



Upcoming Events

- Nov 12** - PW 4-H
Association Meeting
- Nov 16** - PW 4-H
Outdoor Challenge
- Nov 20** - PW 4-H Teen
to BLOOM
- Nov 24** - PW 4-H Officer
& Leadership Training
- Nov 28 - Dec 2** -
National 4-H
Congress
- Nov 28 - Dec 14** - TSC
& 4-H Paper Clover
Campaign
- Dec 1** - PW 4-H
Embryology
Registration Opens
- Dec 3** - PW 4-H
Homemade Holiday
Craft Night
- Dec 4** - PW 4-H Adult
Leader & Prof Dev
- Dec 13** - Wreaths Across
America Ceremony

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Click to Visit



Prince William 4-H

Our Clubs, Our Community



November 12, 2025

Get Outside with Prince William 4-H!



Date: Sunday, November 16th

Time: 2 - 4 PM

Location: Nokesville Park, 12560 Aden Rd, Nokesville. [Click here for trail info.](#)

Who Should Attend: all Prince William 4-H'ers, families, and friends

Ready to unplug and recharge? Celebrate the 4-H Pillar of Healthy Living by joining the National 4-H Outdoor Challenge! This is your chance to swap screen time for sunshine and show how awesome it feels to get outdoors.

From November 14th-16th, pledge to spend as much time outside as you can - whether it's hiking, raking leaves, playing soccer, or just chilling in the fresh air. Every hour counts!



STEP 1: JOIN THE CHALLENGE!

[Click here to register for the National 4-H Outdoor Challenge](#)

Sign up, pledge your outdoor hours, log your time, and enter for a chance to WIN PRIZES! It's totally FREE, and any outdoor activity counts. Need inspiration? Watch this [short video about the challenge.](#)



STEP 2: HIKE WITH PW 4-H!

[Click here to register for the PW 4-H Hike*](#)

Sunday is shaping up to be a perfect fall day for an adventure! Grab your family and friends for a 2-mile scenic trail ending at the brand-new interactive playground at Nokesville Park. Pro tips: Wear comfy shoes, dress in layers, and bring water.

* Reminder: Virginia 4-H requires all participants to be enrolled in 4-H Online prior to participation. Enrollment is FREE. [Click here to enroll/re-enroll.](#)



STEP 3: SHAKE THOSE TURKEY TAIL FEATHERS!

Get moving, have fun, and make memories. **We'll see YOU on Sunday!**



PW 4-H Association Meeting: All Families Encouraged to Attend!



Date: Wednesday, November 12th - **TONIGHT!**

Time: 6:30 - 8:30 PM

Location: PW 4-H Headquarters, McCoy Room (upstairs)

Who Should Attend: All PW 4-H adult leaders, youth club officers, youth 4-H'ers, and all PW 4-H families - we need your head, heart, hands and health to ensure an #OpportunityForAll in PW!

The busy bees of the PW 4-H Association are buzzing into action! This bimonthly meeting will report on upcoming activities, BINGO planning, Wreaths Across America, PW 4-H Recognition Night, and more...all working towards our goals of empowering youth to be our BEYOND READY next generation of responsible citizens. All members and families are invited and encouraged to attend!

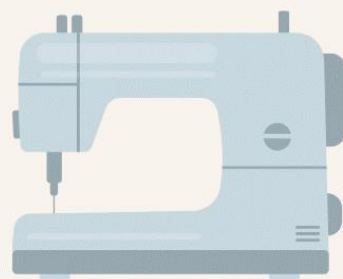


Sew Much Fun

PW 4-H Sewing SPIN Club



Six enthusiastic tweens spent two days at the 4-H office working on their sewing skills. From threading a needle and bobbin to the difference between ironing and pressing fabric, these 4-H ers learned life skills while enjoying making new friends. Working together while having fun, these tweens completed a string bag, a small pillow and made a strong start on their project record book. We look forward to seeing what these 4-H sewists make next.



Cloverbuds Honor Veterans and Show Their 4-H Pride!



The Prince William 4-H Cloverbud meeting was extra special this week! We welcomed a guest speaker - a proud Marine veteran and 4-H dad - who shared what it means to serve our country and why honoring those who have served is so important.

The kids were amazed by his uniform and medals and asked awesome questions about life in the military. We learned that the best way to honor veterans is simple: say "thank you for your service."

A big thank-you to Mr. Clinger and all our veterans!

After learning about service and patriotism, the Cloverbuds got creative by designing their own 4-H flags. Each one was colorful, unique, and full of 4-H pride!

TAKE HOME ACTIVITY: All PW 4-H Cloverbuds are encouraged to add their experiences and memories from Saturday's meeting to their 4-H Portfolio. [Click here for the form to complete.](#)

UP NEXT: PW 4-H Cloverbuds are encouraged to register and attend this weekend's [PW 4-H Outdoor Challenge](#) and the December 3rd [Homemade Holiday Craft Night!](#)



PW 4-H Wellness SPIN Project Interest Survey

Who Should Participate: PW 4-H'ers ages 9-18

[Click here to complete the interest survey.](#) **Please respond by December 1st.**

Ready to boost your energy, confidence, and leadership skills? Join the Prince William 4-H Wellness SPIN Project and discover how healthy living can transform your life!

This program is all about the 4-H Pillar of Healthy Living - helping you take care of your body and mind while building skills that last a lifetime. When you feel good inside and out, you're ready to tackle challenges, make smart choices, and lead in your community.

Here's what you'll gain:

- **Healthy Habits:** Learn how your choices impact you, your family, and your community.
- **Confidence & Leadership:** Build social-emotional skills that make you a strong, caring leader.
- **Fun & Fitness:** From Zumba to yoga to exciting games, we'll keep you moving!

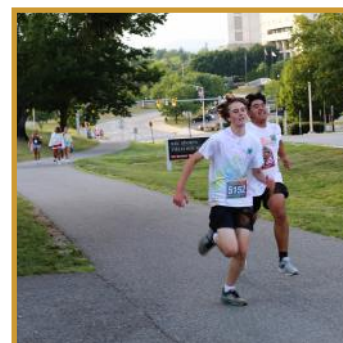
We'll meet twice a month for:

- **Classroom Sessions:** Explore nutrition, fitness, and self-care.
- **Activity Sessions:** Get active with fun workouts and games!

This is also a perfect add-on if you're participating in the [Prince William-National 4-H Outdoor Challenge](#) or the Prince William 4-H Food Challenge (*although youth not required to participate in these*).

Learn. Move. Thrive.

Make healthy living a lifelong habit with Prince William 4-H!



★★★★★
PRINCE WILLIAM 4-H
ENGAGE
Locally!
 ★★★★★

Engage Locally! brought together youth, club leaders, community leaders, and partners to celebrate civic engagement and the impact of 4-H in the greater Prince William area. Guests enjoyed impressive club displays from Kettle Run 4-H Club, Trigger Time 4-H Club, Nokesville Equestrian 4-H Club, and Nokesville 4-H Club, showcasing the creativity and dedication of our members.

Tim and Lexi opened the program with a warm welcome to Mr. Chris Shorter, County Executive, who shared inspiring remarks encouraging everyone to learn from one another. Representatives from Congressman Vindman's office presented each youth with a congratulatory letter recognizing their participation.

We were honored to have the Chair of the Prince William County Board of Supervisors, representatives from Delegate Sewell's office, and our Commonwealth Attorney visit every table. Members of both Prince William County and Manassas City School Boards, the Soil and Water Conservation District Board, and representatives from the Clerk of the Court and Virginia Cooperative Extension at Virginia Tech also joined us, making this a true community-wide celebration.

Thank you to everyone who attended and supported this event. Together, we are building stronger connections and empowering youth through civic engagement and leadership.







Participate in the National 4-H challenge with Prince William 4-H! All 4-H'ers, family and friends are invited to meet us on November 16th at 2 PM at the updated Nokesville Park for a 2 mile hike along a beautiful nature trail. All ages and skill levels welcome! [Click here for more details.](#)

4-H OUTDOOR CHALLENGE

NOVEMBER 14-16

PRINCE WILLIAM

EXPLORE NATURE WITH 4-H!

Challenge yourself and others to spend the weekend outdoors! Pledge outdoor hours and follow along online for your chance to win prizes! Come by the Extension office for registration details or scan the follow the registration link below.

REGISTER ONLINE



<https://tinyurl.com/4-HOutdoorChallenge2025>

[Click here for
details on
Prince
William 4-H's
hike on Nov
16th!](#)



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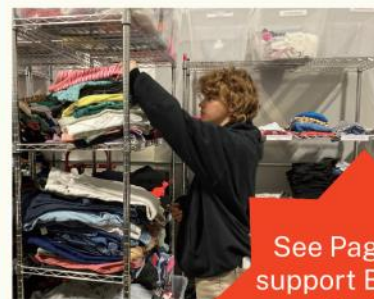


[4houtdoorchallenge](#)



TEENS TO BLOOM

BEYOND LEADERSHIP: OUTREACH, OPTIMISM & MINDSET



See Page 11 to
support Boxes of
Basics
immediate
needs

PW 4-H's BLOOM group is a monthly social and educational opportunity for teens (ages 14-19) to explore leadership, social-emotional awareness, critical thinking and service learning. There will be 8 scheduled meetings (October - May). Prospective PW 4-H Camp counselors must attend at least 4 BLOOM opportunities in order to be considered to attend camp.

NOVEMBER MEETING

- Thursday, November 20th
- 6-8 PM
- **Boxes of Basics**, 9239 Mike Garcia Dr, Manassas (*outreach*)
- All PW 4-H Teens Ages 14-19 should attend!

MORE OPPORTUNITIES

- **Nov 6 (*outreach*)**: attend Engaged Locally!
- **Nov 12 (*outreach*)**: PW 4-H Association Meeting
- **Nov 16 (*optimism*)**: PW 4-H Outdoor Challenge
- **Nov 24 (*mindset*)**: Leadership & Officer Training



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**Click here to
register.**



PW 4-H Officer & Leadership Training: Build, Lead, Grow!

Date: Monday, November 24th

Time: 6 - 8 PM

Location: McCoart Building, I County Complex Ct., Woodbridge

Who Should Attend: all PW 4-H youth club officers, 4-H youth interested in officer/leadership opportunities, teens interested in counselor positions, and Teens to BLOOM members (counts towards 4 meeting requirement)

[Click here to register.](#) All participants must be registered in 4-H Online prior to attending.

Ready to level up your leadership skills and have a blast doing it? Join us for a hands-on, high-energy training designed to empower youth leaders through fun, teamwork, and real-world skills!

- ★ **Start with a Game:** Kick off with an interactive role-playing adventure that sets the stage for leadership challenges and creative problem-solving.
- ★ **Trail Mix & Teamwork:** Ever built the perfect trail mix using parliamentary procedure? You will now! Participate in mock meetings that teach you how to lead, collaborate, and make decisions - while snacking smart!
- ★ **Grow Your Mindset:** Discover what makes a great leader through engaging discussions on leadership qualities, responsibilities, and the power of a growth mindset. Learn how 4-H's "learn-by-doing" approach turns challenges into opportunities.
- ★ **Set Goals & Solve Problems:** Practice goal-setting, budgeting resources, and keeping records - all essential skills for life and career success. Work in teams to tackle challenges and build confidence in your leadership journey.
- ★ **Skills for Life:** This training isn't just about today—it's about your future. Develop habits of mind like adaptability, self-reflection, and strategic thinking that prepare you for academic achievement, career readiness, and personal happiness.
- ★ **Connect & Lead:** Meet other youth leaders, share ideas, and build lasting connections. Whether you're a current officer or aspiring to be one, this training will help you shine in your role and beyond.

Represent Your 4-H Club at Tractor Supply Co.!



Dates: November 28th - December 14th

Location: Tractor Supply Co., 10870 Balls Ford Rd., Manassas

All PW 4-H Clubs should sign up for a slot!

[Click here for signup.](#)

Hey Prince William 4-H Clubs! Want to show off your club spirit, connect with the community, and help raise funds for awesome opportunities like camp and State Congress? Now's your chance!

Sign up for a time slot to promote your club during the Fall 4-H Paper Clover Campaign at Tractor Supply Co. in Manassas. When 4-Hers are present, donations go up - and your club earns a percentage of the proceeds!

Bonus idea: Host a bake sale or fun activity while you're there to raise even more for your club!

Did you know? The Spring 2025 campaign raised over \$1 million nationwide, with Virginia contributing nearly \$35,000 - ranking in the top 12 states! Let's keep the momentum going!

Bring your biggest 4-H smile, wear your club gear, and let's show Manassas what 4-H is all about!



PRINCE WILLIAM 4-H



Bring Science to Life with the Embryology Project

Are you looking for a hands-on, unforgettable way to teach science and spark curiosity in your students or club members? The Prince William 4-H "Beginning of Life" Embryology Project is the perfect opportunity!

This project gives youth a front-row seat to one of nature's most amazing processes - watching a chick develop and hatch from an egg. Over 21 days, participants care for fertilized eggs in an incubator, observe growth, record data, and learn problem-solving skills. It's science in action, and it's FUN!

WHY PARTICIPATE?

- Meets Virginia SOLs in math, science, English, life science, and computer technology.
- Builds responsibility, respect for life, and critical thinking.
- Includes step-by-step 4-H educational materials guiding students from incubation to brooder building.
- Supported by Prince William 4-H staff every step of the way.

WHO CAN JOIN?

- Prince William 4-H Clubs
- Prince William County Schools
- Manassas City Schools
- Manassas Park Schools
- Homeschool Groups

WHAT'S INCLUDED?

- Fertilized eggs
- Training and guidance
- Support during the hatch
- Chick collection and transport to a local farm

Don't miss this chance to make science come alive in your classroom or club! Spots fill quickly, so sign up Dec 1st and give your students an experience they'll never forget.



IMPORTANT DATES*

Dec 1 - Registration Opens

Jan 5 - Registration Closes

EDUCATOR TRAINING OPTIONS

Feb 4 - 6-7:30 PM @ PW 4-H

Feb 11 - Time & Location TBD

INCUBATOR PICKUP @ PW 4-H

Feb 5 - 1-4 PM

Feb 9 - 10 AM - 2 PM

EGG PICKUP @ PW 4-H

Feb 16 - 4-6 PM

Feb 17 - 9 AM - 12 PM

HATCH DAYS

Mar 9 - 13

CHICK DROP OFF @ PW 4-H

Mar 20 - 2-6 PM

Mar 26 - 12-3 PM

*Dates subject to change

Registration Opens Dec 1st!



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JOIN US FOR
PRINCE WILLIAM 4-H'S

HOMEMADE HOLIDAY CRAFT NIGHT

DECEMBER 3RD, 2025
6-8 PM

Arbor Terrace - Sudley Manor
7750 Garner Dr., Manassas, VA 20109

Join Prince William 4-H for a FREE night of holiday fun at Arbor Terrace! All 4-H'ers are invited to bring a friend and spread some cheer with hands-on activities for all ages - no prep needed, 4-H provides everything! Just show up with your best 4-H smile and help light up the night with joy, laughter, and holiday spirit!

[CLICK HERE TO REGISTER](#)

PW 4-H Teens (14 & Up): Click here to volunteer to run an activity table.

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PRINCE
WILLIAM 4-H

4-H ADULT LEADER PROFESSIONAL DEVELOPMENT

Join PW 4-H Extension Agent MaryBeth Lerch for dynamic, one-hour virtual sessions designed for all 4-H adult leaders and volunteers. These interactive meetings dive into key topics like positive youth development (PYD), social-emotional learning (SEL), emotional intelligence, and problem-solving—all within the context of 4-H project work. Plus, we'll explore additional subjects based on your club's unique needs and interests. Whether you're looking to connect with fellow volunteers, deepen your understanding of youth development, or inspire tomorrow's leaders, these sessions are a valuable opportunity to grow and make a lasting impact.



4-H Positive Youth Development (PYD)

Learn how to empower young people by fostering critical life skills like leadership, problem-solving, and community engagement through hands-on projects in a safe, nurturing, and inclusive environment.



Youth Social Emotional Learning

Understand how to use the 4-H Thriving Model to emphasize high-quality, safe, and caring environments to help youth thrive, reach essential life goals, and achieve academic and social success.



Youth Emotional Intelligence

Understand a holistic approach that addresses mental health, education, employability, and character development, promoting healthy lifestyles and self-esteem in 4-H projects and activities.



Youth Problem Solving

By focusing on youth strengths and providing opportunities, relationships, and support, the 4-H PYD model helps young people thrive and reach their fullest potential, ultimately benefiting themselves, their families, and their communities.

OCT
21

DEC
4

FEB
5

APR
14



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**CLICK HERE TO JOIN
ZOOM MEETING FROM
7-8 PM**

Wreaths Across America



Remember Honor Teach

Wreaths Across America helps us honor our fallen soldiers who bravely defended our country. Prince William 4-H has a proud tradition of supporting and participating in this meaningful event.

You can show your support for both 4-H and Wreaths Across America by, sponsoring a wreath to be placed on a veteran's grave. You can also volunteer to help lay wreaths at Quantico National Cemetery.

Together, we can remember, honor, and teach the value of service and sacrifice.

[Click here to Sponsor a Wreath](#) | [Click here to Volunteer for Wreath Laying](#)

Where: Quantico National Cemetery When:
December 13th, 2025 (Time TBD)



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We Want to Hear from YOU!

We hope you've enjoyed the October issues of the PW 4-H Weekly Newsletter featuring YOU!

PW 4-H Club Officers - We want to hear MORE from you! Each month, club reporters, historians, or secretaries should send a quick summary of your club's activities (*cool projects, service, awards, shoutouts*), up to 6 photos with captions, and any thank-yous to community supporters. Don't forget to sign your name, officer role, and club name, then email it to chelminger@pwcva.gov and CC your adult club leader. These reports help track your club's journey, keep families and the community in the loop, and might even attract new members! Plus, if you're the Club Reporter, you're building real-world skills - try using AI to turn your report into a newsletter article! (See the schedule to the right.)



**Beyond
Ready**

Prince William 4-H CLUB REPORT DUE DATES

1st Monday (Nov 3)
Nokesville Equestrian 4-H Club
PHS Ruri-Teen 4-H Club

2nd Monday (Nov 10)
Kettle Run 4-H Club
Benton Middle School Club

3rd Monday (Nov 17)
Trigger Time 4-H Club

4th Monday (Nov 24)
Nokesville 4-H Club
Linton Hall 4-H Club

Support Prince William 4-H'ers in "On the Verge"



Dates: Nov 13th - 15th
Location: Patriot High School, 10504 Kettle Rd., Nokesville
[Click here to purchase tickets.](#) \$13/adult; \$8/student

The Patriot Players present *On The Verge*, a play about three Victorian lady explores that set out on the adventure of a lifetime; to visit the unknown land of Terra Incognita. Along the way they meet a cannibal, a yeti, a troll, and more unexpected characters. But it's after that that things get weird. The play features PW 4-H'ers **Tim Hirshey** (Kettle Run & Trigger Time 4-H Clubs), **Lexi Strand** (Trigger Time 4-H Club), and **Eva Harm** (Kettle Run 4-H Club). **Please come out and see the show!**

Save the Date! Join the Prince William 4-H Delegation to:

VIRGINIA 4-H DAY AT THE CAPITOL



PW 4-H'ers Are Invited! Holiday Lake 4-H Food Frenzy Camp

Dates: February 27th - March 1st
Location: Holiday Lake 4-H Educational Center
Who Should Attend: Virginia 4-H'ers ages 9-18
Camp Fee: \$135/participant; \$50/teen and adult volunteers
* Trained teen and adult volunteers needed!
[Click here for more information and to register.](#) **Register by Feb 13.**

Youth have the opportunity to learn and practice food safety and cooking skills. Campers will explore different cooking techniques and work with professionals in the food service industry. Whether you're new to the kitchen or looking into careers in the industry, this is the camp for you!

Activities include: food safety & preparation, fun food-filled workshops, and the opportunity to work in teams to create delicious one-bites guided by a professional chef!

Workshops include: Get Your Grill On, Bake It 'Til You Make It, Quick 'n' Easy Eats, Undercover Veggies, Jazz It Up, The Smoak House, and Aloha Sushi



JOIN US FOR

HOKIE DAIRY DAY

DECEMBER 6 AT 10:00 AM - 2:30 PM

EXPERIENCE THE DAIRY INDUSTRY FROM COW TO CAREER!

Topics include calf care, milking, nutrition, judging and dairy foods

Start the day at the Virginia Tech Dairy Complex at Kentland Farm at 5279 Whitethorne Rd., Blacksburg, VA 24060
For the second half of the day, we will meet at William M. Etgen Large Animal Learning Center at 700 Plantation Rd.
Lunch provided by Southland Dairy Farmers!

The Hokie mens basketball team will be playing George Mason at 3pm. Tickets are available at hokiesports.com and are priced at \$14-\$17. Hokie Dairy Day Participants will receive a coupon for a milkshake if they attend the game.

COMPLETE YOUR 2025 HOKIE DAIRY DAY REGISTRATION BY DECEMBER 1 AT [HTTPS://TINYURL.COM/2025HOKIEDAIRYDAY](https://tinyurl.com/2025HOKIEDAIRYDAY)

Hokie Dairy Day: Sponsored by the VT Dairy Club

EXPERIENCE THE DAIRY INDUSTRY FROM COW TO CAREER!

Date: Saturday, December 6th**Time:** 10 AM - 2:30 PM**Location:** VT Dairy Complex at Kentland Farm and Etgen Learning Center, Blacksburg[Click here for FREE registration.](#)**Register by Monday, December 2nd at noon.**

Topics will include: calf care, milking nutrition, judging, and dairy foods. Participants are encouraged to stay after HOKIE Dairy Day and attend the [VT Men's Basketball Game](#). HOKIE Dairy Day participants staying for the game will receive a coupon for a FREE VT Dairy Club Milk Shake during the game!

VIRGINIA 4-H DAIRY QUIZ BOWL: SAVE THE DATE

Date: Saturday, March 14th, 2026. Details regarding location andregistration link coming soon! [Click here for study guides.](#)

Great opportunity for new participants and experienced youth alike to test their knowledge in all things Dairy!

Create Your Own 3D Poetry Canvas!

Date: Saturday, November 15th**Time:** 1 PM**Location:** Manassas City Library, 10104 Dumfries Rd., Manassas (Study Rooms A&B)**Who Should Attend:** Youth in grades 6-12

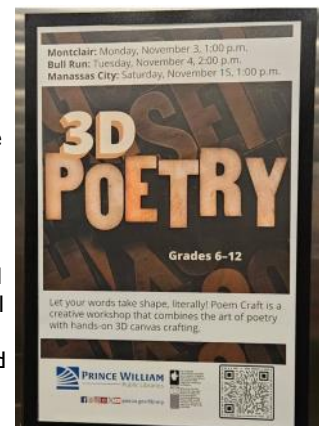
[Click here for more information.](#) Free event - first come first-served. All materials provided.

Let your words take shape, literally!

Poem Craft is a fun, creative workshop that combines the art of poetry with hands on 3D canvas crafting (no paint used). In this unique program, participants will explore self-empowerment through guided prompts and group activities that help them express their thoughts while writing a poem. Participants will take time to acknowledge their strengths. After writing, attendees will transform blank canvases into their own 3D visual masterpieces. Using layered materials each person will create a one-of-a-kind canvas piece that holds personal meaning. Each attendee takes their poem and 3D canvas home.

Upcoming Workshops

- 11.08.25 - Afton 🚶
- 12.07.25 - Virginia Beach 🏖️
- 12.13.25 - Catlett 🏹
- 12.17.25 - Virtual 📺
- 12.17.25 - Virtual 📺

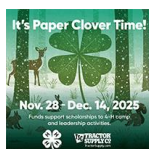


Virginia Department of Wildlife Resources

[Click here for upcoming workshops.](#)

Learn outdoor skills with DWR! Join us for hands-on classes in hunting, fishing & wildlife education. These classes are perfect for beginners or anyone wanting to sharpen their skills. Space is limited, reserve your spot today!

Support National 4-H With Holiday Shopping



TRACTOR SUPPLY COMPANY

Shop locally at the Tractor Supply Company in Manassas!

From festive 4-H ornaments to 4-H hats, Tractor Supply Company has the perfect stocking stuffers for every 4-H fan. And don't miss the Paper Clover campaign kicking off Friday, November 28—a simple way to support 4-H at checkout!



MY POTTERY PLACE

[Click here to find a store..](#)

Get crafty with 4-H pottery! From mugs to ornaments, you can paint your own masterpiece while supporting youth programs—5% of every purchase goes to 4-H.



MICKMAN BROTHERS

[Click here to shop wreaths.](#)

Decorate your home with beautiful greenery and purpose. 15% of the proceeds from each wreath or evergreen will benefit 4-H.



TWISTED X

[Click here to shop footwear.](#)

Step into the season with style! The Twisted X 4-H Collection has shoes for the whole family—perfect for gifting (or keeping for yourself!)—and 6% of each pair sold supports 4-H!



GEORGIA BOOT

[Click here to shop boots.](#)

Built for hard work and big dreams, Georgia Boot is a proud 4-H supporter. Their rugged boots are ready for any adventure, especially a 4-H project!



ACANATM PET FOOD

[Click here to shop pet food.](#)

Looking for a fun stocking stuffer for your four-legged family members? ACANA™ premium food and treats are a great option to help get your pet and 4-H'ers get Beyond Ready.

Select VPOST Opportunities

LANDING HUMANS ON THE MOON

Over half a century ago, on July 20, 1969, humans walked on the moon for the first time. Youth will take a look back at the history and legacy of our first small steps on the moon with this collection of activities, including videos to relive this amazing moment in our history. Grade Range: 4th- 8th grade

- [Video of First Moon Landing and the Famous Words](#)
- [Making a Model: Mapping the Moon](#)
- [Forward to the Moon: Explorer Puzzles and Activities](#)
- [Make an Astronaut Lander Design Challenge](#)



ACRES TRAINING: MATH GAMES AND FLUENCY ACTIVITIES

Date: November 13th

Time: 3 - 4 PM

[Click here to register.](#)

Come engage in fluency math games and activities that support youth in learning math facts and becoming fluent in computation while having fun in the process! This is a free, LIVE, virtual workshop that will last 45 minutes. For more information, email acres@mmsa.org.



PRINCE WILLIAM COUNTY

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

[Prince William 4-H](#)
[Virginia State 4-H](#)
[National 4-H](#)

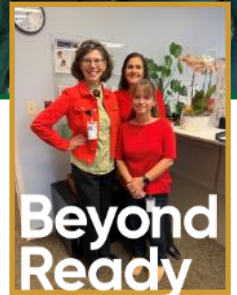


Your Dedicated PWC 4-H Staff

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PWC 4-H Resources

National 4-H

[National 4-H Homepage](#)

Virginia 4-H

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