New Horizons Clinic-Based Services provide outpatient therapeutic services for youth and their families with mental health, substance abuse and co-occurring disorders as well as family issues. Services include:

- mental health and substance abuse evaluations, including court-ordered evaluations
- individual, family and group therapy
- case management to identify and link clients with community resources
- collaboration with probation officers, social workers, school staff, professionals and community resources
- crisis intervention
- skill building (e.g., anger management, parenting, limit setting, impulse control, positive communication)
- referrals to mental health, substance abuse and co-occurring disorders residential treatment programs
- medication evaluation and management in conjunction with treatment services
- discharge planning from psychiatric hospitalizations and residential programs