

# CAFC Winter 2025/2026 POOL SCHEDULE

| Usage Area:                                                                                                                   | Monday                               | Tuesday        | Wednesday                            | Thursday       | Friday         | Saturday       | Sunday         |
|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------|--------------------------------------|----------------|----------------|----------------|----------------|
| <b>Recreation/Family/Open Swim</b><br><b>Main Pool:</b> Shallow End<br>4' – 5' depth                                          | 1:00p –6:15p<br>and<br>7:25p – 8:45p | 1:00p –4:00p   | 1:00p –6:15p<br>And<br>7:30p – 8:45p | 1:00p –4:00p   | 1:00pm –7:45p  | 1:00p – 4:30p  | 1:00p – 4:30p  |
| <b>Recreation/Family/Open Swim</b><br><b>Leisure Pool</b><br>0' – 4' depth                                                    | 1:00p -8:45p                         | CLOSED         | 1:00p -8:45p                         | CLOSED         | 1:00p – 7:45p  | 1:00pm – 4:30p | 1:00p – 4:30p  |
| <b>Lap Swim – 25 yd lanes*</b><br>6' – 14' depth                                                                              | 5:00a – 8:45p*                       | 5:00a – 8:45p* | 5:00a – 8:45p*                       | 5:00a – 8:45p* | 5:00a – 7:45p* | 7:00a – 4:30p* | 8:00a – 4:30p* |
| <b>Lap Swim/Walk – 20 yd lanes</b><br>4' – 5' depth<br>*The number of walking lanes<br>may vary throughout the week           | 5:00a – 8:45p                        | 5:00a – 8:45p  | 5:00a – 8:45p                        | 5:00a – 8:45p  | 5:00a – 7:45p  | 7:00a – 4:30p  | 8:00a – 4:30p  |
| <b>Square Spa</b>                                                                                                             | CLOSED                               | CLOSED         | CLOSED                               | 9:00a-8:45p    | 10:30a - 7:45p | 8:30a - 4:30p  | 9:00a - 4:30p  |
| <b>Round Spa</b>                                                                                                              | 5:00a – 8:45p                        | 5:00a – 8:45p  | 5:00a – 8:45p                        | 5:00a – 8:45p  | 5:00a – 7:45p  | 7:00a – 4:30p  | 8:00a – 4:30p  |
| Features:                                                                                                                     | Monday                               | Tuesday        | Wednesday                            | Thursday       | Friday         | Saturday       | Sunday         |
| <b>Diving Board*</b> (1 meter)<br>12' – 14' depth<br>*Diving boards will be closed while<br>lifeguard classes are in session. | CLOSED                               | CLOSED         | CLOSED                               | CLOSED         | CLOSED         | CLOSED         | CLOSED         |
| <b>Minnow Slide</b><br>3' depth                                                                                               | 1:00p -8:45p                         | Closed         | 1:00pm -8:45p                        | Closed         | 1:00p – 7:45p  | 1:00pm – 4:30p | 1:00pm – 4:30p |

**\*\* DISCLAIMER – POOL TIMES MAY BE ALTERED DUE TO STAFFING AND /OR MECHANICAL ISSUES. \*\***

| Adult Lap Swim Availability                                                                                                                                                                                                                                                                                                                                                                                                        |         |          |         |         |     |         |     |         |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------|---------|---------|-----|---------|-----|---------|--|
| Approximate number of 25 yd lanes available for the time listed                                                                                                                                                                                                                                                                                                                                                                    |         |          |         |         |     |         |     |         |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                    | Mon     | Tue      | Wed     | Thu     | Fri | Sat     | Sun |         |  |
| 5:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                            | 8       | 8        | 8       | 8       | 8   |         |     | 5:00 AM |  |
| 5:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 5:30 AM |  |
| 6:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 6:00 AM |  |
| 6:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 6:30 AM |  |
| 7:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     | 6       |     | 7:00 AM |  |
| 7:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 7:30 AM |  |
| 8:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     | 3       | 5   | 8:00 AM |  |
| 8:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                            | 8:30 AM |          |         |         |     |         |     |         |  |
| 9:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                            | 9:00 AM |          |         |         |     |         |     |         |  |
| 9:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                            | 9:30 AM |          |         |         |     |         |     |         |  |
| 10:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                           | 5       | 10:00 AM |         |         |     |         |     |         |  |
| 10:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                           |         | 10:30 AM |         |         |     |         |     |         |  |
| 11:00 AM                                                                                                                                                                                                                                                                                                                                                                                                                           | 8       | 11:00 AM |         |         |     |         |     |         |  |
| 11:30 AM                                                                                                                                                                                                                                                                                                                                                                                                                           |         | 11:30 AM |         |         |     |         |     |         |  |
| 12:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                           |         | 12:00 PM |         |         |     |         |     |         |  |
| 12:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                           |         | 12:30 PM |         |         |     |         |     |         |  |
| 1:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         | 5        | 1:00 PM |         |     |         |     |         |  |
| 1:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          | 1:30 PM |         |     |         |     |         |  |
| 2:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          | 2:00 PM |         |     |         |     |         |  |
| 2:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          | 2:30 PM |         |     |         |     |         |  |
| 3:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          | 3:00 PM |         |     |         |     |         |  |
| 3:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          | 3:30 PM |         |     |         |     |         |  |
| 4:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         | 6        |         | 4:00 PM |     |         |     |         |  |
| 4:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         | 4:30 PM |     |         |     |         |  |
| 5:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            | 2       | 2        |         | 2       | 3   | 5:00 PM |     |         |  |
| 5:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     | 5:30 PM |     |         |  |
| 6:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     | 6:00 M  |     |         |  |
| 6:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     | 6:30 PM |     |         |  |
| 7:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            | 5       | 5        |         | 8       | 5   |         |     | 7:00 PM |  |
| 7:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 7:30 PM |  |
| 8:00 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 8:00 PM |  |
| 8:30 PM                                                                                                                                                                                                                                                                                                                                                                                                                            |         |          |         |         |     |         |     | 8:30 PM |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |          |         |         |     |         |     |         |  |
| Lap Swim Schedule Information: The competition pool serves a wide variety of users including lap swimmers, group fitness classes, area swim teams, swim lessons, and recreation/family swim. This chart approximates lane space available for adult lap swim and is subject to change without notice. Please refer to the lap lane availability chart at the deep side of the pool deck for the most up to date lap lane schedule. |         |          |         |         |     |         |     |         |  |

| CHINN AQUATICS & FITNESS CENTER                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                       |                                                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|-------------------------------------------------|
| POOL Schedule                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                       |                                                 |
| December 1, 2025-April 1, 2026                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                       |                                                 |
| Recreation/Family/Open Swim                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                       |                                                 |
| <ul style="list-style-type: none"><li>Children under the age of 12 must be supervised <b>in the pool area</b> by a chaperone over the age of 16.</li><li>Children under the age of 6 and / or wearing a life jacket must be always supervised by an adult age 16 or older in the water. Regular admission is charged for all persons entering the pool area.</li><li>Children who are not toilet trained are required to wear a swim diaper. Guests who have had diarrhea within the last 2 weeks should not swim.</li></ul>                                                                                                                                                                                                        |                       |                                                 |
| Adult Lap Swim                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                       |                                                 |
| <ul style="list-style-type: none"><li>Lap Lanes are roped off at either a 25-yard competitive distance (deep water) or as 20-yard fitness lanes (shallow water) across the Main Pool. Whenever possible, 20-yard fitness lanes will be used for water walking exercise; however, this is not guaranteed.</li><li>During peak times, swimmers are required to share lanes, up to 4 swimmers per lane maximum. Swimmers must notify other swimmers in that lane before getting in. Swim on the right side of the lane, in a counterclockwise direction, staying near the lane marker.</li><li>Occasionally, there may be programs taking place during lap swim time. Lane availability is subject to change without notice.</li></ul> |                       |                                                 |
| <ul style="list-style-type: none"><li><b>Proper swimming attire required (i.e., bathing suit). The on-duty pool operator will address issues on a case-by-case basis.</b></li><li><b>Whirlpool users must be 16 years and older.</b></li><li><b>Water wings, rafts, and other inflatable items are not allowed. Coast Guard approved life jackets only with in-water supervision required.</b></li></ul>                                                                                                                                                                                                                                                                                                                            |                       |                                                 |
| Pool Temperatures                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Scuba Dates and Times |                                                 |
| <b>Main Competition Pool:</b><br><br>82 – 83°<br><br><b>Leisure Pool:</b><br><br>88 – 89°<br><br><b>Round Whirlpool</b><br><br>101 – 104°<br><br><b>Square Whirlpool</b><br><br>101 – 104°                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | 1/10/2026             | 1:00-2:00pm Shallow Corner; 2:30-3:30pm 2 Lanes |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 1/11/2026             | 10:00am-12:00pm 3 Lanes                         |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 1/31/2026             | 1:00-2:00pm Shallow Corner; 2:30-3:30pm 2 Lanes |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 2/1/2026              | 10:00am-12:00pm 3 Lanes                         |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 2/21/2026             | 1:00-2:00pm Shallow Corner; 2:30-3:30pm 2 Lanes |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 2/22/2026             | 10:00am-12:00pm 3 Lanes                         |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3/7/2026              | 1:00-2:00pm Shallow Corner; 2:30-3:30pm 2 Lanes |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3/8/2026              | 10:00am-12:00pm 3 Lanes                         |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3/21/2026             | 1:00-2:00pm Shallow Corner; 2:30-3:30pm 2 Lanes |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3/22/2026             | 10:00am-12:00pm 3 Lanes                         |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 3/29/2026             | 10:00am-12:00pm 3 Lanes                         |