

Prince William

Our Clubs, Our Community



January 10, 2024

Upcoming Events

- Jan 13 <u>Cloverbud Club</u>
- **Jan 16** PW 4-H
- Association Meeting
- Jan 19 <u>Share the Fun</u> <u>Dress Rehearsal</u>
- Jan 24 <u>Virginia 4-H Day</u> <u>at the Capitol</u>
- Jan 26 Share the Fun Show
- Jan 30 Portfolio Training
- Feb 10 PW 4-H Contest Day
- Feb 20 PW 4-H Teen Club
- Mar 9 <u>PW 4-H Food</u> <u>Challenge</u>
- Mar 13-17 Ignite by 4-H
- Mar 16-17 VA 4-H Spring Air Championship

Inside this issue:

Prince William 4-H Updates	2
<u>VA 4-H Day at the</u> <u>Capitol</u>	4
<u>PW 4-H</u> Embryology	6
<u>Contacts &</u> <u>Recourses</u>	10



We're in Full Prep Mode for Prince William 4-H Share the Fun



Who Should Participate: All Prince William 4-H'ers! Mandatory Rehearsal: January 19th, 6-7:30 pm Contest & Show: January 26th, 6:30 pm Location: T. Clay Wood Elementary School, Nokesville <u>Click here to register.</u> Register by Friday, January 12th.

The Prince William County 4-H Share the Fun contest is coming back to the **BIG STAGE!**

Share the Fun is the 4-H annual talent show and contest. 4-H'ers care invited to share ANY talent they have on the stage! Participants must attend the rehearsal on January 19th to help determine sound, lighting, and prop requirements, as well as to become familiar with the stage space.

VOLUNTEERS NEEDED

- ★ SET-UP/CLEAN-UP CREW: The show is also looking for volunteers to help with set-up/ clean-up, stage crew, and refreshment set-up. <u>Click here to volunteer.</u>
- ★ EMCEE: The show is also looking for two senior 4-H members who would like to emcee. Please email Adam Dove at <u>adamidove@gmail.com</u> if you are interested. Volunteers and emcees are welcome to have an act as well.

WHAT TO BRING

- ★ **TREATS:** all 4-H families are asked to bring treats to share with participants and their family and friends for show refreshments.
- ★ NON-PERISHABLE GOODS: What would a 4-H event be if we didn't help the community? The event will have a box for donations to the local food pantry. Please bring non-perishable goods to help restock the food pantry during the cold winter months.

IMPORTANT LINKS

- ★ Show Questions: Contact the show manager Adam Dove at <u>adamidove@gmail.com.</u>
- ★ Click here for a slideshow about Share the Fun.
- ★ <u>Click here for Share the Fun signup.</u>
- ★ Each act will start with an introduction. <u>Click here to complete the form for your act</u> <u>introduction.</u>

We are looking forward to seeing all the AMAZING 4-H talent at the 2024 Share the Fun show!

ABOUT THE CONTEST

Click here for Virginia 4-H Information on Scoring Share the Fun Acts.

Prince William 4-H Share the Fun is an exciting annual talent show where participants perform on a stage for family, friends, and guests, and get feedback from a panel of judges based on a standard 4-H rubric. This event is a learning competition to improve skills and performance, not a competition against peers. Our goal in 4-H is to *Make the Best Better*! 4-H'ers must register to participate to assist with the needs and flow of the show.

What's in the Sky

in January?

Quadrantid meteor shower (Jan 3-4),

stars Sirius & Riegel,

planets Saturn &

Venus, and more!

Page 2

Out of this World Cloverbud Club - SATURDAY!



Date: Saturday, January 13th Time: 10 AM - Noon Location: Prince William 4-H Office Who Should Attend: Prince William youth ages 5-8 with an interest in 4-H <u>Click here to register.</u>

Did you know that January is the best month to study the sky? While January might not have the shortest days and longest nights, it does have the DARKEST nights! Join us for a hands-on science craft day to learn more about stars, constellations, comets, meteors, and more! It's going to be OUT OF THS WORLD!



STARGAZING AT THE BOARDWALK

Date: Saturday, February 18th Time: 6:30 - 8:30 PM Location: 15125 Blackburn Road, Woodbridge, VA <u>Click here for more information.</u>

Turn your eyes skyward and enjoy the spectacular night sky from the beautiful Neabsco Creek Boardwalk. Start the evening with a

guided stroll along the boardwalk, followed by stargazing and hot chocolate. This is a winter program you don't want to miss! Meet at the Neabsco Regional Park pavilion. May be cancelled/rescheduled due to inclement weather. We will position telescopes in different locations along the boardwalk. Small groups of guests are lead by Park Naturalists to each telescope, where they can view and discuss what they are seeing in the scope. Guests can also bring their own telescope or binoculars if they like.

CHECK OUT THESE ENRICHMENT PLACES TO VISIT:

- <u>https://airandspace.si.edu/visit/udvar-hazy-center</u>
- <u>https://airandspace.si.edu/learn/programs/planetarium-shows</u>
- <u>https://dullesmoms.com/planets/</u>

Click here for 4-H Aviation and Space Curriculum.





Prince William 4-H Food Challenge Team Registration Time!

<u>Click here to register your team or as an individual interested in joining a team.</u> It's time to **SPICE THINGS UP** at 4-H and **GO BANANAS** in the kitchen! This event might be the **BEST THING SINCE SLICED BREAD**. Be the **BIG CHEESE** in your 4-H club and form a team to **COOK UP A STORM** with culinary skills, **SPILL THE BEANS** with food nutrition and safety knowledge, and **BUTTER UP** the judges with public speaking skills.

IMPORTANT DATES

- County: Prince William 4-H Food Challenge Contest Date: March 9th
- District: Northeast District Food Challenge Contest Date: April 27th
- State: Virginia 4-H State Food Challenge Contest Date: TBD



IT'S TIME TO PLACE YOUR ORDER FOR TREE SEEDLINGS!

Click here to reserve seedlings. Orders due by January 31st.

The Virginia Department of Forestry and Virginia Cooperative Extension are providing free hardwood seedlings to schools and youth groups. The purpose of this project is to improve water quality by restoring forest cover to residential and riparian lands. Prince William County 4-H is offering tree seedlings (Buttonbush, Crab Apple, and Northern Red Oak) to youth educators for planting projects in the community. These trees are not meant for youth to take home and plant.

Show Your 4-H Spirit at the St. Patrick's Day Parade!

Date: Saturday, March 9th Time: Time: Setup at 9:30 AM. Parade starts at 11 AM. Location: Old Town Manassas along Center Street <u>Click here to sign up and represent Prince William 4-H in the parade.</u>

Shealyn Clinger of Nokesville 4-H Club is organizing an opportunity for Prince William 4-H to participate in the Greater Manassas St. Patrick's Day Parade. She has recruited a tractor, driver, and bed, and is looking for help decorating the float and participating in the parade. 4-H'ers can ride the float or walk behind with banners and hand out candy.

Some notes from the parade organizers:

- Animals are allowed as long as they remain under control of owners and there is cleanup.
- The parade will not be canceled in the event of cold or rain. Please check the weather and dress accordingly as it is sometimes chilly outside in March.
- Children age 14 and under must always be accompanied by an adult.

Embryology T-Shirts Available!

Click here to order. Orders must be received by February 2nd.

Our local librarian Carolyn Vibbert has a fun opportunity to celebrate your spring chicks! Participants may order t-shirts through Custom Ink that will be available for pickup with egg distribution in February. There are 3 color options available: turquoise, maroon, and navy. The deadline to place your order is February 2nd. Please note that this is not a fundraiser - t-shirts are being sold at cost and Ms. Vibbert is organizing the distribution.

Questions? Contact DeeAnn Strand at Prince William 4-H.

Prince William 4-H Association Meeting

Date: January 16th Time: 7 PM Location: Prince William 4-H Office Who Should Attend: All Prince William 4-H members! All clubs should send a representative with their club report.

Our main agenda item is the BINGO fundraiser. The Prince William 4-H Association is a nonprofit organization that fundraises to support scholarships, learning opportunities, and educational programming for our county youth. Help us provide an #opportunity4all by attending!

N-SSA Opportunity for Prince William 4-H Clubs

Date: March 9th, 10 AM

Location: Fort Shenandoah, Winchester, VA

Do you have an interest in Civil War History? Would you like to fire a Civil War cannon or rifle? Would you like to learn basic muzzle loader safety? The Central Virginia Region of the North-South Skirmish Association is hosting a Spring Recruit Skirmish. Participants must bring ear and eye protection and an eagerness to learn. Teams will be guided by NRA Certified Muzzle Loading Instructors, Range Safety Officers, and experienced Skirmishers and then participate in team competition. Email <u>nssarecruiting@gmail.com</u> for more information and to participate. <u>Click here to</u> <u>learn more about N-SSA</u>.









Page 3



Prince William 4-H Teen Club Prepares for 4-H Day at the Capitol

With Virginia 4-H Day at the Capitol quickly approaching, it's time to freshen up our meet and greet skills! 4-H'ers met last night to prepare for our visit. We began by playing the handshake game to gain confidence in greeting new people - who knew that shaking hands could be so creative and fun? We also researched our specific Prince William legislators by using the state Capitol website. As we learned about where they are from and their key issues, we each came up with a question that is relevant to our community to ask our officials. Finally, we tested our civic knowledge through a Q & A activity to re-familiarize ourselves with state government terms. Our 4-H youth are well prepared to greet and share their 4-H stories!

*Did you know...*the Prince William 4-H Association provides scholarships and helps to offset the cost of opportunities such as participating in Virginia 4-H Day at the Capitol - we hope you'll attend their meeting on Tuesday at 7 PM at the PW 4-H Office to support our local youth!



Virginia 4-H Horse Program Updates



2024 VIRGINIA TECH BLOCK AND BRIDLE CLUB HORSE JUDGING AND HIPPOLOGY CONTEST

Dates: Friday, February 9th (Hippology) and Saturday, February 10th (Horse Judging) Location: Alphin-Stuart Arena on the Campus of Virginia Tech Who Should Participate: Enrolled 4-H and FFA Youth Entry Fee: Hippology (all contestants) \$10.00/contestant entered Horse Judging – Regular (non-reasons) \$10.00/contestant entered Horse Judging – Advanced (reasons) \$15.00/contestant (includes lunch) Click here to enter. Entry Deadline: Friday, February 2nd

These events are offered by the Virginia Tech Block and Bridle Club, in partnership with the Extension Youth Animal Science Program. Contest rules will be available on the <u>Virginia 4-H Horse</u> <u>Program</u> website soon.



Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law.
An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg;
M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.

CLICK HERE TO REGISTER TO ATTEND!

Virginia 4-H

2024

Day at the Capitol

Image: state state

4-H Day at the Capitol Richmond, Virginia January 24th, 2024 Virginia 4-H Day at the Capitol provides an opportunity for youth to learn about governmental procedures and emphasizes the importance of citizen involvement in the governmental process. Participants visit with legislators sharing their 4-H experiences and learning about the role of legislators in government. They observe the legislative process in action, have opportunities to learn about the congressional aides and page programs, and have an opportunity to tour the Capitol, museums, or other historical sites in

the Richmond Area.

GENERAL SCHEDULE (tentative)

6:30 am	Bus departs from Prince William 4-H
9 am	Meet legislators in newly renovated offices!
	<u>Click here for a sneak preview of the renovation.</u>
10 am	4-H Rally at the State Capitol and Virginia 4-H Photo
12 pm	Attend legislative session in Chambers
1 pm	Lunch Break
2 pm	Prince William 4-H Tour of the Capitol
3:15 pm	Visit the John Marshall Center (museum)
4:15 pm	Bus departs to Prince William 4-H

PRINCE WILLIAM 4-H TO VISIT OUR SENATOR AND DELEGATES!

Shake hands with legislators, tell your 4-H story, share about your 4-H work, give a 4-H presentation, share about your 4-H projects, discuss what you have learned in 4-H, and more! This is an excellent civic engagement opportunity!

SEE PAGE 5 FOR DETAILS.

WHO SHOULD ATTEND

All Prince William 4-H'ers ages 9 - 19 and adult volunteers

WHY YOU SHOULD ATTEND

- * See our Virginia government in action and meet with legislators! Visit and tour sites that are important to our state government.
- Virginia 4-H Day at the Capitol is a statewide event for all 4-H'ers across the Commonwealth. Participation in this event is important for building your 4-H Portfolio, applying for 4-H leadership positions, applying for scholarships, and building your work and college resumes. Have you considered volunteering for a Prince William 4-H Association leadership position (see Page 6)?
- ★ Attending this higher level event is important for your Virginia 4-H All Star or Virginia 4-H Pillar Award Application.
- ★ It's an **EXCUSED** absence from school, thanks to Virginia 4-H'er Harper Miller who lobbied the VA General Assembly last year. <u>Click here to read the law.</u>

BE PREPARED! ATTEND THE PRINCE WILLIAM 4-H TEEN CLUB MEETING! January 9th @ the PW4-H Office

We'll be practicing and preparing to meet our government leaders.

FIND YOUR VIRGINIA STATE LEGISLATOR!

- ★ House of Delegates
- ★ <u>Senate</u>
- ★ Virginia General Assembly

It says so much about the [Prince William] 4-H that they would come to Richmond to meet their legislators. I was in 4-H myself and loved it. ~ Shannon Geraghty, Policy Director, Office of Senator Jeremy McPike

Virginia 4-H Day at the Capitol PRINCE WILLIAM 4-H DETAILED SCHEDULE

January 24, 2024

6 AM	Meet at Prince William 4-H, 8033 Ashton Ave., Manassas
6:30 AM	Depart
830 AM	Arrive in Richmond
8:45 AM	Enter Security at GAB

9 AM



Meet Del. Briana D. Sewell, D-25th District, County of Prince William (part) Member Since: 2022 Committees: Communications, Technology & Innovation, Counties Cities & Towns, Education Subcommittees: Counties Cities & Towns, Higher Education, Communications, Technology & Innovation

9:30 AM



Meet Del. Candi Mundon King, D-23rd District, Counties of Prince William (part) and Stafford (part) Member Since: 2021 Committees: Chair: Counties Cities & Towns, Finance, Public Safety, and Privileges & Elections Subcommittees: Finance, Public Safety, and Privileges & Elections

9:45 AM Virginia 4-H Steps of Capitol Rally

10 AM State 4-H Photo

10 AM



 Photo with Sen. Senator Jeremy S. McPike, D-29th District, Manassas City (All), Manassas Park City (All), Prince William County (Part)
Member Since: 2016
Committees: Education & Health, General Laws & Technology, Local Government, Rehabilitation & Social Services, and Transportation

10:30 AM



Meet Del. Luke E. Torian, D-24th District, County of Prince William (part) Member Since: 2010 Committees: Chair Appropriations, and General Laws Subcommittees: Membership, Appropriations - General Government & Capital Outlay Subcommittee, Appropriations - Higher Education Subcommittee, and General Laws

11:20 AM	Join Line for Opening Session
12 PM	Watch the Legislative Session
1 PM	Lunch
2 PM	Tour the Capitol
3:15 PM	Tour and Scavenger Hunt at the John Marshall Center
4:15 PM	Depart to Prince William 4-H

Confirming times to also visit with Del. Maldonado (D-20th) and Ian Lovejoy (R-22nd).

CLICK HERE TO REGISTER TO ATTEND!

PRINCE WILLIAM 4-H Embryology Score Project

"The Beginning of Life" 4-H Project is designed to help youth obtain a better understanding of life and embryonic development. 4-H educational materials guide students through each step of the hatching process from preparing the eggs for incubation to building a brooder for the newly hatched chicks. Educational material address Virginia SOLs for math, science, English, life science, and computer technology. Prince William 4-H provides fertilized eggs, guides participants through training, supports participants during the hatch, and then collects the chicks to be sent to a local farm.

Prince William 4-H Clubs, Prince William County Schools, Manassas City and Manassas Park Schools, and Homeschool Groups are invited to participate in this exciting 4-H project!

Registration opened December 1st! Click here to register.

**

RESOURCES:

- Prince William 4-H Embryology Project Facebook Page
- <u>Virginia 4-H Resources for School Curriculum Website</u>
- VA 4-H The Beginning of Life Project Curriculum

EMBRYOLOGY T-SHIRTS AVAILABLE!



Click here to order. Orders due by February 2nd.

Our local librarian Carolyn Vibbert has a fun opportunity to celebrate your spring chicks! Participants may order t-shirts through Custom Ink that will be available for pickup with egg distribution in February. *Please note that this is not a fundraiser - t-shirts are being*

sold at cost and Ms. Vibbert is organizing the distribution. Questions? Contact <u>DeeAnn Strand</u> at Prince William 4-H.



Embryology Registration Dec 1st - Jan 31st

In-Person Leader Training TBD

Incubator Pickup (if rented from 4-H) *PW4-H, 8033 Ashton Ave, #105* Feb 8, 1 - 4 pm Feb 12, 10 am - 2 pm

Egg Pickup

PW4-H, 8033 Ashton Ave, #105 Feb 21, 4 - 6 pm Feb 22, 9 am-12 pm

HATCH DAYS: MARCH 13TH - 16TH!

Chick Drop Off

PWC Fairgrounds Mar 19, 2 - 6 pm Mar 21, 12 - 3 pm

CONTACT INFORMATION

DeeAnn Strand 4-H Youth Educator dstrand@pwcva.gov 703-792-4762 www.pwcva.gov/4-H







Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

An Evening with Virginia 4-H

Date: Thursday, January 25th Time: 6-9 pm Location: Dominion Energy Center, 600 E. Grace St., Richmond Registration Fee: \$44 per person, (Includes a gift of \$5 to the 4-H Annual Fund, parking, and reception) Click here to register. Register by January 16th.

Enjoy cocktails and heavy hors d'oeuvres with fellow members of the Virginia 4-H community, followed by a recognition ceremony of 4-H youth and supporters in the historic Carpenter Theatre of the Dominion Energy Center. Conclude your evening with dessert and coffee or a night cap as you continue the celebration and fellowship with 4-H members, volunteers, alumni, and friends.

Virginia 4-H Animal Science Updates

VIRGINIA YOUTH BLUE RIDGE STOCKMAN'S CONTEST, Rockingham County Fairgrounds LIVESTOCK PROGRAMS Monday, January 15th. <u>Click here to register.</u>



Individual and Team Entry Form: Please bring payment of \$10/person for the total number of competitors and adults eating lunch. Lunch will be pizza, chips, cookies, and drinks. For details, please contact Her<u>b Hoffeditz</u> or John Welsh.

"Don't limit your challenges. Challenge your limits"

NORTHWOOD HIGH SCHOOL STOCKMAN'S CONTEST, Rich Valley Fairgrounds, Rich Valley, VA

Thursday, January 18th. Click here to register.

Please contact <u>Stephanie Dean</u> with questions.

SHENANDOAH VALLEY MEATS EVALUATION CLINIC/CONTEST, Lexington, VA

Saturday, January 20th. <u>Click here to register</u>. Register by January 18th. For details, please contact John Benner <u>benner89@vt.edu</u>.

SKYLINE STOCKMEN'S CONTEST, Front Royal, VA

Saturday, February 3rd. **Register by January 26th.** Contact Corey Childs at <u>cchilds@vt.edu</u> for registration form and more details.

Clover by National 4-H



Solar Brilliance: Exploring the Secrets of Our Sun Click here for FREE activity. Grades 3-8

Developed by Utah State University and EDP Renewables, help youth dive into the world of experiential learning! 4-H youth will build a solar energy model, get their hands dirty (well, not literally), and learn about renewable energy. From understanding the principles of photovoltaics to assembling the components, every step is a chance to explore, discover, and apply real-world knowledge.



and much more!

Travel to Outer Space...and Back Again Click here for FREE activity. Grades 3-8

Developed by Utah State University and brought to you by HughesNet, learn about how data travels worldwide with the help of 8,000 active satellites orbiting our planet. Discover how satellites transfer data from one place to another, the definition of "decomposition",



PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online: Prince William 4-H Virginia State 4-H

National 4-H

Your Dedicated PWC 4-H Staff

MaryBeth Lerch Associate Extension Agent, 4-H 4-H Youth Educator mblerch@vt.edu 703-792-4536



Pam Hardin phardin@pwcva.gov

DeeAnn Strand 4-H Youth Educator dstrand@pwcva.gov

Candi Helmlinger 4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

Prince William 4-H

PW 4-H Homepage PW 4-H Programs PW 4-H Camps PW 4-H Events & Calendar PW 4-H Document Center

Portfolio Records

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer



2023-2024 PWC 4-H **Association Officers**

Youth Officers

Lauren Byrd, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

Committee Chairs

Fundraising Committee - Lauren Byrd **Recognition Committee - Alan Lerch** Membership Committee - 4-H Staff





Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.