

Prince William

Our Clubs, Our Community



December 20, 2023

NOTE: THIS IS OUR LAST ISSUE OF THE YEAR. SEE YOU IN 2024!

Upcoming Events

Jan 9 - Teen Club Meeting

Jan 13 - Cloverbud Club

lan 16 - PW 4-H Association Meeting

Jan 19 - Share the Fun Dress Rehearsal

Jan 24 - Virginia 4-H Day at the Capitol

Jan 26 - Share the Fun Show

Jan 30 - Portfolio Training

Feb 10 - PW 4-H Contest Day

Feb 20 - PW 4-H Teen

Mar 9 - PW 4-H Food **Challenge**

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Virginia 4-H **Updates**

National 4-H **Updates**

Contacts & Recourses

Click to Visit



4-H Share the Fun is Coming Back to the BIG STAGE!



Who Should Participate: All Prince William 4-H'ers! Mandatory Rehearsal: January 19th, 6-7:30 pm Contest & Show: January 26th, 6:30 pm Location: T. Clay Wood Elementary School, Nokesville Click here to register. Register by Friday, January 12th.

On January 26th at 6:30 pm the Prince William County 4-H Share the Fun Competition and Show will be returning! It will feature a guest host, snacks, and lots of amazing talent. Sign up to compete

and perform on the T. Clay Wood Elementary School stage! 4-Hers can act, play an instrument, sing, tell jokes, do magic, and much more. If you have a talent to share, we would love to see it! Practice will be held on January 19th from 6-7:30pm. Signup links are below. We are also looking for 4-H member volunteers to help with set-up, clean-up, and stage crew. If you don't want to perform, but want to see all the talent, we would love to have you as our very special guests!

About the Contest

Click here for Virginia 4-H Information on Scoring Share the Fun Acts.

Prince William 4-H Share the Fun is an exciting annual talent show where participants perform on a stage for family, friends, and guests, and get feedback from a panel of judges based on a standard 4-H rubric. This event is a learning competition to improve skills and performance, not a competition against peers. Our goal in 4-H is to Make the Best Better! 4-H'ers must register to participate to assist with the needs and flow of the show.

Adult Volunteers Needed to help with stage crew, setup refreshments and decorate for the show. Click here to volunteer.

Where can you find ideas for performing in Share the Fun? Try the LIBRARY! The youth librarian is your best friend. Check out these books for a little inspiration:

- A Big Golden Book of Riddles, Jokes, Giggles and Rhymes by Linda Williams Aber
- Hey Listen to This; Stories Read Aloud by Jim Trelease
- Tell Me a Tale by Joseph Bruchac
- Every Child a Storyteller: A Handbook of Ideas by Harriet R. Kinghorn and Mary Helen Pelton



IMPORTANT REMINDERS

- Register for Share the Fun
- → Register for Food Challenge
- → Attend PW 4-H Teen Club on Jan 9th if you are interested in attending Virginia 4-H Day at the Capitol

Prince William 4-H Page 2

It's time to SPICE THINGS UP at 4-H and GO BANANAS in the kitchen!

Prince William 4-H Food Challenge Team Registration Time!







This event might be the **BEST THING SINCE SLICED BREAD**. Be the **BIG CHEESE** in your 4-H club and form a team to COOK UP A STORM with culinary skills, SPILL THE BEANS with food nutrition and safety knowledge, and BUTTER UP the judges with public speaking skills.

TEAM AGE CATEGORIES:

- Junior Team all members must be 9-13 years old. Teams consist of at least three but no more than five team members.
- Senior Team all members must be 14-18 years old. Teams consist of at least three but no more than four team members. *Only Senior Teams are eligible for Virginia 4-H State Food Challenge

Click here to register your team or as an individual interested in joining a team. Prince William 4-H will communicate directly with participants regarding team assembly and resource distribution.

IMPORTANT DATES

- County: Prince William 4-H Food Challenge Contest Date: March 9th
- District: Northeast District Food Challenge Contest Date: April 27th
- State: Virginia 4-H State Food Challenge Contest Date: TBD

Celebrating Our Outstanding 4-H'ers

Have you ever wondered why Prince William 4-H'ers are selected for awards for their outstanding efforts? Here's a little bit from the nominations for this year's recipients:



AIDEN MCDONALD

All Around 4-H'er Award

Aiden has made the most of his short tenure as a 4-H member. He got involved right away in the Share the Fun and Food Challenge during virtual times. He attended statewide events such as Congress and Camp, served as a counselor, ran for regional and state leadership positions, and recently was elected as a Northeast District Ambassador. Aiden shares his growing 4-H Story every opportunity he gets!



KRISTIN SAUL

All Around 4-H Volunteer Award

Kristin has exceptional dedication to the 4-H community, especially to the Nokesville 4-H Club. She consistently "serves as the bedrock of our club, a guiding light, and a shining example of

outstanding leadership." She is dedicated to build up and inspire youth and adult volunteers alike, fostering an inclusive and nurturing environment. Kristin exemplifies the 4-H motto of Learn by Doing! Kristin is a caring leader who promotes the positive impacts of 4-H on

our community and the importance of youth involvement.

We encourage all of our 4-H members to learn from Aiden's and Kristin's example!





Northern Virginia Health Center Commission and Birmingham Green Adult Care Residence Phone: (703) 257-0935 | Fax: (703) 257-082 birminghamgreen.org 8605 Centreville Road Manassas, VA 20110-8426

December 15, 2023

S A L T 4H Club 8033 Ashton Avenue, Suite 105 Manassas, VA 20109

Dear Sir/Madam

As a valued supporter of Birmingham Green, we are reaching out to you today with a heartfelt request that has the power to significantly impact the well-being and happiness of our residents. Throughout the years, Birmingham Green has built a legacy of providing exceptional care and support to our elderly residents. Our commitment to enhancing their quality of life and meeting their needs in every possible way is at the core of our mission. However, we have identified a challenge that some of our residents face—limited access to essentials such as beauty and grooming treatments, personal items, and seasonal clothing and footwear.

In light of this challenge, we request your support and generous contribution to the Birmingham Green Foundation. Over the years, we have witnessed the transformative power of collective action and philanthropy in bringing about positive change. Our ability to make a lasting impact depends on the support of compassionate individuals and organizations like yours.

The donations collected will be used to cover various essential services, including beauty and barbering services, which contribute greatly to our residents' sense of dignity and well-being. Additionally, the funds will be utilized to provide them with personal items that they may require, appropriate seasonal clothing and footwear, as we understand the importance of maintaining their comfort and keeping them protected in different weather conditions.

Your generosity will directly impact the lives of those we serve, and we are grateful for your consideration of this important initiative. To contribute or learn more about our efforts, please visit our website at https://www.birminghamgreen.org/abot-us-bjoundation/ or contact us directly at 703-257-6241 or birminghamgreen.org. On behalf of our residents and team members, we thank you!

Warmest regards.

Denise Chadwick Wright

Denise Chadwick Wright Chief Executive Officer

 $Affiliated \ with \ the \ counties \ of \ Fairfax, \ Fauquier, \ Loudoun, \ Prince \ William, \ and \ the \ City \ of \ Alexandria$

Prince William 4-H'ers Make a Difference in Our Community







Learn More about Dairy Farming



Meet Shimmer!

Want to test your knowledge?

Hippology & Horse Judging Clinic

Date: Saturday, January 20th, 2024

Location: Alphin Stuart Arena - Virginia Tech Time: Registration - 8:30 - 9:30 am; Clinic begins at

10:00 am and ends at 4:00 pm Cost: \$10/participant (includes lunch)

Click here to register. Register by January 10th

The Virginia Tech Block and Bridle Club will be hosting a Hippology and Horse Judging CLINIC. This is a great opportunity for youth to experience the Hippology and Horse Judging events in a "learn by doing" atmosphere without the pressure of a competition.

- Youth will participate in the various components of a Hippology event - learning what types of information are involved in the slides, stations, judging, quiz, and team problem segments.
- The Horse Judging portion of the clinic will include discussions of live classes with training in how to evaluate the composition and performance of horses in both performance and halter classes. Additionally, youth will have the opportunity to practice oral reasons, give a set of reasons and receive feedback, if they choose.

This is a great opportunity for experienced youth to receive additional training/practice and those new to the

programs to gain experience outside of a competition.

NEXT LESSON PLAN AND UPDATE COMING FEBRUARY 2024!

VIRSINIA 4-4 YOUTH ANIMAL SCIENCES Program upcoming **EVENTS**

Jan 15: Blue Ridge Stockman's Contest, **Rockingham County Fairgrounds** Jan 18: Northwood Highschool Stockman's Contest, Rich Valley Fairgrounds, Rich Valley. Click here to enter.

Jan 20: Shenandoah Valley Meats Evaluation Clinic, Lexington

Feb 3: Skyline Stockmen's Contest, Front Royal Feb 9: Block & Bridle Hippology Contest will be Feb 10: Block & Bridle Horse Judging Contest Feb 23-24: VT Block & Bridle Stockman's & Livestock Judging Contests, Virginia Tech Mar 2nd: State 4-H and FFA Meats Evaluation Contest, Virginia Tech

Click here for more information on the Virginia 4-H Animal Science Program.



JOIN THE PW 4-H SPIN CLUB AND Grow WITH 4-H and SHIMMER!

December Lesson and activities by discover dairy

Click here to request access to the Shimmer Google Drive.

Contact MaryBeth Lerch if you do not have a Google account.

THIS WEEK'S RESOURCES

- Virginia 4-H Dairy Youth Program
- Video: Where Does Milk Come From?
- Video: Follow Milk's Journey
- Video: Wisconsin-Farm to Table

Virginia 4-H



Day at the Capitol



4-H Day at the Capitol Richmond, Virginia **January 24th, 2024**

Virginia 4-H Day at the Capitol provides an opportunity for youth to learn about governmental procedures and emphasizes the importance of citizen involvement in the governmental process. Participants visit with legislators sharing their 4-H experiences and learning about the role of legislators in government. They observe the legislative process in action, have opportunities to learn about the congressional aides and page programs, and have an opportunity to tour the Capitol, museums, or other historical sites in the Richmond Area.

GENERAL SCHEDULE (tentative)

Bus departs from Prince William 4-H 6-6:30 am

8:30-10 am Meet legislators in newly renovated offices!

Click here for a sneak preview of the renovation.

4-H Rally and State Capitol Steps 10 am 11 am Attend legislative session in Chambers

12:30 pm Lunch Break

Prince William 4-H special activity TBD (may include 1 pm

"How a Bill Becomes a Law" activity, Capitol tour,

museum, tour, etc.)

Bus departs to Prince William 4-H 4 pm

WHO SHOULD ATTEND

All Prince William 4-H'ers ages 9 - 19 and adult volunteers

WHY YOU SHOULD ATTEND

- ★ See our Virginia government in action and meet with legislators! Visit and tour sites that are important to our state
- ★ Virginia 4-H Day at the Capitol is a statewide event for all 4-H'ers across the Commonwealth. Participation in this event is important for building your 4-H Portfolio, applying for 4-H leadership positions, applying for scholarships, and building your work and college resumes. Have you considered volunteering for a Prince William 4-H Association leadership position (see Page 6)?
- 🖈 Attending this higher level event is important for your Virginia 4-H All Star or Virginia 4-H Pillar Award Application.
- 🖈 It's an **EXCUSED** absence from school, thanks to Virginia 4-H'er Harper Miller who lobbied the VA General Assembly last year. Click here to read the law.

BE PREPARED - ATTEND THE PRINCE WILLIAM 4-H TEEN CLUB MEETING!

January 9th @ the PW4-H Office We'll be practicing and preparing to meet our government

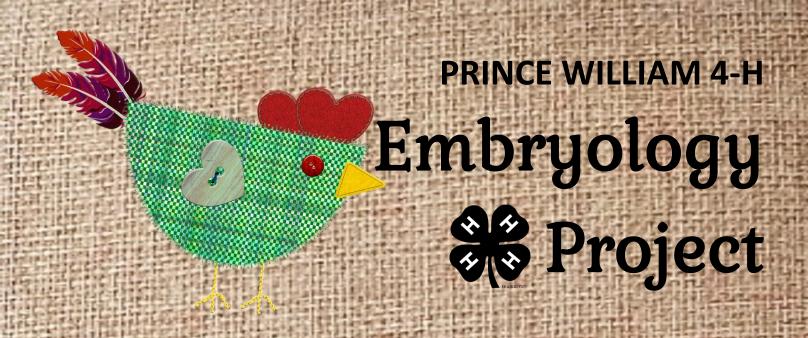
FIND YOUR VIRGINIA STATE LEGISLATOR!

- ★ House of Delegates
- Senate
- Virginia General Assembly

PRINCE WILLIAM 4-H HOSTS A TABLE AT THE MEET & GREET!

Shake hands with legislators, tell your 4-H story, share about your 4-H work, give a 4-H presentation, share about your 4-H projects, discuss what you have learned in 4-H, and more! This is an excellent civic engagement opportunity!

> **BONUS ACTIVITIES FOR PRINCE** WILLIAM 4-H'ERS WILL BE **ANNOUNCED SOON!**



"The Beginning of Life" 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. Educational material address Virginia SOLs for math, science, English, life science, and computer technology. Prince William 4-H provides fertilized eggs, guides participants through training, supports participants during the hatch, and then collects the chicks to be sent to a local farm.

Prince William 4-H Clubs, Prince William County Schools, Manassas City and Manassas Park Schools, and Homeschool Groups are invited to participate in this exciting 4-H project!



Registration opened December 1st! Click here to register.

RESOURCES:

- Prince William 4-H Embryology Project Facebook Page
- Virginia 4-H Resources for School Curriculum Website
- VA 4-H The Beginning of Life Project Curriculum



Embryology Registration

Dec 1st - Jan 31st

In-Person Leader Training

TBD

Incubator Pickup (if rented from 4-H)

PW4-H, 8033 Ashton Ave, #105

Feb 8, 1 - 4 pm

Feb 12, 10 am - 2 pm

Egg Pickup

*PW4-H, 8033 Ashton Ave, #105*Feb 21, 4 - 6 pm
Feb 22, 9 am-12 pm

HATCH DAYS: MARCH 13TH - 16TH!

Chick Drop Off

PWC Fairgrounds
Mar 19, 2 - 6 pm
Mar 21, 12 - 3 pm

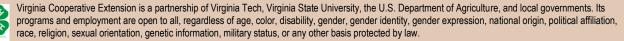
CONTACT INFORMATION

DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov 703-792-4762 www.pwcva.gov/4-H







An Evening with Virginia 4-H

Date: Thursday, January 25th

Time: 6-9 pm

Location: Dominion Energy Center, 600 E. Grace St., Richmond

Registration Fee: \$44 per person, (Includes a gift of \$5 to the 4-H Annual Fund, parking, and

Click here to register. Register by January 16th.

Enjoy cocktails and heavy hors d'oeuvres with fellow members of the Virginia 4-H community, followed by a recognition ceremony of 4-H youth and supporters in the historic Carpenter Theatre of the Dominion Energy Center. Conclude your evening with dessert and coffee or a night cap as you continue the celebration and fellowship with 4-H members, volunteers, alumni, and friends.



Evening Celebration:

6 p.m. Welcome Reception 7 p.m. Recognition Ceremony 8 p.m. Dessert Reception

Happy Holidays from Virginia 4-H!



Dear Virginia 4-H,

As we approach the festive holiday season, we want to express our heartfelt gratitude for your unwavering support throughout the year. Your dedication to the 4-H community has been the driving force behind our shared success and impact.

May this holiday season bring joy, peace, and cherished moments with loved ones. As we reflect on the past year's accomplishments and look forward to new opportunities in the coming year, let's continue to inspire and empower our youth through the principles of 4-H.

Wishing you a joyful and restful holiday season filled with warmth, laughter, and the spirit of giving. Thank you for being an integral part of the 4-H family.

Happy Holidays!

State 4-H Office: Jeremy, Alyssa, Tonya, Sam, Erika, Chad, Dennis, Nicole, Katherine, and Cheryl

Apply to VT Kids' Tech University!

Dates: In-person on January 27, February 24, March 16, and April 6, 2024

Location: Virginia Tech, Blacksburg, VA

Who Should Apply: Youth ages 9-12 by September 30, 2023, and their enthusiastic parents.

Click here for more information and to apply.

KTU, brought to you by the Fralin Life Sciences Institute at Virginia Tech and Virginia 4-H, is your passport to a world of scientific wonder and exploration. Prepare to be dazzled:

- Meet brilliant scientists and engineers who'll unveil the mysteries of STEM.
- Dive into interactive sessions that'll ignite your curiosity.
- Get hands-on with mind-blowing activities led by VT faculty, staff, and talented undergrads.
- Discover the magic of STEM as it relates to everyday life.

Registration is open! But wait, there's more! We believe in making STEM accessible to all. So, while there's a \$120 registration fee per child, don't forget to check out our need-based scholarships. Get ready to embark on an extraordinary STEM journey that'll spark your imagination and fuel your passion for science, tech, engineering, and math. This is your chance to explore, discover, and dream big with KTU!



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Virginia 4-H All Star Scholarships Due December 31st

The Virginia 4-H All Stars recognize selected 4-H All Stars with several awards and a college scholarship annually. Two college scholarships are available this year. Prince William 4-H All Stars are encouraged to apply for one of the awards or the Wayne Keffer college scholarship.

Applications/nominations are due by December 31, 2023 at midnight to Glenda M. Snyder at gsnyder@vt.edu. Phone Number: 540-521-9647.

4-H All Star Awards:

Virginia 4-H All Star Hall of Fame Award Bradshaw Service Award Wayne M. Keffer Memorial Scholarship Application C. Dean Allen Award for Excellence Dottie Nelson Award for Excellence in International Programs Virginia 4-H All Star Chapter Charter

Click here for links to the applications on the Virginia 4-H All Star Website.



National 4-H

2024 ARTS PROMOTION APPLICATION

Click here to apply!

Calling all artists, creators and performers! We'd love to see what YOU do best. Submit your work for a chance to be featured at upcoming National 4-H events. We're looking for singers, dancers, instrumentalists as well as visual artists and creators of all kinds. Enter today to showcase your unique talent on this national stage! Applications from students ages 14-19 accepted through January 1st.



SAVE THE DATE FOR TLEI 2024

Dates: July 7th - July 11th

Join us in this year's True Leaders in Equity Institute to discuss pertinent issues that challenge your community. Teens and adult teams will engage with inspiring speakers, learn from hands-on workshops, and become change agents to create welcoming and belonging environments for all. New this year: Scholarships will be available in January for all Cooperative Extension 4-H programs within the LGU system.



CLOVER BY 4-H

UNLEASH YOUTH CREATIVITY WITH AI

Click here to access free curriculum.

Artificial intelligence, or Al, mimics human intelligence processes by machines, especially computer systems. Developed by The Ohio State University and brought to you by Google, 4-H educators can help youth learn about the foundation of artificial intelligence and how they can use it to solve problems and assist in their everyday lives.



SMART GOALS: YOUR SUCCESS BLUEPRINT

Click here to access free curriculum.

Transform dreams into reality by harnessing the power of SMART Goals. Developed by the University of Nebraska-Lincoln Extension and brought to you by Charles Schwab, 4-H educators can help youth learn how to set goals using the SMART goal framework and apply this concept to their everyday lives.

2023



2024 SENENT CALENDAR

MARCH	1 Junior Camp Registration Opens 9 Prince William 4-H Food Challenge 12 Prince William 4-H Leaders' Mid-Year Meeting 13-17 National 4-H IGNIGHT 16-17 4-H Spring Air Championships 19 Chick Drop Off #1 21 Chick Drop Off #2 22-23 TALT Weekend - Junior Camp Counselor Training TBD Livestock, Cattle & Dairy Contests	SEPTEMBER	6-8 Virginia 4-H State Horse and Pony Championship 7-8 Virginia 4-H State Shoot 27-October 26 State Fair of Virginia 28 Prince William 4-H Day TBD Virginia 4-H Shotgun Championship TBD PWC Board of Supervisors Proclamation of National 4-H Week	
FEBRUARY	8 Embryology Incubator Pickup #1 10 Prince William 4-H Contest Day: Presentations, Table Setting, Fashion Review 12 Embryology Incubator Pickup #2 19 Embryology Egg Pickup #1 20 Teen Club 21 Egg Pickup #1 22 Egg Pick up #2 TBD Embryology Training	AUGUST	9-17 Prince William County Fair, Prince William 4-H Children's Barn & Exhibits 10 4-H Northern District Shoot 12-16 Prince William 4-H Fair Camp TBD Virginia 4-H Pork Challenge TBD Shooting Education Ambassador Applications Due TBD Healthy Living Ambassador Applications Due	
JANUARY	9 Teen Club 13 Cloverbud Club 16 Prince William 4-H Association Meeting 19 Share the Fun Dress Rehearsal 24 Virginia 4-H Day at the Capitol 24 An Evening with Virginia 4-H at VT 26 Share the Fun Show 30 Portfolio Training 31 Day Camp Counselor Applications Due TBD Horse Project Enrollment & Declarations Due	JULY	7-11 4-H True Leaders in Equity Institute (TLEI) 2024 14-18 Prince William/Stafford 4-H Junior Camp 31-August 4 Southern Regionals 4-H Horse Championships TBD Virginia 4-H Shooting Education Camp	
DECEMBER	1 Embryology Registration Opens (closes Jan. 31) 7 Prince William 4-H Homemade Holiday Craft Night, Teen Club; Cloverbud Club 9 Prince William 4-H Recognition Day 16 Wreaths Across America Day 20 4-H Jr. Camp Counselor Applications Due	JUNE	15-27 National 4-H Citizenship Washington Focus 18-21 Virginia 4-H State Congress 19 Workday Wednesdays Begin 22-28 National 4-H Shooting Sports Championships 27 First-time Junior Camper Parents' Meeting TBD Virginia 4-H/FFA Livestock Judging Contests	
NOVEMBER	1 4-H Contest Orientation - Presentations, Public Speaking, Table Setting, Extemporaneous 11 Cloverbud Club 13 Prince William 4-H Association Meeting 24 PW 4-H Scholarship Applications Due 25-29 National 4-H Congress 27 4-H Youth Officer & Leadership Training & Teen Club 30 Prince William 4-H Engage Locally!	MAY	1 Young Entrepreneurs Interest Meeting 11 Cloverbud Club 22 Teen Club TBD Virginia 4-H State Cabinet Applications Due TBD National 4-H Congress Applications Due	
OCTOBER	1-7 National 4-H Week 1 All Star Applications and Portfolios Due 4-15 4-H Paper Clover Campaign 7 Young Entrepreneurs Market Day #5 14 Cloverbud Club 14-15 Shooting Sports Instructor Certification 17 New Project Leader Training 19 Teen Club 25 Returning Project Leader Volunteer Development	APRIL	5-7 Equismartz 2024 13 Cloverbud Club 13-14 Shooting Sports Instructor Certification 19-24 National 4-H Conference 20 4-H Northeast District Contest Day 20 Prince William 4-H Tree Seedling Planting Day 24 - May 5 Spring TSC & 4-H Paper Clover Campaign 27 4-H Northeast District Food	Challenge Contest

Your Dedicated PWC 4-H Staff

PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



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PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

Prince William 4-H

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

Portfolio Records

Member Record Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer





Youth Officers

Lauren Byrd, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Lauren Byrd Recognition Committee - Alan Lerch Membership Committee - 4-H Staff











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