



Prince William 4-H

Our Clubs, Our Community



Upcoming Events

- Jul 30-Aug 3** - Southern Regionals 4-H Horse Championships
- Jul 31** - VA 4-H Dairy Field Day
- Aug 9** - VA 4-H Northern District Shoot
- Aug 9** - VA 4-H Pork Challenge
- Aug 11-15** - PW 4-H Fair Camp
- Aug 23** - PW 4-H Young Entrepreneurs Market Day #3
- Sep 5-7** - VA 4-H Horse & Pony Championship
- Sep 6-7** - VA 4-H State Shoot
- Sep 13** - PW 4-H Young Entrepreneurs Market Day #4
- Sep 20** - VA 4-H Shotgun Championship

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Click to Visit



July 30, 2025

Prince William 4-H'ers Get VIP Tour of U.S. Capitol



Ten lucky 4-H members from Prince William County had a Capitol day to remember on Monday, thanks to a special invitation from Virginia Senator Mark Warner.

The group, which included a Japanese International Exchange Student and their host family, got an exclusive behind-the-scenes look at the U.S. Capitol. The morning kicked off with a detailed tour led by two of Senator Warner's college interns, who shared fun facts and insider knowledge about the historic building. "I loved the Rotunda! It's a sight to see in person. A camera won't do it justice. I also loved the whisper trick area where we could hear our guide talking from a large distance," exclaimed Ehaan. 4-H'er Max really "liked talking with the staff about space stuff and looking at the paintings in the Capitol."

After exploring the halls of Congress, the group grabbed lunch at the Capitol Restaurant, located beneath the visitor center. A few adventurous 4-H'ers even ordered a dessert that was almost too cool to eat - a white chocolate cup shaped like the Capitol dome, filled with fresh fruit!

The afternoon brought even more excitement. The group visited Senator Warner's office in the Hart Senate Office Building, where they met Taylor Durbin, one of the Senator's legislative aides. Durbin explained what it's like to work in Congress and how each aide becomes an expert in a specific area, from education to the environment. Both Charlie and Michael found this to be the most interesting part of the trip! The 4-H'ers impressed with thoughtful questions during a Q&A session.



To show their appreciation, the group presented Durbin with two handprint American flags made at last summer's Prince William 4-H Fair Camp - one for him and one for Senator Warner.

As a final treat, Durbin gave the group passes to watch the Senate in action. Even though it was a slower session (*Congress is about to head into its August recess*), the teens were thrilled to see the Senate chamber, the Vice President's seat, and all 100 Senator desks. Sahiti stated, "my favorite part of the capitol trip was listening to the proceedings in the senate gallery." Ethan really enjoyed the Senate Floor, too!

Arian found the entire day to be exciting, stating, "I really enjoyed this trip because I got to see a bunch of beautiful sculptures and paintings in the Capitol, especially the Rotunda. I also thought the whispering trick was cool. The Capitol Restaurant had really yummy food. It was an eye opening experience to see a Senate session in person."

It was a day full of learning, leadership, and a little bit of chocolate - a perfect example of what 4-H is all about.

SOUTHERN REGIONALS 4-H HORSE CHAMPIONSHIPS

JULY 30 - AUG 3

PERRY GA

GOOD LUCK TO PRINCE WILLIAM 4-H'ERS!
Riders: Elena Guallar Thompson, and Sierra Nicole Wimer

VA Judging Team: Lexi George and Sierra Nicole Wimer



American Legion's Junior 3-Position Air Rifle National Championship

By Lexi Strand, Trigger Time 4-H Club

July 22-27, 2025. Last week I had the privilege of representing Virginia in the American Legion National Championship. This was held at Hillsdale College in Hillsdale Michigan. I ended in 9th place out of 13 competitors and ended with the 3rd place standing medal in the sporter division. We had four matches that were held over the course of two days, one 3x20 competition in the morning and one in the afternoon. The scores were then added together and that determined our places.

In the evenings they had activities for us to attend. Our first field trip was to the Hillsdale College shooting range where they are in the process of building an air range and .22 range. We had dinner at the onsite diner there and got to meet one of the graduates who was on the college's air rifle team. The second night they had a teen social night for us to attend. We met in the student union on the campus and played ping-pong, pool, Uno, and spoons. This gave athletes the opportunity to meet each other and talk about how our matches went.

Although I didn't place on the podium, I am still grateful for this opportunity. I made new friends from all over the U.S, two of whom will also be in Idaho with me this week and made some great memories. Unfortunately, I won't be able to go back, but if I could I definitely would.

I SPY WITH MY LITTLE EYE...LEXI! Find Lexi in these two videos posted by American Legion:

- ★ [The Competitors are Ready](#)
- ★ [The 2025 American Legion Junior 3-Position Air Rifle Tournament Begins](#)

[Click here for American Legion article "29 Youth Marksmen Invited..."](#)
[Click here to learn more about the American Legion National Championship.](#)



Prince William 4-H Fair Camp Counselor Training

[Click here to sign up for training dates and times.](#)

4-H Fair Camp Counselors, it's time to start preparing for a week of fun in your leadership roles at Prince William 4-H Fair Camp! All 4-H Fair Camp Counselors are required to take one session of Part 1 and one session of Part 2 training. These are hands-on, active training sessions to prepare you to lead and teach youth in a safe and supportive environment. Please click the link above and select the training dates that work with your schedule.

TRAINING OPTIONS - UPDATED

Location: 4-H Headquarters, 8033 Ashton Ave., McCoy Conference Room (upstairs)

Part 2: Camp Details Training (choose 1) - *Work through the activities you will be teaching at Camp.*

- Thursday, July 31, 10 am - 12:30 pm
- Tuesday, August 5, 6 pm - 8:30 pm



Workday Wednesday at the PWC Fair Grounds



Date: August 6th

Time: 10 AM - 2 PM

Location: PWC Fairgrounds, 10624 Dumfries Rd., Manassas

Who Should Volunteer: PW 4-H'ers ages 13-19 and adult volunteers

What to Bring: lunch and a water bottle, gloves, brooms, etc.

[Click here to sign up to volunteer.](#)

Get ready for a fun day of teamwork and good vibes! We're gearing up for the Prince William 4-H Fair Camp, and we need YOU—youth and adults—to help us clean, set up, and decorate our camp space. Let's make it look awesome, stay organized, and keep things safe for everyone.

Senior 4-H'ers always have a blast sharing camp stories, jamming to music, and hanging out while they work. Plus, it's a great chance for all counselors to jump in, get the scoop on camp life, and catch the flow before the big event.

Come join the fun—let's make this camp the best one yet!



Virginia 4-H State Shoot 2025 - REG DUE AUG 4TH

Dates: September 6th - 7th

Location: Holiday Lake 4-H Educational Center, Appomattox, VA

[Click here for 4-H Club registration](#) then click "Instructions." **Register by August 4th.**

[Click here for the Virginia 4-H Shooting Education Portfolio Certification Document \(July 2025\).](#)

[Click here for the VA 4-H Shooting Education Website.](#)

[Click here for VA 4-H State Shoot 2025 Match & Registration Packet](#) (numerous changes!)

Important Dates:

August 4	Registration Deadline
August 4	Payment Deadline
August 21	Portfolio Certification Documents Deadline
September 5	Range Setup (numerous volunteers needed)
September 6-7	State Shoot

- The deadlines will be strictly adhered to so please register and pay early.
- **Archery Modification:** a competitor may register for three archery events, but one of the events must be National Class or 3D Archery. Adding 3D Archery provides increased opportunities for Junior competitors.



PRINCE WILLIAM 4-H

4-H Young Entrepreneurs



Manassas Park Farmer's Market

AUG 23
8 AM - 1 PM

**Manassas Park
Farmer's Market
100 Park Central Terr.
Manassas Park, VA**



Featuring Prince William 4-H'ers: John, Lee, Sophie, Stella, Thomas, Jacklyn, Josaphine, Cora, Zaynab, Alayjah, Michael, Ayden, Lexi, Aisling, Aspen, Koa, and Xanthie



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2025 VA 4-H Shooting Education Ambassador

Who Should Apply: 4-H Shooting Education members ages 14-19

[Click here for more information and application.](#) **Applications due August 25th**

All applicants will be notified by Wednesday, September 3rd as to whether or not they have been selected for an interview. Interviews will take place in-person on the evening of Saturday, September 6th onsite at the Virginia 4-H State Shoot.



The Virginia 4-H Shooting Education Ambassador Program offers teens the opportunity to demonstrate and build upon their skills in citizenship, leadership, and public speaking as they travel around Virginia serving as advocates and spokespersons for 4-H Shooting Education. The function of this group is to help build the shooting education program in Virginia, to help its members increase their knowledge of the sport and to meet like minded youth. This is a service organization for which it is an honor to be chosen and is only as strong as its participants. Ambassadors must:

- be 14 years of age, but not over the age of 19 as of January 1, 2026
- have a GPA of 2.5 or higher
- be enrolled in 4-H and actively participating in a 4-H Shooting Ed. Program for at least 1 year
- attend and actively engage in the events as designated on the Ambassador schedule
- serve a two-year term (*renewable if selected*)
- be willing and able to take limited time off from school (*three to five days per school year*)
- If selected, pay a \$100 acceptance fee to cover programmatic resources

2025 RL Harris Memorial Shotgun Championship

Date: September 20th

Location: Brushy Mountain Club 1813 Izaak Walton Road, Hurt, VA

Entry Fees: \$75 for Seniors; \$35 for Juniors.

Registration Deadline (including payment & T-shirt order): September 7

Documents: Match Program, Team Registration, Payments, Sponsor Form

200-Target for Seniors: 75 American Skeet, 50 American Trap and 75 Sporting Clays

100-Target Event for Juniors: 25 American Skeet, 25 American Trap, and 50 Sporting Clays

* Top 15 eligible seniors invited to join the VA 4-H Shotgun Development Team

* Top 4 Development Team members invited to represent VA at the 2026 4-H Shooting Sports National Championships



2025 State Fair of Virginia Youth Livestock Shows

VIRGINIA YOUTH
LIVESTOCK PROGRAMS



2025 SFVA Youth Livestock Dates: October 1st – 5th, 2025

Entry Deadline: Aug 15th for ALL ANIMALS (Fair Entry System)

[Click here for State Fair of Virginia Youth Livestock Shows Website](#)

Goochland AG Fair - Register by Aug 1st

Date: Sep 13, 2025

Location: 3140 River Rd. W., Goochland, VA

Who Should Attend: VA 4-H and FFA members

[Click here for Schedule & Rule Book.](#) [Click here to register.](#) **Register by Aug 1.**

The Goochland Ag Fair is coming - and it's a fantastic opportunity for your youth! Both novice and experienced showmen are sure to love this fun, one-day, show.

- All registered youth receive a FREE t-shirt!
- All 4-H'ers must be enrolled in 4-H Online prior to Aug 1st.
- Skill-a-thon & Educational Poster Contest are open to Cloverbuds, too!

Virginia Cooperative Extension
Virginia Tech • Virginia State University

SATURDAY SEPTEMBER 13, 2025

**GOOCHLAND AG FAIR
4-H/FFA LIVESTOCK SHOW**

[Rules and Registration](#)

LOCATION
**FORMER GOOCHLAND
ELEMENTARY SCHOOL TRACK**
3140 River Rd W, Goochland, VA 23063

FEATURING
LARGE AND SMALL LIVESTOCK ANIMAL SHOWS
RABBIT HOPPING CONTEST
KNOWLEDGE COMPETITIONS
ANIMAL COSTUME CONTEST

Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture (USDA), and local governments, and is an equal opportunity employer. For the full non-discrimination statement, please visit [gsv.edu/accessibility](#).

If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Cayla Waller, Goochland 4-H Extension Agent, at 804-556-5873/TDD at 804-556-5873 during business hours of 9:30 a.m. to 5 p.m. to discuss accommodations 5 days prior to the event. *TDD number is 800-828-1220.

2025 Virginia 4-H State Horse Show- ENTRIES DUE BY JULY 31ST



DATES: September 4th - 7th

LOCATION: Lexington, VA

[Click here for the Fair Entry System.](#) **Entries due July 31st.**

[Click here for the Virginia 4-H Horse Show website.](#)

This year's show offers nearly 150 classes in over 9 divisions for youth to choose from, based on they and their equine partner's expertise. In addition to the open entry system: entries/nominations are being accepted for the Portfolio and Recordbook Contests, Senior Stampede, and Leg Up award.

STATE HORSE SHOW DETAILS

[2025 Rulebook](#) | [2025 Show Schedule](#) | [2025 Rule Updates](#) | [Overview of Requirements to Compete](#)

NON-MOUNTED ACTIVITY REGISTRATION NOW OPEN!

- **Senior Stampede:** <https://tinyurl.com/25Stampede>. **Due by Aug 31st**
- **Portfolio and Recordbook Contests:** Entries are limited to ONE entry/category/age division/unit. Youth may enter a Recordbook OR Portfolio and each unit is limited to 1 JR Recordbook, 1 SR, Recordbook, 1 JR Portfolio, and 1 SR Portfolio. Entries MUST be made ONLINE by the 4-H Agent or a VCE Faculty/Staff member designated to make that entry. Unit agents and VCE Faculty/Staff are responsible for setting their own deadlines for judging of Recordbooks and Portfolios at the unit level. Entry Deadline for Online entry by VCE AGENT/Staff: [Record Book and Portfolio Rules.pdf](#). **Enter by Sep 1st**
- **Connie Collier Scholarship:** [2025 Connie Collier Scholarship Application](#). **Due Aug 15th**
The Connie Collier 4-H Scholarship Award will provide monies to Virginia 4-H Horse Program participants who have met the 4-H Horse Program requirements and pursue post-secondary education before the age of twenty-five. Applicants must be enrolled in 4-H at the Senior Level (14 – 19) and must be enrolled in their second year of the 4-H Horse Program. Recipients shall be chosen by the Virginia 4-H Horse Program Scholarship Fund Committee through a competitive process based on the information requested in the application guidelines. Top candidates may be invited to interview as deemed necessary by the awards committee.
- **Leg Up Award Nominations:** To recognize an outstanding and inspirational 4-Hers in the horse project. <https://tinyurl.com/LegUpAward>. **Nominations due by Aug 31st**
- **Art and Photography Contests:** Entries must be delivered to the State 4-H Horse Show or can be delivered to Kim Mayo. Please see rules for dates/deadlines. No pre-entry is required. [Art Contest Rules and Entry.pdf](#) [Photography Contest Rules and Entry.pdf](#)
- **District Challenge:** Open to any enrolled 4-Her, not just those exhibiting horses at the state show. No pre-entry required. Come and go as you please style event. See the horse show schedule for time slots for Horse Bowl, Hippology, and Horse Judging!

HOSPITALITY

As many of you know, Kendell and our hospitality room volunteers work diligently all weekend at the State Show to ensure that over 100 volunteers and show staff are well-fed with snacks and hot meals! While we do purchase food to support this endeavor, your support is greatly appreciated in providing snacks, drinks, and other items for our show staff! Please utilize the link below to sign up to bring items to the State Horse show! Signing up early also helps Kendell to plan her meals and grocery trips ahead of time! <https://www.signupgenius.com/go/5080B4BACA72EA4FD0-57545969-virginia>

HORSE SHOW HERO

The Horse Show Hero Program is continuing as an opportunity to raise money for the State 4-H Horse Show as well as earn scholarships to cover your entry fees! Youth who participate in the Horse Show Hero Program will also be recognized during the parade of units. In previous years, this program has raised over \$10,000 dollars for the State 4-H Horse Show!

The 2025 Horse Show Hero Deadline is July 31st. Please use these links to collect your payments and send them to Blacksburg:

- [Horse Show Hero Form.pdf](#)
- [25 HSH Sponsorship Summary Form.xlsx](#)

VOLUNTEERS NEEDED!

[Click here for volunteer signup.](#) No equine experience necessary!

National 4-H: Ignite by 4-H 2026 - Register TODAY!

Dates: March 25 - 29, 2026

Location: Washington Hylton, Washington, DC

Ignite by 4-H remains the premier experience where teens discover their spark, connect with peers from across the country (and even the world), explore traditional and emerging career paths, and develop career and life readiness skills to become Beyond Ready for the future.



In 2026, Ignite will offer six exciting programmatic tracks, allowing teens to focus on their passions, deepen their skills, and explore meaningful career pathways. Returning for 2026 are four core tracks: AgriScience, Community Accelerators, Healthy Living, and STEM. Based on feedback from 4-H educators and teens, we're excited to introduce two NEW tracks that expand the possibilities for learning and leadership: Animal Science and Citizenship Washington Focus (Civic Engagement).

[Click here for more information and to register.](#) **Early bird registration is Jul 17th - Sep 15th.**

[Click here to apply for scholarships.](#) **Applications due July 17th at 5 PM.**

Free STEM Curriculum for 4-H Clubs & Educators



Our friends at [Virginia Partnership for Out-of-School Time \(VPOST\)](#) recently published a STEM newsletter with terrific links to free curriculum. Check out some of the out of this world resources available:

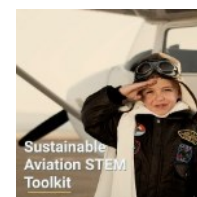


NASA Rockets Educator Guide (Grades K-12)

Few classroom topics generate as much excitement as rockets. The scientific, technological, engineering and mathematical foundations of rocketry provide exciting classroom opportunities for authentic hands-on, minds-on experimentation. The activities and lesson plans contained in this educator guide emphasize hands-on science, prediction, data collection and interpretation, teamwork, and problem solving. The guide also contains background information about the history of rockets and basic rocket science. The rocket activities in this guide support national curriculum standards for science, mathematics and technology.

NASA Sustainable Aviation Toolkit (Grades Pre-K - 12)

The Sustainable Aviation STEM Toolkit provides educators and students with cross-curricular content related to NASA's goal to create sustainable aviation for students pre-K through 12. A Spanish-language section is included.



Click2Science Making Connections To STEM Careers

- [Connecting Learning Activities to STEM Careers](#) - Participants will brainstorm STEM careers and connect them to common out-of-school time activities.
- [Connecting STEM Activities to Future Careers](#) - Participants will watch the Trying Out Career Roles module to learn how to connect activities to STEM careers.
- [Creating an Action Plan for Connecting to STEM Careers](#) - Participants will watch the Connecting the Activity to a Career Video-Based Learning Module to learn to connect youths' experience to STEM pathways and careers



Museum of Boston FREE STEM Webinar: Kickstart Your School Year with Hands-on Engineering

Tuesday, August 26th | 7-8 PM | [Click her to register \(free\)](#)

Start your school year with energy, creativity, and collaboration! In this interactive webinar, you'll experience how YES's engineering units use relatable, real-world problems to help students explore what engineers do and how they think. We'll explore how this early experience builds confidence, collaboration, and creative thinking in K-8 learners.

We'll walk through Lesson 1: What is Engineering? from different grade bands, highlighting how these short, powerful kickoff lessons engage learners in the Engineering Design Process from day one. Plus, we'll do one of the hands-on challenges together - designing a model bench using simple materials. Leave with classroom-ready ideas and inspiration to launch engineering in your classroom this fall! *Bring the following to the Webinar: 5 sheets of copy paper, 12 inches of tape (masking or cellophane), scissors, ruler, pen or pencil*

PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)



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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-15](#)
[Project Record Ages 16-19](#)

[Outstanding Member Form](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)



2024-2025 PWC 4-H Association Officers

Youth Officers

Lexi Strand, President
Tim Hirshey, Vice President
Cara Grahm, Secretary
Ryan Nguyen, Treasurer

Adult Officers

Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



Beyond Ready



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