

Prince William 44H

Our Clubs, Our Community



Upcoming Events

Apr 26-May 7 - TSC Paper Clover

Apr 29-30 - VA 4-H Healthy Living Summit

May 13 - PW 4-H Cloverbud

May 18 - PW 4-H Teen Club

May 19-21 - VA 4-H Spring Teen Summit

Jun 26-30 - Virginia 4-H State Congress

Jul 23-27 - Prince William/ Stafford 4-H Junior Camp

Aug 14-18 - Prince William 4-H Fair Camp

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VA 4-H Updates From Our Friends

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Click to Visit



Virginia 4-H State Conference - Register Early!



Dates: June 27th - 30th

Location: Virginia Tech, Blacksburg, VA

Who Should Attend: All Prince William 4-H'ers ages 14-18

Registration Fee: \$270

Click here to register through 4honline. Registration closes May 26th.

REGISTER EARLY - workshop sessions fill quickly.

Virginia 4-H State Congress is the premier, statewide annual 4-H event for outstanding 4-H teens and adult volunteer leaders. Its mission is to provide competitive and non-competitive educational experiences to Virginia teens and the adults who work with them, helping them to develop life skills and leadership abilities to become contributing citizens in their communities.

Click here for the full information packet. Click here for more information and details on the Virginia 4-H Website.

Congress Highlights:

- ★ 4-H State Competitions
- Educational Workshops
- Scavenger Hunt
- Picnic Meet & Greet
- Opening Session featuring Heather Massie, professional actor, writer, Virginia 4-H All Star
- **Dances**
- College Fair
- Color Run/Walk
- Community Service
- All Star Tapping
- Virginia 4-H State Awards

Who should attend? YOU!

This is one of our largest annual events and we need ALL PW 4-H TEENS!





Thank You Volunteers!

During National Volunteer Week and throughout the year, we are grateful for the volunteers who provide an Opportunity4All and help youth find their spark.

Prince William 4-H is truly grateful for our youth and adult volunteers, and honored to grow with you!

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Prince William 4-H Summer Camp Registration is OPEN!

And we're not fooling! Our 4-H Summer Camps are exciting and fill quickly. Be sure to register early!

PRINCE WILLIAM - STAFFORD 4-H JUNIOR CAMP: ADVENTURE WITH 4-H

Dates: July 23rd - 27th

Location: Northern Virginia 4-H Educational Center, Front Royal, VA

Who Should Attend: Youth ages 9-14

Click here to register for Prince William/Stafford 4-H Junior Camp. Save the Date: 1st Time Junior Camp Parent/Camper Meeting, July 11th on Zoom

Prince William-Stafford 4-H Junior Camp is our premiere camp for youth in 4-H as well as youth interested in 4-H. Camp will consist of morning classes, daily swim and recreation time, as well as evening programs and campfire. When registering on April 1st, youth will be able to select a program Track for morning activities. Classes will include archery, arts and crafts, canoeing, performing arts, ropes course, and so much more. New this year is a Taste of Camp program for those who are first time campers. This track provides the opportunity to sample some of the most popular classes available, such as STEM, campfire cooking, low ropes, swim, and outdoor living skills.



PRINCE WILLIAM 4-H FAIR CAMP: THRIVE WITH 4-H

Dates: August 14th - 18th, 9 am - 12:30 pm

Location: Prince William County Fairgrounds, Manassas, VA

Who Should Attend: Youth ages 5-12

Cost: \$50 and includes activities, a healthy snack, and a camp t-shirt Click here to register for Prince William 4-H Fair Camp.

4-H Fair Camp is a day camp held during the week of the annual Prince William County Fair. Youth learn and grow in a safe and exciting environment through creating arts projects, exploring fair exhibits, and enjoying team games and activities. This year's theme is "Thrive with 4-H', with activities in the areas of STEM, arts and crafts, potato scenes, and the opportunities to take advantage of special fair programming.



PWCS Article Features PW 4-H'er Bailey Dove



On April 13th, Prince William County Public Schools printed the article "Two Seventh Grade Students At The Nokesville School Embark On A Journey To Publish Their First Book" featuring Prince William 4-H'er Bailey Dove and her friend Sophia Bonilla. Bailey was inspired during her social studies class to write the book and asked Sophia to be the illustrator. These creative 7th graders published their book Is-Land about a pirate and his friends on a word jumbling discovery of a place that is land.

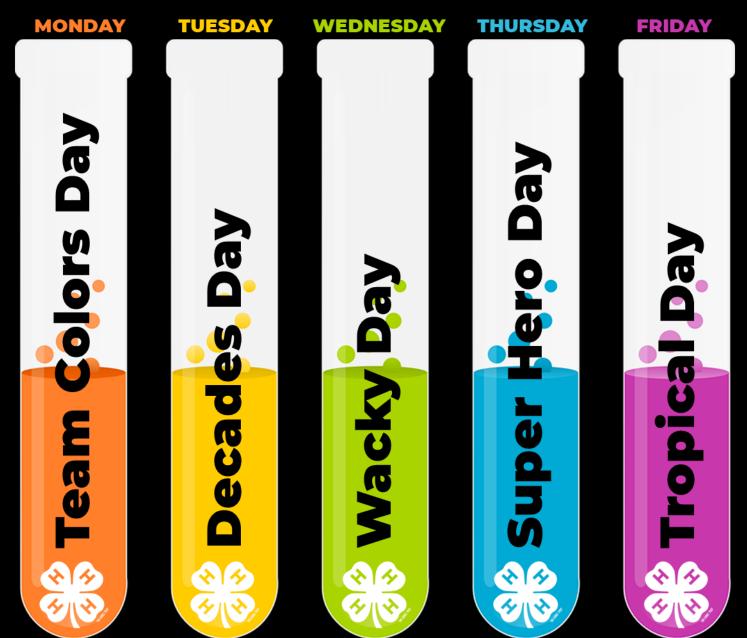
Click here to read the full article by PWCS.

Click here to find the book on Amazon.

THRIVE WITH 4-H

Prince William 4-H Fair Camp

August 14-18, 2023 at the Prince William County Fairgrounds



Prince William 4-H Fair Camp is a day camp for youth ages 5-12 held during the week of the annual PWC Fair at the PWC Fairgrounds. Youth learn and grow in a safe and exciting environment with activities, games, and art projects and more, in the 4-H Pillars of STEM, Healthy Living, Agriculture and Civic Engagement.

Come to 4-H Camp and learn what it means to **THRIVE WITH 4-H!**Click here to register for Prince William 4-H Fair Camp.









Saturday was a beautiful day for planting trees!

A HUGE 4-H THANK YOU to our 4-H youth and adult volunteers that made this day a success. We planted 250 trees as part of the Prince William 4-H Tree Seedling Project. Our volunteers used their heads, hearts, hands and health to make our world a better place.















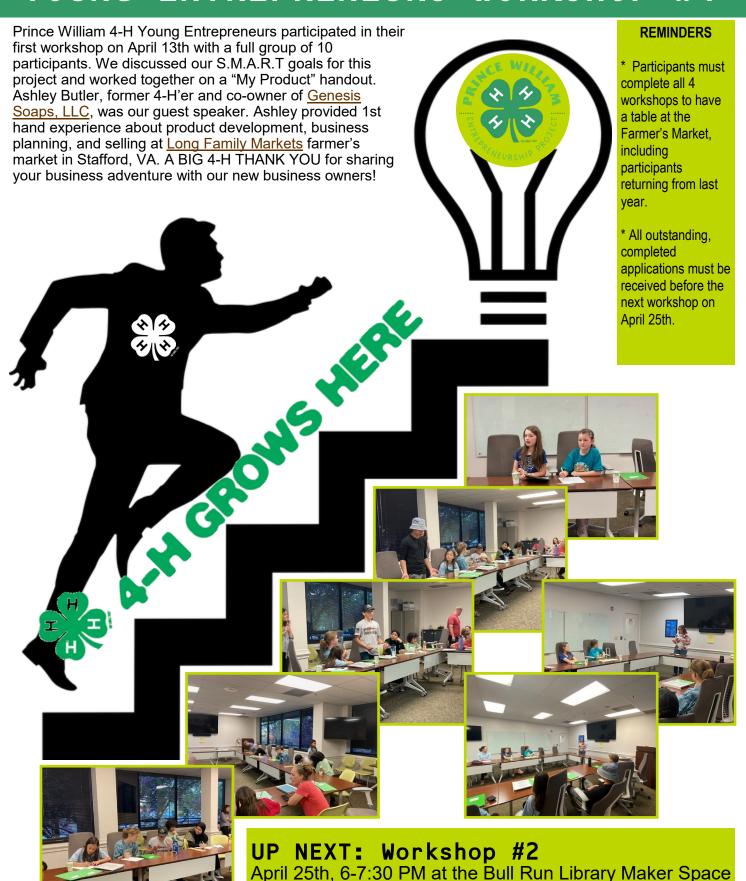






Prince William 4-H

YOUNG ENTREPRENEURS WORKSHOP #1



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4-H District Contest Review by 4-H Youth Contributor Aiden McDonald

My name is Aiden McDonald, and on Saturday April 15, I had fun participating in the Northeast District 4-H Contest at the Marshall Center in Spotsylvania. This is a new 4-H district, so they mentioned that it was their first ever contest. I gave a presentation for the Presentation category, but other categories were Share the Fun, Fashion Revue, Public Speaking, and Table Setting. Every contestant received a Blue, Red, or White ribbon at the Awards Ceremony, and a fun additional thing was that each contestant received a certain number of raffle tickets based on what color ribbon they received. There were many prizes available and we could place our tickets into a container to try to win any of them. I was going for a Bluetooth speaker but didn't get lucky this time. Overall, this was a great experience, and I highly recommend that all 4-Hers give it a try!









Trigger Time Update by 4-H Youth Club Reporter Ayden Strand

This weekend Trigger Time competed at the American Legion, Department of Virginia Northern Region, Junior Shooting Sports 3 Position Air Rifle Championship and everyone did great. Trigger Time's first team made up of Noble Richter, Noah Richter, Sam Seagle, and Lexi Strand placed second and qualified to move on to the state match on May 6th. Trigger Time's second team made up of Jubilee Richter, Ayden Strand, Zach Lappe, and Rebecca Ahrens came in 8th place. Congratulations to Jubilee Richter and Ayden Strand for shooting their new personal best and to Zach Lappe for competing in his first official match.



This past weekend Trigger Time participated in the Rappahannock River Retriever Club's Spring Hunt Test. This is one of our club's two big annual fundraising events. We have an 8-year partnership with the Rappahannock River Retriever Club and throughout that time they have been very good to us. They have helped us buy equipment, train instructors and send teams to regional and national matches. It would not be possible to support a growing team like ours if it weren't for all the support we receive from RRRC. Thank you to Alan Lerch, Mark Willey, Mr.Bradford, the Richters, Strands Stewarts, Holmes, and Seagle families for making this event a success.



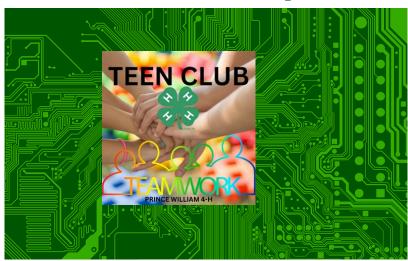
Thursday, April 27th from 6-8:30 at the McCoy Conference Room at the PW 4-H office Do you like to cook? Have you ever watched the Food Network? Come see what 4-H Food Challenge is about. Two 4-H food challenge teams will test their skills. Fellow youth Prince William 4-H Food Challenge Teams from Kettle Run will be our guest judges!







Prince William 4-H Teen Club Explores STEM



PW4-H TEEN CLUB: FOCUSING ON THE 4-H PILLAR OF STEM

Date: Thursday, May 18th

Time: 7-8:30 pm

Location: McCoy Conference Room

Click here to register.

Join us for an electrifying exploration of photovoltaic technologies (aka solar

panels) and squishy circuits.

ALL PRINCE WILLIAM JUNIOR 4-H'ERS 12 AND UP ARE INVITED TO ATTEND THIS TEEN CLUB MEETING.

Prince William 4-H TSC Paper Clover Signup

Campaign Dates: April 26th - May 7th Location: 10870 Balls Ford Rd, Manassas Click here to SIGNUP for table space. Ways to participate:

- Set up a table at TSC to promote your club, encourage youth to join, or sell your handmade goodies to raise funds directly for your club! (ex: bake sale, hot dog sale)
- Shop at TSC and show your support for 4-H!
 Funds raised during the campaign directly benefit county youth attending leadership activities.



Virginia 4-H Spring Teen Summit

Dates: May 19th - 21st

Location: W.E. Skelton 4-H Center

Cost: \$50, made out to the Virginia Tech Foundation Register through 4-H Online. Register by May 8th.

SAVE THE DATE

VA 4-H Teen Summit



WHO SHOULD ATTEND?

TEENS (14-18) WHO WANT TO LEARN HOW TO CREATE CHANGE IN THEIR COMMUNITIES

REMINDERS!

REGISTRATION STARTS ON APRIL 3RD ON 4-H ONLINE

THE DEADLINE IS MAY 8TH!

WHAT IS THIS ABOUT?

FOCUSED ON SOCIAL
JUSTICE AND EQUITY +
INCLUSION ISSUES SUCH
AS RACIAL JUSTICE,
LGBTQ+ RIGHTS, THE
ENVIRONMENT, MENTAL
HEALTH, TEEN VOICE, AND
EMPOWERMENT

LOCATION:

W. E. SKELTON 4-H CENTER, WIRTZ, VA

COST: \$50

INFO SESSION: A ZOOM MEETING EXPLAINING MORE ABOUT SUMMIT

DATE: APRIL 17 @ 6 PM

https://forms.gle/MLQ QgvnPT3G3JLjSA

DATES: MAY 19 - MAY 21

PARTICIPANT SHOULD ARRIVE ON FRIDAY FROM 6:30-7:30 PM AND DEPART ON SUNDAY @ 12 PM

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Virginia 4-H State Cabinet Elections - Accepting Applications!

Who Should Apply: All Prince William 4-H Teens in Leadership Positions Applications Due by Friday, May 5th at 5 pm.

Up to 4 youth 4-H members from each of the 5 VCE Districts will be elected.

The State 4-H Cabinet is a youth/adult partnership in which youth and adults work together to promote and carry-out specific programmatic functions of the Virginia 4-H program. Serving as a State 4-H Cabinet member is designed to be a competitive and engaging leadership development experience within the Virginia 4-H program. The youth members of the Cabinet (Officers, Ambassadors, Mentors, Liaisons and the Past-President), serve as the 'voice' for 4-H youth across the Commonwealth. The adult members of the Cabinet provide additional Extension experience, help the youth members to see the larger context of Virginia Cooperative Extension and the Virginia 4-H program, and help the youth members to be successful.

- Click here for PDF Application
- Click here for MSWord Application
- Click here for Current 4-H Congress Bylaws

Virginia 4-H Youth Animal Science Updates



VIRGINIA 4-H/FFA POULTRY EVALUATION BY THE VA POULTRY FEDERATION

Date: Thursday, April 27th

Location: Rockingham County Fairgrounds, Main Hoop Barn

Entry Fee: \$10/contestant, include lunch, and are payable Virginia Poultry Federation.

Click here to register. Entries are due by 5 pm April 21st.

STATE 4-H/FFA DAIRY SKILLATHON

Date: April 28th

Location: Rockingham County Fairgrounds, Harrisonburg VA

Click here for more information and to register. Registration Deadline: April 21.

VIRGINIA YOUTH LIVESTOCK PROGRAMS

JUDGE LIKE A CHAMPION LIVESTOCK JUDGING CAMP

Dates: June 4th -6th

Location: Rockingham County Fairgrounds, Harrisonburg VA

Click here for more information and to register.

VIRGINIA 4-H/FFA LIVESTOCK JUDGING CONTESTS

Date: June 21st

Location: Alphin Stuart Arena, Virginia Tech.

More info Coming soon.



VIRGINIA STATE 4-H HORSE SHOW

Date: September 7th - 10th Location: Lexington, VA Entry Deadline is July 17th.

Click here for more information and registration information.

Click here for the Show website.

IMPORTANT LINKS

- → Click here for the Virginia Youth Animal Sciences Calendar
- → Click here for the Virginia Youth Animal Sciences Facebook Page

Austrian Exchange Youth Seeking Prince William 4-H Volunteer Family

Help "Bring the World" to your 4-H club by hosting an international exchange student! Virginia 4-H is hosting an (IFYE) International 4-H Youth Exchange representative from Austria June 19-August 14. She will arrive at Dulles International Airport and participate in orientation and be ready to stay with a family on June 19th. She is scheduled to travel to Virginia Tech for the Virginia 4-H Congress June 26-30. Prince William 4-H families are needed to host the delegate for 1-2-3 weeks at a time.

About the Delegate: Jasmin is a 19 year-old from Austria and asked to come to Virginia so she could improve her English language skills and learn more about the state. She is fluent in German and pretty good in English. As a college student studying mechatronics (electrical, informatics and mechanical applications), Jasmin is interested in learning about technical connections and more about farming and cooking. She can drive a tractor, does land judging, and organizes events. She likes nature and likes to hike. She wants to improve her "English" and learn more about Virginia. She also likes to play the clarinet. "My host family can expect a young and powerful woman who wants to learn more about the world.'





Please respond by April 27th if you are able to host Jasmine for a week or two this summer. Families will need to complete an application, provide references and have a background check. Please contact MaryBeth Lerch for more information.

Virginia 4-H: 2023 States' 4-H Exchange ISO 17 Host Families

Please consider hosting a young Japanese delegate in your home this summer!

Virginia 4-H is looking for families to host 16 Japanese youth delegates during summer 2023 and I adult delegate. Host family applications are available now. Please consider this amazing opportunity to grow your cultural competencies! So far we have II families with applications submitted - need 6 more by May 19th!

Summer Program FAQs 2023 Online Application Link Click here for the Virginia 2023 States' 4-H Exchange Facebook Page.

- Program runs July 24 through August 19
- No previous 4-H experience is required
- Japanese delegates will be aged 12-18
- Youth have a range of English language abilities.
- Host family receives no stipend to host a delegate.
- To host a delegate, a family must have a child who is 9+ years old.
- Families will be matched with a delegate of the same gender who is within 3 years of the host youth's age.
- Families without youth can host adult chaperones.
- Delegates are here to experience every day American life. No special activities need to be
- Host Families will receive support before, during & after the exchange
- Host families will be screened and interviews as part of our risk management protocol.







Open your home to an exchange student and open your lives to the world!



HOSTING PERIOD: 3 1/2 weeks from late July to mid August

- You can host a youth aged 12-18 or an adult chaperone
- Youth have a range of English language abilities, so host families should be prepared to communicate imaginatively

HOST FAMILY REQUIREMENTS

- You must have a child of the same gender who is within 3 years of the hosted youth (children aged 9+ are eligible to host)
- Families without children of the appropriate age may host an adult
- No special activities need to be planned since these youth want to experience American culture, make new friends, and improve their English by staying with your family
- You don't need to be involved with 4-H to host

For more information - Visit: http://www.states4hexchange.org Email: exchange@states4h.org Call: 1-800-407-3314

Virginia Contact: Wendy Herdman Email: wherdman@vt.edu Call: 1-804-493-8924



ww.facebook.com/states4hexchange/ Instagram: @states4hinternational





rse note: Host family selection is dependent on completion of an application and screening process as well a student availability and personality compatibility

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2023 National 4-H Congress - Applications OPEN!



Date: November 24th - 28th Location: Atlanta, Georgia

Who Should Apply: Prince William Senior 4-H'ers ages 14-18

Click here for application flyer and more information.

Applications are due by May 26th.

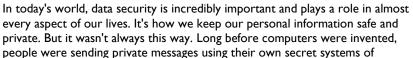
For more than 100 years, National 4-H Congress has served as the premiere educational and recognition event for senior 4-H members. National Congress provides participants an exciting opportunity to explore careers, engage in a variety of quality learning experiences, and have great fun by getting to know other 4-H members from across the country. Outstanding 4-H members will be selected to represent Virginia at National 4-H Congress. Candidates for selection must be senior 4-H members in the current 4-H year who are able to demonstrate outstanding achievement as a 4-H member in the areas of leadership, citizenship, and personal development.

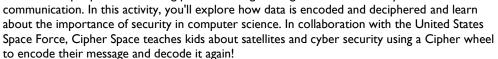
During this submission process, applicants will be asked to submit their cover letter, resume, three letters of recommendation, and a photo.

National 4-H Clover: Protect a Satellite From a Cyber Attack



Experience Cipher Space, an Exciting, New CLOVER AR Adventure!





This activity is available in three different formats and provides a high-tech AR Experience (mobile only) to help stop the hackers and save the day. Click here to start encoding.



National 4-H: #WhatIWishPeopleKnew by 4-H

Imagine a World Where You Could Just be Yourself Online

National 4-H is launching a campaign to hold a microphone up to that voice inside each of us that wants to be heard. We're daring teens to share the actually-human things they wish others knew about them. We believe that by sharing with courage and listening with kindness, we can put the social back into social media.

Share your moments of joy and struggle that help define who you really are. If we listen with an open mind, we might discover what makes us all unique is also what makes us more alike than we ever realized.

How to participate: Lead by example and create an IG reel that reveals the real you. Open your video with "I wish people knew that..." and speak your truth. Tag @national4h and use the hashtag #WhatlWishPeopleKnew so we can share your message and inspire others to join.

Let's get honesty trending. Click here to learn more.

3-Part Virtual Series - Race Conscious Parenting: Tools for Talking to Children and Youth about Race and Racism



3-Part Series for Parents and Youth Development Practitioners with NC State and Georgia Southern University Faculty: Race Conscious Parenting: Tools for Talking to Children and Youth about Race and Racism, Nurturing Self-Love, and Working Toward Collective Action

Click here to register. Any parent/caregiver/youth development professional or volunteers are invited VIRGINIA TECH, to attend: Attend I, 2, or all 3 with your registration.

SESSION I, APRIL 21ST FROM II-12PM EST

Let's Talk About Race: Laying the Groundwork for Healthy Dialogue

Dr. Maru Gonzalez, NC State University

For parents and caregivers, navigating conversations about race, racism, and racial identity can seem daunting. Often, parents don't know exactly how to start a dialogue, what resources might be helpful, or how to respond to tough questions. This webinar is all about laying the groundwork for healthy conversations about race, racism, and racial identity with children and youth – whether you're a caregiver yourself or a practitioner who works with youth and families.

SESSION 2, APRIL 28TH FROM 11-12PM EST

Parents Don't Let Your Babies Grow up to be Racists

Dr. Kim Allen, NC State University and Fiona Allen

We all want to raise our children to be caring, compassionate, informed, and kind people. When it comes to race, we sometimes struggle with what we should say and do, even though most of us agree that in order to raise our children to be kind, we need to address the difficult topic of racism. Helping our children become anti-racists requires more than conversations; it is about modeling desired behaviors, pointing out disparities, and consciously acting in ways that fight against white supremacy.

In this session, a mother and daughter presenting duo, Kim and Fiona Allen, will identify strategies for helping parents help children understand privilege, marginalization, and the systems that uphold racism. These strategies include helping children understand the history of racism in the US, how to talk about bias, and how to engage in social justice. We will also discuss what worked and didn't work in our house from the perspectives of a parent and a child.

SESSION 3, MAY 5TH FROM 11-12PM EST

Embracing Race: Helping Young Children Build a Positive Racial and Ethnic Identity

Dr. Ebonyse Mead, Georgia Southern University

This webinar will focus on using racial socialization as an approach to support young children in developing a positive racial and ethnic identity. This webinar will also discuss the importance of helping young children embrace all of who they are, including hair, skin color, features, culture, and language.

VBFRC: Future Harvest Upcoming Events for Farmers

Click here for Community Events.

Click here for Field School Upcoming Events.

Click here to learn more about Future Harvest.

Future Harvest has a number of upcoming events and trainings for farmers posted in their e-newsletter. Their mission is "to advance agriculture that sustains farmers, communities, and the environment" around the Chesapeake Bay Watershed.











A BACKCOUNTRY EXPERIENCE AWAITS!

May 5-9, 2023 - Rock Climbing June 9-13, 2023 - Kayaking July 14-18, 2023 - Horseback Riding



Join us for a backpacking experience that offers **Military youth, ages 13-18** of Active Duty, Guard, Reserve and Retired personnel a high adventure backcountry experience including: gear selection, navigation, proper food storage and preparation, site selection, camp management and basic wilderness first aid.

During the trek, opportunities abound to acquire and practice leadership skills such as communication and decision making while participating in fun teambuilding activities.

For more details and registration links, visit: http://www.nova4h.com/camp-page/







THE ROANOKE FOODSHED NETWORK
AND PARTNERS

PRESENT OUR

APRIL FARM TOUR AND SOCIAL

AT SINGING SPRING FARM

MONDAY, APRIL 24 3:00-6:00 PM

241 PAITSEL PLACE NEW CASTLE, VA 24127



If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Shawn Jadrnicek at 540–283–8190 during business hours of 9 a.m. and 5 p.m. to discuss accommodations at least 5 days prior to the event.











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Join us for a farm tour and networking social at Singing Spring Farm in Craig County, Virginia. Adam Taylor and Eliza Spellman Taylor owners and operators will share about their Whole Diet Community Supported Agriculture (CSA) farming operation including heirloom veggies, fruit, meat, cheese, fiber, medicine and milk. Their farm also includes a tiny house cabin used as an agritourism destination and a hand hewn home built with logs from their land. Learn what it takes to manage a homestead and diversified farm from two leaders in the sustainable agriculture movement.

For more information, contact Shawn Jadrnicek at shawnjevt.edu.

Please register to join: https://tinyurl.com/RFNfarmtourAPRIL



Your Dedicated PWC 4-H Staff

PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

PCW 4-H Virginia State 4-H National 4-H

MaryBeth Lerch

Associate Extension Agent, 4-H mblerch@vt.edu 703-792-4536

DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

Pam Hardin

4-H Youth Educator phardin@pwcva.gov



Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

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National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H VCE COVID-19 Updates

4-H Online Information The 4-H Foundation **Educational Resources** 4-H All Stars

STEM in Virginia 4-H

Prince William 4-H

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Portfolio Records

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form





2022-2023 PWC 4-H **Association Officers**

Youth Officers

Samantha Whysong, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff



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