

Private Signing Mental Health Providers In Northern VA

Kerry Altman, Ph.D.
3923 Old Lee Highway, 63-D
Fairfax, VA 22030
703-691-1571
kerry.altman@aol.com

*Accepts Anthem Blue Cross, Value Options, Medicare Part B (not Medicaid), Kaiser, Tricare, Healthlink NCPPO or Unicare (some sliding scale but very limited)

Peter Chirinos, MA
1600 Wilson Blvd., Ste. 702
Arlington, VA 22209
571-344-5926

*Doesn't accept any insurance and cost set up case by case generally \$100 for 45-50 minute sessions

Virginia Gutman, Ph.D.
1225 Martha Custis Drive
Alexandria, VA 22302
703-568-3744

*Doesn't accept insurance but does have sliding fee scale (cost depends on income)

Katy McHugh, LCSW
Phoenix Family Counseling and Play Therapy Center
7350 Heritage Village Plaza, Suite 201
Gainesville, VA 20155
Ph 571-248-0626 ext 103
kmchugh@phoenixfamilycounseling.com

*Accepts Anthem, Healthkeepers, Healthkeepers Plus, Carefirst, Tricare, Kaiser and Aetna

Rebecca Sadler, LPC, NCC
9506-B Lee Highway
Fairfax, VA 22031
703-798-9136 (voice)
bksadler@hotmail.com (preferred contact)

*Accepts most insurance plans, provides EAP services, but does not accept Medicaid or Medicare

Natalie Smith, Psy.D.
7019 Backlick Court
Springfield, VA 22151
VP: 703-731-4581
email: DrNatalieS@gmail.com

*Accepts Anthem (not Carefirst) and Kaiser