



Prince William 4-H

Our Clubs, Our Community



February 4, 2026

Upcoming Events

Feb 6 - PW 4-H Share the Fun

Feb 14 - PW 4-H Contest Day & Share the Fun

Feb 21 - VA 4-H Shooting Ed Recertification

Feb 28 - PW 4-H Food Challenge

Mar 1 - VA 4-H Meats Evaluation

Mar 3 - PW 4-H Dog Project Kickoff

Mar 6-7 - PW 4-H TALT Weekend

Mar 10 - PW 4-H Leaders' Mid-Year Meeting

Mar 14 - VA 4-H Dairy Quiz Bowl

Mar 14-15 - VA 4-H Spring Air Champs

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Virginia Tech • Virginia State University

PW 4-H Events: Winter Weather Updates



PW 4-H LEADING BY SPEAKING SPIN PROJECT WITH TOASTMASTERS

TONIGHT! Wednesday, February 4th, 6-8 PM

Location: PW 4-H Headquarters

This is our final project meeting and preparation for Contest Day! Capitol Day attendees will be giving a small speech. Be prepared with Session 6 in your workbook. New officers will be leading and serving in their new roles!



PW 4-H ADULT LEADER PROFESSIONAL DEVELOPMENT

Feb 5 - CANCELED

Final Zoom Training Date: April 14th

Please save the date for the final zoom meeting to discuss Youth Problem Solving.



PW 4-H ASSOCIATION FUNDRAISING COMMITTEE MEETING

THURSDAY! February 5th

Time: 7 PM

[Click here to join Zoom call.](#)

Meeting ID: 737 6780 1555 Passcode: M8WNQK

All committee members and all PW 4-H'ers and parents are encouraged to attend to help plan BINGO!



PW 4-H 2026 SHARE THE FUN

FRIDAY! February 6th

Time: 7 PM

Location: The Nokesville School, 12375 Aiden Rd., Nokesville

Volunteers & Teens to BLOOM: Please [click here](#) to fill remaining volunteer slots.

If you're looking for an exciting event with energy, creativity, and seriously impressive talent, Prince William 4-H Share the Fun is the place to be! Whether you're performing, volunteering, or cheering from the audience, this is one 4-H event you won't want to miss.



PW 4-H SMALL ANIMAL PROJECT

TBD - Interest Meeting

Feb 10 - Rabbit Project Kickoff postponed TBD



PW 4-H EMBRYOLOGY DATE CHANGES

EDUCATOR TRAINING OPTIONS (CHOOSE 1):

Feb 11 6-7:30 PM @ I County Complex, Woodbridge, Occoquan Room

Feb 12 6-7:30 PM @ PW 4-H, 7987 Ashton Ave., Manassas, McCoy Room

INCUBATOR PICKUP (if rented) @ PW 4-H

Feb 9 10 AM - 2 PM

Feb 10 1-4 PM

PRINCE WILLIAM 4-H



DRESS REHEARSAL

2026 SHARE THE FUN

SHOW DATE: FRIDAY, FEB 6, 7 PM

Here's a sneak peek into the action unfolding on Friday!

PW 4-H 2026 SHARE THE FUN

FRIDAY! February 6th

Time: 7 PM

Location: The Nokesville School, 12375 Aiden Rd., Nokesville

Volunteers & Teens to BLOOM: Please [click here](#) to fill remaining volunteer slots.

This year's Share the Fun is STACKED. We've got 20 acts lined up - yes, twenty! - showcasing an incredible mix of talent: graceful ballet « instrumental solos « sibling duos « creative skits « powerful spoken word...and even some mind-bending magic! It's like a talent show, variety show, and hype night all rolled into one - and your friends are counting on you to help make the energy unforgettable.







Small Animal Project

Prince William 4-H



WHAT'S A 4-H DOG OR RABBIT PROJECT?

The 4-H Dog and Rabbit Projects teach you how to be an awesome and responsible pet owner while building real-life skills. You learn how to care for your pet, train them in obedience, agility, rally, and showmanship, and keep track of everything you accomplish. You also set goals, record your progress, and can even compete in dog or rabbit events. It's all about learning by doing – and becoming a confident leader while bonding with your furry friend.

JOIN US FOR THE PW 4-H SMALL ANIMAL SPIN PROJECT INTEREST MEETING

January 27th 

6-7:30 PM 

PW 4-H Headquarters 

**RESCHEDULED
DATE TBD**

**[CLICK HERE TO
REGISTER](#)**

**Please register to
demonstrate
interest.**



Virginia Cooperative Extension
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If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Prince William 4-H, Virginia Cooperative Extension at (703-792-6000/TDD*) during business hours of 9 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120. Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture (USDA), and local governments, and is an equal opportunity employer. For the full non-discrimination statement, please visit ext.vt.edu/accessibility.

Prince William 4-H SPIN Project Leading by Speaking



Who

The 4-H Youth Leadership SPIN Club, in partnership with Toastmasters International Youth Leadership Program, is an 8-session hands-on program designed for 4-H'ers ages 9-18.

What

Learn to speak with confidence, deliver powerful speeches, think on your feet, use your voice and body language effectively, and give and receive feedback like a pro!

Where & When

**Final Project Meeting
is TONIGHT,
Wednesday, February
4th from 6-8 PM.**

Why

Public speaking is a cornerstone skill in 4-H because it builds confidence, leadership, and communication abilities that youth can use throughout life. Lead your club, challenge yourself in 4-H competitions, and grow your voice as a leader.

CLICK HERE TO REGISTER

Participation is free, sponsored by PW 4-H.
Space is limited. Register by Dec 5th.
Enroll in 4-H Online prior to registering.



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Prince William 4-H



CLUB REPORT



Nokesville Equestrian 4-H Club



By Sarah Fox, President, Nokesville 4-H Equestrian Club
February 2, 2026

In January, our club, the Nokesville 4-H Equestrian Club, worked very hard on preparing for Block and Bridle, which will be held at Virginia Tech on February 6–7th. We spent a lot of time learning studying and practicing so we could do our best at the competition. Everyone put in effort and helped each other improve. Along with preparing for Block and Bridle our club also worked together to make dog treats to sell at a local veterinarian as a fundraiser. This was a ton of fun to do and to help our club.

Prince William 4-H CLUB REPORT DUE DATES

1st Monday (Mar 2)
Nokesville Equest. 4-H Club
Patriot High School 4-H Club

2nd Monday (Feb 9)
Kettle Run 4-H Club
Benton Middle School Club

3rd Monday (Feb 16)
Trigger Time 4-H Club

4th Monday (Feb 23)
Nokesville 4-H Club
Linton Hall 4-H Club

BE BEYOND READY WITH 4-H!



THANK YOU FOR YOUR CLUB REPORTS!

We're incredibly impressed by the youth in the PW 4-H program! Thank you for submitting your club reports and sharing how you're thriving in 4-H. Please continue to submit reports and photos to chelmlinger@pwcvva.gov and CC your adult club leader.

PW 4-H 2026 Junior Camp Counselor Applications

Eligible PW 4-H'ers should have received a detailed email and respond directly to [Mrs. Lerch](#). If you have not received the email, please email Mrs. Lerch.

NOTE: Applicants must have previously served as a CIT at PW/Stafford 4-H Camp. CIT applicants will register when camp registration opens on March 1st.

Steps to take today:

1. **Enroll or re-enroll in 4-H Online** here: <https://v2.4honline.com/> *Important reminder! If you have attended 4-H Junior Camp before, you already have a profile in 4-H Online. Do not create a new account. If you cannot find your family account, please reach out to Mrs. Lerch for help.
2. **Sign up for an interview slot (required).** [Click here to sign up for an interview slot](#) (Feb 3-20).
3. **Register for TALT (Teen-Adult Leader Training).** Dates: March 6-7. Location: Northern Virginia 4-H Center. Fee: \$80/ person. This training is where counselors will learn most of the content needed to feel confident and ready to lead campers. [Click here to register.](#) **Register by Feb 13th.**
4. **Mark your calendars for the training dates.** Be sure you do not have any conflicts now. Failure to attend could affect your chances of serving as a counselor this year.
 - April 11th, 10 AM - 2 PM, Dev Services Bldg, 5 County Complex Ct., Woodbridge - Mandatory Counselor Training
 - June 29th, 10 AM - 2 PM, Dev Services Bldg, 5 County Complex Ct., Woodbridge - Mandatory Counselor Training
 - June 6th, 7 PM, Zoom - First Time Camper and Parent Orientation Meeting.
 - July 8th, 10 AM - 12 PM, Dr. A. J. Ferlazzo Building, 15941 Donald Curtis Dr., Woodbridge, Auditorium - Counselor and CIT meet and Greet
 - July 19-23, Northern Virginia 4-H Center - PW/Stafford 4-H Junior Camp!



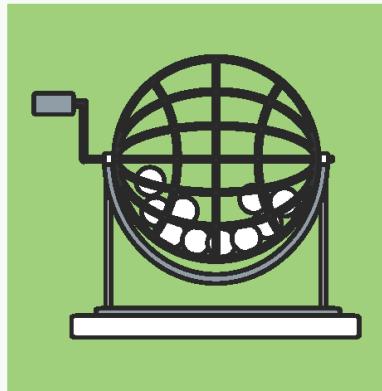
We will continue to evaluate readiness for camp leadership through engagement at TALT, counselor training sessions, and the Zoom interview. We reserve the right to make final decisions on counselor selections as we approach camp week. We are very excited to work with each of you in the coming months as we prepare for camp!

PRINCE WILLIAM 4-H ASSOCIATION

6 PM -
9:00 PM
\$20 CASH



4-H BINGO NIGHT



MARCH
20TH
2026

MANASSAS CHURCH OF THE BRETHREN

10047 Nokesville Rd, Manassas, VA
20110



\$20 WILL GET YOU 9 GAMES AND 5 EXPERIENCE TICKETS
KIDS UNDER 6 ARE FREE



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Prince William 4-H

4-H CONTEST DAY

February 14th | 10 AM | McCoart Building, Woodbridge

All Prince William 4-H'ers are Encouraged to Participate!

Learning competitions aren't just about winning - they're about growing your skills and confidence! Each year, the goal is to improve your own score against the standard rubric, so you can see how far you've come.

It's totally normal to feel nervous, but remember - this is a safe, supportive space to try something new. Every attempt helps you learn, and every challenge makes you stronger.

So go for it! Step up, give it your best, and discover what you're capable of.

4-H Contests Include: Presentation, Extemporaneous Speech, Public Speech, Dramatic Reading, Fashion Review, Table Setting, and Vocal, Instrumental, or Combo

START PREPARING TODAY!

Look up information on the contests, tip sheets and scoring aids:
<https://ext.vt.edu/4h-youth/competitions.html>.

This event is also the final session for all PW 4-H'ers participating in the Leading by Speaking SPIN Project led by Toastmasters.



CLICK HERE TO REGISTER. Register by February 6th



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PW 4-H Embryology Program Important Dates

EDUCATOR TRAINING OPTIONS (CHOOSE 1):

Feb 11 6-7:30 PM (@ I County Complex, Woodbridge, Occoquan Room)
 Feb 12 6-7:30 PM (@ PW 4-H, 7987 Ashton Ave., Manassas, McCoy Room)

INCUBATOR PICKUP (if rented) @ PW 4-H

Feb 9 10 AM - 2 PM
 Feb 10 1-4 PM

EGG PICKUP @ PW 4-H

Feb 16 4-6 PM
 Feb 17 9 AM - 12 PM

HATCH DAYS: MARCH 9-13

CHICK DROP-OFF DATES

Mar 19 & 26 TBD

Registration is **CLOSED**. Please contact [DeeAnn Strand](#) for program support.



VA 4-H Northeast District Contest Day

Date: April 18

Location: Bell Creek Middle School (Hanover County)

Time: 8:30 AM – 1 PM

Who Should Participate: All PW 4-H'ers that participate in PW 4-H Contest Day

[Click here to register. Register by April 3rd.](#)

[Click here for the VA 4-H Northeast District Contest Website.](#)

Level up your confidence, experience, and 4-H resume by participating in Districts! All Prince William 4-H'ers that participate in PW 4-H Contest Day on February 14th are invited to continue to improve their skills at Northeast District Contest Day. Top scores will have the opportunity to present at Virginia 4-H State competitions this spring!



PW 4-H Cloverbud Club Meeting Dates - UPDATED

This time of year is busy with county-level contests at Prince William 4-H. While all 4-H'ers from cloverbud to senior are encouraged to participate, we understand if you're new and unsure of what to expect. **Good news - our events are FREE to come, watch, learn, and gain an understanding for how to prepare to participate next year!** Make sure you have these Prince William 4-H opportunities on your calendars:

FEB 6 2026 Prince William 4-H [Share the Fun Show](#)

FEB 14 2026 Prince William [4-H Contest Day](#)

[Click here for more information about contests.](#) [Click here to register.](#)

NOTE: no February Cloverbud Club meeting. Please attend Contest Day!

MAR 21 Cloverbud Club Meeting @ PW 4-H Headquarters. Info coming soon!



PW 4-H Succulent Project – Coming This March!



Who can join? All PW 4-H'ers!
Led by: Master Gardener Linda Bresler
[Click here to join the project.](#)

Ready to dig into the 4-H Agriculture pillar? Join us for a hands-on workshop where you'll design your very own succulent dish garden!

Supplies will be provided, but here's a cool bonus: PW 4-H Youth Educator Pam Hardin is sharing leaves from her jade plant so you can start propagating your own succulents before the workshop! Limited leaves, soil, and instructions are available at Headquarters - **grab them while they last!**

If you're curious about succulents and want to learn how to grow and design with them, sign up today and join the project!



Save the Date: PW 4-H 2026 Tree Planting Day!

Date: Saturday, April 18

Time: 9 AM – Noon

Location: Meadow Planting Project TBD

Ready to get your hands dirty for a good cause? Join Prince William 4-H for an epic environmental service day with County Arborist Will Shoup! We're planting 250 trees - including bottlebrush, apple trees, and northern red oaks - to help reforest our community.

Why you'll love it:

- ♥ Dig in the dirt and make a real impact
- ♥ Learn pro tips on tree planting from an expert
- ♥ Celebrate Earth Day early with friends and nature vibes

This is your chance to give back, learn something cool, and have fun outdoors. Plus, if you're part of a 4-H club or school group, you can even host your own planting day! **LET'S MAKE PRINCE WILLIAM GREENER—ONE TREE AT A TIME!**

Virginia 4-H Healthy Living Summit



Dates: March 6-8

Location: W.E. Skelton 4-H Educational Center,

Who Should Attend: Virginia 4-H teens ages 14-19

Registration Fee: \$85 - includes lodging, meals, snacks, and supplies. [Click here to pay the fee.](#)

Register through 4-H Online. Registration closes February 20th.

The 4-H Healthy Living Summit will bring together teens from all across the Commonwealth who share an interest in learning more about topics related to nutrition education, physical fitness, wellness, and emotional well-being. The overall goal of the summit is to equip teens with the tools and resources to not only help improve their own personal health and wellness, but to help others as well.



2026 PW 4-H FOOD CHALLENGE TEAMS

JUNIOR TEAMS

We're Cooked!

Sylvie (captain),
Rylie, Jason, Jair

Pink Fluffy

Unicorns

Isabel, Hattie,
Leena, Ben

SENIOR TEAMS

The Snackrafice

Tim (captain), Eva,
Grace, Bailey

Holy Smoker

Simon (captain),
Gio, Stella

MIXED TEAM

The Goofy Goobers

Owen (captain),
Malcolm, Grayson,
Desmond, Watson



Prince William 4-H Food Challenge

FEBRUARY 28 | 8:30 AM
5 COUNTY COMPLEX, RM 107,
PRINCE WILLIAM

Get ready to bring the energy – because the PW 4-H Food Challenge is where teamwork, creativity, and serious kitchen skills collide! Teens from across the county have been training hard since October, learning from professional market Chef April Tanner of US Foods and sharpening their cooking, nutrition, and food safety know-how. Now they're fired up and ready to prove themselves in a fast-paced culinary showdown. Come cheer on your friends, soak up the excitement, and get inspired—because next year, you could be the one stepping up to the cutting board and representing Prince William on the district and state stage!



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Upcoming VA 4-H Youth Animal Science Events

2026 "Corey Childs Memorial" Stockmen's Contest
Virginia Livestock, LLC



COREY CHILDS MEMORIAL STOCKMAN'S CONTEST

Saturday, February 14th • Virginia Livestock, Front Royal

Schedule: registration 8-9 AM; stockmen's judging 9 AM

Cost: \$5 per person (includes lunch)

[Click here to register.](#) **Register by February 6th.**

2026 VIRGINIA STATE 4-H/FFA MEATS EVALUATION CONTEST

February 28 • Virginia Tech Food Science & Technology Building

Entry Fee: \$15/contestant or \$20/contestant for Dual-Entered youth (includes lunch)

[Click here for more info and to register.](#) **Register by February 17th @ 5 PM.**

[Click here for the 2026 Meats Evaluation and Technology Handbook.](#)

Official State Contest for both 4-H and FFA (dual entry allowed). The winning senior teams from each organization's contest will represent Virginia at their respective National events. All contestants must provide their own frock, hair net, and hard hat.

STATE FAIR OF VIRGINIA APPLIED SCHOLARSHIP PROGRAM

[Click here to apply.](#) **Applications due March 1st.**

Who Should Apply: 4-H/FFA youth who participated in the 2025 State Fair of Virginia & Youth

Livestock Shows (Beef Cattle, Sheep, Swine, and Meat Goats).

The scholarship program is administered by the State Fair of Virginia. Direct questions to scholarship@statefairva.org.

VT BEEF LEADERSHIP COUNCIL BEEF BOOT CAMP

Friday, March 6 • 8 AM - 4 PM • Alphin-Stuart Arena, Virginia Tech

Cost: \$15/person

[Click here to register.](#) **Register by February 27th.**

Please direct questions to Megan Mallory at mmegan22@vt.edu

"Lets Raise the Steaks" – Hands-on Stations that focus on Nutrition, Reproduction, Cattle Handling, Food Preparation and Handling. Perfect opportunity for youth who are new to cattle or seasoned show/beef industry kids. Stations will be fun and educational, led by VT students and Beef Industry Leaders.

VT POULTRY SCHOLARSHIP FOR INCOMING STUDENTS

[Click here for the application.](#) **Applications with references due by March 2nd.**

Each year, the Virginia Poultry Federation and Virginia Tech's School of Animal Sciences award scholarships—totaling about \$10,000 last year—to current and incoming College of Agriculture and Life Sciences students who show an interest in poultry and related industries.

VIRGINIA 4-H DAIRY QUIZ BOWL

Saturday, March 14 • Turner Ashby High School, Harrisonburg, VA

Additional details and registration link coming soon!

Please direct questions to: carterke@vt.edu, huntl97@vt.edu, or lkopp@vt.edu

HOKIE DAIRY DAY - RESCHEDULED

Saturday, March 21 • Virginia Tech

Additional details and registration link coming soon!

Please direct questions to Kaydan Shomaker at kaydans24@vt.edu.

MC STOCKMAN LIVESTOCK JUDGING CONTEST

Saturday, March 21 • Rockingham County Fairgrounds, Harrisonburg, VA

Additional details and registration link coming soon!

Please direct questions to Tom or Sarah McCall at mclivestock@gmail.com.

STATE 4-H & FFA LIVESTOCK SKILLATHON

Wednesday, March 25 • Rockingham County Fairgrounds, Harrisonburg, VA

Additional details and registration link coming soon!

Please direct questions to: carterke@vt.edu, huntl97@vt.edu, or lkopp@vt.edu

Upcoming VA 4-H Youth Animal Science Events *continued*

PENS, PARLORS, PETS, AND PADDOCKS - EXPLORING AND UNDERSTANDING YOUTH ANIMAL SCIENCE PROJECTS AND PROGRAMS

- **Session 1:** [Click here to watch the recording.](#) This session for 4-H club leaders reviewed the Virginia 4-H animal science programs and resources available.
- **SAVE THE DATE - Session 2:** Live Zoom Meeting is Feb 17th at 3 PM. Link available soon. This session will focus on Dual Enrollment vs Dual Entry and Risk Management Options and Opportunities for YAS Competitions and Events



VA 4-H Horse Program

2026 EDUCATION EVENTS

Feb 21 Communications Event - Gloucester County
 Feb 21 Horse Bowl Scrimmage Event - Gloucester County
 TBD Horse Bowl - Prince William
 Mar 14 District Hippology - Colonial Heights
 TBD Horsemanship Skills Evaluator/Measurement Certification



2026 SHOW SEASON

Mar 14 MHPC (Skills ½)
 Apr 11 VRS (skills 2)
 May 16 VRS (skills 1/2) May 23 TEC (Skills 2) May 30 - NNPC
 Jun 13-14 Region 1 Junior Teams Dressage Show (skills)
 Jun 13-14 Silver Star Farm
 Jun 13 - VRS (skills 2)
 Jul 11 VRS (Skills 2) Jul 17-19 SSF (Skills) Jul 26 Northumberland (Skills)

VIRGINIA 4-H STATE HORSE SHOW

Dates: September 4th - 7th

Location: Virginia Horse Center, Lexington, VA

[Click here for show details](#) including important dates, rulebook, qualifying requirements, events and more. 2026 info will be added as updated.

2026 VA 4-H Dominican Republic Program - Apply by Feb 16

Who Should Apply: Virginia 4-H'ers in 9th - 12th grades

Program Fees: \$2,600, with \$1,000 of that due as a deposit on March 16

[Click here for the Youth Application.](#)

[Click here for the Adult Volunteer Application.](#)

Applications due February 16th.

The Virginia 4-H Program in the Dominican Republic is now accepting applications from Virginia 4-H teens, agents and 4-H volunteers! This program started as a grassroots, county based program, which is now in its 18th year. Since one main focus of our program in the Dominican Republic is conducting a 4-H Day Camp for Dominican children, this program may especially appeal to 4-H Camp Counselors.

Interested 4-H'ers can learn more about the program through annual blogs and photos shared by participants:

2024 Blogs: [Group 1](#) | [Group 2](#)

2025 Blogs: [Group 1](#) | [Group 2](#)

[Click here for previous years' blogs and click on Dominican Republic.](#)

SERVICE BEYOND BORDERS

VIRGINIA 4-H DOMINICAN REPUBLIC SERVICE TRIP

SERVE. LEARN. GROW

Immerse yourself in the local culture, engage in meaningful service projects, and help facilitate day camps for local children. This is a unique opportunity to make a positive impact, take on exciting challenges, and create unforgettable memories.

WHO, WHEN, & WHERE?

This trip is open to all Virginia 4-H youth in grades 9-12. Participants can join one of two sessions: July 13-21, 2026 or July 27-August 4, 2026. The adventure takes place in Punta Cana, Dominican Republic.

READY TO APPLY?

The total cost of the trip is \$2,400, which includes airfare, lodging, and most meals. Applications are due by February 16, 2026 and will be accepted through <https://forms.gle/QanT6ZoHd73vP7>. A \$1,000 deposit is due by March 16, with the final balance due July 1. Don't miss your chance to join this unforgettable Virginia 4-H service experience!

CONTACT US:

Carol Nunnel, Shenandoah 4-H
carol.nunnel@va4h.org
 540-459-0140

Christine Hedges, Alleghany 4-H
christine.hedges@va4h.org
 540-852-0569

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VA 4-H Shooting Education Updates

VA 4-H SHOOTING ED RECERTIFICATION

Date: February 21

Location: Holiday Lake 4-H Educational Center, 1267 4-H Camp Rd, Appomattox

See your 4-H club leader for registration. **Payment/registration must be received by Feb 9.**

Virginia 4-H Shooting education instructors are required to attend recertification sessions every seven years. More than 120 instructors need to be recertified this year. There will be one session on February 21 and the other on November 7. Failure to attend will result in decertification for each discipline involved. *This training is NOT for new discipline certification.*

VIRGINIA 4-H SPRING AIR

Dates: March 14-15

Location: W.E. Skelton 4-H Educational Center, Wirtz, VA

Direct Questions: Mark Willey at willeym@gmail.com, Alan Lerch at trigger_time@verizon.net, or Jim Strand at gmc_55@yahoo.com

Trigger Time 4-H Club: please send discipline choices and required registration information to Mark Willey at willeym@gmail.com by **February 7th. Check your email!**

Available disciplines and events: BB Gun, Air Pistol, Air Rifle 3P Sporter or Precision, Air Pistol Silhouette, Air Rifle Silhouette, Presentation Contest, Public Speaking Contest, and Archery.

[Click here for the Match Program.](#)

Please disregard any contact information, deadlines or fee payment and document information in the match program, as this info is intended for club officials, not club members.

4-H Citizenship: States 4-H Inbound Exchange



INBOUND EXCHANGE DATES: July 22 - August 15

[Click here for the 2026 Hosting Application.](#)

Virginia 4-H partners with States' 4-H to offer an inbound exchange experience. This summer our goal is to host 20 young people and 2 adult chaperones from Japan.

- * To host youth, you must have a child within 4 years of age of the Japanese delegate.
- * To host an adult chaperone, you do not need to have children in your home.

PROGRAM NOTES

- No previous 4-H experience is required. Host Families will receive support from the state coordinator before, during, and after the exchange. There is no financial stipend.
- Host family must be available to pick up and drop off delegate in Richmond.
- Delegate Host Families must have youth host sibling to match to a same gender Japanese delegate. Host siblings should be 10+ years old. Japanese delegates are ages ~13-16
- Chaperone Host Families do not have to have a youth in the family
- All applying Host Families will be screened and interviewed as part of our risk management protocol. Agents will conduct the home visits that are part of the screening with guidance from Inbound Coordinator (Wendy). Only after passing all screenings, do families enroll in 4-H Online.
- Families hosting youth delegates must provide adult supervision during the time of the exchange/ homestay. Adults cannot both work outside the home all day without another adult present.
- Japanese delegates have a range of English language abilities.
- Delegates are here to experience every day American life. No special activities need to be planned.

PW 4-H Alumni: PWC Government Internship Opportunity

Prince William County's paid internship program gives participants the chance to do meaningful work, gain real-world experience and make a positive impact in the community. It's a hands-on opportunity to learn, grow and see how local government works to serve the community. [Click here to learn more and apply.](#)



National 4-H

YOUTH IN ACTION APPLICATIONS ARE NOW OPEN

[Click here for more information and to apply. Applications due April 13th.](#)

[Click here for March 4th - Youth & Parents Application Webinar Info](#)

The 4-H Youth in Action (YIA) program celebrates young people who are creating real change in their communities. This national program amplifies the stories and leadership of 4-H youth, showcasing how 4-H has shaped their lives and equipped them to impact others.



Four Award Winners will receive a(n):

- \$5,000 scholarship for higher education, paid directly to the institution, including two-year and four-year colleges, trade schools, or other advanced learning opportunities.
- Year of professional and media development, training, networking, and national opportunities to serve as a spokesperson and thought leader.
- All expenses paid trips for each award winner and a chaperone to attend national events.
- Official reference letter from a National 4-H Council leader for educational or career purposes.

Apply today and share your story with a national audience!

MOTT Million Dollar Challenge

[Click here for more information and to enter.](#)
Entries due February 27th.

GOT BIG IDEAS? GREAT! WE'RE ALL EARS.

Join the Mott Million Dollar Challenge - a pitch competition for kids and teens. This is the place where your best ideas come to life.

Kids and teens grades K-12, from any U.S. state or the District of Columbia can enter solo or with a team of up to three. Just jot down your idea, record a simple 30-90 second video about it and submit by February 27th, 2026.

Kids and teens will compete for prizes throughout the competition, with a total prize pool of \$1M.

Prince William 4-H'ers participating in Leading by Speaking SPIN or PW 4-H Contest Day - this is a great opportunity to SHINE!



Youth Art Contest

Help to Create Awareness About Problem Gaming & Gambling



The Prevention Coalition of Greater Prince William invites youth to participate in a special Problem Gaming & Gambling Awareness Art Project Contest.

How to Enter:

Create and submit an original piece of art that highlights the risks of problem gaming and gambling.

Prizes:

The top three submissions will each win up to a \$100 gift card!

Winners' art will be featured on our website and displayed at various locations around the Greater Prince William during Problem Gambling Awareness Month.

Submission Deadline:

All entries must be submitted by March 1, 2026.

Join us in spreading awareness and making a difference!

SCAN THE QR CODE FOR MORE INFORMATION & TO ENTER



Questions? Email Wendy Hunt at whunt@pwcgov.org

 Prevention Coalition
OF GREATER PRINCE WILLIAM

PRINCE WILLIAM
Community Services

PRINCE WILLIAM
COUNTY

8033 Ashton Ave, #105,
Manassas, VA 20109

Click to Visit Online:

Prince William 4-H
Virginia State 4-H
National 4-H



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National 4-H

[National 4-H Homepage](#)

Virginia 4-H

[VCE 4-H](#)
[4-H Online Information](#)
[The 4-H Foundation](#)
[4-H All Stars](#)
[STEM in Virginia 4-H](#)

Prince William 4-H

[PW 4-H Homepage](#)
[PW 4-H Programs](#)
[PW 4-H Camps](#)
[PW 4-H Events & Calendar](#)
[PW 4-H Document Center](#)

Portfolio Records

[Member Record](#)
[Cloverbud Sheet](#)
[Project Record Ages 9-10](#)
[Project Record Ages 11-12](#)
[Project Record Ages 13-18](#)

[Prince William 4-H Member Record - President](#)
[Prince William 4-H Member Record - Vice President](#)
[Prince William 4-H Member Record - Officer](#)

[Prince William 4-H Documents & Resources](#)

PWC 4-H Resources



2025-2026 PWC 4-H Association Officers

Youth Officers
Lexi Strand, President
Tim Hirshey, Vice President
Sarah Fox, Secretary
Samantha Holmes, Treasurer
Ayden Strand, Jr Fundraising Committee Chair

Adult Officers
Susan Wolf, President
Alan Lerch, Vice President
Shelby Kohn, Secretary
Sydney Nguyen, Treasurer

Committee Chairs
Fundraising Committee - Shawn Clinger & Sarah Fox
Recognition Committee - Alan Lerch
Membership Committee - 4-H Staff



Beyond Ready



Virginia Cooperative Extension
Virginia Tech • Virginia State University



If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact Prince William 4-H, Virginia Cooperative Extension at (703-792-6000/TDD*) during business hours of 9 a.m. and 5 p.m. to discuss accommodations 5 days prior to the event. *TDD number is (800) 828-1120. Virginia Cooperative Extension is a partnership of Virginia Tech, Virginia State University, the U.S. Department of Agriculture (USDA), and local governments, and is an equal opportunity employer. For the full non-discrimination statement, please visit [ext.vt.edu/accessibility](#).