

## Prince William 4-1

### Our Clubs, Our Community

#### **Upcoming Events**

- Feb 25-26 TALT Weekend
- Feb 27-28 Embryology Project Egg Pickup
- Mar 2 Engage Locally by Prince William 4-H
- Mar II Cloverbud Club
- Mar 17-19 Spring Air
- Mar 18 PW 4-H Food Challenge
- Mar 21 PW 4-H Association Meeting
- Mar 24 & 30 Chick Drop-off
- Mar 31 Apr 2 Equismartz
- Apr I 4-H Junior Camp **Registration Opens**
- Apr 8 PW 4-H Cloverbud Club
- Apr 15 PW 4-H Tree Planting
- Apr 15 District Contest Day
- Apr 29-30 VA 4-H Healthy Living Summit

#### Inside this issue:

<u>Teen Night</u>	
Engage Locally	
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Updates and More	
<u>Contacts &amp;</u> <u>Recourses</u>	



#### February 22, 2023

#### We've Got Chicks!



Prince William 4-H staff and volunteers have had a successful test run of the 4-H Embryology project! We have 4 adorable chicks chirping and making us all aflutter with the excitement that comes with newborns. Our incubators have been distributed to schools and clubs and youth should be prepping the incubators for eggs, cleaning, checking humidity and warming them up. Eggs will be available February 27th from 3-6 pm and February 28th from 9 am - 12 pm at the Prince William 4-H office. We're looking forward to lots of photos tracking the progress of your project!



As always, our volunteers exceed our egg-spectations! A huge 4-H thank you goes out to Kristin and Katie Saul for sharing their wonderful knowledge, Sherryle Moore for her expertise and help with the brooder box, and Donna Garzione of Loch Lomond Elementary school and Ashely Scott of Kyle R. Wilson Elementary School who helped coordinate training at their locations. We could not offer this project without you!



#### Club Clips: Nokesville Community 4-H Club

Nokesville Community 4-H Club held their monthly business meeting last Sunday, at Buckhall Volunteer Fire Department, led by Katie Saul-president, Nessi Linares-secretary, and Ryan Nguyentreasurer. We gathered early to put together gift bags of personal care products for the teens residing at SERVE as a community service initiative. We welcomed new members, had a fun game of Kerplunk, and had a special visit with Mr. and Mrs. Moore and a few of their beautiful hens and a rooster. They







answered all our questions about chickens, as we are getting ready to begin an Embryology project. After the meeting we enjoyed a potluck dinner and a game of tag. We're looking forward to our March meeting and planning our gardens and activities at the county fair!















# Prince William 4-H Healthy Living























**DATE** Thursday, March 2nd

> **TIME** 6 PM

### LOCATION

McCoy Conference Room Prince William 4-H 8033 Ashton Ave., #105 Manassas

#### CLICK HERE TO REGISTER

Please register by February 20th. Early registration will help us plan the event program tables. We need ALL members to attend this fantastic opportunity to plug in locally with our legislators, county & city government, and school officials. Help us promote **YOU!** 

#### **CURRENT TABLES**

Cloverbuds • 4-H Day at the Capitol • 4-H State Congress • 4-H Officer Training & Citizenship • Prince William 4-H Association Youth Board • 4-H Ambassadors • 4-H Camps • 4-H Contests • Prince William 4-H Trigger Time • 4-H Horse Program • Contest Day • 4-H Embryology & Safe at Home • Kettle Run 4-H Club • Nokesville 4-H Club

Want your club to join in the excitement? Contact Pam Hardin.

## **ENGAGE LOCALLY** BY PRINCE WILLIAM 4-H

#### **ENGAGE LOCALLY WITH YOUR GOVERNMENT OFFICIALS!**

### Tell your 4-H Story, share your experiences and engage with more local movers and shakers (many confirmed to date!):

- Local Virginia Senators and Greater Prince William Area Virginia Delegates
- Prince William County Supervisors
- Commonwealth Attorney
- City of Manassas and Manassas Park Government Leaders
- Prince William, Manassas and Manassas Park School Board Officials
- Virginia Cooperative Extension Representatives

This open house event will provide Prince William 4-H'ers with an opportunity to build their citizenship skills, increase their understanding on local government, and provide an opportunity to promote their 4-H Story and experiences.

#### **OUR YOUTH HAVE POWERFUL VOICES!**

Get plugged into the world of civic engagement by contributing to this important event! All Prince William 4-H'ers are encouraged to participate and share their experiences - including Cloverbuds! The list of VIP RSVP's is growing because they WANT to hear YOU.













#### Prince William 4-H Youth Participants

Peyton Barbour - Presentation Lauren Byrd - Presentation Chloe Canyon - Presentation Olivia Carter - Presentation **Sarah Fox - Presentation** Elena Guallar Thompson - Presentation Katelyn Kellum - Presentation Maria Konstanty - Instrumental Aiden Kresge - Presentation Jubi Richter - Radio Spot Noah Richter - Drama and Extemporaneous Noble Richter - Extemporaneous Valor Richter - Public Speech Samantha Seagle - Instrumental Jason Sharpe - Drama John Sharpe - Presentation and Drama Ayden Strand - Presentation and Instrumental Lexi Strand - Instrumental and Extemporaneous **Ulric Summerlin - Vocal** Abigail Tumelty - Presentation Naiomi White - Presentation **Ryan Williams - Presentation** 





































#### Prince William 4-H Association Meeting - Pizza Night!

Date: Tuesday, March 21st

Time: 6 pm Location: Prince William 4-H, McCoy Conference Room, 8033 Ashton Ave., Manassas Who Should Attend: All Prince William 4-H youth and adult members Click here to RSVP for pizza count.

**RECONNECT** with the community and other 4-H members! Please join us for a fulfilled evening of networking and diving deeper into how we can better serve our community and 4-H youth. We will also be welcoming our new adult board secretary, Mary McDonald, as well as discussing larger events, such as TSC Paper Clover and Wreaths Across America. Bring your creative ideas and willingness to **RECONNECT with 4-H!** 



#### Prince William 4-H Engage Locally - PLEASE REGISTER!

#### March 2nd at 6 PM - See Page 3 for details and to register!

We have many RSVPs from local officials - we need YOU to attend! . Our youth have powerful voices! Get plugged into the world of civic engagement by contributing to this important event. Arrive at 6 PM for set-up. Officials join us at 6:30 PM.



#### Prince William 4-H Young Entrepreneurs Project

#### Click here for interest survey.

#### Please respond by March 1st.

Back by popular demand! Put your skills and talents to work by participating in the Prince William 4-H Young Entrepreneurs Project! Work as a team to create a business plan, learn how to budget, design and produce a product, and sell your creations at a local farmer's market. Our Young Entrepreneurs Project was a huge success last year, with 13 youth participating in 4 workshops, a field trip and multiple sales at the Manassas Farmer's Market. The goal of the project is for youth to create a business plan during the workshops and then test their skills by attending at least 3 markets. Please complete the interest survey if you are considering participating in this exciting and engaging opportunity.



**Celebrating YOU!** 

#### Prince William 4-H Scholarships - Applications Due April 1st

#### 2023 JOANNE GUHL SCHOLARSHIP

#### Please click here to apply for the 2023 Joanne Guhl Scholarship.

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PWC 4-Her. Applicants must be enrolled the Prince William County 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

#### 2023 BERNARD MALO SCHOLARSHIP

#### Please click here to apply for the 2023 Bernard Malo Scholarship.

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

#### Prince William 4-H Tree Seedling Project

#### Applications due March 1st.

Seedlings should arrive the week of April 17th. Click here for the application.

Click here for the application. Growing kids and trees for Virginia's forests! The Virginia Department of Forestry and Virginia Cooperative Extension are providing free hardwood seedlings to schools and youth groups. The purpose of this project is to improve water quality by restoring forest cover to residential and riparian lands. Prince William 4-H is offering tree seedlings to youth educators for planting projects in the community. The Prince William 4-H Tree Seedling Project relates to many science, math and history Virginia SOLs. *Please note that this project is not intended for youth* 

to bring home trees.

NFW

#### PRINCE WILLIAM 4-H TREE PLANTING

COMMUNITY SERVICE DAY! Date: Saturday, April 15th Time: 9 AM Location: Bristoe Station Battlefield Park, Bristow, VA Who Should Attend: All Prince William 4-H'ers!

#### Click here to register.

Join Prince William 4-H and Prince William County Environmental Management for a fun filled service project named, "Growing Trees and Kids for Virginia's Forest." Tree seedling are made available through generous gifts from the Virginia Forestry Educational Foundation, matching funds from Old Dominion Electric Cooperative and Virginia's Customer Owned Electric Cooperatives, Huber Engineered Woods and to the efforts of the VA DOF to provide low cost seedlings to Virginia citizens. Prince William 4-H'ers will meet at Bristoe Station Battlefield Park on April 15th beginning at 9am. This day also happens to be American Battlefield Trust's Park Day. We will celebrate this day by planting 350 new trees!

#### Virginia 4-H Camp Scholarships

#### Click here for more information and to apply.

#### Applications Due April 3rd.

The Virginia Forestry Educational Foundation (VFEF), the Virginia Forestry Association (VFA), the Virginia Forest Products Association (VFA), and the Virginia Loggers Association (VLA) are announcing the second annual Preston R. Willson Virginia 4-H Camp Scholarships for the summer of 2023. Applications for youth ages 9 – 14 can be submitted to VFEF to attend one of six (6) Virginia 4-H Center's 4-H Summer Camps which include: Airfield, Holiday Lake, Jamestown, Northern VA, Southwest VA, and W.E. Skelton. A total of 48 (forty-eight) youth will be randomly selected for these full scholarships. Each of the six 4-H Centers will host eight (8) scholarship recipients.

#### Virginia 4-H Horse Updates

2023 EQUISMARTZ

Dates: March 31st – April 2nd Location: Lexington, VA Entries Due March 15th Click here for more information.



Qualifying Shows - <u>https://ext.vt.edu/4h-youth/horse/events/district-qualifying-shows.html</u> Qualifying Clinics - <u>https://ext.vt.edu/4h-youth/horse/events/district-qualifying-clinics.html</u> Horsemanship Skill Dates - <u>https://ext.vt.edu/4h-youth/horse/events/horsemanship-skills/skills-calendar.html</u>







#### **PRINCE WILLIAM 4-H**

## **4-H FOOD CHALLENGE** 2023



## **MARCH 18TH**

**EVENT STARTS AT 10 AM** 



NUTRITION **% SKILL % TEAMWORK % PUBLIC SPEAKING % SAFETY % CAREERS % FUN!** 

Click here to check out the videos, curriculum, tip sheets and more compiled by our friends at Texas 4-H.
 Click here for the 2022-23 VA 4-H Food Challenge Rules

Virginia

Cooperative

Extension

#### **COME SUPPORT OUR TEAMS!**

MANASSAS

#### M C Livestock Stockman's Challenge

Date: Saturday, March 18th
Time: Check in 7:30-8:30am, contest start at 9:00am.
Location: Rockingham County Fairgrounds, Harrisonburg, VA
Three Divisions (age the day of the contest): Pee Wee 5-8 yrs, Junior 9-13 yrs, Seniors 14-19 yrs
Contest Includes: 3 Cattle classes, 2 Hog classes, 2 Lamb classes and 2 Goat classes (as available).
We will have 3-4 questions classes and an Optional Reasons Jackpot. Contestants will use a scantron for class placings and answers to questions. .
Cost: \$20/individual, \$80/team, Free/Pee Wee's, \$10/adults & coaches. Lunch is provided.
Click here to register. Register by March 5th.

Regional Youth Livestock Judging Contest for kids age 5-19.

#### 4-H Campaigns: Georgia Boot and JoAnn Fabrics

#### **GEORGIA BOOT TRAILBLAZERS CONTEST: JAN 20 – FEB 24**

We're looking for 4-H'ers who want to share their 2023 project journey with the Georgia Boot audience. Trailblazers will be required to provide Georgia Boot with photos and progress updates throughout various project stages to be used on Georgia Boot's social media channels, email, and website. Four winners will receive a prize package valued at \$500. The package consists of a free pair of Georgia Boots (up to \$200), a \$200 gift card to a local farm & ranch or hardware store of their choosing, and Trailblazers merchandise. <u>Click here for more information and to apply.</u>

#### JOANN CAMPAIGN: JAN 31 - MAY I

During the promotional timeframe, customers can donate or roundup at checkout in JOANN stores to support 4-H. 100% of donations support 4-H with 70% going back to the state where those funds were raised. Current & Alumni members, parents of members, volunteers and 4-H staff can save 15% off total in-store and online purchases every day with 4-H Rewards. JOANN guarantees a minimum donation to National 4-H Council of \$250,000 per year until June 2023 through a combination of customer donations during campaigns, minimum of 2.5% of sales from the JOANN 4-H Rewards Card, and \$0.50 for every yard purchased of custom 4-H fabric. <u>Click here for more information</u>.

#### Manassas Bee Festival - ISO Vendors



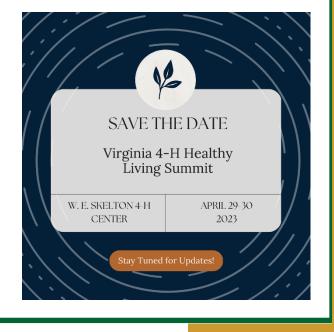
June 24, 2023

Date: Saturday, June 24th Time: 10 am - 2 pm Location: Liberia House Park, 8601 Portner Ave., Manassas

Here's the BUZZ in Manassas City! SIGN UP Today! Save the Date! Sponsorships, vendor spaces, speaker spots, and

volunteer positions are now being reserved for the 3rd Annual Manassas Bee Festival. The Bee Festival is one of the most well-attended events in Manassas City.

Visit <u>https://manassasbeefestival.com/contact/</u> to join us and learn more!









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#### Virginia 4-H Shooting Sports Updates



VIRGINIA SPRING AIR 2023

Dates: March 17th - 19th

Location: W.E. Skelton 4-H Educational and Conference Center, Wirtz, VA Cost: \$45 per youth and includes all matches and event t-shirt Registration Deadline: February 26th. See your 4-H Club leader for more information and to register.

Who Should Attend: Any 4-H member enrolled in a State 4-H Office approved 4-H Shooting Education Club who has completed project portfolios in the event(s) in which they are registered to shoot. Youth that turn 9 to 13 in 2023 will be considered juniors and those that turn 14 or older in 2023 will be considered seniors.

Events: BB Gun, Air Pistol, Air Rifle, Air Pistol Silhouette, Air Rifle Silhouette, Presentation Contest, Public Speaking Contest, and Archery

**Presentation and Public Speaking Contests:** The 4-H Shooting Education Program is a vehicle for teaching life skills and the youth participating in the shooting program need to be able to communicate to others their interest and commitment to the shooting sports. Youth may participate in either the presentation contest or public speaking contest. The rules for each will follow the main stream 4-H contest areas and can be accessed at the Virginia Cooperative Extension site which is listed later in this announcement. Awards will be 1st, 2nd, and 3rd individual in each event and each age group: Junior (ages 9 to 13) and Senior (ages 14 - 19).



#### SHOOTING SPORTS INSTRUCTOR CERTIFICATION

Dates: April 15th - 16th Location: Holiday Lake 4-H Educational Center. Registration Deadline: March 30th Registration Contact: Trigger time@verizon.net

The Virginia 4-H Shooting Education Training Team offers instructor certification for adults and experienced teens ages 16 and older. First-time participants are required to complete on-line training by Tuesday, April 11th. First-time participants who completed the online course in 2022 do not need to repeat the course. Advanced shotgun (either skeet or sporting clays) will be offered. The instructors will decide which course will be offered based upon the number of qualified applicants that register. There will be a second session on October 14-15, 2023.

#### Virginia 4-H: 2023 States' 4-H Exchange



Please consider hosting a young Japanese delegate in your home this summer! Virginia 4-H is looking for families to host 16 Japanese delegates during summer 2023. Host family applications are available now. Please consider this amazing opportunity to grow your cultural competencies!

#### Summer Program FAQs

2023 Online Application Link Click here for the Virginia 2023 States' 4-H Exchange Facebook Page.

- Program runs July 22-24 through August 17-19, 2023
- No previous 4-H experience is required
- Japanese delegates will be aged 12-18
- Youth have a range of English language abilities.
- Host family receives no stipend to host a delegate.
- To host a delegate, a family must have a child who is 9+ years old.
- Families will be matched with a delegate of the same gender who is within 3 years of the host youth's age.
- Families without youth can host adult chaperones.
- Delegates are here to experience every day American life. No special activities need to be planned.
- Host Families will receive support before, during & after the exchange
- Host families will be screened and interviews as part of our risk management protocol.

#### Host a Japanese Exchange Student in Summer 2023

Accepting Host Family Applications Now





## States' 4-H International Exchange Programs 2023 INBOUND PROGRAMS

Host a delegate in your home this summer and give your family a global perspective!



Host a Japanese youth in Summer 2023 through States' 4-H International!

Invite an international youth into your home for three and a half weeks and share an American experience. Expand your family's cultural understanding, learn about new foods and customs, and possibly a new language all while sharing your own. Your children will build lifelong friendships and will gain new perspectives on their own country too!

#### Open your home to an exchange student and open your lives to the world!





#### HOSTING PERIOD: 3 1/2 weeks from late July to mid August

- You can host a youth aged 12-18 or an adult chaperone
- Youth have a range of English language abilities, so host families should be prepared to communicate imaginatively

#### HOST FAMILY REQUIREMENTS

- You must have a child of the same gender who is within 3 years of the hosted youth (children aged 9+ are eligible to host)
- Families without children of the appropriate age may host an adult chaperone
- No special activities need to be planned since these youth want to experience American culture, make new friends, and improve their English by staying with your family
- You don't need to be involved with 4-H to host

For more information - Visit: <u>http://www.states4hexchange.org</u> Email: <u>exchange@states4h.org</u> Call: 1-800-407-3314

Virginia Contact: Wendy Herdman Email: <u>wherdman@vt.edu</u> Call: 1-804-493-8924



Ғ Facebook: https://www.facebook.com/states4hexchange/ Instagram: @states4hinternational 饭



Please note: Host family selection is dependent on completion of an application and screening process as well as student availability and personality compatibility

## Fauquier Education Farm

## Presents:

## Foraging Workshop

Friday February 24th from 6:00-8:00 p.m. Free, no registration required!

While it may seem like an ancient practice, foraging for wild food has become quite popular in recent years. Come to our workshop on foraging with guest speaker Zoe Bergman to see what kinds of foods the wild has to offer.

Located at the Fauquier Extension Office: 24 Pelham St # 10, Warrenton, VA 20186

For additional questions, contact Ashley Goodwin at ashleyg9@vt.edu







Direct Marketing Meat with Sarah Sharpe, Greene County VCE Ag Agent <u>Video is available to watch in advance</u>!

Goat and Sheep Production with Mandy Fletcher, VSU Small Farm Associate for Southwest Virginia Video is available to watch in advance!

## Season 2 A Taste of Farming

#### October 2022-March 2023

Are you aspiring to farm or just starting out with farming? If so, this "learn as you go" online series is for you! It is designed to help you get a taste of different farming practices and concepts so you can explore your interests, gain a basic understanding of different farming topics, avoid common pitfalls, and get to know the Extension professionals in Virginia here to assist you.

Season 2 runs from October 2022 to March 2023. Each month, we will release two new Taste of Farming videos for you to watch! A few weeks after a moderated Q & A session will be held with the presenters where you can hear more from them and have your questions answered. Our schedule is listed below and videos and registration links are available on our website:

#### vabeginningfarmer.alce.vt.edu/TasteofFarming.html

Please reach out to Sarah Sharpe at seweaver@vt.edu or Katie Trozzo ketrozzo@vt.edu if you have questions.

#### NOVEMBER Q& A SESSION: NOV 10 FROM 7-8PM ET

- Nicole Shuman, Goochland County VCE Ag Agent on "How to Interpret a Soils Test"
- Mike Parrish, Dinwiddie County VCE Ag Agent on "Information for New Pesticide Applicators"

#### DECEMBER Q& A SESSION: DEC 8 FROM 7-8PM ET

- Erin Small, Prince Edward VCE Ag Agent on "Floriculture"
- Beth Sastre, Loudoun VCE Ag Agent, on "Vineyard Establishment"

#### JANUARY Q& A SESSION: JAN 18 FROM 7-8 PM ET

- Kevin Spurlin, Grayson County VCE Ag Agent, and Ashley Edwards, Carroll County VCE Ag Agent on "Christmas Tree Farming"
- Speaker TBD on "Tree Fruit Production"

#### FEBRUARY Q& A SESSION: FEB 23 FROM 7-8PM ET

- Mandy Fletcher, VSU Small Farm Outreach Program Assistant SW VA Region on "Sheep and Goat Production"
- Sarah Sharpe, Greene VCE Ag Agent, on "Direct Marketing Meat"

#### MARCH Q& A SESSION: DATE TBD

- Tracy Porter, VSU Small Farm Outreach Program Assistant, Northern Neck, Middle Peninsula, Eastern Shore Region on "Poultry Production"
- Jeremy Daubert, Rockingham County VCE Ag Agent, and Cynthia Martel, Franklin County VCE Agent on "Starting a Small Dairy (Cows and Goats)"

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Katie Trozzo at 540-231-4582 during business hours of 9 a.m. and 5 p.m. to discuss accommodations at least 5 days prior to the event.

VIRGINIA Beginning Farmer & Rancher COALITION PROGRAM





#### PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

#### Click to Visit Online: <u>PCW 4-H</u>

Virginia State 4-H National 4-H

#### Your Dedicated PWC 4-H Staff

MaryBeth Lerch Associate Extension Agent, 4-H <u>mblerch@vt.edu</u> 703-792-4536

DeeAnn Strand 4-H Youth Educator dstrand@pwcva.gov Pam Hardin 4-H Youth Educator phardin@pwcva.gov

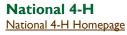
Candi Helmlinger

chelmlinger@pwcva.gov

4-H Program Specialist, Newsletter

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#### **PWC 4-H Resources**



Virginia 4-H VCE 4-H VCE COVID-19 Updates

<u>4-H Online Information</u> <u>The 4-H Foundation</u> <u>Educational Resources</u> <u>4-H All Stars</u>

STEM in Virginia 4-H

#### Prince William 4-H

<u>PWC 4-H Homepage</u> <u>PWC 4-H Programs</u> <u>PWC 4-H Camps</u> <u>PWC 4-H Events & Calendar</u>

#### **Portfolio Records**

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form





#### 2022-2023 PWC 4-H Association Officers

Youth Officers Samantha Whysong, President Sam Seagle, Vice President Samantha Erick, Treasurer

Lexi Strand, Secretary

#### Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

#### **Committee Chairs**

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff

#### amazon

### smile

Support the Prince William County 4-H Association while You Shop!

- I. Open the Amazon app on your phone
- Select the main menu (=) & tap on "AmazonSmile" within Programs & Features
- Select "Prince William County 4-H Association" as your charity
- 4. Follow the on-screen instructions to activate AmazonSmile in the mobile app
- in the mobile app5. Start shopping! A portion of select purchases will be donated to 4-H at no additional cost to you.



