

# Prince Willia Our Clubs, Our Community

#### February 21, 2024

#### **Upcoming Events**

Feb 27 PW 4-H Teen Club

Feb 29 PW 4-H Portfolio **Workshop** (rescheduled)

Mar 8-10 VA 4-H Teen Summit

Mar 9 PW 4-H Food **Challenge** 

Mar 9 - VA 4-H Horse Judging (rescheduled)

Mar 15 PW 4-H BINGO

Mar 13-17 Ignite by 4-H

Mar 16-17 VA 4-H Spring Air Championship

Mar 22-23 TALT Weekend

**Apr 5-7** EquiSmartz

Apr 13-14 New Shooting Instructor Certification

Apr 13 Northeast District Contest Day

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Shimmer Update

Virginia 4-H **Updates** 

Contacts & Recourses

Click to Visit





## 1,980 Eggs Have Arrived!

On Tuesday, 1,980 eggs arrived at Prince William 4-H Headquarters just in time for our egg pickup tonight! Please bring a container (egg carton) to transport your eggs safely home. Your incubators should be up and running and set to 99.5°F and 50%

There are two opportunities for egg pickup, both at 8033 Ashton Ave., #105, Manassas:

February 21st (today) from Noon-6 PM (earlier hours added) February 22nd from 9 AM - 12 PM

As you can tell by these cuties on the left - our test project chicks hatched on Monday! We had II eggs in the incubator and 6 produced viable chicks. We're enjoying all of the commotion and cuddles in the office. They will be rehomed at the end of the week to a local 4-H family's coop. Be sure to peek in when you pick up your eggs!

## PW 4-H Fair Camp Counselor Applications - Due FRIDAY!



Fair Camp Dates: August 12th - 16th, 9 AM - 12:30 PM

Location: Prince William Fairgrounds

Who Should Apply: Prince William 4-H teens ages 14 & up Click here to apply. Applications due February 23rd.

Prince William 4-H teens ages 14 & up are encouraged to apply for a camp counselor position for 2024 Prince William 4-H Fair Camp. Counselors are expected to work hard and demonstrate mature and responsible behavior throughout camp and be enthusiastic leaders. Teens selected as counselors are

required to attend the Zoom Planning Meeting on February 28th, counselor training in July, participate in Workday Wednesdays (beginning June 19th), and attend all 5 days of Prince William 4-H Fair Camp.

#### Prince William 4-H Teen Club - REGISTER TODAY!



Time: 4-6 PM

Location: 9239 Mike Garcia Dr, Manassas Who Should Attend: 4-H teens ages 13 and up

Click here to register. Registration is required and is limited to 10 participants.

For February, Prince William 4-H Teen Club is meeting at Boxes of Basics in Manassas for community service. You never know what work needs to be done at Boxes of Basics HQ. One day it's sorting donations, the next day you could be packing a box for a local child. Teens come ready to sort and pack boxes for children in our communities in need of clothing & shoes. Wear comfortable shoes and 4-H green! We will be moving on our feet serving the community.

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## Prince William 4-H BINGO FUNdraiser Update



## SAVE THE DATE FOR THE PRINCE WILLIAM 4-H ASSOCIATION FAMILY BINGO NIGHT!

Date: Friday, March 15th

Time: 6-8 PM

**Location:** Buckhall VFD

Who Should Attend: All Prince William 4-H families and their friends!

More information coming soon! We'll be asking for volunteer support for the event as

well as donations.

## Prince William 4-H Food Challenge - Register Today!



Click here to register your team or as an individual interested in joining a team. It's time to SPICE THINGS UP at 4-H and GO BANANAS in the kitchen! This event might be the BEST THING SINCE SLICED BREAD. Be the BIG CHEESE in your 4-H club and form a team to COOK UP A STORM with culinary skills, SPILL THE BEANS with food nutrition and safety knowledge, and BUTTER UP the judges with public speaking skills.

#### **IMPORTANT DATES**

- County: Prince William 4-H Food Challenge Contest Date: March 9th
- District: Northeast District Food Challenge Contest Date: April 27th



Cloverbuds are invited to participate, too! (This is our March gathering.)

#### Prince William-Stafford 4-H Junior Camp Registration Opens March 1st!



Location: Northern Virginia 4-H Educational Center, Front Royal, Virginia

Who Should Attend: Prince William youth ages 9-14

Fees: \$365

Registration Opens March 1st.

4-H Junior Camp is a five-day, four-night camp where youth explore new interests, enjoy swimming and recreation and participate in evening activities and campfires. More information will be posted to our website soon: <a href="https://www.pwcva.gov/department/virginia-cooperative-extension/4-h-camps.">https://www.pwcva.gov/department/virginia-cooperative-extension/4-h-camps.</a>

#### 4-H CAMP SCHOLARSHIPS AVAILABLE!

#### **Applications Due April 1st**

Click here for more information and to apply.

The Virginia Forestry Educational Foundation (VFEF), the Virginia Forestry Association (VFA), the Virginia Forest Products Association (VFA), and the Virginia Loggers Association (VLA) are announcing the third annual Preston R. Wilson Virginia Statewide 4-H Camp Scholarships for the summer of 2024. Applications for youth ages 9-13 can be submitted to VFEF to attend the Northern VA Prince William - Stafford 4-H Camp with us NOW. Only 8 youth will be randomly selected for these full scholarships.

#### **REMINDER TO PRINCE WILLIAM - STAFFORD 4-H CAMP COUNSELORS**

Teen-Adult Leadership Training (TALT) weekend is March 22-23. This training is mandatory for all teen counselors.





Hey kids, thanks for adopting my calf, Shimmer!

#### Utah

Utah has an important job on the farm which is to continue producing delicious and healthy milk each day for all of us to enjoy!

In order for Utah to continue producing milk, she will become pregnant and give birth to another calf in about one year.

Utah will be pregnant for 9 months. The first 7 months she will continue living with the herd, and the last 2 months, she will go on a vacation like a maternity leave. During this time, she does not produce milk and focuses her energy on growing a healthy calf.







Have you been charting Shimmer's growth? Pretty soon she'll be a full grown cow like her mother, Utah. You can download a free growth chart on our PW 4-H Shimmer Google Drive (see below). Check out this idea from Discover Dairy:

## Create an Adopt a cow Workbook or Memory Book



This teacher came up with a creative way to keep her classroom's Adopt a Cow activities all in one place! She made this workbook of all the different worksheets students have completed so far. Whether you teach in a traditional classroom setting, or home

school setting, try making your own workbook or memory book from the months you spent with your adopted calf. Watch a short video of her workbook!

Click here to watch the video.

Want to up your skills for PW 4-H Food Challenge? Try this delicious treat!

HOMEMADE CHOCOLATE COVERED STRAWBERRY ICE CREAM

#### **INGREDIENTS**

1 1/2 cup fresh strawberries

1 can (14 ounces) sweetened condensed milk

2/3 cup granulated sugar

1/8 teaspoon salt

1 1/2 cups heavy cream

1 1/2 teaspoons pure vanilla extract

1/2 cup mini semi-sweet chocolate chips Festive sprinkles or topping(s) of choice

#### **DIRECTIONS** (No-Churn)

- 1. Rinse strawberries with cool water, cut off the stems and then process them in a food processor to finely chop.
- 2. In a medium bowl, whisk the condensed milk, sugar and salt until the sugar is dissolved. Stir in the heavy cream, vanilla and strawberries. Whip to a hard-peak consistency.
- 3. Stir in the mini chocolate chips once it reaches a hardpeak consistency.
- 4. Transfer the ice cream into a freezer-safe air-tight container, ice cream tub or pan. Spread to distribute the ice cream evenly in the container.
- 5. Freeze the ice cream for at least 2 hours before serving. For a harder consistency, allow to set overnight.

Click here for the full recipe and to print.

JOIN THE PW 4-H SPIN CLUB AND GROW WITH 4-H AND SHIMMER!

Log into our PW 4-H Shimmer Google Drive to access lessons and activities.

<u>Click here to access the Shimmer Google Drive.</u>

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## Virginia 4-H Northeast District Contest Day 2024

## 2024 NE District 4-H Communication & Expressive Arts Contests

Registration due Friday, March 22nd

### Register @ https://bit.ly/24NED4H



Date: April 13th

Time: check-in begins at 9:30 AM; competition begins at 10 AM Location: Marshall Center (8800 Courthouse Rd, Spotsylvania VA Registration Fee: \$10/youth participating in 1 or 2 contests

Click here to register.

Registration is due by March 22nd. Click here for scoresheets and guides.

The Northeast District Contest is coming up and registration is LIVE! Contests Being Offered in 2024 (may participate in a maximum of two):

- ★ Presentation
- ★ Public Speaking
- ★ Share the Fun
- **★** Fashion Revue
- ★ Science Fair
- ★ Extemporaneous Speaking
- ★ Table Setting
- ★ Visual Arts (Painting, Photography, Crafts, Sculpture, Drawing, Fiber Arts, Mixed Media, Trash to Treasure)

#### **4-H Competitors:**

★ Must be registered in 4-H Online 2.0

★ Must be a Junior, Intermediate, or Senior 4-H member. Unfortunately, Cloverbuds may not participate in the contest. All 4-Hers are invited to attend, observe, and learn.

- ★ Must be present to compete (speak to judges); No virtual entries will be accepted.
- ★ May compete in a maximum of 2 contests.

**Interested in Judging?**Email Krista Gustafson ASAP.





## Virginia 4-H Teen Summit - Registration Closes TODAY!

Dates: March 8th - 10th

Location: Northern Virginia 4-H Center

**Cost:** \$55

Register through 4-H Online. Deadline extended - due by February 21st.

Virginia 4-H Teen Summit registration is OPEN! Our 4-H Teen Summit Leadership team has worked so hard to plan an amazing event. Teen Summit is an event, planned for teens, by teens that is focused on social equity, youth voice, and advocacy. During the summit, youth will be able to learn, interact and have fun while empowering their voice around social equity issues. We will discuss issues such as disability inclusion, the environment, and culture diversity, as well as youth-adult partnerships, and youth voice. Join us for this teen planned and teen led weekend!

## Virginia 4-H Healthy Living Summit

Dates: April 26-28

Location: W.E. Skelton 4-H Educational Center

Who Should Attend: Prince William 4-H teens ages 14-19

Registration opens March 8th.

Although planning is still underway, we can promise that this Summit will feature hands-on and engaging workshops, amazing speakers, and opportunities to engage in conversations that will empower teens to be healthy - body and mind, and gain skills that will better equip them to make healthy decisions.



## Northeast 4-H Spring Social

Click here to complete the interest form before April 1st.

The Northeast District 4-H Cabinet Ambassadors invite all community members, of all ages, to join them at the NOVA 4-H Center at Front Royal on

Sunday, May 19th, 2024 from 3-6pm for the 4-H Spring Social, where attendees can learn about 4-H while playing board games and getting to know fellow 4-H members.

## VA Dept of Forestry - Camp Woods & Wildlife



## PRINCE WILLIAM BETTYANN BLANTON 4-H WOODS & WILDLIFE SCHOLARSHIPS AVAILABLE!

Dates: June 17-21

Location: Holiday Lake 4-H Education Center, Appomattox, VA

Who Should Attend: Virginia youth ages 13-16 who show an interest in natural resources and have good academic standing.

Click here for more information and to apply. Applications due April 15th.

The Virginia Department of Forestry, in cooperation with other natural resource conservation agencies and organizations, has proudly administered Camp Woods and Wildlife (formerly called Holiday Lake Forestry Camp) for more than 70 years. Camp Woods and Wildlife is an academic, structured, residential camp that focuses on field experiences in forestry and other natural resources. This unique camping experience introduces 13-16-year-olds to the challenges, special skills, and knowledge needed for managing the forest resources we use and enjoy every day.



#### Camp Woods and Wildlife is ideal for students who:

- wish to explore forestry and wildlife related careers
- participate in forestry and wildlife judging teams, Envirothon competitions, or ecology clubs
- want to experience hands-on learning and gain real-world skills in natural resources conservation



- Classes are taught mainly outdoors, by natural resource professionals.
- Courses include: Sustainable Forest Management, Forest Ecology, Mapping, Environmental Protection, Forest Health, Wildlife Management, Tree Identification
- Other learning experiences include urban forestry and forest products demonstrations; exploratory classes in topics such as forest fire equipment and tactics, wilderness survival, canoeing, and archery; and presentations by conservation police officers, wildlife researchers, and other natural resource
- Campers participate in a Lumberjack Field Day with group competition in crosscut sawing, log rolling, and other traditional outdoor skills contests.
- Recreation and athletics include swimming and volleyball.





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## **Virginia 4-H Shooting Sports Updates**

#### **SPRING AIR 2024**

Dates: March 16-17

Location: W.E. Skelton 4-H Education Center

Registration has closed. Project Portfolio Certification due February 27th.

Virginia 4-H members enrolled in a State 4-H Office approved 4-H Shooting Education Club and has completed project portfolios in the event(s) in which they are registered to shoot are invited to participate. Portfolios can be downloaded from the Virginia 4-H Shooting Education Website. Portfolios for each participant need to be complete and presented at registration. Please note that the deadline to submit the Project Portfolio Certification document for each competitor is February 27th. This document must be completed by the 4-H Agent or Club Coordinator using a high degree of integrity. If you have any questions you can contact: Robert Tillotson at ricochetrobert56@gmail.com or 434-841-6055 (cell).

**Events:** BB Gun, Air Pistol, Air Rifle, Air Pistol Silhouette, Air Rifle Silhouette, Presentation Contest, Public Speaking Contest, and Archery.

**Presentation and Public Speaking Contests:** The 4-H Shooting Education Program is a vehicle for teaching life skills and the youth participating in the shooting program need to be able to communicate to others their interest and commitment to the shooting sports. Youth may participate in either the presentation contest or public speaking contest.



#### **VIRGINIA 4-H SHOOTING INSTRUCTOR CERTIFICATION**

Dates: April 13-14

Location: Holiday Lake 4-H Educational Center, Appomattox, VA Who should participate: adults and experienced teens ages 16 and older Register by March 18 through your 4-H Club or Prince William 4-H. \*New instructor candidates will need to take an online training course before April 8.

The VA 4-H Shooting Education Council will hold an Instructor Certification session with training for the following disciplines: Archery, Coordinator, Hunting and Outdoor Skills, Muzzleloading, Pistol, Rifle, and basic Shotgun.



## PRINCE WILLIAM 4-H MEMBER SPOTLIGHT

Prince William 4-H Trigger Time Club member Becca Isaacson competed with 109 archers in the VBA State Indoor Championship at Two Rivers Archery Club this past weekend. "[she] made some new friends and learned a lot!" stated Mrs. Isaacson. Becca competed in the two-day competition and earned a best score of 104. Becca just switched from a compound bow to recurve because it was a bigger challenge.

Becca, we're so proud of your courage to try something new and look forward to seeing you THRIVE in this new-to-you discipline!



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#### National 4-H



#### YOUTH IN ACTION APPLICATIONS OPEN

Click here for more information and to apply.

#### Applications due April 1st.

Teens aged 14-19 are encouraged to apply to the 4-H Youth in Action Program for the chance to tell their 4-H impact story and win a \$5k educational scholarship, tailored professional mentoring, national speaking opportunities and MORE!



#### YOUTH IN ACTION INFO SESSION FOR APPLICANTS

#### Date: February 21st at 7 PM - TONIGHT!

Click here to register.

Join us for an engaging and interactive webinar on the Youth in Action 2025 application! Our team will share an overview of the YIA program and the key opportunities it provides, as well as the application process for the Youth in Action scholarship. For parents and youth, you will also hear from our current YIA winners! They will share their stories and their experience as national representatives of 4-H. This webinar will provide invaluable information for parents and students as we seek to amplify youth voice within the 4-H community and across the country. We look forward to having you join us for this enriching session!



#### **GEORGIA BOOT TRAILBLAZERS CONTEST**

Click here for more information and to apply. Contest runs February 1st - March 3rd.

Want to show off your 4-H project? Apply for the 2024 Georgia Boot Trailblazer Contest. Georgia Boot is looking for four enthusiastic 4H'ers to share their 2024 project journeys with the Georgia Boot audience. Don't miss this chance to win a prize package valued at \$500!



## Agroforestry in the Urban Context

Date: February 28th Time: 6:30-8 PM

Click here for more information and to register.

Duron Chavis will be discussing his pivotal work in Urban Agroforestry in Richmond, VA. Click on the link above to submit a question in advance. The "Ask an Agroforester" Webinar Series is a FREE, monthly series where participants come together for a deep dive into detailed information about specific Agroforestry topics.



## Women in Agriculture 4-H Career Night

Date: Friday, March 8th

Time: 6-8 PM

Click here to register for Zoom session.

Registration closes March 7th.

International Women's Day meets National Agriculture Month. Come and celebrate International Women's Day and National Agriculture Month as you engage with women working in agriculture. This free event is open to youth grades 7th-13th. This is a hybrid event, so join via Zoom or in person at the Somerset County 4-H Center, NJ. Come ready to learn and explore new careers you've never had the opportunity to hear about!

## Make plans NOW to attend the Virginia Institute on Cooperative Education!

When? March 22 - 24, 2024

Where? Graves Mountain Lodge, Syria, VA

#### What?

- FREE three-day leadership conference for high school juniors & seniors 16-19 (as of July 1, 2024)
- Interactive, educational, and entertaining, with a chance to win scholarships ranging from \$1,000 to \$2,000 and an expense-paid trip to the Georgia Cooperative Council's week-long leadership conference in July 2024.
- Enhance your business, teamwork, and leadership skills with "Who's Minding the Store," an interactive, business-simulation game with each team making key decisions for a fictional farm-supply store.



Applications are available from Virginia agriculture teachers and posted at <a href="www.virginia.coop">www.virginia.coop</a>. Students are selected on the basis of merit from all applications received by February 15, 2024. Selected students must be able to attend both days (from 10 a.m. Friday through 2 p.m. Sunday) and will need to be excused from school on Friday, March 22. Students accepted to attend VICE will receive a confirmation email by March 12, 2024 with the VICE schedule, packing list and study materials for tests given at the conference.

#### **Agenda**

#### Day One

- Arrival and registration
- Team building and icebreakers
- Personality type assessment
- Breakout on co-op types
- Introduction to co-ops & test
- Evening banquet with speakers
- Game night

#### Day Two

- Delicious country breakfast
- Co-op case studies
- Computer simulation game
- Free time (bring fishing poles!)
- Evening banquet
- "White Elephant" gift exchange
- Ice cream social

#### Day Three

- Another great breakfast
- Devotional service
- Computer simulation wrap-up
- Awards luncheon
- Winners announced
- Say goodbye to new friends



#### Click here to check out a You Tube video of what to expect at VICE!

#### For more information:

Virginia Cooperative Council Mary Howell, Executive Secretary (804) 432-0236; <a href="mary.howell@sscoop.com">mary.howell@sscoop.com</a> or visit <a href="mary.howell@sscoop.com">www.virginia.coop</a>

The Virginia Cooperative Council is a not-for-profit organization headquartered in Richmond, VA, dedicated to furthering and educating the public on the cooperative form of business. All instructors and adult leaders are professionals from either co-op businesses in Virginia, state educational institutions, or are involved with 4-H or FFA activities.



## Your Dedicated PWC 4-H Staff

#### PRINCE WILLIAM **COUNTY**

8033 Ashton Ave, #105, Manassas, VA 20109

#### Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



#### MaryBeth Lerch

Associate Extension Agent, 4-H 4-H Youth Educator mblerch@vt.edu 703-792-4536



#### Pam Hardin

phardin@pwcva.gov

#### DeeAnn Strand

4-H Youth Educator dstrand@pwcva.gov

#### Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

## PWC 4-H Resources

#### National 4-H

National 4-H Homepage

## Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

#### **Prince William 4-H**

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

#### Portfolio Records

Member Record Cloverbud Sheet

Project Record Ages 9-10

Project Record Ages 11-12

Project Record Ages 13-15

Project Record Ages 16-19

#### Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President Prince William 4-H Member Record - Officer





#### Youth Officers

Lauren Byrd, President Sam Seagle, Vice President Samantha Erick, Treasurer Lexi Strand, Secretary

#### **Adult Officers**

Susan Wolf, President Alan Lerch, Vice President Sydney Nguyen, Treasurer Mary McDonald, Secretary

#### Committee Chairs

Fundraising Committee - Lauren Byrd Recognition Committee - Alan Lerch Membership Committee - 4-H Staff











## Virginia Cooperative Extension

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