

Prince William 4-H

Our Clubs, Our Community



August 30, 2023

Upcoming Events

Sep 2 - Market Day #4

Sep 7-10 - VA 4-H State Horse Championship

Sep 8-10 - VA 4-H State Shoot

Sep 12 - PW 4-H BINGO Planning

Sep 22 - Oct I - 2023 State Fair of Virginia

Sep 30 - PW 4-H Open House

Oct I - Happy New 4-H Year!

Oct 3 - PW 4-H BINGO Planning

Oct 4-15 TSC Paper Clover

Oct 14 - PW 4-H BINGO!

Oct 14 - Cloverbud Club

Oct 17 - New Project Leaders'
Training

Oct 19 - PW 4-H Teen Club -Leadership

Oct 21 - Market Day #5

Oct 25 - Returning Project Leader Professional Development

Nov 13 - Youth Officer Training

Nov 24-28 - National 4-H Congress

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Click to Visit



Putting the Final Touches on YOUR 4-H Year



Show us how you've THRIVED WITH 4-H! At Prince William 4-H, September is the month that we showcase our progress at state shows and finalize our portfolios. It's a time to reflect on all that we've accomplished over the course of the 2022-23 4-H Year and put a plan in place for the 4-H New Year that launches on October 1st.

Upcoming Virginia State Shows & Competitions

September 7th-10th – VA State Horse Show September 8th-10th – VA State Shoot September 22nd-Oct 1st – State Fair of Virginia

Prince William 4-H Open House

Join us on September 30th for an exciting day exploring Prince William 4-H clubs, activities, events, and camps and learn how you can THRIVE with 4-H! Current members, new members, and youth interested in 4-H are invited. See Page 4 for more information and link to register.

How has YOUR 4-H Story grown? All due October 1st.

- **Virginia 4-H All Star Applications** are due to Prince William 4-H. <u>Click here for more information and the nomination form.</u>
- 4-H Portfolios are due to Prince William 4-H.

National 4-H Week

Our 4-H New Year begins October 1st and will launch with the fall Tractor Supply Paper Clover Campaign, Proclamation at the PWC Board of Supervisors Meeting, club meetings, and so much more! Get ready to THRIVE with 4-H!

Prince William 4-H BINGO

Come out for a spooktacular community BINGO event to support Prince William 4-H programs! Hosted by the Prince William 4-H Association, this exciting event on October 14th will feature costumes, prizes, snacks, and more. All greater Prince William families are invited to attend.

Prince William 4-H Training Dates

October 17th - New Project Leaders' Training
October 25th - Returning Project Leaders' Volunteer Development
November 1st - Prince William 4-H Youth Presentations & Contest Workshop
November 13th - Prince William 4-H Youth Office Workshop
January 30th - Prince William 4-H Youth Portfolio Workshop

Gather your Project Ideas! Whether you are continuing a project or starting a new project, it's important for parents, club leaders, and youth to gather their ideas and be prepared to discuss at your first club meetings in October.

4-H Online Enrollment will open in October. Please do not re-enroll in 4-H Online until you hear from us. The current membership system is backed up in September and reset for October.





a glimpse into Prince William 4-H Fair Camp Part 2...



















































SATURDAY, SEPTEMBER 2ND, 8 AM - 1 PM

COME OUT AND SUPPORT OUR PRINCE WILLIAM 4-H YOUNG ENTREPRENEURS AND SEE HOW MUCH WE'VE GROWN! MARKET DAY 4 WILL FEATURE AYDEN & LEXI, TONCHI, KOA, XANTHIE & AISLING, DIALLO, LYRA & CORA, AND NISAUR.

MANASSAS FARMER'S MARKET, 9024 PRINCE WILLIAM ST., MANASSAS, VA

PRINCE WILLIAM 4-H

WWW.PWCVA.GOV/4-H

4HPWC@PWCVA.GOV





your ticket to | Compared to the line of the line of

Prince William 4-H Clubs & Activities Open House



Grab your 4-H ticket and have it stamped as you travel around the **Prince William 4-H Open House** to learn about how you can not just grow in 4-H, but **THRIVE!**

Participate in hands-on activities and displays for youth ages 5-19. Explore our clubs, programs, events, and activities and discover the opportunities for **YOU** in 4-H. Turn in your stamped ticket for a free t-shirt!

- Cloverbuds (ages 5-8): Focus on Social Learning
- Juniors (ages 9-14): Focus on experiences at the county level
- Seniors (ages 15-19): Focus on experiences and leading at both the county and state level

This event is for EVERYONE: new members, returning members, parents, and club leaders alike! Space is limited. There is not cost to attend, but registration is required. Click here to register.



Explore our clubs, activities, events, and camps!



Learn how to grow from Cloverbud to Virginia 4-H All Star!



Discover your talents and interests in the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture.



Develop life-long friendships.









Our clubs encourage growth in friendships, leadership and life skills by providing opportunities for all youth in the 4-H Pillars of Citizenship, Healthy Living, STEM and Agriculture. We learn by doing! Using research-based curriculum resources, we participate in community service, contests, skills-based projects, and so much more, on local, district, state, and national levels. Prince William 4-H currently has 8 active clubs, and encourages the greater Prince William area to grow and establish new clubs to serve their interests.

Nokesville 4-H Club

Nokesville-Based Community Clui

An active and thriving community club, Nokesville 4-H Club focuses on 4-H Projects and has regular opportunities for community service, club-level activities, and county and state activities.

Kottle Run 4-H Club

School-Based Community Club

Kettle Run 4-H Club is a group of Cloverbud, Junior 4-Hers, and their parents who strive "to make the best better" through many exciting activities and community service.

Linton Hall 4-H Club

School-Based Community Club

Linton Hall 4-H Club is a one of Linton Hall School's Signature Programs. As a school-based club, members must attend Linton Hall School.

NEW 4-H Club Formingi

Manassas-Based Community Club

This club is currently applying for a charter and hopes to be actively meeting Spring 2023. Youth members will determine the club's focus and elect officers. Youth ages 9-19 are welcome to join and help form the project direction and club focus.

Nokesville Equestrian 4-H Club

Special Interest Club

Nokesville Equestrian 4-H Club is a special interest club open to members aged 8 to 18, with primary emphasis on all things horse.

Members compete at local, state, and regional contests in both riding and horse knowledge. Members are not required to own a horse.

Trigger Time 4-H Club

Special Interest Club

Trigger Time 4-H Club was started in 1993 and is our longest running club. Working to develop youth teamwork, responsibility, self' confidence and decision making skills through shooting education, the dub participates in local, state, and national competitions. Trigger Time 4-H Club conducts safety and education programs for air rifle, small bore rifle, archery, skeet and trap, black powder, hunter education and wildlife conservation for youth ages 9-19.

Prince William 4-H Teen Club

Special Interest Club

Prince William 4-H Teen Club is a
4-H enrichment club with monthly
meetings, a ctivities and opportunities
to further engage youth ages 14-19
with leadership, socializing,
citizenship, health living, STEM and
agriculture opportunities. The club
encourages teens to take a dvantage
of the many local, regional, state and
national opportunities in 4-H.

Prince William 4-H Cloverbud Club

Special Interest Club

Prince William 4-H Cloverbud Club hosts monthly meetings during the school year to introduce youth ages 5-8 to 4-H. Through hands on activities, we focus on exploring the 4-H pledge, motto, and pillars of Citizenship, Healthy Living, STEM, and Agriculture.

Contact MaryBeth Lerch at mblerch@pwcva.gov for more information and to connect to a 4-H Club.







Archery • Air Pistol • Air Rifle • BB • Muzzleloader • Smallbore • Shotgun • Skeet/Trap

Trigger Time is a Prince William 4-H Shooting Education Program that uses shooting as a vehicle to teach youth life skills such as responsibility, self discipline, and teamwork. Youth learn marksmanship and the safe and responsible use of firearms. The focus of all 4-H programs is the development of youth as individuals and as responsible and productive citizens. The activities of the program, and the support of caring adult leaders, provide young people with opportunities to develop life skills, self-worth, and conservation ethics.

MEETINGS: Shotgun & Skeet/Trap: every Monday at 4pm at the Fairfax Rod and Gun Club Air Pistol, Air Rifle, & BB: every Monday at 6:30 pm at the Army National Guard Archery: every Monday at 6:30 pm at the Prince William Izaak Walton League *Summer meetings are held at a member's farm for smallbore, archery and muzzleloader.

4-H CLUB FEES: Annual club dues are \$25 and cover meeting space, sport supplies, and local matches. Travel matches (Spring Air, Districts, States, and Nationals) are an additional fee and are offset by club fundraising.

AGES: Youth ages 9-19 are invited to participate

MEMBERSHIP STARTS OCTOBER 1

ATTEND THE PRINCE WILLIAM 4-H CLUB & ACTIVITIES FAIR ON SEPTEMBER 23RD TO LEARN MORE!

Prince William 4-H, 8033 Ashton Ave., McCoy Conference Room, Manassas, VA

www.pwcva.gov/4-H ● 4HPWC@pwcva.gov























CLUB

Meets the 2nd Saturday of the Month from October to May from 10am-Noon





OCTOBER 14TH

AT THE PRINCE WILLIAM FAIRGROUNDS 4-H CHILDREN'S BARN



Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H. To join this FREE club, contact MaryBeth Lerch at 4HPWC@pwcva.gov. Come grow with us!



* A parent or guardian must be present...























Prince William 4-H

Teen Club

Discover your strengths and talents by joining the Prince William 4-H Teen Club!

There's no better way to culminate your 4-H experience and exemplify fancy terms like *positive youth development* than to provide opportunities and train **YOU** to take the lead!

Skills Development The PW 4-H Teen Club provides opportunities through training sessions, seminars, camps, and activities to grow into who YOU are meant to be! We'll focus on communicating effectively, positive interactions with others, growing your desire to continue to learn, how to approach decision making and strategies to solve problems, managing resources, and bringing people together to reach a common goal.

Team Building

Demonstrate and improve your leadership skills by participating in team activities throughout the year. The PW 4-H Teen Club provides opportunities to try many different team roles to help YOU discover your strengths. We'll also have meetings to practice our skills and learn how to work as a team.

Leadership Test yourself by volunteering for one of the many leadership opportunities available just for YOU! Challenge your skills of identifying problems and developing action plans. Take ownership of the plan and follow through to reach the goals.

Networking

Build your understanding of opportunities available by
networking with your peers. Learn about 4-H programs such as
Ambassadors and All Stars. Discover scholarship opportunities,
leadership opportunities, community service programs, and many more
resume-building activities that will ultimately build YOU!

Socializing The PW 4-H Teen Club fosters life-long friendships through meaningful, positive and productive activities. We'll have a lot of laughs, challenge ourselves in team building games, and encourage you to discover who YOU are meant to be!



Who Should Participate

Prince William 4-H'ers ages
14 to 19 that have a desire to
learn, lead and strengthen
their talents with the support
and network of
Prince William 4-H



How to Participate

- → Be a member of Prince William 4-H
- → Actively participate in your 4-H Club
- → Attend 1 designated PW 4-H Teen Club activity each month. Some meetings are specific to the club, while others are in conjunction with county, district and state programs and activities.



For more information or to join the **Prince William 4-H Teen Club**, please contact: MaryBeth Lerch mblerch@vt.edu

> Leam more about Prince William 4-H at www.pwcva.gov/4-H.





State Fair of Virginia 2023: 4-H/FFA Contests



Dates: September 22nd - October 1st

Location: The Meadow Event Park, Doswell, VA

Click here for the State Fair of Virginia website.

Click here for 4-H/FFA fair information. All registrations are due September 15th by 5 PM.

September 22nd: <u>Lawn Tractor Operators</u>

September 25th:
September 26th:
September 27th:
September 27th:
September 29th:
September 29th



STATE FAIR OF VIRGINIA DAIRY GOAT SHOW - ENTRIES DUE AUGUST 31

Dates at the Fair: September 21st - 24th Click here for rules and entry information.

There is an open show and a youth dairy goat show. All youth (4-H, FFA, Breed members) are eligible to participate in both shows. Dairy Goats must be registered in the youth's name.



HORTICULTURE EXHIBITS

Click here for more information and to register. *Entry fees have been waived!

Friday 9/15 – 2-5pm – Preserved Foods Intake (Drop-off)

Saturday 9/16 - 9am-Noon - Preserved Foods Intake (Drop-off)

Wednesday 9/20 – 4-7pm – Crop/Veg/Plant Intake (Drop-off)

Thursday 9/21 - 8am-Noon - Crop/Veg/Plant Intake (Drop-off)

Monday 10/2 – 3-7pm – Outtake (Pick-up)

Tuesday 10/3 – 10am-2pm – Outtake (Pick-up)

ISO Volunteers: PW 4-H at the State Fair of Virginia



Prince William 4-H is recruiting volunteers and clubs for the State Fair of Virginia, September 22nd - October 1st. Volunteers will spotlight our Prince William 4-H program, events, and activities in the Meadow Pavilion in the exhibit "Virginia Cooperative Extension in Action."

Volunteering at the State Fair of Virginia is state level 4-H participation that can be added to a volunteer's 4-H resume and applications for 4-H Ambassador positions and Virginia 4-H All Stars.

The requirements to host the exhibit for one day during the State Fair are:

- Staff for the exhibit should include paid staff and/or trained volunteers from your office.
- Prepare to showcase your programs through videos, educational demonstrations, posters, activities, etc. Please consider
 hosting one demonstration or discussion during each 4-hour shift (demonstration times: I I am, 2pm, and 6pm). This idea is
 flexible so if you wish to repeat a demonstration more than once per 4-hour shift or even conduct multiple demonstrations on
 different topics it is your call.
- Provide a minimum of two staff and/or volunteers per 4-hour shift.
- Please ensure that first shift staff and volunteers arrive at the exhibit at least 30 minutes before the gates open to the public at 10:00a.m. to set up for the day. If you have demonstrations to set up, the staff entry gate will open at 8:00a.m. each day.
- The exhibit should be staffed from the time the Meadow Pavilion opens until it closes for the day at 9:00p.m.
- All exhibit staff and volunteers should wear VCE apparel and name tags
- Prince William 4-H will receive \$500 to use towards programming, events and activities.

Please contact MaryBeth Lerch at mblerch@vt.edu to participate by FRIDAY, SEPTEMBER 1st.

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Virginia State 4-H Championship Horse & Pony Show

Date: September 7th - 10th Location: Lexington, VA

Click here for more information and registration information.

Click here for the Show website.

HOSPITALITY ROOM DONATIONS

Kendall Kniseley, her family, and the volunteer team that helps her, work so hard during the State Horse Show to feed our judges, volunteers, and show staff - and this is an important part of keeping the show running smoothly and our show support team on the grounds and working. The hospitality committee keeps food and drinks available from approximately 6AM to 10PM, for the 100+ volunteers that make this show possible each year. The volunteers perform a number of necessary duties and include the EMT's on duty in the event of an emergency, judges, jump crews, ring maintenance members, gate keepers, announcers and scribes to mention only a few. Please click here to donate items needed for the Hospitality Room.

If you wish to make a monetary donation your contributions are tax deductible. Checks should be made payable to VTF-Horse. If you are willing to make a financial contribution, please mail checks attention: Katherine Carter, 175 W. Campus Dr., 380 Litton Reaves, Blacksburg, VA 24061

Virginia 4-H Shooting Education Updates

THE 2023 R.L. HARRIS JR. MEMORIAL SHOTGUN CHAMPIONSHIP

Date: September 23rd

Location: Arrowhead Gun Club, 834 Arrowhead Rd, Victoria, VA

Entry Fee: \$70 Seniors, \$35 Juniors

Contact your club leader for more information and to register. Entries due September 10th.

- 200-target championship for Seniors: 75 American Skeet, 75 American Trap, 25 5-Stand and 25 Wobble Trap
- 100-target event for Juniors: 25 American Skeet, 25 American Trap, 25 5- Stand and 25 Wobble

SAVE THE DATE: INSTRUCTOR CERTIFICATION

Dates: October 14-15

Locations: Holiday Lake 4-H Center

Registration: Opens September 1st. Closes September 25th. *Registration will be through 4-H Online.

The Virginia 4-H Shooting Education Council is hosting an Instructor Certification weekend. Meals and lodging will be available. First-time Instructor Candidates must complete an online training course by October 9th. More information coming soon.



Virginia 4-H needs video clips of 4-H'ers, 4-H families, and friends of 4-H stating why you love 4-H.

- In your video clip, please finish the statement: "I love 4-"That's it; it's that simple! Please H because shoot your video vertically or in portrait format.
- Please upload your short clips in .mp4 file format to this Google folder: https://drive.google.com/drive/ folders/1Yil2OVEdqEmm9qDr-qZNINiawMB7sjRG?
- Make sure your video has good lighting and sound quality/no background noise.

Video clips need to be submitted by September 5th.



Virginia 4-H Healthy Living Ambassador - DUE FRIDAY!



Who Should Apply: Prince William 4-H teens (ages 14-18) that have an interest or passion for Healthy Living and are looking for an opportunity to develop and practice leadership skills in an environment where they can thrive and grow. Application deadline: September 1st

Click here for the Virginia 4-H Healthy Living Ambassador Application.

Click here for the Ambassador Application Reference Form (Prince William 4-H'ers should request a reference from MaryBeth Lerch).

It is with excitement that we once again open applications to teen 4-H members who have an interest in healthy living to apply to serve as a Virginia 4-H Healthy Living Ambassador. As a Healthy Living Ambassador, meeting virtually once a month, participants will work together to plan a statewide Healthy Living Summit as well as develop the monthly Buzz, Body, and Bites newsletter for teens.

Specifically, the expectations for serving in this role include:

- Actively participating in monthly meetings (date and time will be determined as a group after Ambassadors are selected). More frequent meetings may be needed as we get closer to the Healthy Living Summit.
- Helping to plan and implement the Virginia 4-H Healthy Living Summit (date will be determined by the Ambassador team).
- Helping to write and edit the monthly Buzz, Body, and Bites Newsletter for Teens (see Page 10!).
- Embodying the role of a Healthy Living Ambassador by being the youth voice in your community to advocate for healthy living.
- Informing 4-H youth, volunteers, and other interested persons about 4-H Healthy Living opportunities and resources.
- Sharing program ideas and resources with peers that will help strengthen and expand 4-H Healthy Living programs.
- Representing 4-H in a positive manner.

To qualify to serve as a Virginia 4-H Healthy Living Ambassador, you must:

- Be a teen 4-H member (between the ages of 14-18) and active in 4HOnline.
- Have a passion for and active engagement in 4-H Healthy Living.
- Have an interest in sharing knowledge to enhance youth educational experiences.
- Be willing to be a team player working with local, district, and state level professionals to share resources and opportunities.
- Be able to communicate effectively both written and verbally.

The benefits one will receive by becoming a Healthy Living Ambassador include:

- Enhancing your 4-H Healthy Living understanding and skills.
- Networking with peers and healthy living leaders around the state and nation.
- Assisting in moving forward the 4-H Healthy Living mission.
- Enhancing your professional development opportunities.
- Increasing your knowledge and skills for implementing and managing 4-H Healthy Living programs.

The deadline to apply is September I st and candidates will be notified the week of September 4th. Interviews will be held the following week (September I I th) and the first meeting will be held on October 3rd at 7 PM.



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VA 4-H Rabbit Show and Cloverbud Clinic - Register by FRIDAY

Date: September 16th

Location: at Field Days of the Past event in Amelia, VA

Registration Deadline: September 1st. Click here to register.

Click here for the 4-H Study Guide.

First Annual 4-H Rabbit Show and Showmanship Clinic will be held at the 2023 Field Days of the Past in Amelia County. All Virginia 4-H youth that might be interested in participating or attending to learn more about Rabbit Shows and Rabbit Showmanship are invited. There will be a Showmanship Clinic for Cloverbud youth (ages 5-8), so this is an excellent opportunity to get those "littles" involved at an early age and grow them into the program.

PYD Training for 4-H Adult Leaders - Register by FRIDAY

Dates: September 21-22

Location: Virginia Crossings Hotel – Hilton Tapestry Collection in Glen Allen, VA. Click here to register. Registration closes on September I.

Registration is now open for the Positive Youth Development (PYD) training. 4-H adult leaders are invited to participate. Training begins after breakfast on the 21st and concludes after lunch on the 22nd. The cost is \$300 and includes lodging on the 20th and 21st, meals, and snacks. Please make checks payable to the Treasurer of Virginia Tech and submit payment to: Mellissa Breen, Administrative Assistant, Virginia Cooperative Extension State Office, 115 Hutcheson Hall (MC 0908), Blacksburg, VA 24061.



National 4-H: 2023 STEM Challenge

Click here to purchase the kit from National 4-H.

Explore the exciting world of renewable energy with the 2023 4-H STEM Challenge, Power Protectors! Developed by 4-H educators from Cornell University, The University of Illinois, West Virginia University and Utah State University, Power Protectors teaches kids about the exciting world of renewable energy, how to address real-world issues and explore careers in energy.



The kit, perfect for individuals aged 8-14, includes three activities that are highly adaptable for afterschool programs, 4-H clubs, classrooms, home use and more.

- **Superhero Hideout:** Youth will be introduced to renewable energy concepts analyze and assess their own energy use, and design an electrifying Power Protector hideout.
- Amped Up Engineering: Youth will beable to explain the differences between renewable and non-renewable energy sources, and use the Engineering Design Process to create, build, test and improve a model of solar, wind or hydropower source.
- Energy Island Adventure: Youth will be able to describe three types of sustainable energy, address problems and create solutions, and collaborate and strategize to help Energy Island use renewable energy sources such as sun, wind and water.

INTERACTIVE WEBINAR FOR CLUB LEADERS

Date: Thursday, September 14th.

Time: 2 pm

Register by Wednesday, September 13th. Click here to register.

Interested in learning how to use the Power Protectors kit activities in your STEM educational programming? Join us for a live interactive webinar and learn how the kit can be used to engage young people, support adult program volunteers, and teach teen leaders.





Prince William 4-H'ers are Invited to a fantastic, mythical, and magical weekend for campers ages 9-13.

REGISTER TODAY!

VPOST Educator Opportunity





NURTURING STEM IDENTITY AND MAKING CAREER CONNECTIONS

How do you help youth recognize their role in STEM? How do you help youth learn about STEM careers? Participants experience several easy-to-implement strategies, including a photo-elicitation activity that can help youth form STEM identities, and then learn how to conduct related activities with youth.

The expectation is that you will be live at all three sessions and an active member of this coaching cohort. Recordings are not available if you are unable to attend. Completion of the Asking Purposeful Questions module is a prerequisite for this module. REGISTER HERE Code: AC360ID



CLICK2ENGINEERING: ENGINEERING MINDSET FALL COMMUNITY OF PRACTICE

Thursdays September 14, September 28, October 12, and October 26, 2:30 - 3:30 pm The Click2Engineering community of practice (CoP) introduces out-of-school time educators to the basics of engineering and leading engineering activities with youth. The CoP is organized around the 10 Practices for an Engineering Mindset, and includes hands-on engineering activities, developing engineering experiences for youth and learning skills to facilitate engineering practices. The CoP is 4 meetings over 6 weeks. REGISTER HERE

National Afterschool Ambassadors Applications - DUE FRIDAY



Afterschool Alliance has announced they are seeking applicants for the Youth Ambassador program! Youth aged 13 and older are invited to apply by sharing their afterschool experiences by August 31, 2023.

Youth Ambassadors to share their perspectives on afterschool programs with a national audience. Through monthly calls, Youth Ambassadors receive training on being afterschool advocates—learning how to effectively communicate about their afterschool experiences

with elected officials, media, and others in leadership positions, and to use their afterschool stories to advocate for change. Each Youth Ambassador receives a stipend of \$1,000 after their participation in the program, which runs for 8 months, from approximately October to May.

Applicants will need:

- To be 13 years of age or older
- A desire to advocate on behalf of students across the country for afterschool programs for all
- A parent or guardian contact email and approval to submit your application
- To respond to two prompts:
- Describe a typical day in your afterschool program
- Describe a meaningful experience that you have had participating in your afterschool program. This could be a lesson that you learned, a place that you went to, or a connection that you made with other students or a staff member, etc.

Interested youth can submit their story by August 31, 2023.

<u>Click here to enter.</u> <u>Click here to submit your story.</u>

Click here for more information about National Afterschool Youth Ambassadors.

Your Dedicated PWC 4-H Staff

PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

PCW 4-H Virginia State 4-H National 4-H

MaryBeth Lerch

Associate Extension Agent, 4-H mblerch@vt.edu 703-792-4536

DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

SOON!

Pam Hardin

4-H Youth Educator phardin@pwcva.gov



Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H VCE COVID-19 Updates

4-H Online Information The 4-H Foundation **Educational Resources** 4-H All Stars

STEM in Virginia 4-H

Prince William 4-H

PWC 4-H Homepage **PWC 4-H Programs** PWC 4-H Camps PWC 4-H Events & Calendar

Portfolio Records

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form





2022-2023 PWC 4-H **Association Officers**

Youth Officers

Samantha Whysong, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong Recognition Committee - Alan Lerch Membership Committee - 4-H Staff



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