



Prince William 4-H

Our Clubs, Our Community



September 20, 2023

Upcoming Events

- Sep 22 - Oct 1 - 2023 State Fair of Virginia
- Sep 23 - VA 4-H Shotgun Championship
- Sep 26 - PWC Board of Supervisors Proclamation
- Sep 30 - PW 4-H Open House
- Oct 1 - Happy New 4-H Year!
- Oct 4-15 TSC Paper Clover
- Oct 7 - Market Day #5
- Oct 14 - Cloverbud Club
- Oct 17 - New Project Leaders' Training
- Oct 19 - PW 4-H Teen Club - Leadership
- Oct 25 - Returning Project Leader Professional Development
- Nov 13 - Youth Officer Training
- Nov 24-28 - National 4-H Congress

Inside this issue:

- [4-H State Horse Championship](#) 2
- [PW 4-H Updates](#) 4
- [VA 4-H Updates](#) 9
- [National 4-H Updates](#) 11
- [Contacts & Recourses](#) 14

Click to Visit



Prince William 4-H Clubs & Activities Open House



We're counting down the days to an exciting event! Be sure to sign up to join in the fun. We need both youth and adult volunteers - there are LOTS of opportunities to participate. Prince William 4-H has invited local schools through their counseling offices to spread the word about 4-H and our event. Please invite your friends, family, and neighbors to attend and learn all that Prince William 4-H has to offer!

ADULT VOLUNTEERS & CLUB TABLES

[Click here for the Signup!](#)

We're expecting an exciting turnout and need your help sharing your 4-H Story! Clubs are invited to setup a table to promote their club. Setup begins at 9:30 at the 4-H parking lot and McCoy Conference Room.



TEEN VOLUNTEERS & SHARE THE FUN DEMO

[Click here for the Teen Signup!](#)

All teens are asked to sign up for a minimum of 1 hour of volunteer time. Please sign up to promote an activity that is meaningful to you. Be sure to save some time to explore programs that you're interested in, too! Volunteer spots include these and more:

- Setup Crew
- Animal Education
- 4-H All Stars
- Camp Songs Sing-Along
- Popcorn Concessions
- 4-H Congress
- Drama, Music, Dance Performance
- Food Challenge
- Club Tables
- 4-H Ambassadors
- Cleanup Crew

SPECIAL GUESTS

Erika Bonnet is a State Extension Specialist-4-H Program Development and the 4-H NE District state liaison. She is looking forward to attending the Open House and seeing in person all the great things happening in Prince William. The National 4-H Council in Washington DC is also excited to see how Prince William is kicking off National 4-H week and hope to send an office representative as well. This is a great opportunity to add to your civic engagement experiences in 4-H. Our Prince William 4-H Young Entrepreneurs have been invited to showcase their businesses, products, and learning experiences, too.

CIVIC ENGAGEMENT OPPORTUNITY TUESDAY!

Let's flood the room with green! The Prince William Board of Supervisors will be proclaiming National 4-H Week at their meeting on **SEPTEMBER 26TH AT 7:30 PM** (6:30 arrival for reception). **Wear 4-H green** and come out to show your support of Prince William 4-H. **McCoart Administration Bldg., 1 County Complex Ct. Prince William**



Congratulations Prince William 4-H'ers!

VA 4-H STATE CHAMPIONSHIP HORSE & PONY SHOW



Lexington, VA | September 7-10, 2023





[CLICK HERE TO VIEW RESULTS AS THEY BECOME AVAILABLE.](#)



DUE OCTOBER 1st!

Virginia 4-H All Stars Applications Due to PW 4-H!

Who Should Apply: 4-H Youth ages 15 (by Jan 1, 2024) to 19

[Click here for more information on the Virginia 4-H All Stars Website.](#)

Applications are due by October 1st. Please submit to [MaryBeth Lerch](#).

Applications for Virginia 4-H All Stars are due to the Prince William 4-H Office by October 1st. As you prepare your application, please save an electronic copy and printed copy for future reference.

[Click here for the Youth Nomination Application.](#)

[Click here for the Adult Nomination Application.](#)

[Click here for the Nomination Application User's Guide.](#)

Virginia 4-H All Stars from Prince William 4-H

- 1929 Janet R. Murphy
- 1933 Dots Bubb
- 1938 Margaret B. Linsey
- 1949 John P. Neal
- 1952 Martha R. Sullivan
- 1954 Betty R. Bruce
- 1955 Helen M. Hill
- 1956 Rebecca M. Whitlock
- 1957 David Cox
- 1960 Bernard P. O'Meara
- 1960 Leland W. Flora
- 1960 Robert L. Kidd
- 1961 Amelia S. Secord
- 1961 John W. Bartholomew
- 1962 Joseph H. Bowles
- 1963 Brenda Q. Caniofe
- 1963 Claudia D. Workman
- 1963 James Biggers
- 1964 Mealeen J. Kidd
- 1965 Richard H. Sanders
- 1966 Clyde F. Jackson
- 1966 Leah F. Kidd
- 1967 Jerry R. Murphy
- 1969 Nathan K. Slate
- 1969 William L. Bullock
- 1970 Alfred D. Kidd, Jr.
- 1970 Nancy J. Crawford
- 1972 Ray C. Kidd
- 1974 Sally J. Mockler
- 1975 Debbie B. Jones
- 1975 Nancy J. Publicover
- 1975 Nancy P. Holmes
- 1976 A. Foster Aminger
- 1976 Mary R. Dawson
- 1977 Eddie Z. Russell
- 1979 Teresa R. Yancooskie
- 1980 Lydia J. Barrett
- 1980 Timothy K. Houston
- 1980 Wallace S. Covington, III
- 1982 Anne L. Wilson
- 1982 Elizabeth J. Thompson
- 1982 Eva B. Garner
- 1983 Betty Barrett
- 1983 Christa L. Richer
- 1983 Timothy R. Ware
- 1984 Christina V. Harrigan
- 1984 Denise N. Jacobs
- 1984 Helen M. Walla
- 1986 Kayn R. Angsten
- 1987 Ann M. Rostock
- 1989 Kari J. Seaman
- 1992 Dana A. Seaman
- 1995 Amy M. Ragan
- 1995 Barbara Reese
- 1995 Fran Seaman
- 1996 Therbia U. Parker, Jr.
- 1996 Adrianna D. Smith
- 1998 Christopher S. Baronavski
- 1998 John S. Ragan
- 1998 Lotssa M. Crews
- 1998 Patricia Redmond
- 1999 Cristina E. Carpenter
- 1999 Danielle L. LeCompte
- 1999 Fred Fees
- 1999 Kathleen M. Callahan
- 1999 Mary LeCompte
- 1999 Megan K. Scanlon
- 1999 Rebecca E. Gorman
- 1999 Renee A. LeCompte
- 2000 Bernard A. Malo
- 2000 Margaret Carpenter
- 2000 Stacy A. Daugherty
- 2001 Anita Sager
- 2001 Jessica M. Bass
- 2001 Kimberly A. Sager
- 2001 Kimberly D. Lucking
- 2001 Michela Baronavski
- 2002 Linda Licht
- 2002 Sheryl Bass
- 2003 Christopher S. LeCompte
- 2003 Derek J. Lueking
- 2003 Jane Wilson

- 2003 Megan M. Baronavski
- 2003 Nancy Margeson
- 2003 Sharon Race
- 2003 Shelia Lucking
- 2004 Karen Thompson
- 2005 Aaron Bailey
- 2005 Kimberly Bass
- 2005 Maria Fini
- 2007 Claire Berlin
- 2007 Elizabeth Turner
- 2007 Kathryn Thompson
- 2007 Kaiti Fini
- 2007 Leslie-Ann Stevens
- 2008 Katherine Forbes
- 2008 Marcia Thies
- 2008 Patricia Turner
- 2008 Brandon Thies
- 2009 Micah Poole
- 2010 Abigail Poole
- 2010 Rose Dunn
- 2010 Ruthann Jones
- 2010 Sandra Lindner-Turner
- 2011 Abby E. Peach
- 2011 Donna Weshet
- 2011 Heather A. Durcan
- 2011 Ryan M. Thies
- 2012 Alisha M. Lykens
- 2012 Camryn K. Kasinski
- 2012 Kipp C. Dunn
- 2012 Lee O. Turner
- 2012 Marissa A. Lykens
- 2012 Nicolas Poole
- 2012 Ryan M. Thies
- 2012 Walter Peteman
- 2013 Cindy Puryear
- 2013 Marie Lerch
- 2013 Michelle Leporatti
- 2013 Mikaela Maltres
- 2013 Ron Smith
- 2013 Sandy Arnold
- 2013 Troy Vigil
- 2014 Jason Thies
- 2014 Jenna Fees
- 2014 Libby Arnold
- 2014 Catherine Root
- 2015 David Lerch
- 2015 Shelby Kohn
- 2016 Alan Lerch
- 2016 Evan Thies
- 2016 Isabelle Warner
- 2016 MaryBeth Lerch
- 2016 Megan Kolwicz
- 2016 Ruby Dunn
- 2017 Ellysi Barge
- 2017 Heidi Poole
- 2017 Maria Dunn
- 2017 Nikolas Morales
- 2017 Samuel Barge
- 2018 Claudia Merrill
- 2018 Emily Lerch
- 2018 Jackie Nguyen
- 2018 James Fees
- 2018 Madison Miller
- 2018 Matthew Arnold
- 2018 Nick Sarmanian
- 2018 Nick Walla
- 2018 Olivia Morales
- 2019 Karmyn Fyock
- 2019 Lydia Eskstrand
- 2019 Nikki Seagle
- 2019 Trae Kohn
- 2019 Adam Dove
- 2020 Alexis Cox
- 2020 Enika Cox
- 2020 Geneva Losee
- 2020 Katia Dixon
- 2020 Nadaya Morales
- 2020 Samantha Whyson
- 2021 Samantha Seagle
- 2021 Anderson Nguyen
- 2022 Ryan Nguyen
- 2023 Sydney Nguyen

VIRGINIA 4-H ALL STARS

Celebrating 101 Years



What is a Virginia 4-H All Star?

Virginia 4-H All Stars is an honor/service organization for teen and adult leaders who are actively involved in expanding and enhancing the 4-H programs in their communities and statewide. Membership with Virginia 4-H All Stars is the highest recognition that a 4-H'er in Virginia can achieve.

Virginia 4-H All Stars contribute to positive youth development through service locally and statewide. 4-H members begin their story by gaining knowledge through trainings and experiences, and then utilize their knowledge to provide leadership and life skills to other 4-H participants. Members that have transitioned into applying their 4-H knowledge and skills into leadership roles and promote "Making the Best Better," can apply to become an All Star. Applicants should have at least 3 years experience with 4-H and be between 15 and 19 years-old.



Together We Serve

Members inducted into the Virginia Chapter of 4-H All Stars are dedicated to serving their local 4-H community. Working together as All Stars, youth make an impact in developing self-motivated youth and implementing interactive youth development education programs for all of Virginia. All Stars strive for better understanding, patience, dedication and unselfish service to fellow 4-H members and 4-H programs. Virginia 4-H All Stars may attend additional events and apply for additional scholarships specific to Virginia 4-H All Stars.



You Can Be a Virginia 4-H All Star!

Review the Virginia 4-H All Star application and then contact Prince William 4-H Extension Agent MaryBeth Lerch for more information on the application process. You will continue to grow your leadership skills as you work towards applying for this honor.

CONGRATULATIONS TO OUR 2023 TAPPEE SYDNEY NGUYEN!

Sandy Nguyen has been an active 4-H volunteer in the club, unit, district, state, and national levels since 2008. She is an amazing mentor to 4-H youth, serving in adult leadership positions and working with youth officers in her club to learn the skills needed to execute their roles in addition to learning how to apply those skills to life. Sydney has encouraged three of her children in achieving the highest level in 4-H, becoming Virginia 4-H All Stars. She teaches other parents and new members about the All Star organization and its mission to serve. Sydney strives to learn all that she can about opportunities for 4-H'ers to thrive and ways for she and other adult volunteers to support youth in that journey. She is an invaluable asset to the Prince William Leaders Association lending her creative vision to the mission of the organization with the goal of serving the youth and volunteers of Prince William 4-H.

Sydney has also been select as Volunteer of the Month for Virginia Cooperative Extension, Prince William and received recognition in front of the Prince William County Board of Supervisors.

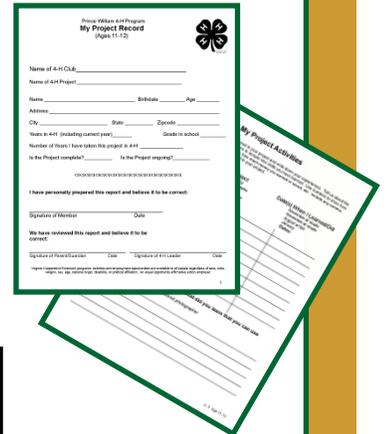
We truly appreciate your dedication and service to the youth in Prince William 4-H and the entire 4-H program!



4-H Portfolios Due to PW 4-H!

Who Should Submit a 4-H Portfolio: All Prince William 4-H Members are encouraged to submit a portfolio each year. 4-H Portfolios are a record of the life achievement of a 4-H'er. This creative expression documents your activities and achievements. Portfolios are scored against a rubric to encourage growth in activities, organization, and life skills over your years in 4-H. **4-H Portfolios should be dropped off at Prince William 4-H by October 1st** each year.

[Click here for links](#) to download age appropriate project record sheets, portfolio instructions and more.



JOIN 4-H TODAY!
www.pwcva.gov/4-H

4-H PROJECTS & PORTFOLIOS

A creative method for youth to document their experiences

Prince William 4-H

LEARN BY DOING

HEAD

HEART

HANDS

HEALTH

Prince William 4-H'ers document their experiences and work each year by using age-appropriate 4-H Project Record Forms. These records are submitted to Prince William 4-H for review and are eligible to compete at the Prince William County Fair and county and state 4-H competitions. Projects begin October 1st and 4-H Project Records are due by the following September 30th. 4-H'ers may choose to submit a record of an individual project (Project Record) or their entire life history (Portfolio).

Ultimately, your 4-H Project Records will form an excellent summary of your 4-H career. You will use information in the 4-H records to complete 4-H resumé's, Virginia 4-H All Star forms and in making application for jobs, scholarships and honors. Your 4-H Portfolio may become a personal scrapbook which will be cherished for many years.

STEPS FOR A 4-H PROJECT

1. Select at least one annual project based on interests.
2. Complete at least 6 learning experiences/ activities (*typically found in published 4-H project books*).
3. Record and analyze your learning experience by tracing your progress and emphasizing life skills gained by using the 4-H Project Record form.
4. Submit the completed Project Record to Prince William 4-H for review and scoring against a rubric to see how much you've grown!

WHAT IS A 4-H PORTFOLIO?

Portfolios are a record of the life achievement of a 4-H'er. They create a record of accomplishments which can be very helpful when youth are applying for college and scholarship opportunities. They may include material not directly related to 4-H and should be organized by year. Portfolios consist of multiple years of work (*except for first time submissions*).

Some projects, such as animal projects, shooting education, and archery, have specialized 4-H Project Books that must be completed and submitted prior to participating in 4-H contests for those activities in order to establish basic knowledge, level of experience, and safety.

Gain Life Skills

Develop Your Resumé

Grow Your 4-H Story

CITIZENSHIP
HEALTHY LIVING
STEM
AGRICULTURE

4-H GROWS HERE

Learn more at www.pwcva.gov/4-H

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

DUE OCTOBER 1st!

your ticket to

THRIVE

in 4-H

Prince William 4-H Clubs & Activities Open House



Saturday, September 30th



10 am - 2 pm



**Prince William 4-H
McCoy Conference Room
8033 Ashton Ave., Manassas, VA**



Explore our clubs, activities, events, and camps!



Learn how to grow from Cloverbud to Virginia 4-H All Star!



Discover your talents and interests in the 4-H Pillars of Citizenship, STEM, Healthy Living, and Agriculture.



Develop life-long friendships.

Grab your 4-H ticket and have it stamped as you travel around the **Prince William 4-H Open House** to learn about how you can not just grow in 4-H, but **THRIVE!**

Participate in hands-on activities and displays for youth ages 5-19. Explore our clubs, programs, events, and activities and discover the opportunities for **YOU** in 4-H. Turn in your stamped ticket for a free gift!

- **Cloverbuds (ages 5-8):** Focus on Social Learning
- **Juniors (ages 9-14):** Focus on experiences at the county level
- **Seniors (ages 15-19):** Focus on experiences and leading at both the county and state levels
- **Parents:** Focus on volunteer opportunities at the club and county levels

This event is for EVERYONE: new members, returning members, parents, and club leaders alike! Space is limited. There is no cost to attend, but registration is required. [Click here to register.](#)

THRIVE!

* These materials are neither sponsored nor endorsed by PWCS.



PRINCE WILLIAM YOUNG ENTREPRENEURS



*Saturday
October 7th*

*Manassas Farmer's Market
9024 Prince William St.
Manassas, VA*

8 am - 1 pm

Stop by and see our Young Entrepreneurs at their final market day! Prince William 4-H'ers Ayden, Lexi, Koa, Xanthie and Aisling, Amari, Zaynab, Diallo, Lyra and Cora will be there selling their creations and demonstrating how local youth

THRIVE with 4-H!

PRINCE WILLIAM 4-H



WWW.PWCVA.GOV/4-H



4HPWC@PWCVA.GOV





Prince William 4-H Scholarships - Applications Due Nov 24th

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by **November 24th, 2023**. Scholarships will be presented at the Prince William 4-H Recognition Day in December.



2023 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled in the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

[Please click here to apply for the 2023 Joanne Guhl Scholarship.](#)



2023 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

[Please click here to apply for the 2023 Bernard Malo Scholarship.](#)



2023 Outstanding 4-H Member Award (Youth)

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Member Award.](#)



2023 Outstanding 4-H Volunteer Award (Adult)

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

[Click here to apply for the 2023 Outstanding 4-H Volunteer Award. \(COMING SOON\)](#)

Celebrating YOU!

TSC Fall Paper Clover Campaign

Dates: October 4-th - 15th

Location: Tractor Supply Company, 10870 Balls Ford Rd., Manassas

[Click here to Sign Up for table space to promote your club and fundraise.](#)

Tractor Supply will once again be holding their Paper Clover Campaign along with National 4-H during October 4 - October 15, 2023. Patrons tend to donate more often when 4-Hers are there in person, so let's get as many clubs as we can to participate. 4-H Clubs earn a percentage of the proceeds from this event to use towards camps, State Congress, and other leadership opportunities. Thank you for supporting your club and your community! Contact [DeeAnn Strand](#) with questions.

Please sign your Club up for a time slot and plan to bring your biggest 4-H smile!!



Winter Cloverbuds Camp 2023

Dates: December 8th-10th

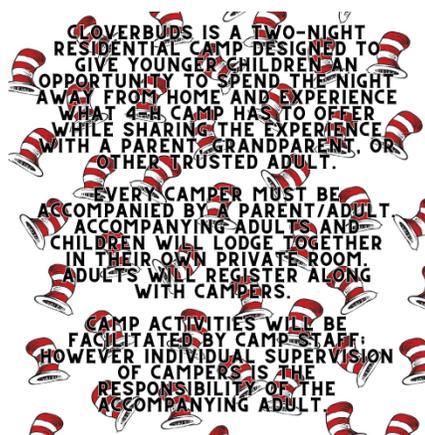
Location: Northern Virginia 4-H Center, Front Royal, Virginia

Who Should Attend: Youth ages 5-8 with an adult chaperone

Cost: \$160

[Click here to register.](#) **Register by Nov. 22nd.**

Registration is now open! Campers and parents will participate in classic camp classes and activities with Dr. Seuss inspired fun! Spots are limited - register early.



NEW! Virginia 4-H Equity & Inclusion Ambassador

[Click here for more information and to apply.](#)

Applications are due Friday, September 29th.

During the 2023-2024 year we will be combining our previous Equity and Inclusion experiences such as Equity and Inclusion Taskforce, Teen Summit Leadership Team, Space 4 You Project Team, True Leaders in Equity Institute Team, and Inclusive Language Project Team and other projects and programs that create and promote a sense of belonging and inclusion to a newly branded 4-H Equity and Inclusion Ambassador Program. We are now accepting applications!

These ambassadors will work in several different areas and will be broken into four teams, based on choice, application, interviews, and fit. Time commitments will vary depending on individual projects and teams. The majority of meetings will be held online, with a few in-person meetings as determined by the group.

- Programming (*Teen Summit Leadership Team*)
- Education (*materials and programs developed to further increase equity and inclusion in VA*)
- Policy (*help with making suggestions and advocating for policy changes within VA 4-H for all 4-H'ers*)
- Advocacy (*focusing on creating education and understanding around advocacy for inclusion and equity topics*)



Virginia 4-H Shooting Education Updates



INSTRUCTOR CERTIFICATION

Dates: October 14-15

Locations: Holiday Lake 4-H Center

Register through 4-H Online by September 25th.

We are excited to announce that registration is now open for the 2023 Fall Shooting Education Instructor Certification. All registrations are through 4-H Online. This means that you must be a fully enrolled volunteer or youth (ages 16 and up) in 4-H Online to register for this training. If you are not currently enrolled through 4-H Online, please contact your local Extension Office to get enrolled.

To Register:

- Log on to your account at [4-H Online](#).
- On the left side of the page, click on EVENTS. Click on "Register for a New Event."
- Select Shooting Education Instructor Certification. Answer all questions. Click next.
- At the bottom of the second page, select the payment method you will actually be using.
- After you have completed the Health Form and after the Standard of Behavior, you will be on the Payment section where you must select PAY BY CHECK.
- You will get this warning: *Payment for this invoice will be collected by Training County Area. By applying this option you are responsible for providing a check as payment. This may cause a delay in processing versus other methods of payment. Are you sure you want to continue?* SELECT CONFIRM
- On the CONFIRM page select NEXT. On the Summary page select FINISH.

You will now receive an email which will allow you to select a link to pay by credit card. Please read this information carefully. Your registration will not receive final approval until your payment is received.

FIRST-TIME INSTRUCTOR CANDIDATES must take an online training course and complete it by October 9, 2023. Please contact [MaryBeth Lerch](#) for more information.



FRIENDS OF THE NRA 4-H GRANTS

The Friends of the NRA grant process provides vital funding and equipment for our educational programs. Grant awards are typically \$3,000-\$5,000 per club. The deadline for submissions to the VT Foundation is October 17th. Clubs should have received information from [Crystal Graham](#).

2023 State Fair of Virginia Youth Livestock Skillathon Entry for NON-EXHIBITORS

Entry Deadline: Monday, September 25th.

[Click here for more information and to enter.](#)

4-H and FFA Youth between the ages of 9 (age as of September 30, 2023) and 19 (must have not turned 19 before January 1, 2023) who are NOT entered to exhibit livestock at the 2022 State Fair of Virginia are invited to participate in the State Fair Youth Livestock Skillathon Contest. Eligibility for 4-H Youth will be verified via 4HOnline and therefore, MUST be enrolled in 4HOnline prior to the September 24th deadline.

NON-EXHIBITOR contestants are eligible to compete in TWO species skillathons of their choice - either Beef Cattle, Meat Goats, Sheep, or Swine. Contestants will be broken into age divisions based on age as of September 30, 2023 - Juniors are 9 - 12, Intermediates are 13 - 15, and Seniors are 16 - 19. Skillathons will be available for NON-EXHIBITOR Participants on Friday, September 29th from 9 am to 4 pm.



SCHOLARSHIP OPPORTUNITY! It's that time of year to encourage teens who have devoted time and skills to their local fairs and festivals to participate in the 2024 Virginia Association of Fairs (VAF) Youth Leadership Scholarship Contest. The VAF Youth Leadership Scholarship Contest is for teens age 14-19 involved in a VAF-member fair or festival. Application, resume, letter of reference and essay are due December 1st. An in-person interview, prepared speech, PowerPoint presentation and extemporaneous speech occur on contest day during the conference. \$9,000 in post-secondary education scholarships are awarded to the top 8 participants. Teens can compete multiple times if they do not win first place.

[Click here for more information and to apply.](#)

National 4-H Updates

CALLING ALL POWER PROTECTORS! PURCHASE THE 2023 STEM CHALLENGE KIT

[Click here for more information and to purchase.](#)

Explore the exciting world of renewable energy with the 2023 4-H STEM Challenge Kit, Power Protectors! This year's Challenge Kit teaches kids about the exciting world of renewable energy. Perfect for youth aged 8 to 14, the kit consists of three activities that provide them with the knowledge to address real-world issues and explore careers in energy. The three activities are:

- **Superhero Hideout** – Kids will learn about renewable energy and get creative to design an electrifying Power Protector hideout!
- **Amped Up Engineering** – Acting as engineers, kids will design and build a model of a renewable energy source to help Energy Island survive and thrive!
- **Energy Island Adventure** – Playing this collaborative board game, kids work as a SUPER team and use solar, wind and hydropower to save endangered Energy Island!



2024 NATIONAL 4-H CONFERENCE INFORMATION SESSION

Mark your calendar for the 2024 National 4-H Conference. Join USDA NIFA for an Information Session about the 2024 National 4-H Conference on November 16th at 4:00 PM ET. Questions?

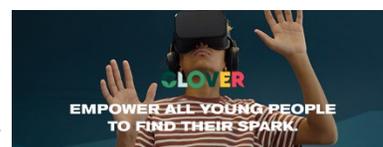
Contact National4-HConference@usda.gov.



UNLEASH THE MAGIC OF CLOVER BY 4-H

[Click here to create your free account to access the activities below.](#)

The CLOVER e-learning platform creates opportunities for all youth with a curriculum from over 100 top-tier universities and interactive, hands-on learning activities. By helping young people discover their passions and build the life skills to thrive, CLOVER empowers individuals to take control of their futures.



UNLOCK YOUR KIDS' INNER SPY WITH 4-H AND NETFLIX

[Click here for more information.](#) [Click here to start mission.](#)

In collaboration with Utah State University Extension, we proudly present Mission: #GAMECLOVER — an interactive STEM experience on CLOVER by 4-H. Launching alongside Netflix's Spy Kids: Armageddon on September 22nd, Mission: #GAMECLOVER fuels STEM passion through the world of game design. Don't miss this educational adventure — share it with your 4-H family. It's going to be a blast!



ELEVATE YOUR GAME DAY EXPERIENCE WITH BEAN DIP

[Click here for free activity.](#)

Football season is finally here, and that means it's time to huddle up with your favorite team, grab some friends, and indulge in the ultimate game day treats. Between the wings, nachos and pretzels, make sure to include some healthy snacks, including this easy, cheesy bean dip



GET BLOWN AWAY BY THE INTERESTING PATHS OF HURRICANES

[Click here for free activity.](#)

On average, America sees 12 named storms yearly, most recently Hurricane Idalia. In this 4-H STEM Lab activity, you will be introduced to using Geographic Information Systems (GIS) by tracking the paths of two of the most destructive storms to hit the U.S. in recent history.



FROM SETBACK TO SUCCESS: THE ART OF BOUNCING BACK

[Click here for free activity.](#)

Sometimes, life doesn't go the way you expect. How we react in certain situations is based on our own resilience. In this activity, developed by The Ohio State University Extension, kids will explore the concept of resilience and learn how to equip themselves better to bounce back when life throws unexpected surprises.





Opportunities for High School Students at VASWCD

ENVIROTHON is a team-based natural resources competition for high school students. Students who participate learn stewardship and management concepts and work to solve real-world environmental problems. The program is field-oriented, community-based, and gives students an opportunity to work with natural resource professionals. [Click Here for a video overview of the Dominion Energy Envirothon competition!](#) **Virtual Kickoff: October 25th.** [Click here for more information.](#)

Students work in teams of five. Throughout the school year students prepare to compete at the local level, qualify to then compete at the area level and the top three teams from the six Soil & Water Conservation District areas in the state compete to be the State Winner. These teams of high school students are tested on their knowledge of natural resources-soils, forestry, wildlife, aquatics and a current environmental issue. Students visit five “in-the-field” test stations where written and hands-on problem solving is required along with an oral presentation formulating a strategy to address a specific environmental issue they’ve been presented with. The event is competitive but education is the bottom line.

Teams can be created through school clubs, classes, 4-H groups, home school groups, and nature centers. The only requirement is that the team has a minimum of five students (who are in 9th-12th grade) and one adult advisor/chaperone.



YOUTH CONSERVATION LEADERSHIP INSTITUTE (YCLI) is a recognition program for students in 9th- 12th grade that focuses on volunteer service and environmental stewardship. YCLI offers self-motivated and enthusiastic high school students interested in environmental conservation and stewardship an opportunity to build leadership skills and connect with local mentors involved with environmental issues. **Applications due October 2nd.** [Click here to apply.](#)

Students in 9th-12th grade [may apply](#) to be a part of this program. Program participants are required to complete a minimum of 20 hours of community service with a conservation focus as well as participate in a book discussion and submit required progress reports throughout the year. The hours may be done as part of a single project or a series of projects but all projects must be approved by the YCLI Program Coordinator. YCLI participants work with the YCLI Program Coordinator to come up with a project that the YCLI Participant wants to focus on. Participants must be self-driven individuals able to set their own goals, evaluate their set milestones, and be motivated to move their projects forward. The YCLI Participants are paired with a mentor to help them with their project. Mentors can be Soil & Water Conservation Staff.

Contact Kim Lowther, Education Specialist at Prince William Soil and Water Conservation District for more information. (571) 379-7514 or education@pwsxcd.org.



Virginia Agricultural Trade Conference

Date: November 1st

Location: Richmond Convention center

[Click here for more information and to register.](#) **Register by October 23rd.**

The Department of Agricultural and Applied Economics will co-host the Virginia Agricultural Trade Conference on November 1, 2023, at the Richmond Convention Center. The conference is in partnership with the Virginia Department of Agriculture and Consumer Services, Virginia Farm Bureau Federation, and Port of Virginia.

Keynote speakers include:

- Matthew Lohr, Secretary of Agriculture and Forestry for the Commonwealth of Virginia - Welcome Address
- Ted McKinney, CEO of the National Association of State Departments of Agriculture - U.S. Agriculture: Trade and Domestic Policy Update
- Daniel Whitley, Administrator of the Foreign Agricultural - U.S. Trade Priorities

Panel discussions include: Growing Virginia Agricultural Exports, Opportunities in Africa, and Renewable Fuels.

VSU Fall AgFest: Community Day at Randolph Farm



Date: Thursday, October 5, 2023 • 9AM - 1PM
Location: VSU Randolph Farm, 4415 River Road, Petersburg, VA
[Click here for more information and to register.](#)

Join us for a fun-filled time at VSU Randolph Farm, where we're honoring the spirit of Virginia Agritourism. Event Highlights:

- **Community Engagement:** Connect, collaborate, and converse with fellow members of the community.
- **Festival Vibes:** Dive into a spirited atmosphere, where festivities and fun activities promise a delightful day for attendees of all ages.
- **Sorghum Maze Adventure:** Take a twisty turn through our sorghum maze and challenge yourself to find the way out.
- **Pumpkin Artistry:** Get hands-on with creative pumpkin-themed art activities designed for all age groups.
- **Live Cooking Demonstration:** Elevate your culinary skills. Witness the magic of Chef Rose from the VSU Hospitality Management Department as she whips up something delectable.
- **Photo Booth Fun:** Smile, pose, and capture memories! Get a snapshot with your favorite pumpkin.
- and much more!

Whether you're from our VSU campus or hail from our neighboring communities, this event is curated for everyone. So, spread the

Every Kid Outdoors with the US National Parks

ATTENTION 4TH GRADERS!



With the school year beginning, and the new 4-H year right around the corner, it's a great time to take advantage of the **Every Kid Outdoors Program from the National Park Service**. The program was created in 2015 in an effort to get more children and families to visit our national parks, and it has been renewed and expanded over the years to now include a wide variety of public lands.

Free Passes! The program is very simple: every 4th grade student (*or home school equivalent*) in the United States is entitled to get one Every Kid Outdoors pass which is valid from September 1 – August 31 (*so it is valid all the way through next summer*). The pass will admit that student, any other youth under the age of 16 in the party (*other youth do not have to be 4th graders*), and up to 3 adults free to any site which charges an entry fee. This does not cover other fees like parking fees, camping permits, etc. but covering the entry fees can represent a significant savings to families. Any eligible student/parent can visit <https://www.everykidoutdoors.gov> to print the free pass or to get more information.

Opportunities for Club or In-School Programming! Educators are also able to print out passes from the website for all of their 4th graders, plus there are activity guides that can be downloaded. **Extension Agents and club leaders ARE considered educators for the purposes of this program!** All you will need to do is visit <https://www.everykidoutdoors.gov/educators.htm>, download any activity guides you would like, and fill out the information to print out the passes. Enter "Virginia 4-H Program" in the box asking for a school or organization name.

The activity guides were developed by the National Park Service, and they are easily adaptable to in-school settings, or for clubs, etc. The four activity guides are: **Exploring Federal Lands & Waters, Environmental Stewardship, Our Nation's Native Peoples, and Citizen Science.**

Where the Pass Can Be Used? The pass can be used at most fee-based sites administered by the following federal agencies: National Park Service • Bureau of Land Management • Bureau of Reclamation • National Oceanic & Atmospheric Administration • United States Fish & Wildlife Service • United States Forest Service • United States Army Corps of Engineers

The beginning of the 4-H year is a great time to be thinking about visiting our national parks and recreation areas. Virginia alone has some 22 National Park Service sites which range from Revolutionary War battlefields and natural landmarks, to Civil Rights monuments and cultural heritage. You can find these online at <https://www.nps.gov/state/va/index.htm>.

Many parks also offer educational programming which support our 4-H pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. Some of these lessons are available online for educators to use at the Teaching With Historic Places website: <https://www.nps.gov/subjects/teachingwithhistoricplaces/index.htm>.

**PRINCE WILLIAM
COUNTY**

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[PCW 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



Your Dedicated PWC 4-H Staff

MaryBeth Lerch
Associate Extension Agent, 4-H
mblerch@vt.edu
703-792-4536

Pam Hardin
4-H Youth Educator
phardin@pwcva.gov

DeeAnn Strand
4-H Youth Educator
dstrand@pwcva.gov

Candi Helmlinger
4-H Program Specialist, Newsletter
chelmlinger@pwcva.gov



PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[VCE COVID-19 Updates](#)

[4-H Online Information](#)
[The 4-H Foundation](#)
[Educational Resources](#)
[4-H All Stars](#)

[STEM in Virginia 4-H](#)

Prince William 4-H

[PWC 4-H Homepage](#)
[PWC 4-H Programs](#)
[PWC 4-H Camps](#)
[PWC 4-H Events & Calendar](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)



**2022-2023 PWC 4-H
Association Officers**

Youth Officers

Samantha Whysong, President
Sam Seagle, Vice President
Samantha Erick, Treasurer
Lexi Strand, Secretary

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Sydney Nguyen, Treasurer
Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Samantha Whysong
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



Virginia Cooperative Extension
Virginia Tech • Virginia State University
www.ext.vt.edu



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.