

Prince William

Our Clubs, Our Community

December 14, 2022

Upcoming Events

Dec 17 - Wreaths Across America Jan I - Horse Enrollment Project Deadline

Jan 12 - PW 4-H Teen Club - Citizenship

- Jan 14 Clover(bud) Club
- Jan 17 4-H Association Meeting
- Jan 18 4-H Day at the State Capitol
- Jan 20 Camp Counselor Applications Due
- Feb II Clover(bud) Club
- Feb 15 PW 4-H Teen Club

- Healthy Living **Feb 18** - PW 4-H Contest Day

Feb 25-26 - TALT Weekend

Inside this issue:

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Handmade Quilt Auction to Support Prince William 4-H



Only I week left to place your bid on beautiful, hand made quilts and support Prince William 4-H!

Betty Ann Blanton, a superfan and generous Prince William 4-H supporter, has donated two stunning handmade quilts to raise funds to support our local youth attending 4-H camps.

The horse-themed quilt is twin size and is a perfect holiday gift for your 4-H horse enthusiast.

The holiday snowman quilt is the perfect lap quilt to keep any family member warm through the winter holidays.



The online silent auction opens tomorrow, December 8th, and runs through Tuesday, December 20th. The winning bidders may pick up the quilts at the 4-H office in Manassas before Friday, December 23rd - just in time for the holidays!

<u>Click here to place your bid</u> and support Prince William <u>County 4-H'ers!</u>



Please Complete the Interest Survey for 4-H Day at the Capitol



ALL 4-H MEMBERS (including youth and adults) interested in attending Virginia 4-H Day at the Capitol MUST complete the interest survey. We're using the responses to determine transportation, activities, tours, and costs.

Click here for the survey.

Virginia 4-H Day at the Capitol is January 18th. See <u>PAGE 7</u> for more information.

Prince William 4-H Important Dates for Your Calendars

JAN 12: PRINCE WILLIAM 4-H TEEN CLUB - CITIZENSHIP

SAVE THE DATE! Our January 4-H Teen Club will jump start an exciting month focusing on Citizenship. 4-H'ers will engage in exciting activities in preparation for 4-H Day at the State Capitol. All Prince William 4-H teens age 14-19 should attend this meeting (whether or not you are attending 4-H Day at the State Capitol). *More information coming soon.*



JAN 14: PRINCE WILLIAM 4-H CLOVERBUD CLUB

SAVE THE DATE! Prince William 4-H Cloverbuds are invited to the Homemade Holiday Craft Night on December 13th for a family-friendly evening making crafts, snacking on pizza, and sipping hot chocolate with your 4-H friends. Our next official meeting will be on January 14th. *More information coming soon.*



JAN 17: PRINCE WILLIAM 4-H ASSOCIATION MEETING

SAVE THE DATE! The Prince William 4-H Association meeting is for all youth and adult members. The meeting reviews upcoming programs and opportunities and is an excellent to network with other 4-H'ers. <u>See PAGE 10</u> for more information and consider volunteering for an important leadership role!



JAN. 18: VIRGINIA 4-H DAY AT THE CAPITOL

SAVE THE DATE! This popular annual event for Prince William 4-H'ers ages 9-19 is an exciting full day of civic engagement at the Virginia State Capitol. Thanks to VA 4-H'er Harper Miller who lobbied the VA General Assembly last year, 4-H youth have an excused absence from school to participate...and it's the law! See front page and more details coming soon! You must complete the interest survey if you are considering attending. <u>Click here for the survey</u>.

4-H SPIN Club Anyone?



A 4-H SPIN Club is a **SP**ecial **IN**terest club where five or more young people learn about a topic of interest. Topics vary and include interests such as nature, science, photography, gardening, and more. SPIN clubs are led by volunteers who have a passion and want to share their knowledge with young people. We have lots of ideas for exciting programming in 2023. What inspires you to participate or volunteer this year?

Please contact Pam Hardin or DeeAnn Strand with your ideas and interests.

WREATHS AMERICA

Wreaths Across America Ceremonies

<u>Please click here to find your Prince William 4-H Club's page and to sponsor a wreath.</u> <u>Click here for a Veteran's Wreath coloring activity.</u> <u>Click here to learn more about Wreaths Across America.</u>

Wreaths Across America is a Prince William 4-H community service initiative. Their mission is to **REMEMBER** our fallen US veterans, **HONOR** those who serve, and **TEACH** our children the value of freedom. We invite you to honor a veteran in your life by sharing their stories and your memories of them, sponsoring wreaths in their name at Quantico or Arlington Cemetery, and by encouraging others to do the same.

<u>Click here if you have not already signed up and you want to volunteer</u> to place wreaths at Arlington on **December 17th.**

<u>Click here for information for volunteering</u>, as well as information about parking, metro stops, directions, etc. at the bottom of this page under parking and directions.

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Nokesville Equestrian 4-H Club caroling on horseback house-to-house through a local neighborhood.





Cookies & Caroling with Nokesville 4-H Club at Capitol Ridge Gracious Retirement Living

Prince William 4-H'ers know that the best way to spread Christmas cheer is singing loud for all to hear!

H

Nokesville Equestrian 4-H Club volunteering to serve breakfast at the Lion's Club to support Santa Cops.





SANTA'S "NICE" LIST

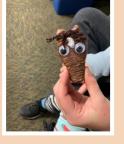






































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TRIGGER TIME 4-H SHOOTING EDUCATION CLUB FINISHES STRONG

For the past nine weeks, Trigger Time has been participating in the Orion Air Rifle League. We've completed seven matches in the Champion Division. This year was our first-year shooting in the Champion Division. This division is reserved for the top teams in the country. During the normal season we had many shooters participate in this match. Trigger Time finished the season in 13th place, which qualified us for the

tournament. The top five shooters of the club got to shoot in the tournament. These shooters were Samantha Erick, Grace Richter, Noah Richter, Samantha Seagle, and Lexi Strand. First game of the tournament we beat South Panola AFJROTC.

In the second game, we were eliminated by Kelly Walsh MCJROTC. Although we lost, the team shot our personal best of 2178.0. To end out season, we had a total of four wins and three losses, which landed us in 12th place.

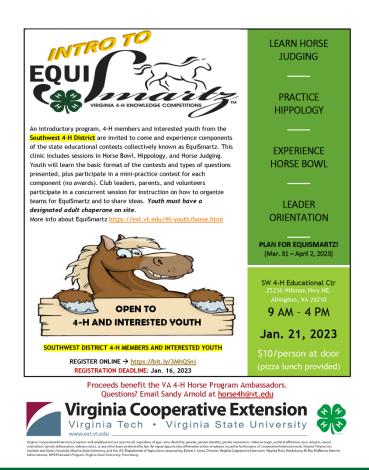
Press Releases Submitted by 4-H youth contributor Lexi Strand, Trigger Time 4-H Shooting Education Club. <u>Click here for Trigger Time 4-H Shooting Education Club Team Page</u>

Virginia 4-H Horse Program

2022 HORSE PROGRAM END OF YEAR AWARDS Nominations Due Dec. 15th

Annual End of Year Awards are recognized by those actively involved in the 4-H Horse Program. Please join us in celebrating our top Member of the Year, Volunteer of the Year, and Club of the Year.





Member of the

Year wins an embroidered jacket

- Volunteer of the Year wins an embroidered jacket.
- Club of the Year wins a Club Plaque and individual 4 -H prizes for each member.

Click here for Nomination Forms

SAVE THE DATE FOR EQUISMARTZ 2023

Dates: March 31st – April 2nd Location: Lexington, VA Entry deadline: March 15th

TENTATIVE SCHEDULE:

Friday – 4-H and FFA Hippology Saturday - 4-H and FFA Horse Judging Sunday – 4-H Horse Bowl and Communications Contests

ontests

2023 VIRGINIA HORSE COUNCIL

MEMBERSHIP DRIVE

The 2023 membership drive for the Virginia Horse Council is underway. Now through December 31st, get \$5 off all memberships (*excluding Premium & Life memberships) and any Equine Group or Assoc. with more than 100 members receive \$10 off.

The first 100 2023 VHC memberships will receive a feed coupon good for 1 free bag of Nutrena horse feed in their welcome packet! In addition, the first 100 2023 VHC memberships will also receive a coupon good for either 1 free bag of Blue Seal/Sentinel Feeds or a \$5 off coupon for a bag of Blue Seal/Sentinel Feeds.

Virginia 4-H

Day at the Capitol

SAVE THE DATE



4-H Day at the Capitol January 18, 2022 Dominion Energy Center Richmond, VA Virginia 4-H Day at the Capitol provides an opportunity for youth to learn about governmental procedures and emphasizes the importance of citizen involvement in the governmental process. Participants visit with legislators sharing their 4-H experiences and learning about the role of legislators in government. They observe the legislative process in action, have opportunities to learn about the congressional aides and pages programs, and have an opportunity to tour the Capitol, museums, or other historical sites in the Richmond area.

GENERAL SCHEDULE

9 amMeet legislators and other 4-Hers (refreshments)10 am4-H Rally and State Capitol Photo11:15 amTour the Capitol/Visit the legislature in Session12:30 pmLunch BreakAtternoon visite to surrounding accompany and historia sites

Afternoon visits to surrounding government and historic sites.

WHO SHOULD ATTEND

All Prince William 4-H'ers ages 9 - 19 and adult volunteers

WHY YOU SHOULD ATTEND

- See our Virginia government in action and meet with legislators! Visit and tour sites that are important to our state government that you might not otherwise be able to see.
- Virginia 4-H Day at the Capitol is a statewide event for all 4-H'ers across the Commonwealth. Participation in this event is important for building your 4-H Portfolio, applying for 4-H leadership positions, applying for scholarships, and building your work and college resumes. Have you considered volunteering for a Prince William 4-H Association leadership position (see Page 8)?
- * Attending this higher level event is important for your Virginia 4-H All Star or Virginia 4-H Pillar Award Application.
- ★ It's an EXCUSED absence from school, thanks to Virginia 4-H'er Harper Miller who lobbied the VA General Assembly last year. <u>Click here to read the law.</u>

Bonus Activities for Prince William 4-H'ers will be announced soon! You MUST complete the Interest Survey if you are interested in attending Virginia 4-H Day at the Capitol. <u>Click here for the survey.</u>

BE PREPARED - ATTEND THE PRINCE WILLIAM 4-H TEEN CLUB MEETING!

January 12th @ The PW4-H Office We'll be practicing and preparing to meet our government leaders. FIND YOUR VIRGINIA STATE LEGISLATOR! House of Delegates Senate Virginia General Assembly

Prince William 4-H Hosts a Table at the Meet and Greet!

Shake hands with legislators, tell your 4-H story, share about your 4-H work, give a 4-H presentation, share about your 4-H projects, discuss what you have learned in 4-H, and more! All Prince William County delegates have been invited and we have many "YES" RSVP's. This is an excellent civic engagement opportunity!



SUPPORT OUR 4-H YOUTH

The Prince William 4-H Association is a non-profit organization that supports our county's 4-H youth programs. Through fundraising efforts, the Association provides scholarships, learning opportunities, and educational programing to our members and the greater Prince William community. The Association is comprised of a dedicated volunteer group of both youth and adult community members.

4-H Grows Here!

VOLUNTEER LEADERSHIP OPPORTUNITIES

HEALTH

HEART

Support your community, gain leadership experience, and build your resume by volunteering for a Board position within the Prince William 4-H Association. The following positions are vacant and need your support:

HEAD

HANDS

YOUTH LEADERSHIP VACANCIES



Vice President **Treasurer Secretary**

ADULT LEADERSHIP VACANCY **Secretary**

CONTACT MARYBETH LERCH FOR MORE INFORMATION.

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All adult and youth Prince William 4-H members are encouraged to attend the bi-monthly meetings to learn more about upcoming programming, opportunities, and network

WHO SHOULD

PARTICIPATE

across county clubs.

LEADERSHIP **NETWORKING INFORMATION** FUN!

Prince William 4-H Association Meeting

TUESDAY, JANUARY 17TH

7 PM

Prince William 4-H McCoy Conference Room (upstairs) 8033 Ashton Ave. Manassas, VA 20109 **RSVP** link coming soon







Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

4-H'ers are... more likely to give back to their communities





PRINCE WILLIAM 4-H

Embryology Project

The "Beginning of Life" 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. These educational materials address Standards of Learning (SOLs) for math, science, English, life science, and computer technology. 4-H will provide fertilized eggs, guide you through training, support you during the hatch, and then collect the chicks to be sent to a local farm.

ACCULATE C

Click here to register your 4-H Club or PWCS, Manassas City, or Manassas Park school class.

IMPORTANT DATES

Embryology Registration Dec 1st - Jan 31st

In-Person Leader Training TBD

Incubator Pickup (*if rented from 4-H*) PW4-H. 8033 Ashton Ave. #105 Feb 21 or Feb 22, 1-4pm

Egg Pickup

PW4-H, 8033 Ashton Ave, #105 Feb 27 3-6 pm Feb 28 9 am-12 pm

Hatch Days: March 19th- 21st!

Chick Drop Off PWC Fairgrounds Mar 24 2 pm - 6 pm Mar 30 12 - 3 pm

CONTACT INFORMATION

DeeAnn Strand 4-H Youth Educator dstrand@pwcva.gov 703-792-4762 www.pwcva.gov/4-H



Prince William 4-H Embryology Project Prince William 4-H







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Prince William 4-H

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Join us! Thursday, January 19, 2023 6-9 PM Please join us for an Evening with Virginia 4-H to recognize the achievements of our 4-H youth and the contributions of our supporters. Enjoy a cocktail and heavy hors d'oeuvres reception with fellow members of the Virginia 4-H Community followed by a recognition ceremony in the historic Carpenter Theatre within Dominion Energy Center in downtown historic Richmond. Conclude your evening activities with dessert and coffee or night cap as you mingle with 4-H members, volunteers, alumni, and friends. **Evening Celebration:** 6:00 - 6:45 PM ~ Welcome Reception ~ Second Floor Lobby 7:00 PM ~ Doors Open ~ Carpenter Theatre

Registration is \$44 per person and includes parking, welcome and dessert reception and entrance to recognition ceremony. Register by January 10, 2023 at https://aimsbbis.vt.edu/23eveningva4h

For questions or assistance registering, please contact CALS Advancement by emailing va4hadvancement@vt.edu or by calling (540)231-1096.



4-H Nature Explorers Weekend



Date: January 28-29 Location: Holiday Lake 4-H Educational Center, Appomattox, VA Who Should Attend:

For 4-H Members Ages 9-18 and 4-H Volunteers Cost: \$75 youth 4-H'ers and \$55 adults

Click here for more information and to register.

Activities may include archery, hiking, low ropes, and more!

Contact Jack Wagstaff, Natural Resource Education Coordinator, at (434) 248-5444 or jwagstaff@vt.edu with any questions.



Virginia Tech Helmet Ratings Expand to Include Equestrians



To develop the newly released set of ratings for equestrian helmet ratings, researchers from the Virginia Tech Helmet Lab conducted extensive testing under real-world conditions at the

Alphin Stuart Livestock Area on Virginia Tech's Blacksburg campus.

Click here to read the full December 6th article and learn more about the research being done at Virginia Tech to help keep equestrians safe!

Photo by Eleanor Nelsen for Virginia Tech.



VA Beginning Farmer and Rancher Coalition: Winter Gathering

Date: Friday, January 6, 2023 Time: 6-8 pm Location: Hotel Roanoke in Roanoke, VA <u>Click here to register.</u>

We are pleased to invite you to the Virginia Beginning Farmer and Rancher Coalition Winter Gathering where Coalition partners and beginning farmers will have a chance to connect over a meal, hear from beginning farmers, and engage in moderated discussion. The event will be followed by an informal music jam session from 8-10 pm; bring an instrument or stay to socialize. One foundation of our Coalition is gathering to build and strengthen relationships so we can continue supporting beginning farmers across the Commonwealth and we hope you will consider joining us.

Spaces are limited and registration is required. Please register by December 21 at the latest.

VIRGINIA BEGINNING FARMER AND RANCHER COALITION

JAN 6

6-8 PM

WINTER GATHERING During the Virginia Biological Farming Conference Pre-Conference Day at the Hotel Roanoke

EVENT HIGHLIGHTS

- Dinner
- Networking
 Earmer Pape

Virginia Coopera Extensio

- Farmer Panel DiscussionOpen Jam Session to follow
- Spaces are limited. Please register to reserve your spot:

https://tinyurl.com/vbfrcwinter2023

Beginning Farmer & Rancher

2022 SERA-47 Virtual Annual Meeting

"Best Practices for Local Food Systems" Date: December 14– 16, 2022

<u>Click here to register.</u>

River

Zoom information for the meeting will be provided to all those registered to attend the meeting. The SERA-47 Local & Regional Foods annual meeting allows colleagues that are engaged in research and outreach activities in the Southern region to come and share the great work they are doing and explore how it might be expanded throughout the region. The objectives of the 2022 Annual Meeting are:

- Learn what is happening across the nation and region.
- Learn how

The mission of SERA-47 is To build the capacity of the Research and Extension system to foster community collaboration and become a trusted source of high-impact education an research supporting all aspects of local foods. <u>Click here for more information about SERA-47</u>.

Job Opportunity: Organic Blueberry Farm Manager

River Ridge Organics, a 12 acre organic blueberry and blackberry farm in the middle of a 1500 acre cattle farm, in Independence, VA, is seeking a full time manager to oversee all aspects of the berry farm. This position requires extensive knowledge in horticulture / agronomy. This position is supported by seasonal harvest labor and part time employees to assist in the management of

River Ridge Organics. The successful candidate will report directly to the General Manager. Compensation includes base salary (commensurate with experience), bonus program, full medical, matching 401K (6%), housing, vehicle and phone.

<u>Click here for more information about River Ridge Farm.</u> Contact Brantley Ivey at <u>Brantley@riverridge.farm</u> for more information and to apply.



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PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online: <u>PCW 4-H</u> <u>Virginia State 4-H</u>

National 4-H

National 4-H

Virginia 4-H

National 4-H Homepage

VCE COVID-19 Updates

4-H Online Information

Educational Resources

STEM in Virginia 4-H

<u>PWC 4-H Homepage</u> <u>PWC 4-H Programs</u> PWC 4-H Camps

Prince William 4-H

PWC 4-H Events & Calendar

Portfolio Records

Project Record Ages 11-12

Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form

Member Record

<u>Cloverbud Sheet</u> <u>Project Record Ages 9-10</u>

The 4-H Foundation

4-H All Stars

Your Dedicated PWC 4-H Staff

MaryBeth Lerch Associate Extension Agent, 4-H <u>mblerch@vt.edu</u> 703-792-4536

DeeAnn Strand 4-H Youth Educator dstrand@pwcva.gov Pam Hardin 4-H Youth Educator phardin@pwcva.gov

Candi Helmlinger

chelmlinger@pwcva.gov

4-H Program Specialist, Newsletter

I AM

PWC 4-H Resources



2022-2023 PWC 4-H Association Officers

Youth Officers Samantha Whysong, President Vice President - Vacant Treasurer - Vacant Secretary - Vacant

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Secretary - Vacant



Excellent leadership opportunities to build your resume!



Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff

amazon

smile

Support the Prince William County 4-H Association while You Shop!

- I. Open the Amazon app on your phone
- Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
- 3. Select "Prince William County 4-H Association" as your charity
- 4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
- in the mobile app5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.

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HANDS





