



**Minutes of Regular Meeting
April 28, 2026
Woodbridge Senior Center
13850 Church Hill Drive
Woodbridge, VA 22191**

Present: Nancy West, Occoquan District
Eileen Fowler Thrall, Potomac District
Sandra Dawson, Woodbridge District, Chair
Diana Paguaga, Representative At-Large
Irma Mejia-Lewis, City of Manassas
Scot Crockett, Brentsville District
Brenda Carswell, AARP Woodbridge
Roberta Wilson, Friends of Senior Center at Woodbridge
Josh Lee, Acting Director, Prince William Area Agency on Aging
Laura Halo, Fiscal & Administration Manager, Prince William Area Agency on Aging

Absent: Barbara Reese, Coles District, Vice Chair

Visitors: Gary West
Geovanny, Sandra Dawson's attendant
Shirley Custis
Janet Happolt
George Reid, Sr., Friends of Senior Center at Woodbridge
Marcia Diallo, Lincoln Health Services
Julia Spinetti, Friends of Senior Center at Woodbridge

1. Meeting was called to order: 9:00 a.m., and Pledge of Allegiance

2. Introductions

3. Public Comment Time: None

4. Presentation: COA Legislative Priorities for 2026

- a. Sandra reviewed legislative priorities from 2024
- b. Josh provided a V4A template, sample letter for aging services advocacy which can be customized and sent to legislators.

- a. It was suggested to tailor this to PWC priorities for local advocacy.
- c. Scot suggested prioritizing CXO and BOCS advocacy by the Commission.
 - a. Eileen concurred, noting that county employees are limited in lobbying
 - b. Scot suggested identifying only one or two priorities for PWC & sending email (using tailored V4A letter template) to legislative delegation in Richmond and cc PWC BOCS & county lobbyist. Following up with a call to supervisors individually by Commission members.
- c. Brenda noted that there is already a model in place for talking points to representatives or aides (AARP)
- d. Diana agreed that priority needs to be at a local level
- e. Nancy suggested focusing on a limited list
 - i. NVAN list – 3 items that are important at the state level
 - ii. Locally, Commission members need to talk to Supervisors more frequently
 - 1. Scot agreed that Commission has a responsibility to elevate issues and priorities to Supervisors since NVA and AARP are more effective at lobbying priorities to state
- d. Irma stated there is a need for a “needs assessment” on older adult priorities; a targeted survey
 - a. Fairfax County has this targeted survey
 - b. PWC has only the county survey currently
 - c. Town halls, listening sessions, and group meetings were mentioned
 - d. Irma to get a copy of “Share the Future of Aging”
 - e. Irma introduced the village concept – putting together a 501C3 to pull pool together all resources in specific areas
 - i. Nancy stated the village concept must grow up from the community
- e. Sandra identified that there is a need for a Senior Center in every Magisterial District
 - a. Josh stated that PWC is finalizing land for a new Senior Center
- f. Sandra suggested adding legislative discussion to next Executive Committee, an open meeting
- g. Nancy asked Josh to send County statistics

5. Administrative Items:

- a. March Minutes approved
 - a. Diana Motion to approve
 - b. Scot Second
- b. Roster and schedule of programs for upcoming year were reviewed
- c. COA Quarterly Report was reviewed

6. Director’s Time: Josh Lee, Acting Director, PWAAA, presented the following updates:

- a. Waitlists reviewed for personal care services, Meals on Wheels, and the ADHC
- b. Vacancies were announced, along with the May 11th start date of the Evidenced-Based Program Coordinator, and the promotion of Saba Barkneh to the Nutrition Services Manager was announced, effective April 27th.
- c. Volunteer Appreciation luncheon was held at Old Hickory on April 27th.
 - a. Sandra noted the challenge with serving Meals on Wheels only two days per week
 - b. Josh has contacted Micron
- d. Senior Center Without Walls program continues to grow. Locations have been secured through the end of 2026.
 - a. Thursdays 10:00 – 2:00 at Veterans Memorial Park
 - i. March – May
 - b. Thursdays 10:00 – 2:00 Dumfries United Methodist Church
 - i. June – August
 - c. Tuesdays 10:00 – 2:00 Ben Lomond (Pat White Center)
 - i. September - December
- e. Older Americans Month Celebration; Camp Snyder, May 8, 2026
 - a. Chair Jefferson planning to attend
- f. Older Americans Month Proclamation
 - a. Invitation to Commission members and request for one member to say a few words after Proclamation read by BOCS Chair
 - i. Diana volunteered to say a few words
- g. Supportive Services Updates
 - a. Looking to bring on new veterans into the Veterans Directed Care Program
 - i. Criteria was discussed
- h. Fiscal & Administration
 - a. Budget Adoption occurred on April 21st
 - i. FY27 Budget brings one new Recreations Specialist position to Aging
 - 1. Working between both senior center locations and the Senior Center Without Walls program
 - ii. FY27 Budget reduced Real Estate Tax Rate from \$0.906 to \$0.865 per \$100 assessed value
 - iii. Personal Property Computer and Peripherals Tax Rate increased from \$4.15 to \$4.50 per \$100 valuation
 - iv. A 3% step/merit adjustment for eligible county employees
 - v. County Classification and Compensation Adjustments were pushed to FY28

- i. Main Office move to 9300 West Court House Road, Manassas
 - a. Reviewed transition timeline with a move in date of June 1st.
 - b. First floor suite with abundant handicap parking close to entrance
- j. Project Mend-A-House
 - a. Samantha Simpure no longer working there
 - b. Discussion among group about whether they are still in business
- k. PWC Staff Olympics; May 3, 2026, Aging collaborating with Police for a food competition

7. Chairperson's Time:

- a. Sandra noted that Woodbridge Senior Center did an excellent job assisting with arrangements for Friends Treasurer Lana's passing.

8. Old Business: None

9. Standing and Informational Committee Reports:

- a. Housing – Diana awaiting a response from letter
- b. NVAN – Nancy (see legislative updates)
- c. AARP – Brenda has nothing new to report
- d. WSC Friends – Roberta
 - a. Spring Sale brought in \$1,000+
 - b. Dance party was very well attended
 - c. Easter Egg Hunt
 - d. Derby hat show is this week
 - e. Café is doing well
 - f. Roberta is serving as the temporary treasurer until new election
- e. MSC Friends – no presence

9. New Business: No new business.

10. Commission Member Announcements:

- a. Eileen and Diana both announced that they enjoyed the larger attendance at this meeting and encouraged people to come to future meetings.
- b. Nancy was very impressed with the Sheriff's Officers that presented at the last meeting.

11. Meeting adjourned: 11:07 a.m.

Approved: *Laura Halo*

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. Agenda
2. COA Updates from Aging
3. Meeting Schedule
4. Service and Units Summary Report
5. District Contact Information
6. NVAN 2024 Legislative Priorities
7. NVAN delegation letter template