



**Minutes of Regular Meeting
March 24, 2026
1 County Complex Ct, Occoquan Room
Woodbridge, VA 22192**

Present: Nancy West, Occoquan District
Eileen Fowler Thrall, Potomac District
Sandra Dawson, Woodbridge District, Chair
Barbara Reese, Coles District, Vice Chair
Diana Paguaga, Representative At-Large
Brenda Carswell, AARP Woodbridge
Josh Lee, Acting Director, Prince William Area Agency on Aging
Tracy Solomon, Business Services Analyst, Prince William Area Agency on Aging

Absent: Scot Crockett, Brentsville District

Visitors: Gary West, Nancy West, husband
Sandra Dawson's attendant, Geovanny

1. Meeting was called to order: 10:04 a.m., and Pledge of Allegiance

2. Introductions

3. Public Comment Time: None

4. Presentation: Senior Safety Program; Sergeant Johnston and Deputy Thompson

- a. The Sheriff's Office Senior Safe program is a free of charge program designed through the use of a Personal Emergency Response System (PERS) to assist in protecting seniors while they remain in their homes.
- b. The system allows users to connect with the Sheriff's Office help through pressing a help button that is worn as a necklace, pendant, or a wristband.
- c. Seniors can access this help anytime, 24-hours a day, 7-days a week.

- d. The Senior Safe program can help seniors remain independent and possibly avoid a retirement home by sending help fast in the event of an emergency, such as; medical, fall, or even an intruder situation.
- e. Deputies will install the Help Dialer 700 to the clients existing home land line phone jack and program 3 emergency contact phone numbers into equipment with the last phone number being the Sheriff's Office number. If client's home does not have a land line and only has cell phone service a Bluetooth adapter will be provided by the program coordinator to connect the Help Dialer to a phone line.
- f. Deputies will also record emergency message onto equipment stating client's name, address and that client is in need of an emergency. When the client activates their panic buttons the Help Dialer 700 calls the 3 phone numbers and plays your personalized emergency message. If a courthouse deputy or our control receives the call the receiver simply presses any button on their phone and opens the full 2-way communication through the built in speakerphone from several rooms away.
- g. The receiver of the call will take down all emergency information and then contact 911
- h. Application to apply for (PERS) is online.

5. Administrative Items:

- a. Minutes of February COA meeting were approved;
Motion: Diana Paguaga to approve; Second: Eileen Fowler

6. Director's Time: Josh Lee, Acting Director, PWAAA, presented the following updates:

- a. Waitlists reviewed for personal care
- b. services, Meals on Wheels, and the ADHC
- c. Vacancies were announced and new personnel introduced (Kathleen Wiley, Rozzlyn Pierce)
- d. Years of Recognition: 30 years, Ed Harrison (Community-Based Services Division Manager)
- e. Senior Center Without Walls
- f. Older Americans Month Celebration; Camp Snyder, May 8, 2026
- g. Final Fiscal Year(FY)2026 funding levels for Aging and Disability programs
- h. PWC Staff Olympics; May 3, 2026, Aging collaborating with Police for a food competition

7. Chairperson's Time:

- a. Sandra recommended Diana as the rep for Housing Board; all in favor. Josh explained the process needs to include a formal letter to BOCS, sent to the clerk of the board.
- b. Sandra is happy to serve as Chair but is not interested in long-term, asked if anyone was. Noone at this time has agreed to step in as Chair. Nancy West has served her term as stated in the bylaws.

8. Standing and Informational Committee Reports:

- a. Yard Sale in April at the Manassas Senior Center.
- b. Manassas Senior Center-Collecting peanut butter for Serv donation.
- c. Supervisors need to be contacted about vacancies on the Board.
- d. WSC needs to have an active participant from Woodbridge Senior Center attend the meetings. Suggested that Josh or Laura could bring this up at the next Friends meeting.

9. New Business: No new business.

10. Commission Member Announcements:

- a. Diana-Loves the idea of Senior Center without Walls
- b. Nancy-Asked Josh about the move to Manassas. Josh confirmed no move to Manassas, and nothing else to share at this time about a move
- c. Barabara shared Anthony Frierson, President, Friends of Senior Center at Manassas, wife passed. She has been stepping in to assist with his responsibilities during this difficult time. Enjoying implementing fun activities at the Center
- d. Barbara asked about Lucy, Josh addressed Lucy no longer being with the Agency. She made a comment that she would be missed, as people thought she did a good job and cared about their options on the daily lunch being served. She asked if there was a list of transportation services for people needing rides in the County
- e. Sandra-Wants to focus on getting more organized in the Chair role

11. Meeting adjourned: 11:47 a.m.

Approved: *Tracy Solomon*

Listing of Handouts in Record Copy (available upon request to the Secretary):

1. Agenda
2. COA Updates from Aging
3. Meeting Schedule

4. Service and Units Summary Report
5. Senior Center w/out Walls information
6. District Contact Information