



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

2026 OUTBOUND PROGRAMS

COSTA RICA • JAPAN • TAIWAN • SOUTH KOREA • ARGENTINA



OUR MISSION:

Enhancing world understanding and global citizenship through high-quality 4-H international cultural immersion and exchange programs for 4-H aged youth.

Program Details:

States' 4-H Summer Outbound programs provide American 4-H youth with the opportunity to travel to foreign countries for a cultural immersion experience. Delegates live with volunteer host families and engage in experiential learning about a new way of life. Delegates experience aspects of daily life that allow them to more deeply understand both their host culture and their own culture. Our network of like-minded international partners recruits host families and plans enrichment activities.

2026 PROGRAM DATES *

Costa Rica: June 25-July 24

Japan 8-Week: June 10-August 7

Japan 4-Week: July 8-August 7

Taiwan: July 8-August 7

South Korea: July 15-August 14

Argentina: July 11-August 3

*Program dates subject to slight change or modification.

4-H YOUTH ELIGIBILITY

- ➡ 12-18 years old for Japan 4-Week & Taiwan
- ➡ 12-18 years old for South Korea
- ➡ 15-18 years old for Costa Rica, Argentina, and Japan 8-Week

Applicant must not be in college

APPLICATION DEADLINE

- Contact your State Coordinator and/or reach out to States' 4-H to learn more
- Applications open in Fall 2025

www.states4hexchange.com
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