

NATIONAL 4-H SPIRIT WEEK

OCTOBER 4-10, 2026

SUNDAY
OCT 4

Virginia 4-H Kickoff Day

#MyVA4HStory

My 4-H Story Begins Here: Share how your 4-H journey began, your first 4-H memory, or what 4-H means to you.

MONDAY
OCT 5

Go Green Day

#GoGreenVA4H

Go Green for 4-H: Wear green or your favorite 4-H gear and share a photo showing your 4-H pride.

TUESDAY
OCT 6

Find Your Spark Tuesday

#FindYourSparkVA

Find Your Spark: Share your favorite 4-H project, activity, interest, or something 4-H helped you discover.

WEDNESDAY
OCT 7

VA 4-H in Action Day

#VA4HInAction

Learn by Doing: Share photos or videos of you actively learning, creating, leading, exploring, or serving through 4-H.

THURSDAY
OCT 8

Thankful Thursday

#ThankYouVA4H

Celebrate the People Who Make 4-H Possible: Recognize and thank a volunteer, mentor, family member, educator, community partner, or someone else who has made a difference in your 4-H journey.

FRIDAY
OCT 9

VA 4-H Alumni Day

#VA4HALumni

Once a 4-H'er, Always a 4-H'er: Share a favorite 4-H memory or photo and tell how 4-H has continued to impact your life.

SATURDAY
OCT 10

VA 4-H Gives Back

#VA4HGivesBack

Beyond Ready. Ready to Make a Difference: Share how your 4-H Club, program is serving our community and making a positive difference.



**Beyond
Ready**

Prince William 4-H'ers - email chelminger@pwcva.gov photos and captions each day to be featured in the following newsletter! See the newsletter for details.