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# PRINCE WILLIAM COUNTY COMMUNITY MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES BOARD

#### **BOARD MEMBERS PRESENT:**

Deanna Bayer, Voneka Bennett, Dr. William Carr, Altonia Garrett, Bradley Marshall, John O'Leary, Timothy Oshiki, Francis Rath, Patrick Sowers

#### **BOARD MEMBERS ABSENT:**

Obediah Baker, Jr.

#### **STAFF PRESENT:**

Lisa Madron, Georgia Bachman, Melinda Bringham-Office of the Executive Director Division Managers: Mike Goodrich, Administrative Services; Sara Wheeler, Youth Adult and Family Services; Elise Madison, Emergency Services; Dr. Kanchan Clark, Medical Services; Sherry Bowman, Community Support

Program Staff: Andrea Hess, Kimberly Hopkins, Emergency Services

Program Staff: Andrea Hess, Kimberly Hopkins-Emergency Services

#### **GUESTS PRESENT:**

Lt. Heather Vance, PWCPD

#### PRESS PRESENT:

None

**OPENING:** The Regular Meeting of the Community Services Board was convened on February 16, 2023 at 6:30 p.m. in the Powell's Creek Conference Room, James J. McCoart Government Center, 1 County Complex Court, Prince William, VA.

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### APPROVE REQUEST TO PARTICIPATE REMOTELY THROUGH ELECTRONIC COMMUNICATION MEANS

#### **RESOLUTION 23-02R1-01**

**MOTION:** O'Leary **SECOND:** Marshall

**WHEREAS,** the Community Services Board adopted a policy pursuant to § 2.2-3708.2 VA CODE ANN to allow for remote participation by Members of the Board; and

**WHEREAS**, in accordance with the Board's policy, Mx. Deanna Bayer and Mr. Francis Rath notified the Chair that the Members are requesting permission from the Board to electronically participate at the Board's February 16, 2023 meeting; and

**WHEREAS**, Mx. Deanna Bayer and Mr. Francis Rath certified that they are unable to attend the meeting due an identified personal matter that prevents their physical presence; and

WHEREAS, the remote locations from which the above members plan to electronically participate is their personal residence temporary or permanent residence and the remote locations will not be open to the public; and

**WHEREAS**, Mx. Deanna Bayer and Mr. Francis Rath verified that their participation in any closed session of the meeting shall remain confidential and not be disclosed to any unauthorized persons or entities; and

**WHEREAS,** pursuant to the Board's policy, a request for electronic participation from a remote location shall be approved unless participation violates the Board's policy or any provision of the Virginia Freedom of Information Act; and

**NOW, THEREFORE, BE IT RESOLVED** that the Community Services Board hereby approves the requests to participate in the meeting through electronic communication means in accordance with the Board's policy and a quorum of the Board was physically assembled at one primary or central location and arrangements were made for the voices of Mx. Deanna Bayer and Mr. Francis Rath to be heard by all persons via Webex at the primary or central meeting location.

#### Vote:

Ayes--Bennett, Carr, Garrett, Marshall, O'Leary, Oshiki Nays--0 Abstained--0 Absent During Vote--Sowers Absent From Meeting--Baker, Bayer, Rath

CITIZEN S TIME	
None	
STAFF TIME	
None	

CITIZEN'S TIME

PRESENTATION: CIT/Hearing Voices-Andrea Hess, Kimberly Hopkins, Lt. Heather Vance

Ms. Kimberly Hopkins, Therapist IV supervisor of the Community Crisis Response Teams which includes the Co-Responder and CIT training programs introduced Ms. Andrea Hess who was named the 2020 Mental Health Clinician of the by CIT and shared that Ms. Hess has been involved with CIT from its inception. Ms. Hess provided an overview of the Greater Prince William Crisis Intervention Training (CIT) Program. The program began in GPW in 2013 and since then CIT has trained 598 sworn officers in PWCPD, MCPD, MPPD, PWC Sheriff's Office and the PW ADC. They have also completed training for 911 Dispatchers and PWCFD. The program consists of 40 hours of training over the course of a week. The program has also trained others such as FBI, CIA, Air Force. The program has trained over 900 individuals over the 38 classes that they have held. They are currently offering six courses per year. The program also includes training from many community partners. The program was awarded the 2023 VACIT Program of the Year. They are currently working with GMU who was awarded a federal grant which will enable CIT to increase training opportunities for officers and patrol supervisors, offer refreshers and advanced training, and train-the trainer opportunities.

Ms. Hess led the group in an exercise on hearing voices which entailed using headphones that simulated what a person with schizophrenia who is hearing voices contends with. Ms. Hess, Ms. Hopkins, and Lt. Vance then put the group through simulated cognitive tasks which demonstrated how difficult it is do simple tasks when exposed to the stimuli.

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APPROVAL OF MINUTES

**RESOLUTION 23-02R1-02** 

MOTION: O'Leary SECOND: Bennett

The Prince William County Community Services Board does hereby approve the minutes of January 19, 2023.

#### Vote:

Ayes--Bayer, Bennett, Carr, Garrett, Marshall, O'Leary, Oshiki, Rath, Sowers Nays--0 Abstained--0 Absent During Vote--0 Absent From Meeting--Baker

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#### **DISSCUSSION ITEMS**

#### A. Crisis Receiving Center Quarterly Status Update

Mr. Goodrich shared that CS is actively involved in the design phase with the design firm Peck & Peck. The plan is to build out an adult CRC with 16 beds/16 recliners and a youth CRC with 8 beds/8 recliners. The facility will also be home to the PWC CITAC and staff offices. Currently the build out budget has reached \$18,711,612. Ms. Madron added that the County is currently in the planning process for a naming ceremony which is expected to occur the week of May 8<sup>th</sup>.

#### **B.** Second Quarter FY24 Accounts Receivable Report

Mr. Goodrich shared that fee revenues collected for are up 11.5% from the same period last fiscal year. The insurance balance has decreased from the 1st 2 quarters of FY 2022. Staff have continued to focus on outstanding balances have improved timely collection of correctly billed services. The outstanding receivables at the end of the 2nd Quarter was \$1,530,885. 51% of the total is less than 30 days from service, meaning that CS has not billed these services yet. Medicaid is the largest category of outstanding receivables. The Managed Care Organizations (Medicaid) continue to modify authorization processes, and PWCS staff are adapting as necessary.

#### C. Second Quarter FY24 Financial Report

Mr. Goodrich shared that the County provides \$35.9 million (57%), the Cities of Manassas and Manassas Park provide \$3.7 million (6%), and Community Services generates the remainder in special revenues. The Financial Report provides additional details on the special revenues since they are variable. Federal revenues are 40% received, but do not yet reflect a \$1.38M budgeted increase that is forthcoming. When the carryover and other Board agenda items are recognized, the budgeted amount will be 46% received. Medicaid fees are at 71% of budget. Appropriations through December that have been approved by the Board of County Supervisors are reflected in these figures. Collected state revenues are shown as 55% of the budgeted amount, but that does not reflect a \$6.76M budgeted increase that is forthcoming. When this carryover and other Board agenda items are recognized, the budgeted amount will be 59% received.

#### D. Second Quarter FY24 Services Report

Mr. Goodrich shared the Services report which includes an unduplicated count of clients seen by each program. Data highlights included:

- **Total Un-Duplicated Clients** 8,062 which is a less than 1% increase from FY22 count of 8,032.
- **Developmental Services Case Management** This is a 15% decrease from FY 22.
- **Developmental Services Day Care** This remains consistent with clients.
- **Early Intervention** program increases Overall increase of 43 unique clients, or 2.1%:
  - o Assessment/Service Coordination less than 1 % increase from FY 22
  - o Therapeutic and Educational Services Nearly a 4% increase from FY 22
- **Vocational Services (Combined)** Increased 15% from FY 22. There are 34 additional clients than FY 22.
- Access Services The number of assessments has increased 24% from FY 2022, a 3-year high with a total of 916 assessments.
- **Emergency Services** 4.3% increase in the unique individuals being served (increase from 1,337 to 1,394 unique clients).
- **Drug Offender Recovery Services Adult Detention Center** There has been a nearly 10% decrease in clients which represents 30 fewer clients.
- New Horizons Outpatient 13% increase from FY 22 (from 795 clients to 897 clients).
- New Horizons Behavioral Health and Wellness 432 participants in programs. All 165 City of Manassas Park 9<sup>th</sup> Grade students attended the "Signs of Suicide" program in their PE class. Without this program, there were still 267 total participants, a 17.6% increase from the FY 22 2<sup>nd</sup> Quarter.

#### **OPEN ITEMS**

--Ms. Madron announced that the County Attorney's Office has sent out the Community Services Board Member Annual Survey and asked that the completed forms be returned as soon as possible.

--Chairman Oshiki announced that the VACSB Training & Development Conference is coming up May 3-5, 2023 and asked if any Members wished to attend to please notify the clerk.

--Chairman Oshiki announced that there is a VACSB Region 2 Representative vacancy if any Member is interested. Ms. Madron can provide additional information.

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#### **EXECUTIVE DIRECTOR'S TIME**

--Ms. Madron provided copies of the VACSB 2022 Annual Report. The report contains highlights from all the Virginia CSBs.

--Ms. Madron shared that they had a meeting this week with representatives from the City of Manassas and City of Manassas Park to discuss the Opioid Abatement Authority (OAA) partnership applications. As some may recall, PWC will be using some of the funds to pursue a media campaign on youth opioid awareness. They are also working on leave behind bags to be utilized by police and fire personnel when responding to an overdose situation. The bags will contain information on how to obtain treatment when the individual is ready and possibly naloxone if they are not ready at that time. There is currently no rush to apply for the direct county funding allotment from the OAA as those applications are not due until 2025. However, there is a 35% pool of funding for partnership applications and those awards do have a strict timeline for submittal. The County has expressed some concern that this will not be ongoing funding and that any plan put forward should be sustainable. Currently, a youth substance use disorder treatment center is being looked at as a possibility as none currently exist in our region. GMU is looking at some possible funding and CS has been in talks with them concerning the development of a peer pipeline which will assist in training and internships. CS has also been looking at partnering for a community opiate coordinator to assist in pulling together the various resources. Ms. Madron also shared that CS would like to become and Office-Based Addiction Treatment Center (OBAT) which would increase the capacity of treatment and be able to provide medication assisted treatment within 48 hours. CS has also been exploring the possibility of making naloxone available in schools and libraries.

#### **DEPUTY DIRECTOR'S TIME**

--Ms. Bachman shared that she attended the PWC Black History event today at Ferlazzo which was sponsored by the County's Black History Committee. This year's theme was "Black Resistance". Ms. Bachman stated that the event was inspiring, hopeful, and sobering and included entertainment and music with the highlight being a performance of poems by Prince William County's official Poet Laureate, Kim Miller.

--Ms. Bachman shared that she was honored to participate in the Point In Time count of unsheltered individuals on a very rainy and cold evening. They visited 9 different sites and went deep into these campsites. She shared that it was a very humbling and eye-opening experience. Ms. Bachman thanked Ms. Lynn Fritts and the volunteers for making this happen.

--Ms. Bachman shared that she had the opportunity to visit CS's school-based program at Woodbridge High School and Potomac Shores Middle School. Ms. Bachman shared that she enjoyed learning abut the grant funded wellness rooms that are in 12 schools throughout the county.

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#### **BOARD MEMBERS' TIME**

**DEANNA BAYER:** Mx. Bayer shared that she was disappointed that she was not able to attend in person this evening and is always blown away by the CS staff. Mx. Bayer shared that the wellness rooms in the schools is a beautiful and she feels that anything to assist youth is her first priority. Mx. Bayer shared that it was an amazing meeting and apologized for not being in person.

**FRANCIS RATH:** Mr. Rath apologized for not being able to attend in person this evening and that he really enjoyed the meeting and promised that he will be in person at the next meeting.

**DR. WILLIAM CARR:** Dr. Carr shared that the presentation this evening was fantastic and one of the best since he has been on the CS Board. Dr. Carr said that it was very interesting to see how the CIT program is taught and it has expanded his understanding of the CIT training.

**BRADLEY MARSHALL:** Mr. Marshall shared that he was the legal instructor for the CIT training for 8 years and that he even learned something new as he had not experienced this part of the CIT training before. Mr. Marshall shared that the hundreds of hours of planning and preparation for the training is remarkable and that the program has come so far, so fast. Mr. Marshall stated that he believes that emergency services is the most important core function of CS.

**ALTONIA GARRETT:** Ms. Garrett shared that tonight's meeting was great and that she liked the interactive portion of the presentation.

**PATRICK SOWERS:** Mr. Sowers apologized for being late this evening due to a prior obligation. Mr. Sowers shared that he is pleased that the Virginia Senate Bill 1512 did not make it through session and was laid down. Mr. Sowers shared that his major concern with this bill was that it allowed the hospitals the opportunity to pick and choose who they admitted under TDOs. Mr. Sowers stated that he was glad to see that profit did not come before patient care.

**VONEKA BENNETT:** Ms. Bennett shared that tonight's presentation was excellent. Ms. Bennett thanked Ms. Madron, Ms. Bachman, and the CS staff for all the hard work that they do.

**JOHN O'LEARY:** Mr. O'Leary shared that tonight's presentation was great and that it was impactful to go through it and he now has more empathy for those individuals who are impacted by it and that it was powerful. Mr. O'Leary thanked Ms. Hopkins, Ms. Hess, and Lt. Vance.

**TIMOTHY OSHIKI:** Chairman Oshiki thanked the presenters this evening. Chairman Oshiki said the CIT training was a blessing for him and was very much worth his time. Chairman Oshiki stated that he will be going back to the City of Manassas to remind them of the OAA partnership application deadlines. He also shared that everyone can help reduce the stigma of mental illness. Chairman Oshiki shared that he is supportive of CS working to expand to OBAT. Chairman Oshiki thanked the Members for their attendance and commitment to CS.

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#### **ADJOURNMENT**

#### **RESOLUTION 22-02R1-03**

**MOTION:** Marshall **SECOND:** O'Leary

The Prince William County Community Services Board does hereby agree to adjourn the February 16, 2023, Regular Meeting at 8:24 p.m.

#### Vote:

Ayes--Bennett, Bayer, Carr, Garrett, Marshall, O'Leary, Oshiki, Rath, Sowers Nays--0 Abstained--0 Absent During Vote--0 Absent From Meeting--Baker

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