

Prince William 4

Our Clubs, Our Community



Upcoming Events

September 24, 2025

Sep 26-Oct 5 - State Fair of Virginia

Sep 30 - 4-H Food Challenge Kick Off Training

OCT I PORTFOLIOS,
PROJECT RECORDS,
& SCHOLARSHIP
APPLICATIONS DUE!

Oct 1-5 - SFVA Livestock Shows

Oct 4 - PW 4-H Young Entrepreneurs Market Day

Oct 5-11 - National 4-H Week

Oct 8 - PW 4-H Association FUNdraising Mtg

Oct II - PW 4-H Cloverbud Club

Oct 11-12 - VA 4-H
Shooting Ed New
Instructor Training

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Recourses

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Prince William 4-H Association Elects New Youth Board

On September 16th, the PW 4-H Association launched it's new 4-H Year by meeting to elect new officers, review last year's contributions to county programming, and set this year's goals.

CONGRATULATIONS TO THE 2025-2026 PW 4-H ASSOCIATION IUNIOR BOARD!

PRESIDENT: Lexi Strand VICE PRESIDENT: Tim Hirshey SECRETARY: Sarah Fox

TREASURER: Samantha Holmes
JR FUND RAISING COMMITTEE CHAIR: Ayden Strand



PW 4-H ASSOCIATION SUPPORT: Our volunteer-led association is key to the success of county -wide 4-H programs. The Association fundraises to provide scholarships, learning opportunities, and educational programming to benefit all greater Prince William youth. Last year, the BINGO family night brought together family and friends for an entertaining game and resulted in tremendous community support, raising \$1,645 for youth programming! Fundraising efforts supported key programming last year, including:

\$1,600 - State Congress Attendees to reduce fees for all participants (Jun '25)

\$1,000 - College Scholarships (Dec '25)

\$1,075 - Funds directly to clubs from Children's Barn & WAA ('24-'25)

\$760 - Junior Camp Scholarships (Jun '25)

\$600 - Support Equestrian Club State Horse Show (Aug '25)

Additionally, the Association contributed funding to annual Prince William 4-H events and activities, such as Presentation Day, Food Challenge, Recognition Day and Share the Fun. The Association also protects adult volunteers by sponsoring annual accident coverage for all registered 4-H members and adults.

GET INVOLVED! The Association needs family support throughout the year. All contributions - large, small, financial, time - are appreciated! We invite ALL PRINCE WILLIAM 4-H FAMILIES to the upcoming meeting to determine fundraising activities and goals.

PW 4-H ASSOCIATION FUNDRAISING COMMITTEE KICKOFF MEETING

Date: Wednesday, October 8th

Time: 7:30 PM

Location: Zoom https://virginiatech.zoom.us/j/85636304291

If you are unable to attend the meeting, please contact Susan Wolf with ideas, your talents, and availability to volunteer. In particular, if you are interested in helping with BINGO planning, we always need donations,

For every \$1 invested in a 4-H'er, there's a \$40 return in economic benefit to the youth, their family and the community.





4-H.org/BeyondReady



By Ben Stewart, Trigger Time 4-H Club

Trigger Time 4-H Club had the opportunity to participate in the R.L. Harris Memorial Shotgun Championship hosted at Brushy Mountain Gun Club in Hurt, VA. We took a good sized team consisting of 5 seniors and 2 juniors. Our seniors that competed were Ben Stewart, Christopher Nevarr, Kira Lorentz, Will Cotton, and Ben Mullins. Our 2 juniors were Valor Richter and Will Mullins. Seniors shot 200 birds consisting of 50 trap, 75 skeet, and 75 sporting clays, while juniors shot 100 birds consisting of 25 skeet, 25 trap, and 50 sporting clays. Trigger Time took second place in the senior team with the scores of Ben Stewart, Christopher Nevarr, Kira Lorentz, and Ben Mullins. Trigger Time took home 3 individual awards, 1st place Lady Senior won by Kira Lorentz, 4th place High Overall won by Ben Stewart, and High Overall shoot champion was won by Christopher Nevarr. Our Individual scores were the following: Chris Nevarr 187, Ben Stewart 184, Kira Lorentz 164, Ben Mullins 156, Will Cotton 146, Will Mullins 62, Valor Richter 57.

I also had the opportunity to go to the Virginia State Skeet Shoot on September 11-14 hosted at Arrowhead Gun Club in Victoria, Virginia. I was the only Trigger Time shooter in this event. There were several other youth shooters from different 4-H teams as well as SCTP teams. I competed on the Fairfax Rod and Gun Club 5-man team. The team won the 28 gauge, doubles, and high overall team. In the 12 gauge event I shot a perfect 100 targets straight, my second time to ever do so in a competition. With this score I won the 12 gauge event. I placed 3rd in the junior high overall. It was a great experience and I look forward to returning next year.



R.L.HARRIS Ir. 36

MEMORIAL 4-H







Benton Middle School 4-H Club had their kickoff meeting and dove into the 4-H Pillars of Agriculture and STEM! Led by 6th Grade Science Teacher Ms. Cook, the club has an exciting year ahead. Thank you for sharing your photos!

FOLLOW UP FOR RETURNING MEMBERS:

• Don't forget to submit your 4-H Project Record or Portfolio to Prince William 4-H by October Ist!

Documenting your experiences in 4-H is an important life skill, will help you remember your experiences and dates, will build your resume, and will demonstrate 4-H experience to apply to county, district, and state leadership roles.

Don't forget to complete the <u>Prince William 4-H</u>
 <u>Participation and Outstanding Member Form</u> by <u>October 1st</u> to receive a certificate for your project work.

Register for <u>Green & Growing: Prince William 4-H Recognition Day</u> and join in the fun of networking, photo
ops, and pick up your certificate. (see Page 7)

FOLLOW UP FOR RETURNING & NEW MEMBERS

- BMS 4-H Club returning and new members be sure to make notes of your September experience and save
 photos for your 4-H Project Record. (hint: print out this page and attach it to the 4-H Project Record form that
 contains your notes.)
- Be sure to register in 4-H Online on October 1st (not before)!
- Save the Dates for the county-wide 4-H Dog & Rabbit Projects (see Page 14)













Benton Middle School 4-H Club







YOUNG ENTREPRENEURS



Saturday, October 4th 9 AM - 1 PM Manassas Park Farmers Market

Featuring Prince William 4-H'ers Aaron, Adam, Zay, Alayjah, Charley, Michael, Aisling, Aspen, Koa, Xanthie, Jackelyn, Josphine, Cora, and Lexi



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It's Portfolio Time! Get Ready to Showcase Your Year!

DUE TO PW 4-H OFFICE BY OCTOBER IST!

It's time to gather your memories, achievements, and leadership experiences! Every year, 4-H members across the country compile their experiences into a 4-H Portfolio, a creative and personalized way to document your journey. Whether you're just starting out or have years of projects under your belt, this is your chance to shine!

What's a 4-H Portfolio? Think of it as a cherished scrapbook meets career resume. It's a summary of your 4-H career, filled with your projects, leadership roles, and community service. You'll use age-appropriate Project Record Forms and follow the 4-H Portfolio rubric to make sure everything's in tip-top shape.

Who Needs to Submit?

- All Prince William 4-H'ers should submit individual project records or a full portfolio.
- Club Officers and Association Officers must turn in an Officer Project Record Form to get credit for their year of service.
- Dreaming of becoming a Virginia 4-H Ambassador or joining the Virginia 4-H All Stars? You'll need portfolios from several years - so start now!

Need Help? Don't worry - Prince William 4-H has your back! Whether you need help organizing, supplies like binders and scrapbook paper, or just have questions, stop by, call, or email.

Why It Matters: 4-H Portfolios aren't just for fun - they're powerful tools that help build your resume for college, careers, and future leadership roles. Plus, they're a great way to reflect on everything you've learned through 4-H's motto: "Learn by Doing."

So grab your photos, notes, and creativity - your 4-H story deserves to be told! Click here for the PW 4-H online document center for forms and scoring rubrics.



Calling All Teen Foodies: 4-H Food Challenge Workshop

If you're between 9 and 18 and love cooking, teamwork, or just want to learn more about healthy living, mark your calendar for the 4-H Food Challenge Contest Workshop on Tuesday, September 30th from 6:30 to 8:30 PM. This hands-on event is a must for any Prince William 4-H'er interested in competing in food contests this school year.

Whether you're a beginner or a seasoned competitor, you'll learn kitchen safety, time-saving tips, and culinary techniques from a professional chef. The workshop also covers contest rules for county, district, and state levels. Plus, it's a great chance to build skills in nutrition, teamwork, public speaking, and even explore food-related careers. Don't miss out - come ready to learn, cook, and have fun with fellow 4-H'ers!



PRINCE WILLIAM 4-H FOOD CHALLENGE WORKSHOP

Date: Tuesday, September 30th

Time: 6:30 - 8:30 PM

Location: Conf. Room 107, Developmental Services Building, 5 County Complex Ct., Suite 120, Woodbridge

Who Should Attend: all Prince William 4-H'ers ages 9-18 with an interest in the 4-H Pillar of Healthy Living and learning about food, nutrition, and cooking skills. All youth interested in participating in 4-H Food Contests this school year are REQUIRED to attend the workshop. LEARN BY DOING! Click here to register. Registration is required and FREE.



EARN VOLUNTEER HOURS! Prince William 4-H is looking for teens to help teach middle school students the basics of cooking in the libraries this fall. We will be making oatmeal pancakes and turkey bacon. If you are interested in helping lead this project, please <u>click here to see dates & locations and SIGN UP!</u>

Prince William 4-H Gears Up for National 4-H Week

Get ready to show your 4-H pride, Prince William 4-H'ers!

National 4-H Week is coming up from October 5-II, and there are tons of ways to get involved and kick off the new 4-H year with energy and excitement. On Tuesday, October 7, wear your best 4-H green to celebrate and join fellow members at the Prince William Board of County Supervisors Meeting at 2 PM at the McCoart Building in Woodbridge. There, you'll witness the official proclamation of National 4-H Week and can even share your 4-H story with the Board!

To start the 2025–2026 4-H year strong, make sure to:

- → Submit your portfolios, project records, and scholarship applications by October I
- → Enroll or re-enroll in 4HOnline starting October I (deadline: October 31)
- → Begin club meetings and elect your officers
- → Mark your calendar with key events
- → And don't miss Green & Growing: Prince William 4-H Recognition Day on October 27

- open to both new and returning members!

Ready to represent and celebrate all things 4-H? Email MaryBeth Lerch to confirm your attendance or to volunteer to speak at the meeting. Let's make this 4-H Week unforgettable!



Date: Monday, October 27th Time: 6:30 - 8:30 PM Location: Windy Knoll Farm

<u>Click here to RSVP.</u> Be sure to fill out the <u>Outstanding Member Form-Youth</u> (participation survey) and <u>Outstanding Member Form-Adult</u>, too!

Get ready to celebrate a year of learning, leadership, and growth at Prince William 4-H Recognition Day—our annual celebration of YOU, our amazing youth members and dedicated adult volunteers! We have an exciting evening planned:

- Ice Cream Social Cool off and catch up with friends!
- Annual Slide Show Relive the best moments of the year.
- Senior Speeches Hear inspiring stories from our graduating 4-H'ers.
- Recognitions & Awards Applaud achievements, scholarships, and the Prince William 4-H Outstanding Member Awards.
- Portfolio & Ribbon Pickup Grab your hard-earned rewards!

All Prince William 4-H families are invited - and yes, that includes YOU! And bring a friend to introduce them to the 4-H experience. The more, the merrier!

What to Bring:

- Cookies or brownies (that compliment ice cream) to share with the group.
- 4-H Club posters to showcase your club's awesome work.
- Wear your green gear to show off your 4-H pride!

This event is more than just a party - it's a celebration of how much you've grown through 4-H. Whether you led a project, volunteered, or tried something new, this is your moment to shine.

So mark your calendar, gather your goodies, and get ready to celebrate everything that makes 4-H "Green & Growing"!











Green & Growing



Prince William 4-H 2025 Recognition Day

Let's celebrate a year of learning, leadership, and growth at our annual Prince William 4-H Recognition Day! This special evening honors YOU our incredible youth members and dedicated adult volunteers.

This isn't just a party — it's a celebration of how far you've come and all the ways you've grown through 4-H. Whether you led a project, volunteered, or tried something new, this is your moment to shine!

- Ice Cream Social
 Chill out and reconnect with friends
- Annual Slide Show
 Relive your favorite 4-H memories
- Senior Speeches

 Be inspired by our graduating 4-H'ers
- Recognitions & Awards

 Celebrate achievements, scholarships, and the Outstanding Member Awards

All Prince William 4-H families are invited — and yes, that includes YOU!

Bring a friend to share the 4-H experience. The more, the merrier!

Event Details:

- Monday, October 27
- 6:30 8:30 PM
- **Q** Windy Knolls Farm

What to Bring:

- Cookies or brownies to pair with ice cream (optional)
- 4-H Club posters to showcase your club's awesome work.
- Wear your green gear to show off your 4-H pride!

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Prince William 4-H Scholarships - Applications Due Oct 1st

Prince William 4-H has four scholarships available to members. All scholarship applications and nominations are due by October 1st, 2025. Scholarships will be presented at the Prince William 4-H Recognition Day on October 27th.





2025 Joanne Guhl Scholarship

Joanne Guhl was a member of the Boots and Saddles 4-H Club who passed away in 1984. Her parents honor her memory by awarding a college scholarship to a PW 4-Her. Applicants must be enrolled the Prince William 4-H program and must have been accepted at an institution of higher learning. Preference is given to 4-Hers pursuing a career in animal science.

Please click here to apply for the 2025 Joanne Guhl Scholarship.



2025 Bernard Malo Scholarship

Bernard Malo was a past leader of the Trigger Time 4-H Shooting Education Club. Bernie, a 4-H All Star, was active at the local, district, and state level and gave much to the youth of Virginia. His family, who are all 4-H'ers and friends, started a scholarship fund to honor his memory. Trigger Time 4-H Club members have continued to help this scholarship fund grow. This scholarship is for higher education for those entering as a freshman into any four-year college, community college or vocational school. Trigger Time member applicants are given first consideration. The amount of scholarship may vary from year to year.

Please click here to apply for the 2025 Bernard Malo Scholarship.



2025 4-H Participation and Outstanding Member (Youth)

ALL 4-H YOUTH SHOULD FILL OUT THIS FORM!

The Outstanding 4-H Member Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

<u>Please click here to apply for the 2025 4-H Participation and Outstanding 4-H Member Award.</u>



2025 4-H Participation and Outstanding Volunteer (Adult)

ALL 4-H ADULT VOLUNTEERS SHOULD FILL OUT THIS FORM!

The All Around 4-H Volunteer Award was created to recognize individuals who demonstrate exemplary service to Prince William 4-H through participation in program planning, development, and implementation at the club level and beyond. This yearly award will be given to individuals who strengthen local 4-H clubs and county 4-H by encouraging and promoting youth members and volunteers, helping to recruit new members and leaders, and through leadership responsibility while promoting service through volunteerism.

Please click here to apply/nominate for the 2025 4-H Participation and Outstanding 4-H Volunteer Award.

















PRINCE WILLIAM 4-H

CLUB







OCTOBER 11TH

TIME: 10 AM - NOON



All Greater Prince William Area youth ages 5-8 that are interested in 4-H and Fould like to explore the 4-H Pillar of STEM are invited! Cloverbuds will begin the 4-H Year reviewing the 4-H Pillars, pledge, and by making new friends. Speaking of friends, our STEM activity will focus on our friendly pollinators...BATS!

Who Should Attend: Greater Prince William youth ages 5-8 that are interested in learning more about 4-H.*

Cloverbuds complete short-term, hands-on, adult-led, exploratory projects in the 4-H Pillars of civic engagement, STEM, healthy living and agriculture. All 4-H projects are research and curriculum based. We lay the foundation of knowledge to help develop our future community leaders.



Learn more about 4-H at www.pwcva.gov/4-H. CLICK HERE TO REGISTER. Registration is free, but required. Come grow with us!

* A parent or guardian must be present.



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PW 4-H's BLOOM group is a monthly social and educational opportunity for teens (ages 14-19) to explore leadership, social-emotional awareness, critical thinking and service learning. There will be 8 scheduled meetings (October - May), including Officer Training in November and a Boxes of Basics service project. We'll kickoff our year with Project Linus service project. Camp counselors must attend at least 4 BLOOM opportunities in order to be considered to attend camp.

OCTOBER MEETING

- · Thursday, October 16th
- 6:30-8 PM
- PW 4-H Headquarters McCoy Rm
- All PW 4-H Teens Ages 14-19 are invited

OCTOBER FOCUS

- Introduce 4-H Service Learning Projects
- Project Linus Community Service

Virginia Cooperative Extension

Click here to register.



Join PW 4-H Extension Agent MaryBeth Lerch for dynamic, one-hour virtual sessions designed for all 4-H adult leaders and volunteers. These interactive meetings dive into key topics like positive youth development (PYD), social-emotional learning (SEL), emotional intelligence, and problem-solving—all within the context of 4-H project work. Plus, we'll explore additional subjects based on your club's unique needs and interests. Whether you're looking to connect with fellow volunteers, deepen your understanding of youth development, or inspire tomorrow's leaders, these sessions are a valuable opportunity to grow and make a lasting impact.



4-H Positive Youth Development (PYD)

Learn how to empower young people by fostering critical life skills like leadership, problem-solving, and community engagement through hands-on projects in a safe, nurturing, and inclusive environment.

Youth Social Emotional Learning

Understand how to use the 4-H Thriving Model to emphasize high-quality, safe, and caring environments to help youth thrive, reach essential life goals, and achieve academic and social success.

Youth Emotional Intelligence

Understand a holistic approach that addresses mental health, education, employability, and character development, promoting healthy lifestyles and self-esteem in 4-H projects and activities.

Youth Problem Solving

By focusing on youth strengths and providing opportunities, relationships, and support, the 4-H PYD model helps young people thrive and reach their fullest potential, ultimately benefiting themselves, their families, and their communities.

APR

14





CLICK HERE TO JOIN ZOOM MEETING FROM 7-8 PM



REMEMBER HONOR TEACH



WREATHS ACROSS AMERICA SPONSOR A WREATH - HONOR A HERO

During the month of September, we pause to remember the lives lost and the heroes who stood in the face of unimaginable tragedy on September 11th, 2001. That day changed our nation forever and reminded us of the true cost of freedom.

In the midst of sorrow, we witnessed courage, resilience, and unity. First responders, service members, and ordinary citizens stepped forward to protect and help. Their bravery continues to inspire us.

This solemn anniversary reminds us why the Wreaths Across America mission matters more than ever. To Remember, Honor, and Teach is not just a motto—it's a call to action.

JOIN PRINCE WILLIAM 4-H IN HONORING OUR VETERANS THROUGH WREATHS ACROSS AMERICA

We are selling wreaths to be placed on the graves of our nation's heroes during National Wreaths Across America Day on December 13th. Your sponsorship helps us:



Remember those who served
Honor their sacrifice with a wreath
Teach youth about citizenship and service

Volunteers from Prince William 4-H will attend a local wreath-laying ceremony to participate in this meaningful tradition. Support this important mission by sponsoring a wreath today through your local 4-H club.



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Save the Dates! PW 4-H Dog & Rabbit Projects

Rabbit Project Dates: February 10, 11, 18, 19, 26, 27

Dog Project Dates: March 3, 4, 19, 20, 25, 26

Who Should Attend: all PW 4-H'ers with an interest in rabbits or dogs

Join one or both of these SPIN projects to gain life skills by learning about the care and raising of rabbits and dogs. During the project, 4-H'ers will learn about different rabbit/dog breeds, housing, feed, and general care. The project will also review showmanship for those interested in showing small animals. More info coming soon!

Virginia 4-H 2026 All Stars Applications are OPEN

Who Should Apply: Virginia 4-H'ers ages 15 and up (as of January 1, 2025) Virginia 4-H Northeast Chapter Advisor: Carly Wright carlymg@vt.edu/click here for the Virginia 4-H All Stars Youth Nomination Form.

Virginia 4-H All Stars is the highest honor a Virginia 4-H'er can achieve. It is a service-based, volunteer-run group that gives back to 4-H and the community for life. Click here to learn more about Virginia 4-H All Stars.

Dates to Remember

Nov. I, 2025 - Nominations Due

Various Dates by Chapter – Chapter Review in locations near Camping Centers Early Jan. 2026 – State Review (in Goochland + virtual option)
Feb. 8, 2026 – Voting at Midwinters Conference
June 18, 2026 – Tapping Ceremony at 4-H Congress

Record Keeping - A Critical Life Skill

4-H'ers working towards becoming a Virginia 4-H All Star, record keeping is critical to success! Completing 4-H Project Records and annual 4-H Portfolios will help keep you on track. Documenting your 4-H Story takes time and attention to detail to ensure you receive full credit for your 4-H participation. If you aren't ready to apply this year, be sure to review the application, start gathering documentation, and increase your participation in 4-H. The only thing keeping you from earning this recognition is YOU. How strong is your 4-H resume?

2026 Friends of the NRA (FONRA) Grant - Applications are OPEN



Click here for Virginia 4-H Shooting Education NRA Grant Application Tip Sheet.

Applications due to Crystal Grahm by October 27th at noon.

Virginia 4-H Shooting Education Clubs are invited to apply for the 2026 FONA Grant to support clubs with necessary equipment to participate in shooting education. All clubs should follow the guidelines in the tip sheet linked above.

VA 4-H Shooting Education - 7-Year Instructor Recertification



Date: November 1st Location: Holiday Lake 4-H Center

Register through your 4-H Club. Registration due October 18th.

Virginia 4-H Shooting Education Instructors must be recertified every seven years. The recertification program is set up to accommodate each instructor being able to recertify in two or three disciplines on the same day. Instructors that fail to recertify will be decertified and removed from the program.

2025 State Fair of Virginia

Dates: Friday, September 26 - Sunday, October 5 Location: Meadow Event Park, Doswell, VA

Click here for the State Fair website.

The Virginia State Fair starts this weekend! This annual event features concerts, amusement rides, animal exhibits, and various food vendors...and 4-H contests!



Virginia 4-H Block and Bridle Equine Clinic

Date: October 11th

Time: Registration begins at 9:30 AM

Location: Alphin Stuart Arena, Virginia Tech, Blacksburg

Cost: \$10 and includes lunch

Contact: Hunter Liles at huntl97@vt.edu

Click here to register. Register by Wednesday, October 8th

The Virginia Youth Animal Science Team in partnership with the Virginia Tech Block and Bridle Club is excited to offer the Horse Judging and Hippology Clinic. This clinic will offer sessions covering various Hippology Topics, Judging Halter and some performance classes, and tackling reasons for youth of various ages and experiences levels. There is no limit to the number of youth that a Unit or Chapter may register



VT Block and Bridle Meat Science Career Day

Date: Saturday, October 11th

Time: Registration/Check-In begins at 9:30 AM

Location: Virginia Tech, Blacksburg

Who Should Participate: High School Juniors & Seniors

(*Unit/Chapter limited to 5 participants each*) **Cost:** \$25/participant, includes lunch

Click here to register.

Register by Saturday, October 4th at 5 PM

We are excited to share a new opportunity offered by our Virginia Tech Block and Bridle Club. The Block and Bridle Meat Science Career Day will be a hands-on educational workshop for High School Juniors and Seniors to interact with industry leaders and learn about career options available in the field of Meat Science. Industry Leaders from the nation's leading processors and meat marketing teams will be on hand to lead rotations.

This is NOT a meat judging or evaluation clinic – the speakers and rotations will focus on careers in the Meat Science Industry and how youth can prepare for those opportunities

For additional information or questions, please contact Katie Powell kpowell26@vt.edu or Katherine Carter at carterke@vt.edu.











The NOVA 4-H Teen Leadership Council

Apply before September 30th, 2025

For 4-H Teens 14-18 who live in the NOVA 4-H Camping District

- work with fellow 4-H Teens plan your own events gain leadership experience volunteer with the 4-H Center

Apply Here: https://forms.gle/ECHEQXf8c8GZiEdm9 Email tatyana@novaHh.com for more information

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Hokie BugFest

Date: Saturday, October 18

Time: 10 a.m. to 3 p.m. with a pre-opening at 9 a.m. for anyone that may benefit from a quieter,

less crowded environment.

Location: Squires Student Center, 290 College Avenue, Virginia Tech, Blacksburg

Free admission!

Celebrate the exciting science of entomology with STEAM-inspired (Science, Technology, Engineering, Art, and Math) activities for all ages! Festival favorites include:

- Virginia Tech's LIVE BugZoo
- Hundreds of pinned insects from around the world
- Jr. Entomologist Certificate Program
- Bug Carnival
- The Bug Library
- 4-H Insect Collection Contest Entry forms due by September 26th!

Visit www.hokiebugfest.org for the FULL LIST of exhibitors. You can also follow us on Facebook www.facebook.com/hokiebugfest/.



INSECT COLLECTION CONTEST

Hokie BugFest celebrates the fun and exciting science of entomology, and the Virginia Tech tradition of learning and discovery, through outreach and engagement. This event highlights an ongoing youth education program hosted by the Virginia Tech Department of Entomology, Virginia Tech College of Agriculture & Life Sciences, Virginia Cooperative Extension's 4-H program, and the department's student run professional organization, the W. B. Alwood Entomological Society.

Prince William 4-H Clubs: consider entering the Insect Collection Contest! Each entry will receive a participation ribbon and a bug-themed goodie bag. The top collections will be awarded 1st, 2nd, and 3rd place in each age category, and an overall Best in Show will also be awarded. 4-H Insect Collection Contest Guidelines | 4-H Insect Collection Contest Entry Form

4-H Insect Collection Contest - Hokie BugFest

READY, SET, COLLECT!

- Hokie BugFest is on Saturday, October 18, 2025 at Squires Student Center in Blacksburg, Virginia.
- Collections may be submitted individually or as teams (drop-off/pick-up information posted online). Pre-registration is required. Entry forms must be submitted by September 26th.
- Collections will be awarded based on scoring guidelines. Visit hokiebugfest.org for further information.











Why Apple Butter?

Date: September 25th Time: 3:30 PM

Zoom Link: https://virginiatech.zoom.us/

<u>j/84017382079?</u>

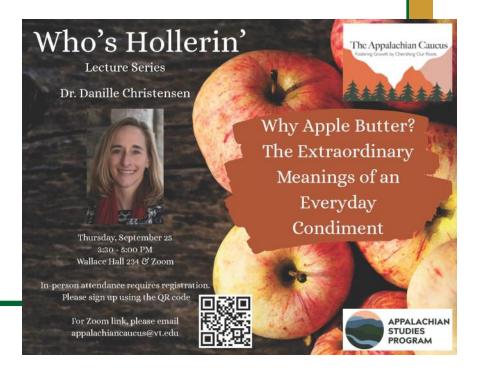
pwd=vbKsJglkoBQHZKGfDXFnO2CRr2hrcb.1

Meeting ID: 840 1738 2079

Passcode: 970675

Click here to learn more about the Appalachian Caucus.

Please let The Appalachian Caucus know if you would like to added to their distribution list by emailing appalachiancaucus@vt.edu.





STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS 2026 OUTBOUND PROGRAMS COSTA RICA - JAPAN - TAIWAN - SOUTH KOREA - ARGENTINA











Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a cultural immersion experience. Delegates live with volunteer host families and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruits host families and plans

2026 PROGRAM DATES*

Costa Rica: June 25-July 24 Japan 8-Week: June 10-August 7 Japan 4-Week: July 8-August 7 Talwan: July 8-August 7 South Korea: July 15-August 14 Argentina: July II-August 3

*Program dates subject to slight change or modification.

- ➡ 12-18 years old for Japan 4-Week & Taiwan
- ⇒ 12-18 years old for South Korea
- ⇒ 15-18 years old for Costa Rica, Argentina,

Applicant must not be in college

- · Contact your State Coordinator and/or reach out to States' 4-H to learn more
- · Applications open in Fall 2025



2026 **EXCHANGE**





STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

4 WEEK HOMESTAY PROGAM

Dates*: June 25-July 24, 2026 Cost: \$2,500** + airfare (estimated \$800-\$1,200)*** Ages: 15-18

In-State Fees may apply.

Delegates arrive in San José for orientation, which includes sightseeing and cultural activities. Afterwards, they meet their Costa Rican hast families and begin their homestay experience. They also come tagether for a mid-program excursion to a national park.

Program Cost Includes:

Join a HOMESTAY EXCHANGE and

immerse yourself in another culture!

- · Orientations in gateway city and Costa Rica
- Sightseeing and cultural excursions
- In-Costa Rica expenses: lodging, meals. transportation
- · Orientation materials and States' 4-H t-shirts
- · Accident & Sickness Insurance

Spanish language knowledge recommended (but not required)

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local deadlines.

*Program dates subject to slight change or modification.
**Program cost does NOT include airfore. Airfore estimate is for international airfore. Participant is responsible for purchasing damentic airfore to from US gateway city.
***Airfore estimates are based on bicket prices from the past few years plus the potential for increased prices in 2026.



www.states4hexchange.org

2026 JAPAN



STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

4 WEEK HOMESTAY PROGAM

Dates*: July 8-August 7, 2026

Cost: \$3,600** + airfare (estimated \$1,600-\$2,000)***

Ages: 12-18

In-State Fees may apply

Live with a Japanese host family for the month and experience daily life. You will be placed with a host sibling of similar age to share your experience and learn about Japanese culture. A group camp is offered. No prior Japanese language study is required, but it is certainly helpfull

Program Cost Includes:

- · Orientations in gateway city and Tokyo
- . In-Japan expenses: lodging, meals, transportation
- · Comp, sightseeing, and cultural excursions
- · Orientation materials and States' 4-H t-shirts
- · Accident & Sickness Insurance

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local de-

**Program dates subject to slight change or modification.
**Program and does NOT include airfore. Airfare estimate is for international airfare. Participant is responsible for purchasing danestic airfare to/from US gateway city. The expected gateway city for Japan is Seattle, WA.
***Airfare estimates are based on ticket prices from the post few years plus the potential for increased prices in 2026.



2026 **EXCHANGE**





STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

8 WEEK HOMESTAY PROGAM

Dates*: June 10-August 7, 2026

Cost: \$5,500** + airfare (estimated \$2,000-\$2,400)*** Ages: 15-18

In-State Fees may apply

For the first 4 weeks, stay with a host family in the Tokyo area, while attending an intensive Japanese language program. This program is for youth that are interested in a Japanese classroom experience! In the second 4 weeks, you will be placed with a new host family outside of Tokyo with a host sibling of similar age. Japanese language knowledge recommended (but not required).

Program Cost Includes:

- Orientations in gateway city and Tokyo
- Sightseeing and cultural excursions in Tokyo
- 4-week Japanese language program
- In-Japan expenses: lodging, meals, transportation
- Orientation materials and States' 4-H t-shirts
- · Accident & Sickness Insurance

Lunch not included on weakdays during language classes

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local deadlines.

agram dates subject to slight change or modification.

"Program cost does NOT include airfare, Airfare estimate is for international airfare. Participant is responsible for purchasing domestic airfare to/from US gateway city. The expected gateway city for Japan is Seattle, WA.

***Airfare estimates are based on ticket prices from the past few years plus the potential for increased prices in 2026.



2026 SOUTH





STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

4 WEEK HOMESTAY PROGAM

Dates*: July 15-August 14, 2026 Cost: \$3,200** + airfare (estimated \$1,600-\$2,000)*** Ages: 12-18

In-State Fees may apply

Delegates arrive in Seoul for a one-night arrival orientation led by Korea 4-H, which includes an introduction to Korean culture and basic language phrases. Afterwards, delegates meet their Karea 4-H host family and begin their homestay. Delegates may have 2 different host families during the program. The program concludes with sightseeing in Seoul.

Program Cost Includes:

- · Orientations in gateway city and Secul
- · In-South Korea expenses: ladging, meals, transportation
- · Sightseeing and cultural excursions in Seoul
- · Orientation materials and States' 4-H t-shirts
- · Accident & Sickness Insurance

No prior language study is required, but it is certainly helpfull

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local deadlines

*Program dates subject to slight change or modification.
**Program cost does NOT include dirfore, Airfore estimate is for international dirfore. Participant is responsible for sting domestic airfare to/from US gateway city. The expected gateway city for South Korea is Seattle, WA, fare estimates are based on ticket prices from the past few years plus the potential for increased prices in 2026.



2026 TAIWAN







Join a HOMESTAY EXCHANGE

STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

4 WEEK HOMESTAY PROGAM

Dates*; July 8-August 7, 2026

Cost: \$3,200** + airfare (estimated \$1,400-\$1,800)*** Ages: 12-18

In-State Fees may apply

Delegates arrive in Taipel for an orientation led by Talwan 4-H, which includes an introduction to Taiwanese culture and basic language phrases. Afterwards, delegates meet their host family and begin their homestay. Delegates may have 2 different host families during the program. The program concludes with sightseeing and cultural excursions in Taipei.

Program Cost Includes:

- · Orientations in gateway city and Taipei
- In-Taiwan expenses: lodging, meals, transportation.
- · Sightseeing and cultural excursions in Taipei
- · Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance

No prior language study is required, but it is certainly helpfull

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local deadlines.

*Program dates subject to slight change or modification. **Program cost does NOT include airfore. Airfore estimate is for international airfore. Participant is responsible for sing domestic airfore to/from US gateway city. The expected gateway city for Taiwan is Seattle, WA. ore estimates are based on ticket prices from the past few years plus the potential for increased prices in 2026.



2026 **ARGENTINA**

EXCHANGE



LEARN MORE



STATES' 4-H INTERNATIONAL PROGRAM DETAILS:

3 WEEK HOMESTAY PROGAM

Dates*: July II-August 3

Cost: \$2.500** + girfgre (estimated \$1.600-\$2.400)***

Ages: 15-18

In-State Fees may apply

Delegates will live with a host family in and around Córdoba, experiencing daily life firsthand. They will also take part in a variety of structured group activities, including cultural excursions, Spanish language sessions, and local 4-H events. Particular emphasis will be placed on soccer and archestra, two of Argentina 4-H's primary youth programs.

Program Cost Includes:

- Arrival orientation in Argen
- · In-Argentina expenses: lodging, meals, transportation
- Sightseeing and cultural excursions
- · Orientation materials and States' 4-H t-shirts
- Accident & Sickness Insurance

Spanish language knowledge recommended (but not required)

Applications open in Fall 2025 for our 2026 Outbound programs! Contact your 4-H coordinator to learn about your local de

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"""Airfore estimates are based on ticket prices from the past few years plus the potential for increased prices in 2026.



STATES' 4-H INTERNATIONAL **EXCHANGE PROGRAMS**

CHAPERONES NEEDED!

live in a homestay setting and support youth exchange delegates abroad

BE A PART OF OUR SUMMER 2026 PROGRAMS

OUR MISSION







2026 Program Locations & Dates*

Costa Rica: June 25-July 24 Argentina: July 11-August 3 Taiwan: July 8-August 7 South Korea: July 15-August 14 Japan 4-Week: July 8-August 7 Japan 8-Week:** June 10-August 7

*Program dates subject to slight change or

**Option to chaperone for the first 4 weeks only.

HOW TO JOIN US



- · Contact your State Coordinator and/or reach out to States' 4-H to learn more
- Now accepting applications!

REQUIREMENTS

- Age 21+ at exchange start
- Current or former 4-H involvement
- Experience working with youth
- International travel/living abroad experience

· Costa Rica

\$1,200 \$1,200

Argentina

 Talwan \$1,500

South Korea \$1,500

 Japan 4-Week \$1,600 Japan 8-Week

Scholarships available



YOUR NAME HERE 4-H YOUTH

ABOUT 4-H

When you participate in 4-H, you have opportunities to grow personally and professionally. Here are some examples of life skills and leadership opportunities that you may develop through hands-on experiences in Prince William 4-H.

EDUCATION

High School Graduate

CONTACT

Prince William 4-H 8033 Ashton Ave., #105 Manassas, VA 20109 4HPWC@pwcva.gov www.pwcva.gov/4-H

Grow Your Resume with Prince William 4-H

Gain Work Related Experience

- Prince William 4-H Camp Counselor/Counselor in Training: as a camp counselor, you are a caring leader. You have concern for others, develop empathy and the ability to nurture relationships. You understand the importance of sharing to give everyone an opportunity to thrive.
- Prince William 4-H Association Leadership: In a leadership role within the Prince William 4-H Association, you learn to work in a team of youth and adults, are self motivated, and learn marketable business skills such as communicating, negotiating, computer office programs, accounting, and marketing.
- Prince William 4-H Club Leadership: In a club leadership role, you become an experienced manager. You set goals, plan and organize, budget resources, and keep records. You learn resiliency and how to rework or overcome obstacles.
- Service Learning Projects & Community Service: As a community service
 volunteer, you learn the value of giving by contributing to a group effort, the
 importance of responsible citizenship, and develop leadership skills.
- 4-H Projects: 4-H Projects develop key thinking skills such as service learning, critical thinking, problem solving and decision making. You learn how to learn by exploring interests through project work.

Earn Awards & Honors

- National 4-H & Virginia 4-H Ambassador for Citizenship, Healthy Living, STEM and Agriculture, Virginia 4-H Ambassadors, Horse Ambassadors, and Shooting Sports Ambassadors: As an elected representative of 4-H, your job is to relate to youth and encourage them to thrive in 4-H. You are an effective communicator, work in cooperation within the youth and adult network of 4-H, develop strong social skills, become savvy at conflict resolution, and learn to accept differences.
- Virginia 4-H All Stars: When nominated into Virginia 4-H All Stars, you
 represent the best in 4-H. You grow in self esteem, responsibility, and
 character. Through self discipline, you have thrived in 4-H and are ready to be
 an engaged community leader.
- Prince William 4-H Scholarships and Virginia 4-H Horse Scholarships:
 Earning a scholarship in 4-H recognizes your contributions and successes in 4-H and is an investment in you as a future leader.







2025 - 2026



PRINCE WILLIAM 4-H

EVENT CALENDA

TBD VA 4-H/FFA State Poultry Evaluation Contest	11 PW 4-H Club & Project Leader Professional Dev 12 PW 4-H Associat & Leader Year-El Rb National 4-H Conference TBD National 4-H Conference TBD VA 4-H Equismantz TBD VA 4-H Shooting Ed New Instructor Certification TBD PW 4-H Young Entrepreneurs Interest Mtg TBD PW 4-H Young Entrepreneurs Interest SPIN Project TBD PW 4-H/FFA Beef Challenge, Beef Contest Contest TBD VA 4-H/FFA Beef Challenge, Beef Contest TBD VA 4-H State WHEP Contest TBD TSC & 4-H Paper Clover Campaign	APRIL	4 PW 4-H Young Entrepreneurs 5-11 National 4-H Week 5-11 National 4-H Week 7 Proclamation at PWC BOCS 8 PW 4-H Association Fundraising Committee Mtg 11 PW 4-H Cloverbud Club 11-12 VA 4-H Shooting Ed New Instructor Certification 14 PW 4-H Portfolio Training 16 PW 4-H Teens to BLOOM 19-25 National Character Counts Week 21 PW 4-H Club & Project Leader Professional Dev 22 PW 4-H Hike: 4-H Outdoor 23 PW 4-H Green & Growing 26 PW 4-H Hike: 4-H Outdoor 27 PW 4-H Green & Growing	OCTOBER NOV
	loverbud Club ssociation Board rear-End Meeting rear-End	MAY	on vetting g & ress	NOVEMBER
	16-29 Virginia 4-H Congress 21-26 National 4-H Shooting Sports Championship 30 1st Time Junior 4-H Camper Parents' Meeting TBD PW 4-H Young Entrepreneurs Market Day TBD VA Dept of Forestry Camp Woods & Wildlife TBD VA 4-H Livestock Judging Contests	JUNE	1 PW 4-H Embryology Registration Opens 3 PW 4-H Club & Project Leader Professional Dev 4 PW 4-H Homemade Holiday Craft Night, Teen Club; Cloverbud Club 13 Wreaths Across America Day	DECEMBER
	TBD PW 4-H Young Entrepreneurs Market Day TBD State of Virginia's NRA Youth Education Summit TBD Prince William/Stafford 4-H Junior Camp TBD Southem Regionals 4-H Horse Championships TBD VA 4-H Youth Dairy Field Day	JULY	 10 PW 4-H Cloverbud Club 13 PW 4-H Association Meeting 20 Virginia 4-H Day at the Capitol 21 An Evening with Virginia 4-H at VT 23 PW 4-H Share the Fun Dress Rehearsal 30 PW 4-H Share the Fun TBD PW 4-H Tree Seedling Orders Due 	JANUARY
	TBD VA 4-H Northern District Shoot TBD VA 4-H Pork Challenge TBD PW 4-H Fair Camp TBD PW 4-H Young Entrepreneurs Market Day	AUGUST	5 PW 4-H Club & Project Leader Professional Dev 10 PW 4-H Rabbit Project Kickoff 14 PW 4-H Contest Day: Presentations, Table Setting, Fashion Review TBD PW 4-H Embryology Project Leader Training & Egg Pickup TBD VA 4-H Hippology & Horse Judging TBD 4-H Stockman's & Livestock Judging TBD VA 4-H Stockman's & Livestock Judging TBD VA 4-H Shooting Ed Instructor Recertification	20
	4-6 VA 4-H State Horse and Pony Championship 5-6 VA 4-H State Shoot TBD PW 4-H Young Entrepreneurs Market Day TBD VA 4-H Shotgun Championship TBD State Fair of Virginia TBD SFVA Youth Livestock Shows, Livestock Skillathon, Dairymen's Contest, Dairy Goat Contest,	SEPTEMBER	1 PW 4-H Junior Camp Reg Opens 3 PW 4-H Dog Project Kickoff 6-7 TALT Weekend - Junior Camp Counselor Training 10 PW 4-H Leaders' Mid-Year Mtg & 4-H Association Mtg 14-15 VA 4-H Spring Air Champs 21 PW 4-H Food Challenge Contest 25-29 National 4-H IGNITE TBD VA 4-H Teen Summit TBD PW 4-H Association BINGO TBD PW 4-H Association BINGO TBD PW 4-H Chick Drop-Off TBD VA 4-H and FFA Meats Evaluation	EBRUARY MARCH

TBD VA 4-H Healthy Living Summit
TBD VA 4-H Northeast District Contest

PRINCE WILLIAM

COUNTY

8033 Ashton Ave, #105, Manassas, VA 20109

Click to Visit Online:

Prince William 4-H Virginia State 4-H National 4-H



Your Dedicated PWC 4-H Staff

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PWC 4-H Resources

National 4-H

National 4-H Homepage

Virginia 4-H

VCE 4-H 4-H Online Information The 4-H Foundation 4-H All Stars STEM in Virginia 4-H

Prince William 4-H

PW 4-H Homepage

PW 4-H Programs

PW 4-H Camps

PW 4-H Events & Calendar

PW 4-H Document Center

Portfolio Records

Member Record Cloverbud Sheet Project Record Ages 9-10 Project Record Ages 11-12 Project Record Ages 13-15 Project Record Ages 16-19

Outstanding Member Form

Prince William 4-H Member Record - President Prince William 4-H Member Record - Vice President





Youth Officers

Lexi Strand, President Tim Hirshey, Vice President Sarah Fox, Secretary Samantha Holmes, Treasurer Ayden Strand, Jr Fundraising Committee Chair

Adult Officers

Susan Wolf, President Alan Lerch, Vice President Shelby Kohn, Secretary Sydney Nguyen, Treasurer

Committee Chairs

Fundraising Committee - Shawn Clinger & Sarah Fox Recognition Committee - Alan Lerch Membership Committee - 4-H Staff





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