

Prince William 4-H

Our Clubs, Our Community

July 23, 2025

#### **Upcoming Events**

Jul 28 - PW 4-H Tour of the US Capitol

Jul 30-Aug 3 - Southern Regionals 4-H Horse Championships

Jul 31 - VA 4-H Dairy Field Day

Aug 9 - VA 4-H Northern District Shoot

Aug 9 - VA 4-H Pork Challenge

Aug II-I5 - PW 4-H Fair Camp

Aug 23 - PW 4-H Young Entrepreneurs Market Day #3

**Sep 5-7** - VA 4-H Horse & Pony Championship

**Sep 6-7** - VA 4-H State Shoot

Sep 13 - PW 4-H Young Entrepreneurs Market **Day #4** 

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Virginia 4-H <u>Updates</u>

Contacts & 16 Recourses

Click to Visit

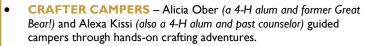


#### PW-Stafford 4-H Junior Camp: A Week of Fun, Friendship, & Firsts!



Last week, the Northern Virginia 4-H Educational and Conference Center was buzzing with excitement as youth ages 9–14 from Prince William and Stafford counties came together for the unforgettable Prince William-Stafford 4-H Junior Camp. From fishing poles to sewing needles, rockets to racecars, campers dove into a week packed with creativity, learning, and laughter. Campers explored a wide range of activities, including:

- FISHING Led by David Lee with help from Luke Rangel, campers cast their lines and reeled in some serious fun.
- **ROCKETRY** Andy Perkins and Kevin Grant helped campers launch their imaginations sky-high.
- COLOR YOUR WORLD Mallory Dove brought out campers' inner artists, with extra support from Latesha Wilkins.
- **SEW MUCH FUN** A brand-new class this year! Pam Hardin and DeeAnn Strand, with help from Latesha, taught all three activity groups how to use sewing machines and complete their own projects.
- NEWSPAPER Led by Adam Dove, this class gave campers a chance to report on the week's highlights.



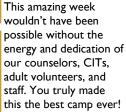
- FITNESS FUN Staff member Saka and assistant Ben Hirshey kept campers moving and energized.
- **BUG BOOT CAMP** Stafford ANR agent Grace Kunkel's class was a hit! One camper even said, "Please bring Bug Boot Camp every year!"

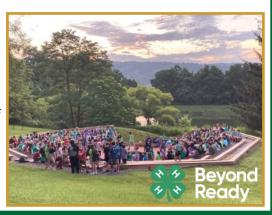


Evenings were just as exciting, with campfires, boxcar races, and the always -popular talent show bringing everyone together for unforgettable memories.



A special shout-out goes to youth 4-H'er David from Kettle Run Club and adult volunteer Andy, who saved the day by fixing a staff member's flat tire! Thank You!











Virginia 4-H All Stars is a prestigious honor and service organization for dedicated teen and adult leaders who are passionate about growing and enhancing 4-H programs across the Commonwealth. As the highest recognition a Virginia 4-H'er can achieve, All Stars are youth leaders (ages 15–19) with at least three years of 4-H experience who have demonstrated exceptional leadership, service, and commitment to "Making the Best Better." Through statewide and local service, All Stars empower others, develop life skills, and create lasting impact in their communities. Inducted members gain access to exclusive events, scholarships, and a lifelong network of service-minded peers.

At the 2025 Virginia 4-H Congress and Virginia 4-H All Stars 2025 Mid-Summer Meeting, outstanding Prince William 4-H'ers Cara Gahn, Timothy Hirshey, Aiden McDonald, and Lexi Strand were tapped as Virginia 4-H All Stars. We are so proud of how much they've grown with 4-H, their dedication to the program, and the character traits they foster for young 4-H'ers to emulate.



#### INTRODUCING CARA GRAHN: A DEDICATED 4-H LEADER AND COMMUNITY CHAMPION

Since joining the Prince William Kettle Run 4-H Club in 2016, Cara Grahn has exemplified the spirit of leadership, service, and growth that 4-H fosters. Her journey through 4-H has been marked by a deep commitment to learning, mentoring, and giving back to her community.

Cara's 4-H project work spans the 4-H Food Challenge, the Garden at the PWC Fairgrounds, and Citizenship. As team leader of the Slytherin Slicers and Cooking Clovers, she not only led her teams to back-to-back 1st Place wins at district contests but also mentored new members, taught contest rules, and led lessons on nutrition. Her leadership extended into club governance, where she served as Secretary, Vice President, and President of the Kettle Run Club, as well as Secretary of the Prince William 4-H Association Junior Board.

Cara's passion for 4-H camp life is equally impressive. She served as a Counselor-in-Training and Counselor at the Prince William-Stafford 4-H Junior Camp and at Four Winds Farm Camp, helping younger members grow through fun and learning. She has also been a tireless advocate for 4-H, volunteering at open houses, STEAM nights, and community events, and leading interactive exhibits at the PWC Fair.

Her talents shine on stage as well—Cara performed and emceed at the Prince William 4-H Share the Fun event. She has also earned accolades in the PWC Fair Garden and Home Arts competitions, including a blue ribbon in the Garden contest.

Beyond 4-H, Cara is a well-rounded leader involved in Educators Rising, FCCLA, Girls on the Run, religious education, school choirs, drama club, and more. Her dedication to service is evident in her volunteer work with seniors, veterans, environmental clean-ups, and community drives.

Cara Grahn is a shining example of what it means to lead with heart, serve with purpose, and grow through experience. Her 4-H journey is one of inspiration, impact, and integrity.

"4-H has played a role in my life throughout my childhood. From teaching me how to cook, to learning about public speaking, and to making friends along the way who I am proud to call my 4-H family. 4-H has introduced me to activities and friends that I never would have done or made without 4-H."

## Beyond Ready

#### INTRODUCING TIMOTHY HERSHEY: A COMMITTED 4-H LEADER AND COMMUNITY STEWARD

Since 2016, Timothy Hershey has been an active and enthusiastic member of the Prince William 4-H community, participating in the Kettle Run, Bullseye, and Trigger Time 4-H Clubs. His dedication to 4-H is reflected in his diverse project work, including the 4-H Food Challenge and 4-H Shooting Education in BB Gun, Air Pistol, and Archery.

Timothy's leadership journey is marked by his service as Treasurer, Reporter, and President of his club, as well as Vice President of the Prince William 4-H Association Junior Board. He has also served as a Counselor-in-Training and Counselor at the Prince William-Stafford 4-H Junior Camp, helping to guide and inspire younger members.

A passionate competitor and mentor, Timothy has participated in numerous 4-H Food Challenge contests—seven at the county level, four at the district level, and one at the state level, where his team earned 1st Place. He also led nutrient lessons for his team and judged county-level contests. His enthusiasm for 4-H extends to the stage, where he has performed in three Share the Fun events, and to the garden, where he earned a blue ribbon in the PWC Fair Garden Contest.

Timothy's commitment to service is equally impressive. He has volunteered for a wide range of community initiatives, from packing produce for Plant-a-Row and crafting with seniors to supporting first responders and maintaining club gardens. He's also been a visible 4-H ambassador, volunteering at outreach events at Tractor Supply, local schools, the PWC Fair, and the Virginia Gun Collectors Show.

In recognition of his outstanding contributions, Timothy was honored with the Prince William 4-H Outstanding Member Award. Outside of 4-H, he continues to lead and grow through involvement in the Timberwolf Choir, Beta Club, National Junior Honor Society, and the Patriot Marching Band.

Timothy Hershey is a shining example of dedication, leadership, and service—both within 4-H and in the broader community.

"I enjoy our weekly practices because I get to shoot and spend time with lots of friends. I think all the friends I have made over the many years I have been in 4-H. This is the best part of 4-H. I have also learned many leadership skills that will help me now and in the future."



### INTRODUCING AIDEN MCDONALD: A DYNAMIC 4-H LEADER AND ADVOCATE FOR INNOVATION AND SERVICE

Since joining Prince William 4-H in 2020, Aiden McDonald has emerged as a passionate and driven leader, actively participating in both the PW 4-H Teen Club and Nokesville 4-H Club. His enthusiasm for learning and leadership is evident in his wide-ranging 4-H project work, including the 4-H STEM Challenge Mars Basecamp, Cooking 101 & 201, Food Challenge, Game Changineers, Photography Basics, and Leadership—earning three blue ribbons for his project portfolios.

Aiden's 4-H journey is marked by a commitment to growth and excellence. He has represented Prince William County at premier events such as National 4-H's Citizenship Washington Focus, Virginia 4-H Congress, and State Competitions. He has also served as a Counselor-in-Training and Camp Counselor at both Prince William-Stafford and Chesterfield 4-H Junior Camps, helping to mentor

and inspire younger members.

A natural leader, Aiden has held numerous leadership roles, including STEM Challenge Teen Leader, Secretary of the Nokesville 4-H Club, Secretary of the Northern District Teen Leadership Council, and Northeast District Ambassador for the Virginia 4-H State Cabinet. He has also contributed to planning and outreach efforts at the county and state levels, including the Virginia 4-H State Congress Planning Committee and multiple recruitment and promotional events.

Aiden's dedication to service is equally impressive. He has supported a wide range of community initiatives—from preparing meals and assembling activity kits to leading presentation trainings and organizing outreach events. His efforts have earned him the Prince William 4-H "All Around 4-Her" and "Outstanding Member" awards.

Outside of 4-H, Aiden is a vibrant contributor to his school and community. He has served as NHS Treasurer, Student Government Secretary, and Crew Leader for Vacation Bible School. He's also active in the arts and technology as Chief Editor and Desk Anchor for CCA TV, Coding Team Leader, and Junior Prop Master for Castaways Repertory Theater. His academic excellence shines through in competitions like the ACSI Math Olympics (First Place), ACSI Spelling Bee (Blue Ribbon), Bard Math Circle, and VCU Coder (Master Coder Award).

Aiden McDonald is a shining example of what it means to lead with purpose, serve with heart, and grow through every opportunity. His 4-H journey continues to inspire those around him.

"I have had the opportunity to learn so much through projects, club meetings, camp, competitions, state congress, service opportunities, meeting with County officials at civic engagement events as well as team building and leadership development activities. I can honestly say that 4-H has turned me into an all-around better and more capable person and leader than I would be if I had not participated!"



#### Introducing Lexi Strand: A Fearless Competitor, Creative Spirit, and Dedicated 4-H Leader

Lexi Strand's 4-H journey began in St. Mary's County, Maryland, as a member of the Tudor Hall 4-H Club. After moving to Virginia, she brought her passion and drive to Prince William 4-H, joining the Trigger Time and Teen Clubs—where she has continued to thrive as a leader, competitor, and role model.

Lexi has excelled in 4-H Shooting Education, mastering multiple disciplines including BB, Air Rifle, Smallbore, Smallbore Pistol, and Muzzleloader. Her interests also extend to the 4-H Embryology and Young Entrepreneurs projects, showcasing her curiosity and creativity. She has attended key 4-H events such as Virginia 4-H Day at the Capitol, Prince William-Stafford 4-H Junior Camp, and Virginia 4-H Shooting Education Camp.

Her leadership is evident in her service on the Rifle Committee, Holiday Party Committee, PW 4-H Bingo Committee, and Fair Camp Planning Committee. She has also taken on mentoring roles as a CIT and counselor at various camps, including the Virginia 4-H Shooting Camp and PW 4-H Fair Camp.

Lexi is a proud 4-H ambassador, sharing her story at club raffles, gun shows, and leading hands-on activities at the PW 4-H Children's Barn at the Fair. Her competitive spirit shines through in contests ranging from presentations and table setting to state and national shooting competitions. She has earned top honors, including 1st Place in public speaking, junior and senior air rifle teams, and national placements such as 1st Place Club Team at the Junior Olympics and 2nd Place at the American Legion Nationals.

Her talents don't stop at the range—Lexi is also a gifted artist and crafter. She has submitted quilts, photography, stained glass, and handmade items to county fairs, earning numerous blue ribbons and accolades. Her creativity and attention to detail are matched by her compassion and commitment to service. She has volunteered at food pantries, collected hurricane relief donations, laid wreaths with Wreaths Across America, made blankets for Project Linus, and supported local 5Ks

Outside of 4-H, Lexi is a well-rounded student and community member. She has participated in All-County Choir and Orchestra, earned awards in Solo and Ensemble, and is active in Girl Scouts—earning both the Bronze and Silver Awards. She also takes on leadership roles in her church youth group. Lexi Strand is a shining example of what it means to lead with courage, serve with heart, and grow through every opportunity. Her 4-H story is one of excellence, resilience, and inspiration.

"My 4-H involvement has provided me with many opportunities. I've been to four different National events, got to tour the Governors Mansion, learn more about how Virginia's Government works, help youth learn proper firearm use and safety, make many life-long friends and grow more as a person. 4-H has also helped me develop skills like public speaking, marketing skills, social skills, and leadership skills."

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#### PW 4-H Young Entrepreneur Takes Business on the Road



Prince William 4-H'er Adam Grant is proving that age is no barrier to ambition. A passionate young entrepreneur, Adam is constantly seeking new ways to sharpen his business skills and reach new customers. Whether he's setting up shop at the PW 4-H Market Days at the Manassas Park Farmer's Market or joining forces with other youth in the Children's Entrepreneur Market program, Adam is all about growth and innovation.

On July 19th, Adam took his business mobile, showcasing his products at the Dulles Town Center during a special market run entirely by kids. His dedication to entrepreneurship and his willingness to take initiative are inspiring examples of the 4-H motto: "To make the best better."

We're proud to see our 4-H youth like Adam stepping up, taking ownership of their business journey, and building skills that will serve them for a lifetime!

#### Trigger Time 4-H Club



## Trigger Time 4-H Shooting Education Club Receives American Legion Awards

By Rebecca Ahrens, Trigger Time 4-H Club Reporter

July 22, 2025. Last Saturday, members of Trigger Time 4-H Club met with American Legion Post 10 in Manassas to receive awards earned during the American Legion Junior Shooting Sports Program this past season. In order to participate in the JSSP matches, the club must be affiliated with an American Legion Post. Post 10 in Manassas has faithfully supported Trigger Time this year by attending and certifying the postal competitions and allowing the club to shoot a match at their facility. The following awards were presented by Commander Stan Moore:



- Ist place Virginia Sporter Team in postal tournament
- Ist place individual in postal tournament Rebecca Ahrens
- 2nd place Sporter Team Virginia Northern Division
- Ist place Sporter Team Virginia ISSP Championship

This week, Lexi Strand will compete in the 33rd Annual American Legion National Air Rifle Championship at Hillsdale Collage in Michigan. The competition consists of four 3x20 matches and finals including the top eight participants with the highest aggregate scores. Good luck to all the competitors, and especially to Lexi!



The members of the team who represented Trigger Time at the CMP National Sporter Championship in 2024 were presented with certificates for setting the National American Legion Sporter Team 3x20 record. Last year's team members were Rebecca Ahrens, Samantha Erick, Samantha Seagle, and Lexi Strand. Their record of 2198-84 still stands.





#### Trigger Time 4-H Club's Lexi Strand Tapped as Virginia 4-H All Star

On Saturday, Trigger Time 4-H Club member Lexi Strand was tapped as a Virginia 4-H All Star at their 2025 Mid-Summer Meeting in Roanoke as part of a special ceremony for 4-H'ers that were unable to attend Virginia 4-H Congress due to 4-H national competitions. Lexi was tapped in by Mrs. Kim Mayo alongside 6 additional 4-H'ers, including 4-H Shooting Education Ambassador Jeremiah Clark. Congratulations, Lexi!

#### Prince William 4-H Fair Camp Counselor Training

#### Click here to sign up for training dates and times.

4-H Fair Camp Counselors, it's time to start preparing for a week of fun in your leadership roles at Prince William 4-H Fair Camp! All 4-H Fair Camp Counselors are required to take one session of Part I and one session of Part 2 training. These are hands-on, active training sessions to prepare you to lead and teach youth in a safe and supportive environment. Please click the link above and select the training dates that work with your schedule.



#### TRAINING OPTIONS

#### Part I: Camp Core Training (choose I session)

Ages and Stages of campers, "What do I do?" scenarios, leadership training and much more!

- Tuesday, July 22 Ham-1:30pm
- Tuesday, July 29 6pm 8:30pm

#### Part 2: Camp Details Training (choose I session)

Work through the activities you will be teaching at Fair Camp.

- Wednesday, July 23, 6pm 8:30pm
- Thursday, July 31, 10am 12:30pm

Location for all training: 4-H Headquarters, 8033 Ashton Ave., McCoy Conference Room (upstairs)

#### Prince William 4-H Fair Camp: Workday Wednesdays!

Dates: July 2, July 9, July 23, July 30

Time: 10 AM - 2 PM

Location: PW 4-H Headquarters, 8033 Ashton Ave., Suite 105, Manassas

Who Should Volunteer: PW 4-H'ers ages 13 - 19

What to Bring: lunch and a water bottle

Click here to sign up to volunteer!

Happy 40th Birthday Fair Camp! Sign up to volunteer for Workday Wednesdays in July and help plan the PAR-TAY! We'll be planning and preparing our favorite 4-H activities of the last 40 years and need all 4-H teens to lend their helping hands to make 4-H Fair Camp an exciting celebration for our younger 4-H'ers. Workday Wednesdays are also key opportunities to earn up to 20 volunteer hours for schools and clubs.



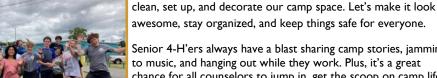
#### **WORKDAY WEDNESDAY @ PWC FAIR GROUNDS**

Date: August 6th **Time: 10 AM -2 PM** 

Location: Prince William County Fairgrounds, 10624 Dumfries Rd., Manassas Who Should Volunteer: PW 4-H'ers ages 13-19 and available adult volunteers What to Bring: lunch and a water bottle, gloves, brooms, and step ladders

Click here to sign up to volunteer.

Get ready for a fun day of teamwork and good vibes! We're gearing up for the Prince William 4-H Fair Camp, and we need YOU—youth and adults—to help us



Senior 4-H'ers always have a blast sharing camp stories, jamming to music, and hanging out while they work. Plus, it's a great chance for all counselors to jump in, get the scoop on camp life, and catch the flow before the big event.

Come join the fun—let's make this camp the best one yet!







**PRINCE WILLIAM 4-H** 

## 4-H Young Entrepreneurs

## Manassas Park Farmer's Market



Manassas Park Farmer's Market 100 Park Central Terr. Manassas Park, VA



Featuring Prince William 4-H'ers: John, Lee, Sophie, Stella, Thomas, Jacklyn, Josaphine, Cora, Zaynab, Alayjah, Michael, Ayden, Lexi, Aisling, Aspen, Koa, and Xanthie



## Virginia Cooperative Extension

Virginia Tech. · Virginia State University



Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture, and local governments. Its programs and employment are open to all, regardless of age, color, disability, sex (including pregnancy), gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, military status, or any other basis protected by law.

#### 2025 Virginia 4-H Pork Challenge - DEADLINE EXTENDED

Date: Saturday, August 9th - begins at 10 AM

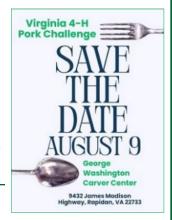
Location: George Washington Carver Center, 9432 James Madison Hwy, Rapidan

Who Should Participate: Prince William 4-H Food Challenge Teams

Click here for contest rules and to register.

## REGISTRATION LIMITED TO 10 TEAMS. REGISTER BY THURSDAY, JULY 24TH

This contest is being offered through grant funding received by the Virginia Pork Council. Similar to the 4-H Food Challenge and the Virginia 4-H Beef Challenge, this contest will allow participants to use their creativity to create a dish using pork as the main ingredient.



#### Virginia 4-H State Shoot 2025 - REGISTRATION IS OPEN

Dates: September 6th - 7th

Location: Holiday Lake 4-H Educational Center, Appomattox, VA

Click here for 4-H Club registration then click "Instructions." Register by August 4th.

Click here for the VA 4-H Shooting Education Website.

Click here for VA 4-H State Shoot 2025 Match & Registration Packet (numerous changes!)

#### **Important Dates:**

July I Registration Opens (website will not be active until then)

August 4 Registration Deadline
August 4 Payment Deadline

August 21 Portfolio Certification Documents Deadline September 5 Range Setup (numerous volunteers needed)

September 6-7 State Shoot

The deadlines will be strictly adhered to so please register and pay early.



#### 2025 VA 4-H Shooting Ed. Ambassador - Applications OPEN

Who Should Apply: 4-H Shooting Education members ages 14-19
Click here for more information and application. Applications due August 25th
All applicants will be notified by Wednesday, September 3rd as to whether or not they have been selected for an interview. Interviews will take place in-person on the evening of Saturday, September 6th onsite at the Virginia 4-H State Shoot.

The Virginia 4-H Shooting Education Ambassador Program offers teens the opportunity to demonstrate and build upon their skills in citizenship, leadership, and public speaking as they travel around Virginia serving as advocates and

spokespersons for 4-H Shooting Education. The function of this group is to help build the shooting education program in Virginia, to help its members increase their knowledge of the sport and to meet like minded youth. This is a service organization for which it is an honor to be chosen and is only as strong as its participants. Ambassadors must:

- be 14 years of age, but not over the age of 19 as of January 1, 2026
- have a GPA of 2.5 or higher
- be enrolled in 4-H and actively participating in a 4-H Shooting Ed. Program for at least 1 year
- attend and actively engage in the events as designated on the Ambassador schedule
- serve a two-year term (renewable if selected)
- be willing and able to take limited time off from school (three to five days per school year)
- If selected, pay a \$100 acceptance fee to cover programmatic resources



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#### 2025 Virginia 4-H State Horse Show-ENTRIES DUE BY JULY 31ST



Dates: September 4th - 7th Location: Lexington, VA

Click here for the Fair Entry System. Entries due July 31st.

Click here for the Virginia 4-H Horse Show website.

This year's show offers nearly 150 classes in over 9 divisions for youth to choose from, based on they and their equine partner's expertise. In addition to the open entry system: entries/nominations are being accepted for the Portfolio and Recordbook Contests, Senior Stampede, and Leg Up award.

Virtual FairEntry Office Hours: Thursday, July 24th - 5 - 6:30 PM. <a href="https://virginiatech.zoom.us/j/86521781156">https://virginiatech.zoom.us/j/86521781156</a>
This will be an open, come as you are able, non-formal time to ask questions regarding the show and the entry process.

#### **STATE HORSE SHOW DETAILS**

2025 Rulebook | 2025 Show Schedule | 2025 Rule Updates | Overview of Requirements to Compete

#### **NON-MOUNTED ACTIVITY REGISTRATION NOW OPEN!**

- Senior Stampede: <a href="https://tinyurl.com/25Stampede">https://tinyurl.com/25Stampede</a>. Due by Aug 31st
- Portfolio and Recordbook Contests: Entries are limited to ONE entry/category/age division/unit. Youth may enter a
  Recordbook OR Portfolio and each unit is limited to I JR Recordbook, I SR, Recordbook, I JR Portfolio, and I SR
  Portfolio. Entries MUST be made ONLINE by the 4-H Agent or a VCE Faculty/Staff member designated to make that entry.
  Unit agents and VCE Faculty/Staff are responsible for setting their own deadlines for judging of Recordbooks and Portfolios at
  the unit level. Entry Deadline for Online entry by VCE AGENT/Staff: Record Book and Portfolio Rules.pdf. Enter by Sep 1st
- Connie Collier Scholarship: 2025 Connie Collier Scholarship Application. Due Aug 15th

  The Connie Collier 4-H Scholarship Award will provide monies to Virginia 4-H Horse Program participants who have met the 4-H Horse Program requirements and pursue post-secondary education before the age of twenty-five. Applicants must be enrolled in 4-H at the Senior Level (14 19) and must be enrolled in their second year of the 4-H Horse Program. Recipients shall be chosen by the Virginia 4-H Horse Program Scholarship Fund Committee through a competitive process based on the information requested in the application guidelines. Top candidates may be invited to interview as deemed necessary by the awards committee.
- Leg Up Award Nominations: To recognize an outstanding and inspirational 4-Hers int he horse project. <a href="https://tinyurl.com/LegUpAward">https://tinyurl.com/LegUpAward</a>. Nominations due by Aug 31st
- Art and Photography Contests: Entries must be delivered to the State 4-H Horse Show or can be delivered to Kim Mayo.
  Please see rules for dates/deadlines. No pre-entry is required. Art Contest Rules and Entry.pdf
   Photography Contest Rules and Entry.pdf
- **District Challenge:** Open to any enrolled 4-Her, not just those exhibiting horses at the state show. No pre-entry required. Come and go as you please style event. See the horse show schedule for time slots for Horse Bowl, Hippology, and Horse Judging!

#### HOSPITALITY

As many of you know, Kendell and our hospitality room volunteers work diligently all weekend at the State Show to ensure that over 100 volunteers and show staff are well-fed with snacks and hot meals! While we do purchase food to support this endeavor, your support is greatly appreciated in providing snacks, drinks, and other items for our show staff! Please utilize the link below to sign up to bring items to the State Horse show! Signing up early also helps Kendell to plan her meals and grocery trips ahead of time! <a href="https://www.signupgenius.com/go/5080B4BACA72EA4FD0-57545969-virginia">https://www.signupgenius.com/go/5080B4BACA72EA4FD0-57545969-virginia</a>

#### **HORSE SHOW HERO**

The Horse Show Hero Program is continuing as an opportunity to raise money for the State 4-H Horse Show as well as earn scholarships to cover your entry fees! Youth who participate in the Horse Show Hero Program will also be recognized during the parade of units. In previous years, this program has raised over \$10,000 dollars for the State 4-H Horse Show!

The 2025 Horse Show Hero Deadline is July 31st. Please use these links to collect your payments and send them to Blacksburg:

- Horse Show Hero Form.pdf
- 25 HSH Sponsorship Summary Form.xlsx

#### 2025 State Fair of Virginia Youth Livestock Shows

Click here for State Fair of Virginia Youth Livestock Shows Website 2025 SFVA Youth Livestock Dates: October 1st – 5th, 2025

**Important Dates and Deadlines - NEW FOR 2025** 

July 2nd – SFVA Youth Livestock Entry System will open via FairEntry August 15th – Entry Deadline for ALL ANIMALS via the Fair Entry System



#### Goochland AG Fair

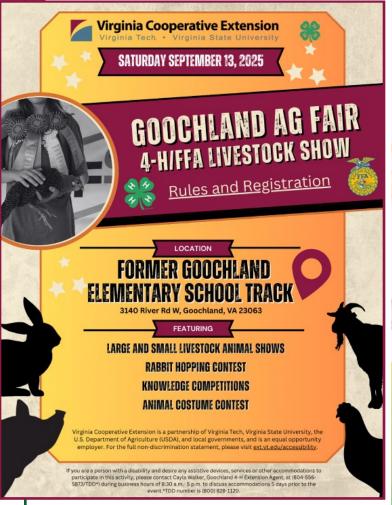
Date: Sep 13, 2025

Location: 3140 River Rd. W., Goochland, VA Who Should Attend: VA 4-H and FFA members

Click here for Schedule & Rule Book. Click here to register. Register by Aug 1st.

The Goochland Ag Fair is coming — and it's a fantastic opportunity for your youth! Both novice and experienced showmen are sure to love this fun, one-day, show.

- All registered youth receive a FREE t-shirt!
- All 4-H'ers must be enrolled in 4-H Online prior to August 1st.
- Skill-a-thon & Educational Poster Contest are open to Cloverbuds, too!





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#### National 4-H: Ignite by 4-H 2026 - Register TODAY!



Dates: March 25 - 29, 2026

Location: Washington Hylton, Washington, DC

Ignite by 4-H remains the premier experience where teens discover their spark, connect with peers from across the country (and even the world), explore traditional and emerging career paths, and develop career and life readiness skills to become Beyond Ready for the future.

In 2026, Ignite will offer six exciting programmatic tracks, allowing teens to focus on their passions, deepen their skills, and explore meaningful career pathways. Returning for 2026 are four core tracks: AgriScience, Community Accelerators, Healthy Living, and STEM. Based on feedback from 4-H educators and teens, we're excited to introduce two NEW tracks that expand the possibilities for learning and leadership: Animal Science and Citizenship Washington Focus (Civic Engagement).

<u>Click here for more information and to register.</u> Early bird registration is Jul 17th - Sep 15th. <u>Click here to apply for scholarships.</u> Applications due July 17th at 5 PM.

#### Job Opportunity Encompassing STEM, Ag & Civic Engagement!



#### PWCA OPERATIONS AND PROGRAMS COORDINATOR

Click here to learn more and apply.

We're hiring a full-time Operations and Programs Coordinator to support our environmental work through communications, event coordination,

volunteer engagement, and administrative support.

#### Responsibilities:

- Social Media: Create engaging posts (images, gifs, video), monitor comments, and utilize Canva for graphics. (Facebook, Instagram, Twitter, YouTube)
- Website Management: Keep the website current using Squarespace, WordPress
- Donor relations: Process donations, manage databases (DonorPerfect, iContact), Thank you letters and phone calls
- Volunteer Coordination: Maintain accurate volunteer databases, communicate logistics, and promote opportunities.
- Newsletters/blog: Format and edit newsletters (iContact), graphic design, and content creation
- Office management: Conduct light bookkeeping, maintain organized systems with Google Drive and Trello, maintain/ organize office space, filing and mailing
- Meetings and Events: coordinate logistics for meetings and events, utilizing Doodle polls, Zoom, Google Calendar and Eventbrite
- Coordinate programs and tabling events such as Annual Native Plant Symposium, Butterfly Survey, Christmas Bird Count, Bluebird Monitoring, and 3R's of Reaching Our Potential Campaign
- Ad Hoc tasks assigned by ED

#### **Minimum Qualifications:**

• Strong organization, writing, editing, and interpersonal skills

- Self-starter and resourceful in accomplishing tasks
- Tech-savvy with proficiency in Google Workspace and Microsoft suite, especially Excel and Word
- Ability to prioritize tasks in a fast-paced environment
- Experience with social media platforms and basic graphic design
- Data entry, database management, and basic bookkeeping skills
- Proficient or willing to learn platforms we use for workflow and task completion (see list in preferred skills)
- Knowledge of or willingness to learn about local environmental issues
- Have reliable transportation
- Ability to lift 50 lbs
- Be able to work some nights and weekends as programs require
- Proven track record of event planning and volunteer management

#### Preferred Skills - In addition, the ideal candidate has:

- Environmental background professional experience or higher education
- A demonstrated track record in website management, donor relations, and basic video editing
- Proficiency with Google Workspace, Microsoft Suite, Trello, Canva, Zoom, Doodle polls, Eventbrite, iContact, Donor Perfect, WordPress, and Squarespace.
- Lives in Prince William County and has some basic placebased knowledge of the area
- Note: We value diverse skill sets and encourage applicants willing to learn, even if they don't meet all preferred skills.

Benefits and more found here: <a href="https://pwconserve.org/staging/3382/coordinator\_2025/">https://pwconserve.org/staging/3382/coordinator\_2025/</a>



## 2025 SOUTHERN PIEDMONT AREC ROW CROP FIELD DAY

2375 DARVILLS ROAD | BLACKSTONE, VA 23824
REGISTRATION 4:30 PM | DINNER 5:00 PM
FIELD CROPS RESEARCH TOUR FOLLOWING DINNER

NATIVE SEED TRIALS | TOBACCO VARIETIES TRIAL | SOIL MOISTURE MONITORING OF TOBACCO SOILS | CORN BIOSTIMULANT TRIAL & SOYBEAN VARIETY TRIAL | HAZELNUT VARIETIES | LEAFSPOT MANAGEMENT





SCAN QR CODE TO REGISTER OR VISIT: https://forms.gle/hdkdrggy7iej7xr86

VIRGINIA COOPERATIVE EXTENSION IS A PARTNERSHIP OF VIRGINIA TECH, VIRGINIA STATE UNIVERSITY, THE U.S. DEPARTMENT OF AGRICULTURE (USDA), AND LOCAL GOVERNMENTS, AND IS AN EQUAL OPPORTUNITY EMPLOYER. FOR THE FULL NON-DISCRIMINATION STATEMENT, PLEASE VISIT EXT.VT.EDU/ACCESSIBILITY. IF YOU ARE A PERSON WITH A DISABILITY AND DESIRE ANY ASSISTIVE DEVICES, SERVICES, OR OTHER ACCOMMODATIONS TO PARTICIPATE IN THIS ACTIVITY, PLEASE CONTACT MELODY MCGHEE OR MARGARET KENNY AT (434) 818-5545/TDD 800-828-1120 DURING BUSINESS HOURS OF 7:30 A.M. TO 4:30 P.M. TO DISCUSS ACCOMMODATIONS FIVE DAYS PRIOR TO THE EVENT.

## Beginning Farmer & Rancher coalition Program—





www.vabeginningfarmer.org

Are you a new farmer ready to take your operation to the next level?

Apply for the

## VIRGINIA BEGINNING FARMER & RANCHER CERTIFICATION PROGRAM!

October 2025 - October 2026

#### WHAT YOU'LL GAIN:

- Practical training in whole farm planning, agribusiness production, financial management, and marketing strategies
- A strong peer network and expert one-on-one support
- Access to in-person and virtual programming and resources
- A certificate of completion

#### Eligibility

- 2+ years of operating your own farm business
- · Actively pursuing farming as a profession
- · Commitment to growing your farm business
- Within your first 10 years of farm operation
- Based in VA, NC, or MD Eastern Shore



- 📌 Applications Open: July 14, 2025
- 📌 Apply By: August 18, 2025 at 5 PM EST
- ★ Selections Announced: September 22, 2025
- 📌 Program Begins: October 2025
- ★ Kickoff Meeting: Oct 15, 2025, in Norfolk (prior to VSU Small Farmers Conference)

Program Fee: \$50 (scholarships available)

#### For more information and to apply:

https://tinyurl.com/BeginningFarmerCert

This program is offered through the Virginia Beginning Farmer and Rancher Coalition, which is supported by Virginia Tech's Center for Food Systems and Community Transformation and Virginia State University's (VSU) Small Farm Outreach Program.



# 2024 2025



4-6 VA 4-H Equismartz 5-6 VA 4-H Shooting Ed New Instructor Certification  8 PW 4-H Young Entrepreneurs Interest Mtg 11-16 National 4-H Conference 12 PW 4-H Tree Planting & PW 4-H Cloverbud Club 16-19 2025 VA 4-H/FFA Beef Challenge, Beef Roundup, Tractor Operators Contest 19 VA 4-H State WHEP Contest 21 - May 5 TSC & 4-H Paper Clover Campaign 25 VA 4-H/FFA State Poultry Evaluation Contest 25-27 VA 4-H Northeast District Contest Day	APRIL	<ul> <li>6-12 National 4-H Week</li> <li>8 Proclamation at PWC BOCS</li> <li>12 PW 4-H Cloverbud Club</li> <li>12-13 VA 4-H Shooting Ed New Instructor Certification</li> <li>20-26 National Character Counts Week</li> <li>19 PW 4-H Teen Club-Community Service</li> <li>24 Prince William 4-H Recognition Day</li> <li>29 PW 4-H Contest Orientation -Presentations, Public Speaking, Table Setting, Extemporaneous</li> </ul>	OCTOBER
1 PW 4-H Young Entrepreneurs Workshop #1 10 PW 4-H Cloverbud Club 14 PW 4-H YE Workshop #2 15 PW 4-H YE Workshop #3 22 PW 4-H Teen Club Community Service 28 PW 4-H Book Club SPIN Project 30 PW 4-H Outdoor Challenge SPIN Project 30-June 1 VSU 4-H Take-Off 31 4-H Northeast District Food Challenge Contest	MAY	2 VSU 4-H Aspiring Leadership Training - Intermediate Congress 4-5 PW 4-H Pajama Party SPIN Club 7 PW 4-H Engage Locally 9 PW 4-H Cloverbud Club 12 PW 4-H Association Meeting 14 PW 4-H Teen Club - Community Service/Project Linus 16 PW 4-H Hike: 4-H Outdoor Challenge 17 Challenge 18 PW 4-H Officer Training 29-Dec 3 National 4-H Congress 29-Dec 5 TSC & 4-H Paper Clover Campaign	NOVEMBER
7 PW 4-H YE Market Day #1 16-20 VA Dept of Forestry Camp Woods & Wildlife 22-28 National 4-H Shooting Sports Championship 23 VA 4-H Livestock Judging Contests 24-27 Virginia 4-H Congress 30 1st Time Junior 4-H Camper Parents' Meeting	JUNE	3 PW 4-H Club & Project Leader Training (Option 1) 5 PW 4-H Homemade Holiday Craft Night, Teen Club; Cloverbud Club 14 Wreaths Across America Day 19 PW 4-H Whisper Booth Training 30 PW 4-H Embryology Registration Opens (closes Jan. 31)	DECEMBER
10-13 State of Virginia's NRA Youth Education Summit 12 PW 4-H YE Market Day #2 13-17 Prince William/Stafford 4-H Junior Camp 28 PW 4-H Tour of US Capitol Jul 30 - Aug 3 Southern Regionals 4-H Horse Championships Jul 31 VA 4-H Youth Dairy Field Day	JULY	7 PW 4-H Club & Project Leader Training (Option 2) 9 PW 4-H Food Challenge Training 14 PW 4-H Association Meeting 17 PW 4-H Share the Fun Dress Rehearsal 22 Virginia 4-H Day at the Capitol 23 An Evening with Virginia 4-H at VT 24 PW 4-H Share the Fun 25 PW 4-H Cloverbud Club 30 PW 4-H Portfolio Training 31 PW 4-H Tree Seedling Orders Due	JANUARY
of Virginia's NRA Education Summit  H YE Market Day #2  e William/Stafford nior Camp  H Tour of US Capitol  3 Southern nals 4-H Horse pionships  -H Youth Dairy Field  9 VA 4-H Northern District Shoot 11-15 PW 4-H Pork Challenge 23 PW 4-H Market Day #3  3 Southern nals 4-H Horse Pionships -H Youth Dairy Field	AUGUST	7-8 VA 4-H Hippology & Horse Judging 17-21 4-H Shooting Sports National Quiz Bow 19-20 PW 4-H Embryology Project Leader Training 21 PW 4-H Contest Day: Presentations, Table Setting, Fashion Review 21-22 VA 4-H Stockman's & Livestock Judging 22 PW 4-H Food Challenge 22 VA 4-H Shooting Ed Instructor Recertification	FEBRUARY
5-7 VA 4-H State Horse and Pony Championship 6-7 VA 4-H State Shoot 13 PW 4-H Market Day #4 20 VA 4-H Shotgun Championship Sep 26-Oct 5 State Fair of VA Oct 1-5 SFVA Youth Livestock Shows  TBD Prince William 4-H Day	SEPTEMBER	1 PW 4-H Junior Camp Reg Opens 1 VA 4-H and FFA Meats Evaluation 4 PW 4-H Leaders' Mid-Year Meeting & 4-H Association Meeting 7-8 TALT Weekend - Junior Camp Counselor Training 12-16 National 4-H IGNITE 15 PW 4-H Cloverbud Club 15-16 VA 4-H Spring Air Championships 28-30 VA 4-H Teen Summit 29 PW 4-H Association BINGO	MARCH

Contest Day

#### PRINCE WILLIAM

**COUNTY** 

8033 Ashton Ave, #105, Manassas, VA 20109

#### **Click to Visit Online:**

Prince William 4-H
Virginia State 4-H
National 4-H



#### Your Dedicated PWC 4-H Staff

#### MaryBeth Lerch

Extension Agent, 4-H mblerch@vt.edu
703-792-4536



#### Pam Hardin

4-H Youth Educator <a href="mailto:phardin@pwcva.gov">phardin@pwcva.gov</a>

#### DeeAnn Strand

4-H Youth Educator <a href="mailto:dstrand@pwcva.gov">dstrand@pwcva.gov</a>

#### Candi Helmlinger

4-H Program Specialist, Newsletter chelmlinger@pwcva.gov

#### PWC 4-H Resources

#### National 4-H

National 4-H Homepage

#### Virginia 4-H

VCE 4-H
4-H Online Information
The 4-H Foundation
4-H All Stars
STEM in Virginia 4-H

#### **Prince William 4-H**

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

#### **Portfolio Records**

Member Record
Cloverbud Sheet
Project Record Ages 9-10
Project Record Ages 11-12
Project Record Ages 13-15
Project Record Ages 16-19

Outstanding Member Form

Prince William 4-H Member Record - President
Prince William 4-H Member Record - Vice President





#### Youth Officers

Lexi Strand, President Tim Hirshey, Vice President Cara Grahn, Secretary Ryan Nguyen, Treasurer

#### **Adult Officers**

Susan Wolf, President Alan Lerch, Vice President Shelby Kohn, Secretary Sydney Nguyen, Treasurer

#### Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox Recognition Committee - Alan Lerch Membership Committee - 4-H Staff





## Virginia Cooperative Extension Virginia Tech. • Virginia State University



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