Sutermeister, Admissions Coordinator; Malikah Hassan, Willow Oaks Assisted Living; and David Leventhal, MSW, Social Worker.  
   c. The presentation covered the 54-acre property (10 acres developed) which includes Willow Oaks Assisted Living, the District Home Assisted Living, Northern Virginia Health
Center Commission; Rehabilitation & Therapy Services, and the Food, Therapy & Innovation Center. Additional information: [https://www.birminghamgreen.org/](https://www.birminghamgreen.org/).

d. Birmingham Green continues to be certified for the Eden Alternative ® Model of care. The Eden Alternative ® focuses on moving away from the institutional hierarchical (medical) model of care into a constructive culture of “home” where Elders direct their own lives. The Eden Alternative ® philosophy is focused on the care of the human spirit as well as the care of the human body. Additional Information: [https://www.edenalt.org/](https://www.edenalt.org/).

4. Administrative Items:

   a. Review of Administrative Items in handout folder. 

   b. Approval of Meeting Minutes dated August 23, 2022, by uniform agreement.

5. Director’s Time: Sarah provided updates on the ongoing programs/projects/issues:

   a. Staff Updates: there are two Part-Time vacancies in Supportive Services and one Full-Time vacancy in Fiscal & Administration Division.

   b. Program Updates:

      (1) Wait Lists: no current Wait List.

      (2) Senior Centers:

         (a) Woodbridge Senior Center Master Plan has the 95% stage coming soon. Outreach to reengage Stakeholders is forthcoming.

         (b) Manassas: working on an updated Memorandum of Understanding (MOU) with the Friends Group.

      (3) Bluebird Tour Program: Request for Proposal (RFP) negotiation underway.

   c. Events:

      (1) Volunteer Appreciation Event: under discussion for possibly April 2023.

      (2) Older Americans Month Celebration Picnic at BSA Camp Snyder, May 12, 2023.

      (3) Community Events:

         • PWC Community Outreach Event on September 30th.
         • Equality Prince William Pride on October 2nd
         • PWC Community Foundation Health & Wellness Expo on October 8th
         • Walk to End Alzheimer’s on October 15th
         • Top Ladies of Distinction on October 15th
6. **Chairperson's Time**: no items.

7. **Old Business**: Review and Approval of COA 2023 Budget & Legislative Positions.
   
a. Raymond reviewed the draft handout; going over edits made by the Executive Committee on September 13. He also reviewed the e-mail from Melanie Hughes with regards to Paratransit versus On-Demand transit. He noted they are two specific forms of Micro-Transit. Raymond suggested the Transportation Position be amended to read Micro-Transit with the standard definitions of both forms. He will include a link to OmniRide’s webpage.

   b. Sandra noted at Dawson Beach Transitional Housing there is no bus service and you have to walk up the road to the VRE Station. Raymond suggested she bring that up at the PWC Housing Board to raise need to OmniRide Staff.

   c. Motion by Sandra Dawson with second by Eileen Thrall to approve the Budget & Legislative Positions as amended for Transportation. No additional discussion. Voice Vote: unanimous.

8. **Standing & Informational Committee Reports (not all have monthly reports)**:
   
a. Housing Board – Sandra reported the meeting was August 25th. There are 1,954 housing vouchers available and 478 people on the Waiting List. The list was last opened in 2010. There is an additional 15 vouchers coming to PWC. There are 15 people with the Ryan White Housing Opportunities for People with AIDS (HOPWA) voucher.

   b. Northern Virginia Aging Network (NVAN):

      (1) Mickey reported on the Annual Legislative Breakfast held September 30 at Fairfax Country Club. Josh Lee, Agency Deputy Director, Eileen, Sandra, Mickey and Brenda attended.

      (2) Raymond reported on the September 20 meeting.

   c. Friends of the Senior Center Manassas – Barbara provided an update on activities at the Center. These included Committee changes; the Jewelry Sale, the Manassas Fall Juilee; the Fal Raffle, and December planning. No Bazaar this year as they have a shortage of homemade goods.

   d. Friends of the Senior Center Woodbridge – Alleen spoke about the Board discussion on volunteering. Activities and membership are affected. Sarah said there will be a meeting between Agency Staff and Friends Officers to review issues.


10. **Commission Members Announcements**: 
a. Brenda announced she will be at the Manassas Fall Jubilee at the AARP table.

b. Brian spoke to Bluebird Tours and the issue of bus accessibility. There are accessible buses but they must be requested. Sarah asked him to speak with her about it after the meeting.

11. **Review of Information Items in handout folder.**

12. **Voluntary Donation in Support of the PWC Team for the “Walk to End Alzheimer’s”.** $100.00 was collected and counted by Raymond and Mickey, then handed to Sarah who completed the donation.

**Receipt Entered for Record:**

<table>
<thead>
<tr>
<th>Thank you for your donation to the Alzheimer's Association Walk to End Alzheimer's®–2022 Walk to End Alzheimer's - VA Tri-Counties. Your receipt information is listed below.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your generous contribution will help provide care and support for families across the country facing Alzheimer's disease. At the same time, your donation helps to advance vital research toward methods of treatment, prevention and, ultimately, a cure.</td>
</tr>
<tr>
<td>Our vision is a world without Alzheimer's and all other dementia®. Your support of Walk to End Alzheimer's brings us closer. Thank you!</td>
</tr>
<tr>
<td>Sincerely,</td>
</tr>
<tr>
<td>Alzheimer's Association</td>
</tr>
<tr>
<td>Event/Donation Form: 2022 Walk to End Alzheimer's - VA Tri-Counties</td>
</tr>
<tr>
<td>In Support Of: PWC - People Who Care</td>
</tr>
<tr>
<td>Date: Sep 27, 2022 11:26:08 AM</td>
</tr>
<tr>
<td>Amount: $100.00</td>
</tr>
<tr>
<td>Tracking Code: 1796-29891-1-15565319-16220470</td>
</tr>
</tbody>
</table>

13. **Items for the October 25, 2022, Meeting’s Agenda:**

   a. Meeting in Occoquan Conference Room, McCoart Building.

   b. Topic: Virginia Insurance Counseling & Assistance Program (VICAP); Medicare Update; and Long-Term Care Ombudsman Program (LTCOP).

14. Meeting adjourned at 12:00 p.m.
Listing of Handouts in Record Copy (available upon request to the Secretary):

1. **Agenda**

2. **Guest Speaker/Presentation:**
   - Vitae of Dr. Vanessa M. Gattis, President & CEO PWC Community Foundation
   - Presentation: Birmingham Green – Where Life Flourishes

3. **Administrative Items:**
   - Regular Meeting Minutes dated August 23, 2022
   - Executive Committee Minutes dated September 13, 2022
   - COA Local Government Appointee & Prince William Area Members Roster
   - Commission on Aging Meeting Schedule with Topics for 2022 (through Change #7)

4. **Director’s Time:**
   - Commission on Aging Updates – September 2022

5. **Old Business:** Draft Budget & Legislative Positions for the 2023 VA General Assembly Session

6. **Informational Items:**
   - U.S. Administration for Community Living Organizational Chart
   - Infographic: 2022 National Strategy to Support Family Caregivers
   - Flyer: “Old & Bold Services for All – The Campaign to Ensure Culturally Competent Support For LGB&TQ= and HIV-Positive Elders Nationwide”
   - Fact Sheet: **HRSA’s Ryan White HIV/AIDS Program – Program Overview**
   - Fact Sheet: HRSA’s Ryan White HIV/AIDS Program – Program Administration
   - Fact Sheet: Older Adult Clients: HRSA’s Ryan White HIV/AIDS Program, 2020
• Flyer: Mason And Partners (MAP) Free Clinic, Spring 2022

• Event: Equality Prince William Pride 2022; Sunday, October 2, 2022

• Executive Summary of the White House National Strategy on Hunger, Nutrition and Health released September 27, 2022

**HRSA = the U.S. Health Resources & Services Administration  [https://www.hrsa.gov/](https://www.hrsa.gov/)