

Resources for Parents of Infants and Toddlers



Prince William County Community Services Infant & Toddler Connection of Prince William, Manassas and Manassas Park

What is Early Intervention in Virginia?

(See video: https://www.youtube.com/watch?v=y-M_P6HrZdA&list=UUDNrV5XsIRCWWN9n7FqGfpA)

7987 Ashton Avenue, Suite 231, Manassas, Virginia 20109

Phone: 703-792-4950 or 703-792-7752

Web address: <http://www.pwcgov.org/csb>

Updated September 13, 2019

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>

PRINCE WILLIAM COUNTY COMMUNITY RESOURCES

Amusements and Attractions



Chick-Fil-A Playland & **Mom's Valet Service**

Locations: 2425 Prince William Parkway, Woodbridge

703-490-3165

9506 Liberia Avenue, Manassas, VA

703-331-1888

9939 Sowder Village Square, Manassas, VA

703-365-9292

10677 Sudley Manor Drive, Manassas, VA

703-330-7723

5015 Wellington Road, Gainesville, VA

703-753-8944

3880 Fetter Park Dr, Dumfries, VA**

(703) 221-8428

4101 Old Bridge Road, Woodbridge, VA (Story Time w/Mrs. Ann—call for details)

703-580-5205



Chuck E Cheese's

Locations: 14085 Shoppers Best Way, Dale City

703-670-4522

(Tuesday Story Time – call to inquire about the time)

7730 Streamline Lane, Manassas—*Sensory Sensitive

703-361-2333

Sundays from 8-10 a.m. ONLY*

(Admission Free—Open play area and birthday parties, games—1 token; Se Habla Espanol)



Home Depot's Kids Free Workshop (Fall/Winter)

703-670-3699

14025 Foulger Square

8805 Liberia Avenue, Manassas, VA

703-393-1954

7486 Stream Walk Lane, Manassas, VA

703-368-4900

Milla's Playland

703-743-1894

7669 Limestone Drive, Suite 125, Gainesville, VA 20155

Email: MillasPlayland@gmail.com

www.millasplayland.com

(Indoor Playground for children 6 and younger; 2 hours of open play, please check website and/or call for fees)

Kid's Choice Sport & Fun Center, Toddler Town

703-940-3700

13000 Sport & Health Drive, Woodbridge, VA 22192

www.kidschoicesportandfuncenter.com

(Opened Monday – Sunday; \$8 Indoor Playground for children 1-5 – tot-sized games, toys activities and more; Reduced fee of \$3 for EI families that come with EI Specialists

- bring business cards).



Beehive Indoor Playground

703-910-4781

13412 Jefferson Davis Hwy, Suite J1, Woodbridge

www.beehivepark.com

(Inquire about fees—open play times, birthday parties: Toddler Program, Ages: 0-3years, Monday-Thursday from 10am-2pm - 1st visit is free for the PWC Early Intervention child and every visit after that for two months is 50% off for the child in the program, with signed voucher application.)

Amusements and Attractions (continued)



Lowes FREE Build & Grow Clinic (Register)
Locations: 13720 Smoketown Road, Woodbridge 703-586-4000
7500 Broken Branch Lane, N. Manassas 703-361-9101
13000 Gateway Center Drive, Gainesville 703-468-6000

Burnside Farms 703-930-3052
2617 B Logmill Rd. Haymarket, VA 20169
www.burnsidefarms.com
SPRING – adults pick flowers, baby ducks/chickens and other fun farm animals, Dutch wooden shoes to “klomp” around in, hayride coming in the near future, large picnic area; SUMMER – sunflower picking, view pollinators (honeybees, butterflies, ladybugs and more), hayrides, mist tent, picnic area; FALL – barnyard with lots of furry/feathered residents, pumpkin patch, small play area, flower picking; radio flyer wagons available and great photo opportunities!



Novaks Gymnastics Center 703-221-5833
Location: 17535 Old Stage Coach Road
(Inquire about fees—Open play gym—Summer on Saturday and Fall/Winter/Spring on weekdays)
<http://www.novaksgymnastics.com/programs/play-gym/>

Pump It Up—The Inflatable Party Zone 703-361-0731
10110 Battleview Parkway Suite 110, Manassas
www.pumpitupparty.com
(Inquire about fees—open play for children 5 and under & parties)

Yankey Farms 703-618-3782
13007 Vint Hill Rd
Nokesville, VA 20181



McDonald's Playlands/Playplaces (FREE Play)
www.mcdonalds.com
Locations:
13707 Jefferson Davis Hwy, Woodbridge (outdoor) 703-494-8700
1480 Old Bridge Road, Woodbridge (outdoor) 703-491-7590
12730 Harbor Drive, Woodbridge (indoor) 703-491-5563
4245 Dale Blvd., Woodbridge (outdoor) 703-680-2994
178 Dumfries Road, Dumfries (indoor) 703-221-8586
9001 Centreville Road, Manassas (indoor) 703-368-7997
9860 Liberia Ave., Manassas (outdoor) 703-257-1476
14207 Lee Hwy, Gainesville (indoor) 703-754-3606

Skate N Fun Zone 703-361-7465
7878 Sudley Road, Manassas
<http://skatenfunzone.com/>
(Tuesday TOT Rock N Roll from 10-12, 6 and Under \$5/per child—scooter, strollers, ride-ons, bikes are welcomed!)

Amusements and Attractions (continued)



Summer Movie Nights – Movies Under the Stars at Stonebridge
Potomac Town Center – (SUMMER – NO FEE)
14900 Potomac Town Place
Woodbridge, VA
www.stonebridgeptc.com

Walk N Roll
Potomac Mills Mall (Inside Mall Entrance Next to Costco)
trainedbyjena@live.com
www.walknrollva.com

(Fun exercise program that allows mothers to bring their kids to the workout with them: M, W, F from 9:15-10:15.)

Bowling Alleys

Locations: Bowl America 10641 Balls Ford Rd, Manassas 703-368-6256
www.bowl-america.com
Bowl America 9000 Mathis Ave, Manassas City 703-368-2161
Bowl America 13409 Occoquan Rd, Woodbridge 703-494-9191

Fair Lanes (Dale City) 703-670-2111

FIT4MOM Stroller Strides
Woodbridge/Lake Ridge
shannonlink@fit4mom.com

757-897-5727

(Inquire about fees. Stroller-based fitness program designed for moms with little ones. Free playgroup with membership, also including organized play-dates, moms' nights out, and activities for the whole family.)

Children's Play Area (No Fees)

Potomac Mills Mall 703-496-9330
2700 Potomac Mills Cir Ste 307, Woodbridge, VA 22192
(Located in Grand Court - Neighborhood 2, the play area features a Virginia theme with custom elements such as a 17th century ship and a cherry blossom tree.)

Manassas Mall 703-368-0181
Kiddie Rides and Carousel
Children's Soft Play Area
8300 Sudley Rd, Manassas

Sky Zone Trampoline Park 703-853-8737
7807 Sudley Road, Manassas, VA
(Inquire about fees; Monthly Sensory Night - \$10/hour; Toddler Time T/R 10-12 \$10/child – parents participate free)
www.skyzone.com

Rebounderz of Manassas 571-292-1452
7403 Gateway Court
Manassas, VA 20109
(Toddler Thursdays from 10-12, free coffee & donuts, \$10 per child/adults jump for free)
www.rebounderzmanassas.com/



Amusements and Attractions (continued)



Kiddie Tyme
Sharron Baucom Dale City Recreation Center
14300 Minnieville Road, Dale City, VA
(Open Play M-F, \$2.50/child/visit; follows PWC Schools Schedule) 703-670-7112

Our Kids Your Link to Family Fun www.our-kids.com

Tots2Tweens www.tots2tweens.com
(Directory for family fun activities in the community)

WONDERKIDS 703 - 365 -
I n d o o r p l a y g r o u n d 7777
9104 Mathis avenue
Manassas VA 20110
<https://www.wonderkidsva.com/>

Prince William Ice Center 703-730-8423
Snow and Story
5180 Dale Boulevard, Woodbridge, VA 22193
703-730-8423 or mbrennan@pwise.com / www.pwise.com
(Inquire about Fees—Play on the ice for 40 minutes with a pile of real snow and toys, then warm up with hot chocolate and cookies. Finish your visit listening to a wonderful story)

Let's Play Woodbridge LLC 571-427-2055
2700 Potomac Mills Cir, Woodbridge, VA 22192
<https://m.facebook.com/letsplaywoodbridge>
(indoor Playground)



The Animated Child 703-763-0003
Lake Montclair Center
5167 Waterway Drive
Montclair, VA 22025
montclairva@animatedchild.com / www.animatedchild.com
(Open exploration , Parent Night Out, Reduced fee when EI families come with EI providers; check website for other classes and fees)



Tumble Time
5119 Waterway Drive
Montclair, VA 22025 703-730-7858
Gym classes & Open Gym (Inquire about Fees; Reduced fee for EI Limbobe Members 1x/monthly)
www.timefortumbling.com

Billy Beez 571-921-4029
8300 Sudley Road, Suite 107, Manassas
(Inquire about fees. Open exploration with wild slide, toddler area, tot-sized town, trampolines and more.)
www.billybeezus.com/location/manassas-mall/

Imagine That!
5101 Waterway Drive 571-285-1212
Dumfries, VA 22025
<https://imaginethatplayground.com/>
Indoor Playground in Dumfries.

Children's Entertainment & Summer Concerts at Stonebridge
Potomac Town Center – (SUMMER – NO FEE)
14900 Potomac Town Place
Woodbridge, VA
(Children Entertainment every Wednesday Morning at 10 am)
www.stonebridgeptc.com

Arts and Culture



Paint Your Heart Out
Location: 125 Mill Street, #7, Occoquan, VA
(Inquire about Fees, Birthday parties, to go parties, open gallery to paint pottery for all ages)

703-492-7223

Special Gifts/Learning Tools



Usborne Books & More, vivnxbnh@yahoo.com or nmlshopping@gmail.com,
Shopping Link: <https://1106636.myubam.com/>

Abbys Lane, LLC Location: 9425 West Street, Manassas
www.abbyslane.com, AbbysLane@aol.com
(Cloth diapers, baby shoes, carriers and more, including family story time, and classes on green living focus)

703-490-2765

McKay Used Books
8345 Sudley Road, Manassas
(Buy, sell and trade books) www.mckayusedbooks.biz

703-361-9042

www.publicsurplus.com (browse auctions for furniture and more)

Tuesday Morning
(reasonably priced Melissa and Doug wooden puzzles)
Location: Manaport Plaza, 8371 Sudley Road, Manassas

703-330-9084

momycheek@yahoo.com—Weighted Blankets (\$60—Toddler sized 4 pounds)

703-763-3514

www.yikestwins.com (hooded towels & gifts for children)

www.etsy.com (compression vests, weighted blankets/vests, etc.)

www.blingyourband.com (Vinyl decals & bows and flowers for cranial bands; trunk decals too)

www.thegrommet.com/kids/happy-mat (One piece placemats & more)

2nd and Charles
Location: 2904 Prince William Pkwy, Woodbridge
www.2ndandcharles.com
(Buy and Sell Books, Games, Tech, & More)

703-680-3175

Savers
Location: 14427 Potomac Mills Road, Woodbridge
(Used clothing, books, toys and more)

703-499-9170

Children's Harnesses by Elaine, INC
www.childharness.ca/
Safety Harnesses and Tethers for Babies, Toddlers, Older children with Special Needs; and to use with an Autism Service Dog.

Dietitians by area and expertise—
<http://www.northernvirginiadietitians.org/index.php/about/find-an-rd>
(Search for dietitians within a certain distance as well as by specific search criteria such as services offered and whether they take insurance.)

The Lemonade Bakery, Manassas, Virginia
<http://thelemonadebakery.com/>, Email: tlb@thelemonadebakery.com
Products: All our products are peanut, nut and egg free and we are a completely peanut, nut and egg free facility. We offer cakes, cupcakes, cookies and more.

Nutrition



Nutrition (continued)



Alice Kay Mayher, Health Counselor
Looking Glass Natural Health
58 Winchester St., Suite 301 Warrenton, VA 20186
Email: LookingGlassnh@cs.com
(One on one health counseling/coaching, group consultation, events, workshops and classes.)
www.lookingglassnaturalhealth.com

540-222-5228

Eden Natural Market
16328 Lee Highway Gainesville, VA 20155
(GF Foods, Homeopathic Remedies, Personal Products, & more.)

703-753-2302

Farmers Markets:

Manassas Park Smart Market - Spring 3:30 pm—6:30 pm (Tuesdays)
99 Adams Street www.smartmarkets.org

Manassas Farmer's Market (Take SNAP Benefits) 5:00 pm—8:00 pm
(Tuesdays) June—August Harris Pavilion
7:30 am—1:00 pm (Saturdays) - Year Round Train Station Parking Lot
www.visitmanassas.org

Woodbridge Smart Market—Spring 3:00 pm—7:00 pm (Fridays)
2228 Tackett's Mill Drive www.smartmarkets.org

Haymarket Farmer's Market
May—October 8:00 am—2:00 pm (Saturdays)
15025 Washington Street www.townofhaymarket.org

Occoquan Farmers Market
April—October 8:00 am—12:00 pm (Saturdays)
Miller Street Parking

Bristow Smart Market
Year Round 10:30 am—1:30 pm (Sundays)
8301 Linton Hall Boulevard www.smartmarkets.org

Dale City Farmers Market
Year Round
8:00 am—1:00 pm (4/7/14 to 12/8/14) - Sundays
10:00 am—1:00 pm (12/15/14 to 3/31/14) - Sundays
14090 Gemini Way

www.thefarmtable.org (48 hours dirt-to-doorstep local produce delivered to your door weekly) use code KatyTFT to save \$15 off membership)

Equipment

Equipment Connection
www.cildrc.org (Providing Free Adaptive Medical Equipment for People with Disabilities)

866-632-8006

Faith and Family Foundation
Location: 41113 Canongate Dr, Executive Suite 104, Leesburg
www.faithandfamilyfoundation.com
(Special Needs Equipment Lending Library Program)

www.Lollipopkidsfoundation.org



Equipment (continued)



Firstcare Orthopaedics 540-341-7758
493 Blackwell Road, Suite 115 Warrenton, VA 20186
Email: info@firstcareortho.com www.firstcareortho.com
(House Calls available for those patients receiving prosthetic devices and Custom orthopedic braces; participating with many insurances)

Seedlings Braille Books for Children
www.seedlings.org 800-777-8552
and then Click on "Book Angel Program") (Free Braille Books)

Rehabilitation equipment Exchange Network
www.rehabequipmentexchange.com

Mandad Medical Supply Inc 703-441-1791
1812 Featherstone Rd Woodbridge, VA 22191 Fax:
Email: mandadmed@comcast.net 703-910-6278
(Diapers, Pediasure, equipment, accepts Medicaid with Doctor's Prescription, Home Care)

Ability Unlimited 800-511-9471
www.Abilityunlimited.net
(Provides Assistive Technology to people with special needs through a waiver or that qualify for EPDST. Giving clients unlimited access to portable specialized medical equipment, supplies, devices, controls and appliances).

www.passitoncenter.org – national site but will send you to local site of,

Consignment Shops/ Thrift Stores

The Very Thing for Her, 6630 Jefferson Street, Haymarket, VA 20169 703-743-1494
www.theverythingforher.com
Upscale Ladies & Children Consignment

Village Economy Store, 13770 Smoketown Rd, Woodbridge, VA 22192 703-897-1635
Goodwill—Locations: 2950 Dale Blvd, Dale City, VA 22193 703-986-3976
8014 Sudley Rd, Manassas, VA 20109 703-551-3200

House Of Mercy 703-659-1636
8170 Flannery Court, Manassas
(Used clothing, books and more)

Children's Consignment Sale www.weecycledwardrobe.com

Classy Kids Consignments www.classykidsconsignment.com

Dani's Duds (consignment annual sale) www.danisduds.com

Free Cycle — www.freecycle.org

Just Between Friends www.jbfsale.com

Stuff Consignments, Location: 7482 Limestone Drive, Gainesville 703-753-2330
(Women's Clothing Only & Household)

www.529kidsconsign.com (Buy and sell gently worn children's and maternity clothing and accessories)

Plato's Closet Manassas 703-257-1400
9688 Liberia Avenue Manassas, VA 571-492 7085
13293 Worth Ave. Woodbridge, VA 22192 7
(Buy/Sell Gently Used clothing for teens/women/men)
www.platoscloset.com



Clubs and Organizations

Playgroups

Mocha Moms' Weekly Playgroups (Woodbridge)
www.mochamoms.org

Lake Ridge Association Mom's Club 703-491-2154
www.lakeridgeva.com
(Call to inquire about upcoming meetings)

Kids in Full Bloom (For 2-6 yr old children) 703-574-4940

<https://www.kidsinfullbloom.com/>
(Co-Operative Play Groups, Social Skills Groups, In Home Services led by trained and licensed Educators; Parent & Educator Workshops)
info@kidsinfullbloom.com

www.mommyandme.com
(Playgroup finder, Activities and more)

PWC Kids—www.pwckids.org
(Tot Time, Parents Night Out, & Classes; Must RSVP on website)
Creative Kids Studios in Woodbridge
13895 Hedgewood Drive Suite 113
Info@PWCKids.org



Mothers of Preschoolers (MOPS)

www.mops.org

Locations:

- Lake Ridge Baptist Church, Woodbridge 703-494-8413
- Grace Baptist Church, 14242 Spriggs Road, Woodbridge 703-670-5032
- First Baptist Church, Woodbridge 703-730-9009
- Vineyard Christian Fellowship, Woodbridge 703-491-2288
- Old Bridge United Methodist Church, 3966 Old Bridge Road, Woodbridge www.obumc.org obumcmops@comcast.net 703-730-3895
- Manassas Baptist Church, 8730 Sudley Road, Manassas 703-361-2146
- Chapel Springs, 11500 New Life Way, Bristow (Every Moment Counts) 703-368-2895
- The Kings Chapel, 12925 Braddock Road (Clifton) 703-543-6201
- Centreville Baptist Church, 15100 Lee Hwy (Centreville) 703-830-3333
- Emmanuel MOPS at All Saints Anglican Church, 14851 Gideon Dr Woodbridge 703-494-7621
- Living Hope Evangelical Presbyterian Church, 14600 John Marshall Hwy, Bristow 703-489-1006
- Park Valley Church, 4500 Waverly Farm Drive, Haymarket 571-261-2136



Clubs and Organizations (continued)

PWC Autism Facebook page

<https://www.facebook.com/groups/pwcautism>

<https://www.facebook.com/pwcautism>, Yukiko Dove POAC

NOVA yukikod@gmail.com

POAC-NoVA Special Needs Open Pool Time—Prince William Aquatic Center

POAC-NoVA Manassas Parents Support Group Meetings – Bull Run Regional Library—check facebook page for dates/times/location

<https://www.facebook.com/ParentsofAutisticChildrenNOVA/>

Special Needs Parent Support Group for PWC

Facebook group, <https://www.facebook.com/groups/177393045804344>

<https://poac-nova.org/pwc/> (PWC Resources)

yukikod@gmail.com

Multiples Club, info@pwmomc.org (mom's night out, playgroups, weekly playschool for 2-4 year olds), www.pwmomc.org

www.myautismteam.com (Social Network for parents of kids with Autism Spectrum Disorder, Find Local Providers)

PWC Autism Mom's Peers Support Group – FB Page

Ask to join closed group on FB

Limbo

703-497-5533

Join FB page

(Open to all Early Intervention Parents in PWC; sharing resources and parents leading playgroups in PWC)

Vietnamese-American Parents Virginia

703-930-5540

thuongcon@googlegroups.com

(Get-togethers, support, sharing experiences and resources/benefits for their children with ASD)

Hair Cuts/Barber

Fantasia Hair Salon

13308 Occoquan Rd, Woodbridge, VA

(Spanish Speaking ONLY—Nelson—Not available on Thursdays)

Learning and Education Prince William County Public Schools Child Find

703-791-8857

(If your child is between the ages of 2 years (by September 30) and 5 years (and is not kindergarten eligible), and you have a concern about your child's development, contact to schedule a screening appointment); http://new-path.thearcofva.org/wp-content/uploads/sites/2/2013/05/Transition_Guide1.pdf

www.text4baby.org (Text BABY to 511411 or BEBE for Spanish – a new free mobile information service providing timely health information to pregnant and new moms from pregnancy through a baby's first year)

Grace United Methodist Church

703-361-7900

Location: Manassas

(AA meetings, Compassionate Friends Group—Grief Group, ACTS Turning Points Behavioral Intervention Programs, and SAVAS Support Group for Adults—Molested as Children group; call for schedules)

Arc Conference—Circle of Support

703-670-4800

Location: 13505 Hillendale Drive, Woodbridge

(Conference for families with special needs; includes key note speaker, workshops in multiple sessions, exhibitors/vendors, childcare, sibling group and more for all ages)

Arc of Greater Prince William County

703-730-3124

www.arcgpw.org/

(Educational Workshops—check website for upcoming events)

Healthy Families

571-748-2740

(A program of Northern Virginia Family Service, provides voluntary home-visiting services to vulnerable first-time parents residing in Prince William County, call to inquire about eligibility requirements; Se Habla Espanol)

Early Head Start

571-748-2664

Georgetown South Early Head Start Ctr, Manassas

Home-based—
West

SERVE Early Head Start Center, Manassas

571-748-2770

(NVFS Early Head Start provides free services to pregnant women and parents of children ages 0-3 years old in both a home and center environment; Se Habla Espanol)

Georgetown

571-748-2634

Center-Based -

East/West

Special Education Parent Resource Center (PWCS)

703-791-8846

14715 Bristow Road, Manassas

Prince William Park Authority

703-792-7060

Location: 14420 Bristow Rd., Manassas

<http://www.pwcgov.org/government/dept/park/pages/default.aspx>

Adult Education

703-791-7357

Prince William County Public Schools

(Adult Basic Instruction Education 18yrs and older, General Education Development Testing – GED, General Education Development Preparation Classes 18yrs and older, English for Speakers of Other Languages Classes – ESOL – En Espanol, The National External Diploma Program – NEDP - 1 yrs and older), www.pwcs.adulted.schoolfusion.us

English Classes for Speakers of Other Languages

Adult Education Department/

703-791-7357

English for Speakers of other Languages

(ESOL classes, workplace skills programs, adult basic education, GED)

English as a Second Language, Manassas Baptist Church, Location: 8800 & 8730 Sudley Road, Manassas, www.werchurch.com

703-361-2146

Chapel Springs Church

703-368-2895

Community Center, 9444 Taney Road, Manassas

English for Speakers of Other Languages Classes

Hogar Immigrant

571-208-1572

Services Office

8251 Shopper Square Manassas, VA 20111

www.Hogarimmigrantservices.org



Learning and Education (continued)



Virginia Department for the Blind and Vision Impaired 800-622-2155
www.vdbvi.org
 (lending library – books, DVDs, deaf blind services, resources, training, and educational services)

Libraries www.pwcgov.org/library
<http://www.librarycatalog.pwcgov.org> (access the Prince William Public Library System Catalog)

Locations (Inquire about Toddler/Preschool Storytimes): 703-792-4500
 Bull Run Regional Library
 8051 Ashton Avenue, Manassas **Spanish story time

Chinn Park Regional Library 703-792-4800
 13065 Chinn Park Drive,
 Prince William **Spanish story time

Central Community Library 703-792-8360
 8601 Mathis Avenue, Manassas

Potomac Community Library 703-792-8330
 2201 Opitz Boulevard, Woodbridge **Spanish story time

Dale City Neighborhood Library 703-792-5670
 4249 Dale Boulevard, Dale City

Haymarket Gainesville Neighborhood Library 703-792-5660
 James S. Long Park
 4603 James Madison Highway, Haymarket
 Building Buddies—Celebrating Diverse-Abilities@theLibrary—Registration Preferred; call for schedule

Dumfries Neighborhood Library 703-792-5678
 18115 Triangle Shopping Plaza, Dumfries

Independent Hill Neighborhood Library 703-792-5668
 George Hellwig Memorial Park
 14418 Bristow Road, Manassas

Lake Ridge Neighborhood Library 703-792-5675
 2239 Old Bridge Road, Woodbridge

Nokesville Neighborhood Library 703-792-5665
 12993 Fitzwater Drive, Nokesville

Montclair Community Library 703-792-8740
 5049 Waterway Drive, Dumfries

Story Times

Barnes & Nobles 703-393-0910
 Location: 8117 Sudley Road, Manassas

Daytime Playtime 703-754-TIME
 Location: 14680 Gap Way, Gainesville
 (Free Story Time/Spanish Story Time once a month; inquire about schedule. Se Habla Espanol)
info@daytimeplaytime.com
www.daytimeplaytime.com

Learning and Education continued



Action in the Community Through Services (ACTS)

Location: P.O. Box 74, Dumfries, VA 22026, 3900 ACTS Lane Dumfries, VA 703-221-3186
9317 Grant Avenue, Manassas , www.actspwc.org 703-441-8606

(Parenting classes, Toys for Tots, and Children's Support Group for primary and secondary victims of domestic violence age 2-18)

The Infant & Toddler Connection of Prince William, 703-792-4950
Manassas & Manassas Park 703-792-7752

<http://www.pwcgov.org/government/dept/cs/Pages/Infant-Toddler-Services.aspx>

Location: 7987 Ashton Avenue, Suite 231, Manassas

www.infantva.org

(EI support and services, family Involvement Project, Rights document, central directory website, resources)

Virginia Cooperative Extension 703-792-6287

Location: 8033 Ashton Avenue, Manassas, VA

www.pwcgov.org/vce

(Parenting classes, parenting groups, nutrition education, financial education)

Se Habla Espanol 703-792-5940

Care Connection for Children (A partner in the Virginia children's health needs network), INOVA Fairfax Hospital for Children www.inova.org 1-866-222-0372
703-698-2450

(Resources for children with special needs, offers counseling, information, education, social support, online parent resource directory, lending library and referrals. Se Habla Espanol.)

****Spanish Parent Support Group at Ferlazzo—call to inquire with Maria****

New Parent Support Program 703-784-4248

Location: 2034 Barnett Ave, Little Hall, Lower Level, North Side (Quantico)

www.quantico.usmc-mccs.org/index.cfm/marine-family/behavioral-health-program/new-parent-support-program-npsp/

(Provides Early Intervention Parents with information, playgroups, upcoming trainings, support, resources, and connect you with other parents; Se Habla Espanol)

New Path 804-829-3205

The Support Network for Families in Early Intervention

<http://new-path.thearcofva.org/> (Se Habla Espanol), kwebb@thearcofva.org

(Provides Early Intervention Parents with information, upcoming trainings, support, resources, and connect you with other parents)

Transportation Security Administration—TSA CARES program 855-787-2227

(Provide families and individuals with special needs assistance with the screening process, if a family that has individuals with special needs is going to travel.) (Se Habla Espanol)

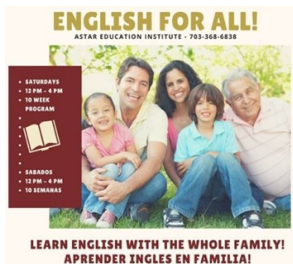
www.tsa.gov/traveler-information/travelers-disabilities-and-medical-conditions

Astar Education Institute:

*English as a Second Language (Ingles como Segundo Idioma): Adult classes and 703-368-6838

Family English classes with parents and kids together. *Vocational training programs and others: CNA-PCA-Aviation dispatcher, TOEFL, TESOL certification, Job placement. 7864 Donegan Drive, Manassas VA, 20109, www.astarinstitute.org

*Hablamos Español



Sign Language Classes

Sign, Say & Play Classes

Noelle Snodgrass

signwithnoelle@gmail.com

www.babysignsprogram.com/withnoelle

(Sign, Say & Play Classes, Workshops—Inquire about locations/fees)

571-358-8262

Learning and Education continued

Sign Language—Continued

Sign It! - an online ASL curriculum developed by the creator of "Signing Times." <https://www.infanthearing.org/signit/index.php> - Because of generous funding from both government and private entities, **parents of children 36 months of age or younger who are deaf or hard of hearing can use the curriculum free of charge!** To apply, complete and submit the form at the link:

<https://www.infanthearing.org/signit/index.php>

Baby Signs At Wee Play-n-Sign Playgroup, Northern VA & Rappahannock Area,
email: weeplaynsign@adelphia.net
website www.babysigns.com

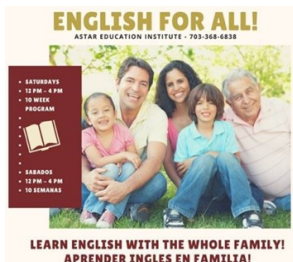
540-786-7013
or
703-966-3113



Signing Times Private Signing Instructor – Bess E. besse@signingtimeacademy.com
or besse.england@gmail.com (Private lessons)

703-994-2480

Babies on the Homefront (Zero To Three) - provides military and veteran parents ideas for enhancing everyday moments with their baby or toddler. Parents will find lots of material to add to their toolbox of strategies, including: Behavior Tips, Play-time Ideas, Self-Care Ideas, Your Child's Development, & Private Messaging



(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

ABA Today

5501 MERCHANTS VIEW SQ STE 743
HAYMARKET, VA 20169-5439
603-732-3415

perryolson@abatoday.net

Accepting the following insurances: Tricare, Aetna, Beacon. Single Case Agreements. Out of network provider.
Co-pays available and waivers.

Spanish Speaking Providers Available depending on location.

ABC Behavior

Primary areas of service include: Prince William, Fairfax, Fauquier, and Loudoun Counties.

(571) 212-6627

www.abcbbehavior.org ; slmaddox@abcbbehavior.org

(Advocacy, Applied Behavior Analysis (ABA), social skills group (pending) – any insurance carrier that takes ABA services and also accepts self-pay)

Accepting the following insurances: Medicaid, Tricare

Spanish Speaking Providers Available.

ALLIANCE ABA THERAPY

17932 Fraley Boulevard, Suite 205
Dumfries, VA 22026

Email: ryan@allianceaba.com

Office phone: 703-229-4216

Accepting the following insurances: Aetna, Medicaid, Anthem, Beacon Health, Carefirst, Tricare; Diagnosis of Developmental Delay showing clinical necessity may be approved

Spanish Speaking Providers Available As Requested

Autism Outreach Inc.

Kellie O'Donnell

www.AutismOutreach.org

information@autismoutreach.org

Kodonnell@autismoutreach.org

21680 Ridgetop Circle

Suite 100

Sterling, VA 20166

703-689-0019 (office), 703-689-0039 (fax)

(ABA programs, support, guidance, consultation, Discrete Trial Teaching, Fluency Instruction, Verbal Behavior, Groups.)

Accepting the following insurances: an out-of-network provider for most insurance

Spanish Speaking Providers are NOT available.

Avail Outreach

5415 Backlick Road
Springfield, VA 22151
703-941-1910

www.availoutreach.com

Accepting the Following Insurances: AETNA, BCBS, Tricare, Anthem BCBS, United Healthcare, and Medicaid

Spanish Speaking Providers are NOT available.

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

Behaviors for Life (West PWC ONLY)

Allison Clark, M.Ed., BCBA

703-400-3035

<http://www.behaviorsforlife.com/>

Email: allison@behaviorsforlife.com

Accepting the following insurances: Aetna and Tricare. Diagnosis of Developmental Delay showing clinical necessity may be approved.

Behavior Basics LLC

6180 Grovedale Ct., Suite 200

Alexandria, VA 22310

Website: <http://www.behaviorbasicsllc.com>

Email: info@behaviorbasicsllc.com

6180 Grovedale Ct Ste 200, Alexandria, Virginia 22310

Phone: 1-866-380-3419

Accepting the following insurances: Aetna, Anthem BCBS, Carefirst BCBS, Cigna, Kaiser, Medicaid, Optima, Tricare, United Behavioral Health. We provide clinic-based services in Alexandria, and home-based services in the surrounding cities and counties, including Woodbridge and Dumfries (and possibly parts of Manassas). Spanish Speaking Providers Available in all location except Woodbridge.

Behavior Health Services of Virginia

1201 Old Francis Road, Glen Allen

540-300-7227

Accepting the following insurances: Medicaid

Spanish Speaking Providers NOT Available.

Behavioral Momentum, LLC

574 Edmonton Ter NE

Leesburg, VA 20176

443-540-0120

www.behavioralmomentumllc.com

Accepting the following insurances: Aetna, Anthem, Humana, Magellan, Optum (United Health), Tricare, Virginia Medicaid; Diagnosis of Developmental Delay showing clinical necessity may be approved
Spanish Speaking Providers Available.

Behavioral Framework

9870-A Main Street

Fairfax, VA 22031

571-317-1742

www.behavioralframework.com

Accepting the following insurances: Aetna, GEHA, Medicaid Virginia (EPSDT), Medicaid Maryland, Private Pay, Tricare, United Behavioral Health
Spanish Speaking Providers Available.

Breakthrough Developmental Services

Contact: Barbara Erby-Young

Main Email: info@BDSHelps.com

Phone: 1-855-255-5270

Website: www.bdshepls.com

Home, community, and office based ABA, Assessments (ABLLS-R, VB-MAPP, AFLS, etc.), Positive Behavior Support and Intervention Plans, Family and School based Consultation programs, Parent Coaching, Social Skills Groups, Support Groups, Teleseminars, workshops, and conferences, RBT Credentialed Staff.

Accepting the following insurances: Aetna (In Network), CareFirst BCBS (Non-participating), Maryland's Home and Community Based Waiver for Children with Autism (Provider), TRICARE (Non Network).

Spanish Speaking Providers are NOT Available.

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

BreakThru Autism Services, LLC

9720 Capital Court, Condo 404

Manassas VA 20110

571-232-3691

Contact Name: Tiffini Chamblin

Contact Email: Tchamblin@breakthruautismservice.com

www.breakthruautismservices.com

Accepting the following insurances: Medicaid.

Spanish Speaking Providers Available.

Capital ABA

Administrative Office

Washington, DC 20009

202-600-2853

www.capitalaba.com

Accepting the following insurances: Tricare, Kaiser

Spanish Speaking Providers are NOT Available.

Center for Autism & Related Disorders (CARD)

10370 Battleview Parkway, Manassas, VA 20109

571-364-0440

12731 Marblestone Drive, Suite 101, Woodbridge, VA 22192

571-589-0201

www.centerforautism.com

<http://www.centerforautism.com/locations.aspx>

Insurance coverage:

Accepting the following insurances: Tricare, Medicaid, Magellan, United HealthCare & CIGNA, BCBS Anthem, and UBH. Offers parent training, workshops, social skills group and parents night out. Registration is completed ONLINE only.

Spanish Speaking Providers are Available.

Comprehensive Autism Partnership Behavior Therapy in Home

703-870-3880

www.cap-autism.com

Accepting the following insurances: Medicaid, Tricare, BCBS, United Healthcare.

Spanish Speaking Providers Available.

Corner Piece LLC

8870 Rixlew Lane, Suite 101

Manassas, VA 20109

Phone: 571-336-2221

Fax: 571-522-2705

Email: info@mycornerpiece.com

Website: www.mycornerpiece.com

Specialties: Home-Based therapy, In office therapy, Social Skills Training (in office), School Facilitation, Communication Skills, Behavior Intervention Plan, Toilet Training, Parenting Classes. Accepting the following insurances: Anthem BCBS, Kaiser, Aetna, and United Health Care.

Spanish Speaking Providers are Not Available.

Early Autism Services

571-319-9519

<https://earlyautismservices.com/aba-therapy-autism/aba-therapy-program/what-is-aba-therapy/>

Accepting the following insurances: All major forms of insurances; Diagnosis of Developmental Delay showing clinical necessity may be approved

Spanish Speaking Providers are Available.

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

Dower and Associates, Inc. (Center-based & Daycare/School-based ONLY)

Speech/Language Pathologist and Board Certified Behavior Analyst

Nikia Dower, MS, CCC-SLP/L, BCBA, LBA

Prince William County Office:

9845 Business Way

Manassas, VA 20110

703-618-6180

Email: information@dowerandassociates.com

Web: <http://www.dowerandassociates.com/>

Specialties: (1) Speech/Language Evaluations and Therapy (2) Tutoring (3) Applied Behavior Analysis Programs (emphasis in Verbal Behavior) - clinic based only in Loudoun County. (4) Advocacy - IEP Development and Meetings.

Accepting the following insurances: NONE

Spanish Speaking Providers are NOT Available.

Engage Behavior Health (Woodbridge, Lake Ridge, Dale City)

5680 King Centre Drive, Suite 600

Alexandria, VA 22315

Phone: 571- 317-0504

Fax: 571- 317-0545

info@ebhealthgroup.com

www.engagebehavioralhealth.com

Accepting the following insurances: Blue Cross Blue Shield, Aetna, and Cigna. All other payors we are still working on credentialing approval/processing. Those will include United, Tri-Care, Humana, Medicaid Health-keepers, Intotal Health, and Kaiser. We are offering discounted self-pay rates for families with insurance plans that we are still waiting on approval. The rates are 6 hours/month for \$240, 8 hours/month for \$280, and 10 hours/month for \$300. Again that is for families that have insurance but we are waiting for in-network approval.

Spanish Speaking Providers Coming Soon

Family Compass

Assessment & Treatment

Developmental Interaction Therapy (DIR) In-Office

ABA – At home

11150 Sunset Hill Road, Suite 150

703-471-5517

www.familycompass.com

Insurances Accepted: Family Compass does not participate in any insurance network coverage plans and is considered by health insurance companies as an “out of network provider.” All bills are to be paid directly to Family Compass, regardless of coverage or reimbursement. However, upon request and with information provided by you, Family Compass can file your bill to your insurance carrier, asking the insurance provider to reimburse you. There is no additional charge for this service.

Spanish Speaking Providers are NOT Provided.

Family Insight, P. C.

7730 Donegan Drive

Manassas, VA 20109

571-208-0592

<https://familyinsight.net/location/manassas-va/>

Serves children with Autism through Behavioral Therapy (ABA) services. Family Insight's in-home (ABA) services are available through Early Periodic Screening Diagnosis and Treatment (EPSDT). This service is available to individuals who receive Medicaid or have a Medicaid Waiver. Individuals seeking behavioral treatment through EPSDT will need a letter of medical necessity from a physician or psychiatrist indicating the need for behavioral treatment services.

Insurances Accepted: Aetna, Anthem, Cigna, BCBS, Optima, Medicaid, Virginia Premier

Spanish Speaking Providers are NOT Available.

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

Far Beyond

Unlocking Your Child's Potential

10530 Warwick Avenue

Suite C2

Fairfax VA 22030

Phone: 703-994 -4754

Fax: 571-384-5815

programs@farbeyond.us

<http://farbeyond.us/index.html>

Accepting the following insurances: Medicaid, Tricare, Cigna, and BCBS (Carefirst). In home ABA services.

Spanish Speaking Providers are NOT Available.

Global Behavior Therapy Associates

4528 Plank Rd B-C, Fredericksburg, VA 22407

[\(540\) 841-4443](tel:5408414443)

www.abatherapy.me

info@abatherapy.me

Accepting the following insurances: Aetna, Carefirst, UHC, Kaiser, Tricare, Anthem, Medicaid, Magellan, Virginia Premier, Intotal, Anthem Healthkeepers, and Aetna Better Health, and Optima

Spanish Speaking Providers are Available.

Infinity ABA

571-241-8557

office@infinityaba.com

www.infinityaba.com/

Accepting the following insurances: Medicaid.

Spanish Speaking Providers are Available.

L.E.A.P. Ahead, Inc.

10686 Crestwood Drive

(Suites A & B)

Manassas, VA 20109

703-392-6166

www.leapahead.org

info@leapahead.org

(Applied Behavior Analysis Therapy, Verbal Behavior Therapy, Staff and Parenting Training, Speech Therapy, Preschool Program, and more. Accepting the following insurances: Kaiser Permanente (ABA/ST), Aetna, and Premiera Blue Cross Blue Shield (ABA).)

Spanish Speaking Provider are Not Available. Interpreters Available.

LEARN Behavior Consultation Services

Kerry Dillman, M.A., B.C.B.A.

Phone: 724-448-9653

Fax: 703-494-3921

Email: kdillman.learn@gmail.com

Website: www.learnbehaviorconsult.com

(ABA services, Social Skills Groups starting at 3 yrs. of age, IEP supports, Education and training seminars, and treatment plan development. Accepting the following insurances: Tricare, Aetna, Carefirst BCBS, and Anthem BCBS).

Spanish Speaking Providers are NOT Available.

Life We Deserve

Falls Church, VA 22046

785- 691-7899

www.lwd.clinic

info@lifewedeserve.net

Accepting the following insurances: Anthem, BCBS, CareFirst, Medicaid, Tricare, Medicaid (Aetna and Kaiser in process)

Spanish Speaking Providers are Available.

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

New Horizons Professional ABA Services

500 West Jubal Early Drive, Suite 210

Winchester, Virginia 22601

Phone: 540-431-5641

Fax: 540-431-5628

www.newhorizonsaba.com

Email: r.kindall@newhorizonsaba.com

In-home service provider offering behavior plans, behavior consultation, behavior training, ABA/VB Therapy, Educational Plans, Transition Services, Instruction, IEP Consultation/Advocacy, Toilet Training, Vocational Training.

Accepting the following insurances: Medicaid EPSDT insurance provider, United Healthcare, and Kaiser, credentialed with all Medicaid (MCOs).

Spanish Speaking Providers are NOT Available.

New Hope ABA, Katherine Lynch

Spotsylvania, VA

katherine@newhopeaba.com

540-693-0830

<http://www.newhopebehavioranalysis.com/insurance-information.html>

Accepting the following insurances: Cigna, United HealthCare, Tricare, Medicaid, Aetna, and Anthem/BCBS; willing to work with other private insurances, please inquire.

Spanish Speaking Providers are NOT Available.

NOVA ABA

Herndon, VA 20171

571-249-5142

Contact Name: Maria Soldatenkov

Contact Email: maria@nova-aba.com

<http://www.nova-aba.com>

Accepting the following insurances: Anthem (and all Blue Cross companies), Cigna, Optima/Sentara, and Tricare.

Spanish Speaking Providers are Not Available.

Optimal Beginnings

11301 Sunset Hills Rd Ste A-3

Reston, VA 20190

703-429-1853

Applied Behavioral Analysis Programming

Email: admin@optimalbeginning.com

www.optimalbeginning.com

Accepting the following insurances: TriCare, AETNA, BCBS, Kaiser, and UHC. ABA methods, Speech and Language Services- Center based Only.

Spanish Speaking Providers are NOT Available.

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant and Toddler Connection of PWC. Can research individual's licensure: <https://dhp.virginiainteractive.org/Lookup/Index>)

Therapy Support Services: ABA/VB THERAPY SERVICES: (most plans issued by carriers in the state of Virginia do not cover ABA therapy. Insurance plan members need to check with their carrier for detailed benefit information.)

Paragon Autism Services

904 Princess Anne Street, Suite 407

Fredericksburg, Virginia 22401

4000 Genesee Place, Suite 205

Woodbridge, VA 22192

312 Progress Street, Suite 300

Fredericksburg, VA 22401

417 Chatham Square Office Park

Fredericksburg, VA 22405

540-479-3889

Email: info@paragonautismservices.com

www.paragonautismservices.com

Applied Behavior Analysis, Family Training, Treatment Plans, Educational Advocacy, FREE OPEN Lego Club, Monthly FREE OPEN Playgroups; obtain more information by joining FB page.

Accepting the following insurances: All Medicaid insurances and CHIP; Diagnosis of Developmental Delay showing clinical necessity may be approved.

Spanish Speaking Providers are NOT Available.

Pathing Pathways. Inc.

571-357-5582

Annapathingpathways.com

Paving Pathways is dedicated to providing quality, accessible and affordable treatment using applied behavior analysis for those with language and academic delays, behavior challenges, and social skills deficits. In order to create real and lasting change, our treatments include a special emphasis on parent involvement and training as well as teaching in the natural environment. Services available in Northern VA outside of DC, Fredericksburg and Richmond.

Accepting the following insurances: Carefirst, Anthem, BCBS, Medicaid, AETNA, and United and soon Virginia Premier.

Spectrum Autism Services, LLC

Stafford, VA

(540) 383-7133

Ndaly@sas-aba.com

<http://sas-aba.com/>

Accepting the following insurances: Tricare, Anthem BCBS, CareFirst BCBS, Medicaid, and Magellan. Currently in the credentialing process with United and VA Premier. Diagnosis of Developmental Delay showing clinical necessity may be approved

Spanish Speaking & Arabic Providers Available.

Victoria Transcultural Clinical Center (VTCC)

3541 Chain Bridge Rd. Suite 204

Fairfax, VA 22030

703-218-6599

Contact Email: ana.cabrera@vtccmail.com, <http://vtccnet.com/>

Accepting the following insurances: Medicaid and FAPT cases. Diagnosis of Developmental Delay showing clinical necessity may be approved

Spanish Speaking Providers Available.

Support Services

Independence Empowerment Center
8409 Dorsey Circle, Suite 101, Manassas, VA
www.ieccil.org
info@ieccil.org

703-257-5400

(Supports people with disabilities – Support Groups, Adaptive Equipment, Medicaid Mentoring, Community Education/Training, Peer Counseling, Limited Transportation, Volunteer Opportunities, Systems Advocacy, Independent Living Skills Training, Information & Referral)

(

Music Solutions for Life, LLC
Music Together Classes
Carloe A. Thomas, MM, MT-BC
PO Box 7142
Woodbridge, VA
musicsolutionsforlife@comcast.net www.musicsolutionsforlife.com

703-498-8334

(Private and group music therapy sessions; working predominantly with children and adults with intellectual and developmental disabilities)



Koegel Autism Consultants
www.onlineprt.com
(New PRT® consultation programs for parents and professionals, individualized support and feedback regarding goal development, motivational strategies, troubleshooting target behaviors, your implementation of PRT®, and/or general overview of your child's existing program)

Sensory Space
Consultation Services, LLC
Location: 34 Burns Road, Stafford, VA 22554
lucialaraot@yahoo.com (provides home visits)

540-907-0583

The Infant & Toddler Connection of Prince William,
Manassas & Manassas Park www.pwcgov.org/csb
Location: 7987 Ashton Avenue, Suite 231, Manassas

703-792-4950
703-792-7752

Infant and Toddler Connection of Virginia
www.infantva.org
(Early Intervention support and services, family Involvement Project, Rights document, central directory website, resources)



Support Services - continued

A Second Me Errand Service, LLC.

5095 Brentwood Farm Drive, Fairfax, VA 22030, www.asecondme.com

(A full service errand company in Northern Virginia including Prince William and Loudoun Counties. We specialize in helping families with special needs, seniors, their caretakers, and busy professionals.)

703-830-3996

Revive Your Space

(In-Home Organizing, Virtual Organizing, DIY Organizing; 15% Discount if mentioning you are from PWC

540-300-5954

CSB/Infant & Toddler Connection of PWC)

BrookeSitch@reviveyourspace.com

<https://www.reviveyourspace.com/>

703-887-2776

Sleepwell Sleep Solutions

michelle@sleepwellsleepsolutions.com

www.sleepwellsleepsolutions.com/

Pediatric Sleep Coach, Certified Greenproofer, & Happiest Baby on the Block Certified Educator (private classes or group classes available).

Legal Assistance/Advocacy

The Law Center for Children (TLC)

Legal Services of Northern Virginia

4080 Chain Bridge Road, Fairfax, VA 22030

703-778-6800

(Free legal advice & representation to low income families on Special Education matters, and Obtain legal information about special education rights and responsibilities – Email: ntubbs@lsnv.org)

571.225.9441

B&B Special Needs Advocacy, LLC, Consultants/Advocates

Betty Ann Maher , maherbandb@gmail.com

www.facebook.com/BandBSpecialNeedsAdvocacy

www.bandbspecialneedsadvocacy.com

B&B's mission is to teach Virginia parents of children with disabilities how to advocate for quality education and disability services for their child.

Legal Services of Northern Virginia

9240 Center Street

Manassas, VA 20110

703.778.6800

Toll-free for clients 866.534.5243

help@lsnv.org

Pro bono lawyers—Cases Handled: Educational Law & Child Advocacy, Family Law, and others.

<http://www.lsnv.org/what-we-do/child-advocacy/>



Overloaded, L.L.C.

Operating out of the VA area

(703) 501-0109

bethkimlick@gmail.com

www.overloadedllc.com/home.html

(Advocacy, Sensory Coach, Workshops)

Yukiko Dove

571-330-2818

Yukikod@gmail.com

(Advocacy – especially during the Summer)



VISION

InfantSee (Locate a participating optometrist in your area)
www.infantsee.org (A no-cost public health program developed to provide professional eye care for infants nationwide.)

888-396-EYES

Solo Bambini, Infant & Children's Eyeware www.solobambini.com



Dentist

Alan H Golden, DDS & Associates

Dale City
Quantico

703-670-9169
703-640-1000

Drs. Teloxi & Dr. Crandall, Manassas, VA

703-368-1000

Dawn A Crandall, D.D.S.
8719 Stonewall Road , Manassas, VA 20110
www.stonewalldental.com

703-368-1000

703-754-1580

Gainesville Pediatric Dentistry

703-330-5755

Manassas Dental Center

BriteStars Pediatric Dentistry, PLLC
12602 Lake Ridge Drive , Woodbridge, VA
Email: BriteStars@live.com or BritestarsEmail@gmail.com
www.britestars.org/

703-490-5050



Sporting Smiles Pediatric Dentistry & Orthodontics
7915 Lake Manassas Drive, Suite 301 Gainesville, VA 20155
Office@SportYourSmile.com www.sportyoursmile.com

571-248-1501

Dentist (continued)

Britto's Children's Dentistry

Dr. Mala Britto, 12581 Milstead Way, Suite 305, Woodbridge, VA

703-670-1991

Happy Smile Dental, Inc., 8428 Dorsey Circle, Suite 201, Manassas

703-260-7788



Audiologists

Hearing Health Care Center of Manassas

Mary Jo Grote

8650 Sudley Road, Suite 209

Manassas, VA 20110

www.hearinghealthcarecenter.com

703-369-0300

Prince William Speech & Hearing

4317 Ridgewood Center Dr

Woodbridge, VA 22192

(Starting at 18 months;; Insurances—Care First, Anthem Healthkeepers, BCBS)

703-670-8126

Professional Hearing Services

The Dizziness and Balance Center

8644 Sudley Road, Suite 114

Manassas, VA 22110

Manassas@prohearing.com

703-330-6636



Potomac ENT

2070 Old Bridge Road, Suite 103

Woodbridge, VA

703-910-3262

Audiology and Hearing Aid Ctr

7340 Heritage Village Plz Suite 101 Gainesville, VA

www.audiologyandhearingaid.com/our-staff/dr-diana-badua.html

703-754-0951

Dr. Bane—ENT

Commonwealth ENT Association

2280 Opitz Blvd Suite 340

Woodbridge, VA 22191

540-216-0510



FINANCIAL ASSISTANCE

ACTS Helpline - (24-hour crisis helpline listening, information and referrals)	703-368-4141
ACTS—Family Assistance Office (EAST PWC Assistance), 3900 Acts Lane, Dumfries (Financial Assistance for Qualified Applicants – Utility disconnect notice – electric, gas, water, sewer, Thrift Store vouchers - clothing/household items, food/grocery store assistance—Food Pantry; uninsured emergency prescription, financial classes – money management, please call for others; Operation Turkey; DC Diaper Bank—Diaper program is open to all PWC community clients based on certain income restrictions, come to the Emergency Assistance Office, sign up for Diapers and meet with a case manager.)	703-221-3186 703-441-8606
All Saints Catholic Church	703-368-4500
American Red Cross, Financial Assistance available only if home has been destroyed by a fire and/or natural disasters (Short-term Financial Aid, Food, Med Care, Medicine, Rent, Utilities, Transportation, Clothing)	703-368-4511
B.A.R.N. - Professional Women's Clothing Center (Clothing Center ONLY for women in the shelter, 1x/month community yard sale—household items check Facebook Page - 2 nd Saturday of every month from March - October)	703-369-1325
Bread of Life Food Pantry, Birth Rite (Formula), 8671 Phoenix Dr, Manassas	703-369-0306
Catholic Charities Diocese of Arlington—Christ House 131 South West Street, Alexandria, VA www.cdda.net (Rent, Prescription Bills, Utilities, Crisis Problems, Free counseling, Food Assistance, Clothing)	703-548-4227
Catholic Charities Diocese of Arlington - Car Ministry	703-841-3898
Catholic Charities Diocese of Arlington—Christians Are Networking (CAN), Job Ministry – Free Coaching (Supporting people who are in career transition; support with resume writing, self-marketing, interviews, net-working skills – Locations in: Alexandria, Culpepper, Ashburn & Falls Church)	703-683-7704
Chapel Springs Church 11500 New Life Way, Bristow, www.chapelsprings.org (Food and Clothing Pantry – Wednesdays – must be a PWC resident - bring photo proof of ID and residency; if funds are available they do help with utilities; Groups also available - Divorce Care, Grief Care)	703-368-2895
Dumfries United Methodist Church, 3890 Cameron Street, Dumfries, VA 22026 (Food Pantry - Bread & Fishes, Feed My Sheep – Meal in Fellowship Hall, Clothes Closet, Utilities Assistance – Only for Triangle, Dumfries & Quantico Residency and MUST have a pledge information sheet from ACTS, Emergency Prescriptions – very limited \$25 every 3 months per client – MUST live in Dumfries, Triangle & Quantico)	703-221-2880
Hogar Immigrant Services 6201 Leesburg Pike, Suite 307, Falls Church, VA 22044 (Networking, immigration legal services, citizenship classes, ESL classes)	703-534-9805
Holy Family, Social Ministries (Financial Aid – In Partnership with ACTS, Food Pantry – call to make an appointment and bring an I.D. – 22191, 22192, 22193)	703-730-1791
Manassas Baptist Church, www.weRchurch.com (Food Pantry/Clothes Closet – provide photo ID – open in the Summer 1 st & 3 rd of the month/Fall – Wednesdays; Emergency Warming Shelter - Winter; weekly AA meetings & ESOL classes); Se Habla Espanol	703-361-2146
Prince of Peace United Methodist Church 6299 Token Forest Drive, Manassas (Food Pantry – Mondays – call to put name on the list in the morning; Financial Assistance – limited funds available)	703-670-4143
Prince William -Northern Virginia Family Services, SAFETY SEAT DISTRIBUTION	571-748-2913 703-944-8672
SERVE 10056 Dean Drive, Manassas 20110 (Food Assistance, Financial Assistance, Shelter) (Operation Turkey – Thanksgiving for the west end of the county); ZYCH, Andrea Director/SERVE	571-748-2601 703-368-3612 FAX: 703-368-2004
EMERGENCY ASSISTANCE Phone: Hours: M, T, TH, F: 9:30-11:30 and 1:00 until 3:30 p.m. W-5-7:30 p.m. SERVE 10056 Dean Drive, Manassas 20110	571-748-2697 FAX: 703-367-6738 703-368-3612

FINANCIAL ASSISTANCE (continued)

St. Francis House 2606 Heth Court, Dumfries (Food – Thursday 9-12 - must live in Dumfries, Triangle and Quantico and register prior to coming with ID and a bill – water, electric, or gas), Financial Assistance includes Rent, Utilities, and some Prescriptions – East PWC – must call to make an appointment – will help every 6 months, ESL Classes – Tuesdays & Thursday from Sept – June – call to register/no fee)	703-221-6344
St. Paul's United Methodist 1334 G Street, Woodbridge (Financial Assistance – Tuesdays – limited funds available – bring bill, I.D; Lords Pantry - 3 rd Thursdays; Clothing Closet - 1 st & 3 rd Thursdays; Lords Table Meal – Thursdays; please call for times)	703-494-2445
The Salvation Army Prince William County 1483 Old Bridge Road, Suite 102, Woodbridge, VA 22192 (Food Pantry – 1x every 30 days and must be PWC Residence; Free Food Giveaways – Fresh Produce & Perishable Items every 4 th Thursday of the Month with the exception of November & December; Emergency Financial Assistance – Utilities Disconnect/Shut off; Help with School Supplies; Thanksgiving Baskets; Christmas Assistance – Angel Tree Program; Kids Program on Tuesdays – Free Guitar lesson & Free Kids Clothes program Tuesday evenings; Winter Free Coats and Outwear for Children & Adults) Toys for Tots (Quantico) - Christmas Support in PWC, Manassas City, Manassas Park http://quantico-va.toysfortots.org/local-coordinator-sites/lco-sites/request-toys.aspx	703-580-8991
Arms Outstretched Ministry, armsoutstretchedministry@yahoo.com Bread Distribution – weekly distribution of fresh bread and bakery products donated by Bloom grocery store to the homeless living in the woods, families in the community, churches, and local fire and police stations. Teen Explosion Outreach - mentorship, counseling, and an alternate way to have fun and fellowship, school supplies donated throughout the year	703-517-0200 540-657-8358

HOUSING ASSISTANCE

The Salvation Army Prince William County 1483 Old Bridge Road, Suite 102, Woodbridge, VA 22192 (Emergency Financial Assistance – Utilities Disconnect/Shut off ; Rental Assistance Program – Past due rent)	703-580-8991
Virginia Cooperative Extension Location: 8033 Ashton Avenue, Manassas, VA www.pwcgov.org/vce (Financial Education workshops and Seminars – updated periodically, Financial Assessment Clinics, Foreclosure Prevention Counseling, Rental Workshop and Counseling, and more)	703-792-6287

Health

The Sentara Family Health Connection Van (Primary medical home for non-insured individuals, schedule an appointment)	703-338-6676
Global Healthcare Solutions, PLLC Pediatric Clinic/Home-based Services (OT/PT/ST/Therapeutic Listening) 711 West Wood Office Park, Fredericksburg, VA	540-737-4317 631-662-0924
The Primary Health Care Van (A mobile Health Clinic serving medically uninsured adults & children)	
Maxim Healthcare Services Location: 12801 Dary Brooke Court, Suite 201, Woodbridge (Education, Training, & Support) www.pediatricservices.com (resources, information in English and Spanish)	571-722-4590 703-490-0796



Health (continued)

Bright Beginnings Health Care Services

Location: 14416 Jefferson Davis Highway Ste #6, Woodbridge (Provides the best of medical care in the privacy of your own home)

<https://211.getcare.com/211provider/consumer/index211.do> (Dial 2-1-1 for free & confidential information and referrals to connect to health and human services)

Health Link, Dentist Referral

703-392-4901 ext.17

MEDICAL Health Department

Manassas
Woodbridge

792-6300
792-7300

PW Interfaith Caregivers

(AIDS Family to Family Mentoring Respect & Responsibility Sneakers Program)

703-369-5063

Free Clinics www.vafreeclinics.org/find-a-free-clinic.asp

804-340-3434

The Patient Advocate Foundation

www.patientadvocate.org

(Helps to advocate/negotiate funding and/or insurance coverage to obtain medical services, nutrition, housing, utilities, and transportation and lodging if you must travel for treatment)

800-532-5274

The Mother of Mercy Free Medical Clinic

9380 Forestwood Lane Unit B, Manassas VA

Clinic Open Wednesdays 4:00pm – 8:00pm

Financial Intake Appointments are required prior to Physician Appointments

Please call: 703-335-2779

For families in Western PWC, Manassas City, and Manassas Park, income at or below 200% of Federal Poverty, and no insurance or underinsured

Bright Future Guidelines for Health Supervision of Infants, Children and Adolescents

www.healthyfuturesva.com (Child health and development)

The Virginia Cares Uninsured Program

(Families diagnosed with chronic, debilitating, or life-threatening diseases)

800-532-5274

The Virginia Bureau of Insurance

(Information about health insurance plans offered in VA and help with resolving insurance related problems.)

800-552-7945

The Partnership for Prescription Assistance

www.pparx.org (Help get medicines needed through public or private programs, if you lack prescription coverage)

888-477-2669

The Co-Pay Relief Program

www.copays.org (Direct prescription co-payment assistance if an insured U.S. citizen and financially/medically qualify)

800-361-361

Virginia Drug Card Program

www.virginiadrugcard.com (Free Prescription Drug Card program and savings)

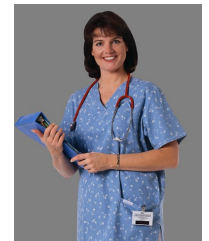
www.nlm.nih.gov/medlineplus/ (Health Information on a variety of topics in over 40 different languages, information on drugs and supplements, medical encyclopedia, dictionary, current health news, directories, other resources)

The Virginia Department of Health

www.vahealth.org

(Information about child and adolescent health services, dental health, WIC and community nutrition services, and women and children's health services)

804-864-7001



Health (continued)

BestCare Home Care 703-497-2273
 Location: 2070 Old Bridge Road, Suite 202, Woodbridge
burke@bestcarehomecare.com (Helping parents navigate the system especially as it relates to the Medicaid Waiver. Home Services provided)

Virginia Medicaid Waivers, VA Medicaid Waiver Technical Assistance Center 866-323-1088

Moms In Motion, LLC
 (Waiver Resources, Consumer Directed VA Medicaid Waiver Service facilitation provider and Case Management Provider for Waiver Enrollees—Urdu/Spanish/English available),
www.momsinmotion.net 844-828-5591

Partnership for Healthier Kids (Assists families in applying for Medicaid, and if not eligible, will place family in contact with other resources) 703-698-2550

Perfect Home Healthcare, LLC, Dumfries, VA, phhcare80@gmail.com (home care services) 571-229-5289

Braxton Family Services (Certified Medicaid Services Facilitation Provider, Help with navigating Medicaid Waivers, Help with process of hiring attendants, Community Resource Liaison) 804-368-3768
<https://www.braxtonfamilyservices.com/>; info@braxtonfamilyservices.com

Nursing Agencies (Provide Care Under the Elderly or Disabled with Consumer Direction Waiver under Medicaid—Spanish Speaking Providers)

RG Home Health Care Inc. 703-333-5103
 Absolute Care 703-642-0066

Virginia Medicaid Waivers (information, resources)
<https://drive.google.com/file/d/0B-wxEHvyyBdOUWZJRG9RM3pqdlE/edit?pli=1> - Virginia's Medicaid Waivers for Persons with Disabilities, Their Families and Caregivers – November 2013 Publication
www.thearcofva.org/resources-services/recorded-webinars/
<http://www.endependence.org/Publications.html> - Home and Community-Based Services for People with Disabilities Medicaid Waiver Services Guide (2013 Edition) – English & Spanish Version

The Healthwell Foundation www.healthwellfoundation.org
 (Helps individuals afford prescription medication they are taking for specific illnesses)

Logisticare Ride Assistance 866-386-8331
 (If you have Medicaid and need assistance with transportation to your appointments) Option 1

Greater Prince William Health Center 703-680-7950
 Woodbridge Office: 4379 Ridgewood Center Drive, Suite 102
 Manassas Office: 9705 Liberia Avenue, Suite 201
 Dumfries Office: 17739 Main Street • Suite 130
www.gpwhealthcenter.org/

www.iCanConnectVirginia.org 800-552-7917
frontdsk@vddhh.virginia.gov
 (No cost communications technology along with installation, training and support to low income, Deaf-Blind Virginia residents)

LOW/NO INCOME HEALTHCARE RESOURCES

Arlandia Health Center 2 East Glebe Road Arlington, VA 703-535-5568	AmeriGroup Irma Mejia-Lewis 202-218-4900 (ext. 44968)	Kaiser Permanente Bridge Program Maria 703-490-1522 (Health and Dental Program)
Pediatric Primary Care Project Woodbridge, VA 703-792-7487 (With Referrals for Children not Eligible for Medicaid or Famis)	Care Connection For Children 3299 Woodburn Road, Suite 200 Annandale, VA 22003 703-205-2634	Anthem HealthKeepers 1-800-901-0020
	Private Health Insurances Ana Quinteros 703-267-9600	

Homeless Assistance:

ACTS Action in Community Through Service Empowering Women in Transitional Housing/Emergency Shelter/Rapid Re-Housing Triangle, VA, (Requires a referral from case manager)	703-884-2285
ACTS Homeless Shelter (Inquire about shelter beds available) 17866 Main Street, Dumfries 22026 (Clothing & Food – if available, Shelter, Job Referral/Mental Health Assessment & Counseling – for clients only, GED Classes – Referrals only, and Substance Abuse Counseling – open to public; a site for the Sentara Mobile Health Van; Emergency Shelter—Emergency Homeless Shelter & Domestic Violence Safe House)	703-221-3188
B.A.R.N. (Transitional Housing for single women and children up to 5 children and also will work with intact families if space is available –provide support with rapid rehousing) 9541 Linton Hall Road, Bristow	703-369-1325
Catholics for Housing (Affordable rental homeownership program)	703-221-4510
Dawson Beach (Transitional Housing – Families)	703-492-2303
Drop in Shelter Winter Shelter 14730 Potomac Mills Road, Woodbridge November – March 31 st (Overnight Shelter Check in Every Night & Day Drop in Center – Food & Shower)	703-897-0199
Good Shepherd Housing Foundation (Transitional & Permanent Supportive Housing)	703-730-1078
Hilda Barg Homeless Prevention Shelter (NVFS) 14945 Jefferson Davis Highway, Woodbridge (Clothing & Food – if available, Shelter, Job Referral/Mental Health Assessment & Counseling – for clients only, GED Classes – Referrals only, and Substance Abuse Counseling – open to public; a site for the Sentara Mobile Health Van)	703-680-5403
New Creatures-in-Christ Ministries, Inc. (Transitional Housing Emergency assistance)	703-910-4293
Northern Virginia Family Services (SERVE) (Emergency Family Shelter, Permanent Supportive Housing, Rapid Re-Housing, Homeless Prevention)	571-748-2603
Operation Renewed Hope Foundation – Veterans First Program (SSVF) (Rapid rehousing of veterans and their households)	703-887-8117 703-399-9135
Prince William County Community Service Assistance in Transition from Homelessness – PATH)	(Projects for 703-792-4900
PWC Homeless Services Coordinator (Referrals for Homeless Shelters, Drop-in Day Program)	703-792-7549
SERVE - FAMILY EMERGENCY HOUSING AND SHETER 10056 Dean Drive, Manassas 20110	571-748-2698
The ARC of Greater Prince William/INSIGHT (Long term supported housing for people with developmental disabilities)	703-670-4800
The Salvation Army Prince William County, 1483 Old Bridge Road, Suite 102, Woodbridge, VA 22192, (Homeless entering into new program location – 1 st month rent)	703-580-8991
Turning Points Shelter (Domestic Violence)	703-221-4951
Victory Gospel Chapel/Spiritual Growth Center for Men & Women 14722 Dunbar Lane, Woodbridge, VA 22193 Free Faith-Based Services for Homeless Men & Women Bound by Addiction or coming out of jail/ prison: Call for detailed criteria. 14-16 weeks Spiritual Rehab. Offering one-on-one spiritual guidance, counseling and life skills. Require 3-month obligation. Donations Accepted.	703-580-0816 757-537-2752

Music Classes

Prince William County Parks & Recreations, 703-792-7060
(Leisure magazines available in libraries or recreational centers)

Bach to Rock Bristow – Call or visit website for pricing and scheduling 703-373-7260
9070 Devlin Rd Suite 100, Bristow, VA, Bristow@bachtorock.com,
<https://bristow.b2rmusic.com/>
Music school for all ages, Private lessons, Group classes, Birthday Parties, Camps, and more.

Music Together: www.musictogethervivo.com 703-619-6441

Music Solutions for Life, LLC 703-498-8334
Carole A. Thomas, MM, MT-BC, Board Certified Music Therapist
Location: PO Box 7142, Woodbridge, VA
musicsolutionsforlife@comcast.net www.musicsolutionsforlife.com
(Private and group music therapy sessions; working predominantly with children and adults with intellectual and developmental disabilities)

Music Together, Little Steps Music 703-536-4706
Dance, Etc. School of the Arts
13590 Minnieville Road, Woodbridge
<http://littlestepsmusic.com/>

Kindermusik, Little Hands 703-631-2046
www.littlehands.com
Main office: 5746 Union Mill Road, Clifton
Locations: Freedom Aquatic and Fitness Center
10900 University Blvd, Manassas, VA
(Inquire about fees—New Sign and Sing Class available)

Kindermusik Educator 703-369-2632
(Inquire about fees—classes, signing classes, birthday parties, summer camp) 571-278-8753

Mel's Music & Motion 571-989-1069
<https://melsmusicmotion.com/>
Mel's Music Motion Classes in Woodbridge; Appropriate for ages Newborn thru age 5.

Outdoor Activities/Parks/PWC PARKS 703-792-7060
www.pwcgov.org/government/dept/park/pages/default.aspx

Baseball-Cannons
Location: Pfitzner Stadium-County Court Complex 703-590-2311

Lake Ridge Park 703-494-5565
12350 Cotton Mill Drive, Woodbridge, (playground, picnic areas, hiking short trails, mini golf)

Sharron Baucom Dale City Recreational Center 703-670-7112
14300 Minnieville Road, Dale City (Playground, pavilion with lights and grills)

Locust Shade Park 703-221-8579
4701 Locust Shade Drive, Triangle (Playgrounds, hiking/trails, 8-acre lake)

Leesylvania State Park 703-670-0372
Location: 16236 Neabsco Road, Woodbridge (Park Trails, playground, water activities, Pond Life – Explore wild life, inquire about other scheduled events; Weekday Parking Fees \$3/per car)

Lunga Park Quantico (Nature trails, playgrounds, water activities, pavilions, & more) 703-784-5240

Magic Putting Place 703-257-7888
Location: 8902 Mathis Avenue, Manassas



Outdoor Activities/Parks (continued)

Manassas National Battlefield Park (Kid Friendly Trials)
Location: 6511 Sudley Road Manassas

National Museum of the Marine Corps—Park Area
Location: 18900 Jefferson Davis Hwy, Triangle (near Quantico)
(Rubberized playground surface— right side of parking lot)

Occoquan Bay National Wildlife Refuge (Wildlife Viewing)
Location: 13950 Dawson Beach Road, Woodbridge

Andrew Leitch Park (Upgraded play areas, nature trails, picnic areas, near Waterworks)
5301 Dale Blvd., Dale City

James Long Regional Park (Upgraded play areas, nature trails, near Gainesville Library)
4306 James Madison Hwy, Haymarket

Prince William Forest Park (Playgrounds, Picnic areas, Trails)
Location: 18100 Park HQ Road, Triangle

Signal Bay Water Park (Leisure pool, slides, and more)
Location: 9300 Signal View Drive, Manassas Park

Signal Hill Park (Picnic tables, pond, playground; surrounding Signal Bay Water Park)
Location: Signal View Drive, Manassas Park

Splash Down
Location: 7500 Ben Lomond Park Drive, Manassas (Leisure pool, bubblers/spray fountains, soft sand, slides & more; Splash N' Play, One-on-one time with your 5 and under child before the pool officially opens. Parents get in FREE)

Chinn Aquatics & Fitness Center
13025 Chinn Park Drive, Woodbridge, VA (Fenced Playground in between Recreational Center and Library)

Fantasy Playground (Wood play equipment, tunnels, swings, slides, forts & more)
12298 Cotton Mill Road
Woodbridge, VA 22192

Howison Homestead Park
14717 Minnieville Rd, Woodbridge, VA 22192
(Big soccer field & playground – Weekend see games with family)

Veteran's Memorial Park
Location: 14300 Featherstone Road, Woodbridge, (50-meter outdoor pool, picnic tables/grills, duck pond, playground, nature walks/trials)

Waterworks Water Park
Location: 5301 Dale Blvd., Dale City (Children's Play Structure & Splash Pad, picnic grounds & More; Splash N' Play, One-on-one time with your 5 and under child before the pool officially opens. Parents get in FREE; 2 and under FREE)



703-361-1339

703-490-4979

703-792-7060

703-221-7181

703-335-8872

703-335-8872

703-792-8200

703-730-1992

703-491-2183

703-680-7137



www.pwcgov.org/government/dept/park/pages/pool-programs.aspx



Outdoor Activities/Parks (continued)



Birchdale Recreation Center, Dale City 703-670-9118
14730 Birchdale Avenue (Outdoor Pool, Wading Area/Kiddie Pool, Playground, Pavilion Rentals, Skate Park, Basketball Court, Open Playfield)

Graham Park Pool 703-221-7550
3511 Graham Park Road, Dumfries (Outdoor Pool)

Hammill Mill Pool 703-491-1074
1721 Carter Lane, Woodbridge (Outdoor pool, small slides, Wading area/Kiddie Pool)

Silver Lake
16198 Silver Lake Road, Haymarket
(Outdoor Little School ages 2 and up, trials, picnic areas, and more)

Prince William County Trials
www.pwcgov.org/government/dept/park/pages/recreation-nature-hiking.aspx

Therapeutic Horseback Riding
Rainbow Center www.rainbowriding.org 703-754-6159
Location: 8033 Ashton Avenue, Suite 105,
Manassas, VA

North Star Stables, Catharpin, t.pilegaard2010@gmail.com 540-717-0121

Recreation Centers/Programs

Prince William County Parks & Recreation 703-792-7060
www.pwcparks.org

Ben Lomond Community Center 703-361-7126
10501 Copeland Drive, Manassas, (Dance Classes, Art classes, Tumbling Classes, Family Programs, outdoor trials, and more)

Chinn Aquatics & Fitness Center 703-730-1051
13025 Chinn Park Drive, Lake Ridge, (Playschool 30 months and up, child care, swim classes, indoor pool, a leisure/children's wading pool, outdoor trials, and more)

Sharron Baucom Dale City Recreation Center 703-670-7112
14300 Minnieville Road, Dale City, (Playschool 2 and up, licensed nursery, indoor pool, tumbling classes, swim classes, and more)

Freedom Aquatic & Fitness Center 703-993-8444
9100 Freedom Center Blvd., Manassas, www.freedom-center.com
(Parent & Child Swim Classes, Tumbling Classes, Music Classes, Kid Kare, and more)

Veterans Memorial Park 703-491-2183
14300 Veterans Drive, Woodbridge, (Dance classes, outdoor pool, and more)

Prince William County Schools Aquatics Center, Colgan High School, 13833 Dumfries Road, Manassas, (Splash Pool & more) 571-374-6333
www.pwcs.edu/aquatics_center/



Recreation Centers/Programs

Sports



City of Manassas Parks & Recreation 703-257-8237

Cannon Games 703-590-2311

Location: Pfitzner Stadium County Court Complex

Challenger Baseball 800-440-0048

Special Olympics www.specialolympicsva.com 703-680-6661

Location: 4326 Dale Blvd., Woodbridge

Indoor Pools:

Locations: Chinn Aquatics & Fitness Center 703-791-2338

Dale City Recreation Center 703-670-7112

Prince William County Parks and Recreation 703-792-7060

SwimKids Aquatic Center, Woodbridge 703-396-7946
(SWIM)

Potomac Festival 14531 Potomac Mills Rd., Woodbridge, VA 22192

SwimKids Swim School, Gainesville

13555 Wellington Center Circle, Unit 109, Gainesville, VA 20155

www.swimkids.us

(Special Ability Private/Group classes, Swim Classes for all ages;

FREE Splish Splash Baby Class ages 2-5 months)



M's B's Swim Club, Aquabrats 703-494-7094

Location: 1521 Lakewood Drive, Woodbridge 703-497-2360

catandog@aol.com (special needs swim lessons available) 703-307-7849

Tiny Dancers, Gainesville, VA www.tinydancers.com 703-385-5580

SoccerTots Total Sports 703-953-1667

Location: 10225 Nokesville Road, Manassas

14001 Crown Court, Woodbridge 703-953-1667

(Soccer classes for ages 18 months – 9 years)

Max Touch Soccer Academy 703-670-5801

Soccer Sprouts Fun and Development Ages 2-4

Location: 14001 Crown Court, Woodbridge www.maxtouchsoccer.com

Prince William Special Olympics, Young Athlete Program (children ages 2 -7 with an intellectual disability) youngathlete@pwsova.org 703-680-6661

Apollo Gymnastics Center 703-580-9144

Location: 12700 Apollo Drive, Woodbridge

(Parent/Child Gym classes—inquire about tuition)

Life Champ Martial Arts 703-583-6766

Location: 12500 Dillingham Square, Woodbridge, VA

(Inquire about fees—classes for children ages 2 and up)

Youth Sports Virginia Training Center 703-590-8400

14023 Noblewood Plaza Drive, Woodbridge 22193

www.vastc.com (Inquire about fees—Parent & Tot Classes)

Toddlin Time 703-361-5351

Location: 9806 Cockrell Road, Manassas

(Inquire about fees—birthday parties, classes) <http://www.toddlintimeofmanassas.com/>

Little Gym

Location: 7364 Atlas Walk Way Gainesville, VA 703-753-9109

(Inquire about fees—Parent/Child and other classes for ages

4 months to 12 years) www.thelittlegym.com



Recreation Centers/Programs

Sports (continued):

Gymnastics World

Location: 12384 Dillingham Square, Woodbridge
(Inquire about Fees, Parent & Tot classes, Birthday Parties)

703-763-3420

Tumble Time, Montclair

5119 Waterway Drive
(Gym Classes, Open Gym—Inquire About Fees)
<http://timefortumbling.com/>

703-730-7858

Kids First Swim School
Festival at Manassas
10298 Festival Lane, Manassas
www.kidsfirstswimschools.com

703-392-7946
(SWIM)



Preschools /Daycares:

Department of Social Services Child Care Programs

Location: 15941 Donald Curtis Drive, Woodbridge
www.dss.virginia.gov/facility/search/cc.cgi

(online compliance history for licensed/home/center daycare facilities)

703-792-7500

Prince William County Office on Youth

703-792-6095



Quality Rated Programs

<https://www.virginiaquality.com/parents>



Respite/Relief Care:

Arc of Greater Prince William County (Respite Care & Parents Night Out)

703-730-3124

SPECIAL NEEDS CHILD CARE (6 weeks to 22 yrs.):

<https://arcgpw.org/programs/child-care-services/>

Locations: Muriel Humphrey Day Care Center
13505 Hillendale Drive, Dale City

703-670-5060

Robert Day Care Center
9201 Centreville Road, Manassas

703-361-2443



Special Care Nannies, <https://www.care.com/special-needs-nanny>
(provides specialized childcare placements for families with special needs children, after school support, mentor, school shadow, 1:1 classroom support, on-call care)

Respite or Relief Care Centers: (continued)



Mothers Morning Out:

Locations:

Grace United Methodist Church 703-393-2345
Grace Children's Learning Center
9750 Wellington Road, Manassas, VA 20110
www.umcgrace.org

Good Shepherd Methodist Church 703-670-6127
14999 Birchdale Avenue, Dale City
www.gsumc.net

Old Bridge United Methodist Church , 3966 Old Bridge Road, 703-730-3895
Woodbridge, VA 22192, www.obumc.org,

Grace Baptist Church 703-670-5032
14242 Spriggs Road, Woodbridge

Manassas Presbyterian Church 703-369-5880
8201 Ashton Avenue, Manassas
Early Learning Center



Resource materials updated regularly in the community:

Great Times (monthly)
Washington Families (monthly)
Leisure (seasonally)
Share Food Program (monthly)
Families (monthly)
Celebrating the Special Needs Children (Annually)
Padres (every two months)
Prince William Public Library System Calendar of Events (Monthly)
Explore Bright Ideas PW Public Library System Summer Quest (Annually)
PWC Office on Youth Summer Suggestions (Annually)
<https://poac-nova.org/pwc/>
<http://asn.v.org/> - Education—Resource Directory
<http://wp.vcu.edu/vcucfi/wp-content/uploads/sites/1763/2012/08/Virginia-Resource-Guide-for-Families-of-Children-who-are-Deaf-Hard-of-Hearing-2016.pdf>



Transportation:

PRTC 703-730-6664
The Potomac and Rappahannock Transportation Commission 888-730-6664
14700 Potomac Mills Road, Woodbridge, VA 22192 (Toll Free)
(Commuter Bus—OmniRide/Metro Direct, Local Bus—OmniLink/Cross
County Connector, Ridesharing)
www.prtctransit.org/index.html

Wheels To Wellness Program 703-730-6664
(Provides travel assistance to eligible applicants, 80 years old or older; OR
Disabled as defined by the Americans with Disabilities Act; OR Have income
that is no greater than 1.9 times the federal poverty level, and not be eligible
for Medicaid transportation benefits, via a rechargeable payment card that
eligible residents can use to access health services)
www.prtctransit.org/special-programs/wheels-to-wellness.html

WEBSITES

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant & Toddler Connection of PWC)

VISION

1. www.infantsee.org (information on your baby's developing eyes)

HEARING

1. www.babyhearing.org (information about your baby's hearing, strategies to encourage communication development for children that have a hearing loss)
2. www.ncbegin.org (beginnings for parents of children who are deaf or hard of hearing information in Spanish & English on Early Intervention, Communication options, assistive technology and other topics)
3. www.Infantva.org/documents/pr-hearingfactsheetreference2007.pdf (A fact sheet "Early Intervention for Infants and Toddlers with Hearing Loss and Their Families")
4. www.cdc.gov/ncbddd/hearingloss/index.html (information, resources, a parent's guide)
5. www.ehdipals.org/Default.aspx (Early Hearing Detection and Intervention—Pediatric Audiology Links to Services, a web-based link to information, resources, and services for children with hearing loss)
6. www.handsandvoices.org (Resources for families and their children who are deaf or hard of hearing.)



SIGNING

1. www.signwithme.com (sign language video dictionary, article on why sign?)
2. www.mybabycantalk.com (information on benefits of signing, how to begin, video dictionary of signs)
3. www.lifeprint.com (signing dictionary)
4. www.aslpro.com (free video signing dictionaries)
5. www.signingtime.com (information about the benefits of signing)

SENSORY

1. www.sensorysmarts.com (signs of sensory integration dysfunction, tips on helping your child, sensory diet activities, other resources)
2. <https://www.therapyshoppe.com/> (an occupational therapist owned and operated specialty Shoppe)
3. <http://www.sensory-processing-disorder.com/> (resource center – educational articles, behavior problems, help baby sleep, picky eater, sensory stimulation, play dough recipes and more)
4. www.funandfunction.com (affordable and creative therapy toys, equipment & resources)
5. <http://spdfoundation.net/> – Sensory Processing Disorder (SPD) Foundation offers FAQs about SPD, conferences/workshops, treatment directory, and information about SPD.

FREE ARTICLES/HANDOUTS

1. <http://www.superduperinc.com/Handouts/Handout.aspx?src=H> (informational handouts on a variety of topics, such as language building, early skills, sensory integration)
2. <http://kidshealth.org/> (practical parenting information on parenting, development, play, sleep in English and Spanish)
3. <https://www.nlm.nih.gov/medlineplus/infantandnewbornncare.html> (parenting articles on a variety of topics in English and some in Spanish)
4. www.zerotothree.org From Baby to Big Kid: How Your Child Grows from ZERO TO THREE parent e-newsletter– register - <http://www.zerotothree.org/child-development/from-baby-to-big-kid/>
5. <http://www.preemieworld.com/blob/> - PremieWorld—Support, Products, Resources, and tools
6. <http://www.babycenter.com/> (suggestions on many topics including: sleeping, health, behavior, development)
7. <http://www.pantley.com/elizabeth/> (parenting links and articles on sleep, massage and tantrums)
8. www.challengingbehavior.org/do/resources/making_life_easier.html (free tip sheets to make often challenging events easier to navigate and enjoyable for everyone – Bedtime and Naptime, Running Errands, Diapering)
9. <http://csefel.vanderbilt.edu/resources/family.html> — Parent Training Modules from Center on the Social and Emotional Foundations for Early Learning—Parent Tools/Resources;
10. <http://www.zerotothree.org/parenting-resources/MOEM/> - The Magic of Everyday Moments Video Series—Little Kids, Big Questions
11. The *Essentials for Parenting Toddlers and Preschoolers* is a free, online resource developed by the Centers for Disease Control and Prevention (CDC). Designed for families of toddlers and preschoolers, this website is organized by child age, and offers videos, activities, and print materials to address common parenting challenges, including tantrums and whining. http://www.cdc.gov/parents/essentials/?utm_source=PA+EEN%2C+May+13&utm_campaign=Build+news&utm_medium=email—Essentials for Parenting Toddlers & Preschoolers

DEVELOPMENT/PLAY

www.pathwaysawareness.org (free growth and development charts 3 months to 15 months in English, Spanish, French and Hebrew)

FREE ARTICLES/HANDOUTS



www.preventiveoz.org (discover your child's temperament and obtain parenting tactics that may work for your child)
www.zerotothree.org (child development, strategies to help your child grow and develop, free Healthy Minds handouts in English and Spanish)
www.ableplay.org/ (snapshot of toys' appropriateness for children with special needs providing play ideas and adaptation suggestions)
<http://www.twinslist.org/toddler.htm> (play activities)
www.universalpreschool.com/how-to/teaching-young-children.asp (home activity suggestions, fun recipes)
www.urbanext.uiuc.edu/toddlers/ (information on dealing with toddlers in English or Spanish)
www.woodbinehouse.com (books about children with special needs)
www.oompatoys.com (developmental toys)
www.brightfutures.org/tools/index.html (Bright Futures Developmental Tools for Families & Providers in English and Spanish)
www.med.umich.edu/yourchild/index.htm (Information on development and behavior, links to support groups, other agencies, and recommended books)
www.zerotothree.org/parentingpodcasts - *Little Kids, Big Questions* is a series of 12 podcasts with leading experts that translates the research of early childhood development into practices that mothers, fathers and other caregivers can tailor to the needs of their own child and family.
www.eipd.vcu.edu/resource_land_pad.html (Virginia Early Intervention Professional Development Center – Resource Landing Pad on a variety of Topics including: Motor Delays, Autism, Inclusion, Multiple Disabilities, Challenging Behaviors, Deaf and Hard of Hearing, and more)
www.theinspiredtreehouse.com/child-melting-look-w-sitting/ (A Pediatric Physical Therapist Explores W Sitting)
Storyline Online, <http://www.storylineonline.net/> ; <http://www.storylineonline.net/a-to-z-book-directory/?sort=titleb> (Well-known actors reading a variety of children books)
<https://www.fatbraintoy.com/index.cfm>
<https://www.fatbraintoy.com/index.cfm>—Fat Brain Toys

FEEDING/NUTRITION



1. www.lalecheleague.org (breastfeeding and parenting support, information in several different languages)
2. www.kidswithfoodallergies.org (provides education and caring support, recipes, resources)
3. www.new-vis.com (information about feeding groups, articles, workshops, clinical services)
4. www.womenshealth.gov/breastfeeding (information, resources, and hotline to call breastfeeding peer counselor in English and Spanish)
5. <http://www.feedingtubeawareness.com/> —(Feeding Tube Awareness Foundation—This website is dedicated to providing pragmatic information for parents on day-to-day life with child who is tube-fed. The Facebook group offers real-time support and knowledge sharing among thousands of parents and supporters.)
6. www.healthychildren.org (Powered by Pediatricians and Trusted by Parents, resources on many topics including Ages & Stages from Prenatal to Young Adult in English and Spanish)
7. www.eatright.org (Academy of Nutrition and Dietetics, Kids Eat Right Resources)

NATURAL ENVIRONMENT

1. www.bornlearning.org (turning everyday moments into learning opportunities)



OTHER ONLINE RESOURCES/LISTINGS

1. www.visitpwc.com
2. www.pwcparks.org
3. www.vahealthprovider.com/index.asp (Virginia Board of Medicine Practitioner Information)
4. www.asanv.org (Autism Society of America – Northern Virginia Chapter)
5. www.ianproject.org (National Online Autism Registry; The Interactive Autism Network (IAN))
6. www.tracheostomy.com (Aaron's Tracheostomy Page – FAQ, Trach Care, Networking, Resources In Spanish & English)
7. www.zerotothree.org/about-us/funded-projects/military-families (Free brochures, information, training opportunities, newsletters, kits for children and families impacted by deployment related issues)
8. <http://novaregion.org/281/Quick-Guide-Online>

COUPONS/DISCOUNTS (for activities and events in the area)

1. <http://www.groupon.com>
2. www.certifikid.com (Sign up for the Special deals for Special Needs Program)
3. <http://www.specialicious.com>
4. <http://livingsocial.com>

GRANTS/FINANCIAL ASSISTANCE

1. www.autism.about.com/b/2008/01/19/grants-for-families-of-children-with-autism.htm
2. www.uhccf.org/ (United Healthcare Children's Foundation – grants available for children who need critical health care treatment, services such as speech therapy, physical therapy, occupational therapy, prescriptions, or equipment not covered or fully covered by their parents' health benefit plans)
3. www.themorganproject.org - (donated items)
4. www.firsthandfoundation.org First hand Foundation, 816-201-1569
5. www.autismspeaks.org/ (Family Service Grants to eligible families)
6. Generation Rescue, www.generationrescue.org—Year around applications for grants supporting individuals & families affected by Autism Spectrum Disorders who have not done biomedical treatments and desire to have an opportunity in the biomedical treatment of autism.
7. Small Steps in Speech, P. O. Box 134, Collingswood, New Jersey 08108, www.smallstepsinspeech.org, 1-888-5speak6 (Applications are reviewed on a rolling basis and awards are granted by the Board of Directors of *Small Steps in Speech*. Awarded grants are sent to third party professional service providers after completion of a contract for services on behalf of the child)
8. National Ambucs, Inc., P.O. Box 5127, High Point, NC 27262, 1800-838-1845, email – abucs@ambucs.org - www.ambucs.org – Non-profit service organization dedicated to creating mobility and independence for people with disabilities performing various forms of community services (ramp building, accessible playgrounds, and donating computers), provides AmTryke therapeutic tricycles, and awards scholarships to therapists.
9. ACT Today Autism Care and Treatment, 19019 Ventura Blvd., Suite 200, Tarzana, CA 91356, 818-705-1625, info@act-today.org (National Nonprofit organization whose mission is to raise awareness and provide treatment services and support to families to help their children with autism achieve their full potential. Grants fund ABA therapy, Biomedical treatments, Speech/Occupational Therapy, Social Programs, Auditory Integration Training, Fencing for the home, Prescriptions/Medications. Recently launched campaign to help military children who have autism too.) www.act-today.org
10. <http://www.virginiaautismproject.com>—The Virginia Autism Project (VAP) is a 501(c)(3) non-profit organization that focuses on educating, advising and collaborating with federal, state and local decision makers and the general public on issues that impact individuals with autism and their communities, while raising awareness throughout Virginia.
Mail: Jodi Folta, Treasurer, 43260 Atherton St.. Ashburn, VA 20147, VAPNOVA@gmail.com
11. www.autismhealthinsurance.org—Although their website appears as though they are California specific – this organization actually assists families in all 50 states. 510-325-0975, Email: info@autismhealthinsurance.org



LANGUAGE

1. www.freefoto.com (free photos to print)
2. www.pdppro.com (sells whistles, oral motor toys- vibrating, Chewy Tubes, Nuks, and Sensory toys)
3. www.integrationscatalog.com (oral motor and sensory toys)
4. www.talktools.net (articles on oral motor and speech development, sells oral motor tools)
5. www.vocaldevelopment.com (information about early speech development)
6. www.earlyliteracydevelopment.org (information on evidence-based early communication language and emergent literacy development, practice guides and early literacy learning activities in English and Spanish)
7. www.speech-language-therapy.com (Articles, links, and resources)
8. www.spanglishbaby.com (Raising Bilingual Babies – Information and resources)
9. www.senteacher.org/worksheet/6/pecs.xhtml (Photo Cards: Free Printables)
10. www.tarheelreader.org (Free accessible books including social stories and nursery rhymes in several languages)
11. www.advantagespeech.com/asts_resources - Advantage Speech Therapy Services Resources – Great information available from the following books: The SLPs IEP Companion, Mouth Madness – Oral Motor Activities for Children, More Than Words, It Takes Two to Talk, Talk! Talk! Talk! Tools to Facilitate Language, The Early Intervention Kit, and Early Language Development – Handouts & Activities.
12. www.talkwithmehbaby.org—Contains information for families, caregivers and professionals about why and how to talk to babies.
13. www.firstwordspjproject.com/resources/ - Communication checklists, every day activities, social communication, and more resources.



AUTISM

www.autismspeaks.org (information, local resources, autism, video glossary, Autism Speaks Family Services 100 Day Kit – Information and advice for newly diagnosed families – Autism Response Team: 888-772-9050, or email familyservices@autismspeaks.org - members are specially trained to connect families with information, resources and opportunities); <https://www.autismspeaks.org/family-services/tool-kits>
www.autisminternetmodules.org (Autism Internet Modules on a variety of topics – Functional Communication Training, Naturalistic Intervention, Antecedent-Based Intervention (ABI), Picture Exchange Communicate System (PECS), Pivotal Response Training (PRT), Reinforcement, Structured Teaching, and much more)
www.rethinkfirst.com (Web-Based Autism Treatment Platform)
Autism Landing Pad (www.eipd.vcu.edu/pdf/autism_landingpad_ra_linked.pdf) – Highlights research, policies, materials, videos, and web resources.
www.autism-live.com; <https://www.youtube.com/playlist?list=PLzpc1IUvtW-eZV3vEFlyWD4r2KVh6kTW>
(Check out the videos – “Parent to Parent - Quick Tips” on topics such as: How can I get my child to talk, how can I prevent tantrums, what should I do when my child is tantrumming, and more)
www.autismnavigator.com (Web-based tools, ASD video glossary, resources & more)
Early Signs of Autism for Parents/Professionals-Video (Becky Landa, KKI) <https://www.kennedykrieger.org/overview/news/online-video-to-help-physicians-parents-recognize-early-signs-of-autism>; <https://www.youtube.com/watch?v=YtvP5A5OHpU>
Autism Navigator (Florida State University) - www.autismnavigator.com



SPECIAL DIET

1. www.gluten.net (Gluten Intolerance Group of North America – getting started information, recipe database, find a restaurant and resources)
2. www.glutenfree.com (Gluten-Free Recipes, Products, Resources)
3. www.csaceliacs.org (Celiac Sprue Association – Local Support, Diet & Lifestyle, Resources)
4. www.glutenfreepassport.com (Gluten Free Restaurants information/apps, tips on eating out, resources, and more)
5. www.glutenfreeregistry.com (Resource list of Gluten-free friendly restaurants, bakeries, caterers, grocers and more)
6. www.raisingallergykids.blogspot.com (Recipes, Information, Resources)
7. www.generationrescue.org Generation Rescue (Support, Biomedical Treatment Information, Finding a Doctor)

MEDICAL (Health Information)

www.kidshealth.org (Children's Health, includes Spanish link)

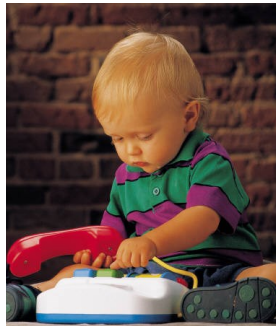
www.familydoctor.org (Includes Spanish link)

www.healthfinder.org (Includes Spanish link)

www.mayoclinic.com

www.medlineplus.gov (Includes over 40 languages)

www.healthychild.org (Educates and increases awareness on how to create healthy environments where children and families can flourish)





PWC EARLY INTERVENTION BOOKS FOR INFANT AND TODDLERS

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant & Toddler Connection of PWC)

Most Located at PWC Libraries

1. Margaret Miller Board Books (Look Baby! Books)
2. I Spy Board Books
3. Sandra Boynton Board Books
4. Baby Blue's Clues Board Books
5. DK Baby Genius Board Books
6. Baby Faces Board Books
7. DK Books (including Padded Board Books & Lift-the-Flap Books)
8. Scholastic My First Library Board Books
9. Eric Hill Books
10. Super Chubbies Board Books
11. Elizabeth Hathon Board Books
12. Margaret Wise Brown Board Books
13. Roger Priddy Board Books & Soft to Touch Books
14. Baby's World Board Books
15. Sing Along Boards
16. Photo Baby Board Books by Tom Arma
17. Baby Einstein Board Books & Vinyl Bath Books
18. Point & Say Hermes/Lorenz Books
19. Say & Point Picture Boards by Nicola Tuxworth
20. Oxenbury Board Books
21. Eric Carle Board Books
22. Phoebe Dunn Chunky Books
23. Max Board Books by Rosemary Wells
24. Touch and Feel DK Books
25. Find & Fit First Words Sorting and Matching Fun
26. Baby's First Words by Lars Wik
27. Peek-A Who? By Nina Laden
28. What is It? By Nina Laden
29. Big Red Barn Board Book by Margaret Wise Brown
30. Who's Peeking by Charles Reasoner
31. Here Are My Hands Board Book by Bill Martin
32. Toes, Ears & Nose by Marion Dane Bauer
33. I Went Walking by Sue Williams
34. Baby Loves by Michael Lawrence

35. Chicka Chicka ABC by Bill Martin
36. Where is Baby's Belly Button by Karen Katz
37. Baby Talk by Penny Gentieu
38. Wow! Babies by Penny Gentieu
39. Grow Babies by Penny Gentieu
40. From Head to Toe by Eric Carle
41. Brown Bear, Brown Bear What Do You See? By Eric Carle
42. Rumble in the Jungle by Giles Andreae
43. I Like it When by Mary Murphy
44. Sleepy Me by Marni McGee
45. Wake up Me by Marni McGee
46. Clap Your Hands by Lorinder Bryan Cauley
47. Good Night Moon by Margaret Wise Brown
48. More Bugs in Boxes by David Carter
49. No David by David Shannon
50. Guess How Much I Love you Board Book by Sam McBratney
51. One Duck Stuck by Phyllis Root
52. I Can Help by Margaret Miller
53. Pete's a Pizza Board Book by William Steig
54. Animals by Eric Carle
55. <http://csefel.vanderbilt.edu/resources/strategies.html#list>—suggested from Center on the Social and Emotional Foundations for Early Learning
56. Sparrow—Helps Children Cope with an Injured Caregiver—https://www.zerotothree.org/resources/32-sparrow-helps-children-cope-with-an-injured-caregiver?utm_term=Sparrow&utm_campaign=Honoring%20Mothers%20and%20Military%20Caregivers&utm_content=email&utm_source=Act-On+Software&utm_medium=email&utm_mmc=Act-On%20Software-_-email-_-Honoring%20Mothers%20and%20Military%20Caregivers-_-Sparrow



book list

BOOKS FOR PARENTS OF INFANTS AND TODDLERS

Located at PWC Library = PWCL or the PWC Parent Resource Center = PRC

Behavioral

- Right from the Start: Behavioral Intervention for Young Children with Autism (Topics in Autism), Sandra L. Harris and Mary Jane Weiss **(PRC)**
- The Verbal Behavior Approach: How to Teach Children with Autism and Related Disorders, Mary Barbera and Tracy Rasmussen
- A Work in Progress: Behavior Management Strategies & A Curriculum for Intensive Behavioral Treatment of Autism, Ronald Burton Leaf
- Behavioral Interventions for Young Children with Autism, A Manual for Parents and Professionals by Catherine Maurice **(PRC)**
- Early Intervention and Autism: Real-Life Questions, Real-Life Answers by James Ball

Visuals

- Visual Strategies for Improving Communication: Practical Supports for School & Home By Linda Hodgdon **(PRC)**
- Activity Schedules for Children With Autism: Teaching Independent Behavior by McClannahan, L. E. & Krantz, P. J. **(PWCL/PRC)**
- A Picture's Worth: PECS and Other Visual Communication Strategies for Autism (Topics in Autism), Andy Bondy and Lori Frost **(PRC)**

Naturalistic/Behavioral

- Pivotal Response Treatments for Autism: Communication, Social and Academic Development by Robert Koegel and Lynn Kern Koegel
- Overcoming Autism: Finding the Answers, Strategies, and Hope That Can Transform a Child's Life by Lynn Kern

PWC EARLY INTERVENTION BOOKS FOR PARENTS OF INFANT AND TODDLERS (continued)

Developmental/Relationship-Based

- Communicating Partners: 30 Years of Building Responsive Relationships with Late-Talking Children including Autism, Asperger's Syndrome (ASD), Down Syndrome, and Typical Development by James MacDonald
- Play To Talk: A Practical Guide to Help Your Late-Talking Child Join the Conversation by James MacDonald
- More Than Words: Helping Parents Promote Communication and Social Skills in Children with Autism Spectrum Disorder by Fern Sussman
- Relationship Development Intervention with Young Children: Social and Emotional Development Activities for Asperger Syndrome, Autism, PDD and NLD by Steven Gutstein and Rachelle Sheely **(PRC)**
- It Takes Two To Talk: Parent's Guide to Helping Children Communicate by Ayala Manolson **(PRC)**
- Giggle Time: Establishing the Social Connection by Susan Sonders **(PWCL)**
- The Challenging Child: Understanding, Raising, Enjoying the Five Difficult Types of Children by Stanley Greenspan, M.D. **(PWCL)**
- Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate, and Think by Stanley Greenspan, M.D. **(PWCL)**
- The Child with Special Needs: Encouraging Intellectual and Emotional Growth by Stanley, Greenspan, M. D. **(PWCL/PRC)**
- Children & Babies with Mood Swings: New Insights for Parents and Professionals by Stanley Greenspan, M. D.
- Playing It Right! Social Skills Activities for Parents and Teachers of Young Children with Autism Spectrum Disorders, Including Asperger Syndrome and Autism by Rachael Bareket
- DO-Watch-Listen-Say: Social and Communication Intervention for Children with Autism by Kathleen Ann Quill **(PRC)**
- Teaching Children with Autism: Strategies to Enhance Communication and Socialization by Kathleen Ann Quill **(PRC)**
- Reaching Out, Joining in: Teaching Social Skills to Young Children with Autism by Mary Jane Weiss **(PRC)**

Feeding

- The Kid Friendly ADHD and Autism Cookbook: The Ultimate Guide to the Gluten-Free, Casein-Free Diet by Pamela Compart & Danda Laake
- The Kid-Friendly Food Allergy Cookbook by Leslie Hammond and Lynne Marie Rominger **(PWCL)**
- Special Diets for Special Kids, Two by Lisa Lewis **(PRC)**
- The Gluten-Free Gourmet Cooks Comfort Foods: Creating Old Favorites with the New Flours by Bette Hagman
- Mother Necessity: Gluten-Free Recipes by Cristin Fergus
- The Sneaky Chef: Simple Strategies for Hiding Healthy Foods in Kid's Favorite Meals by Missy Lapine **(PWCL)**
- Deceptively Delicious: Simple Secrets to Get Your Kids Eating Good Food by Jessica Seinfeld **(PWCL)**
- Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD by Elizabeth Strickland
- Meals Without Squeals: Child Care Feeding Guide and Cookbook by C. Berman & J. Fromer **(PWCL)**
- Feeding Your Preschooler: Tasty Nutrition for Kids Two to Six by L. Lambert-Legace
- The Picky Eater: Recipes and Survival Tips for Parents of Fussy Eaters by S. McKay
- Food to Grow on. Give your Kids a Healthy Start in Life by G. Mendelsen & R. Mendelsen
- Child of Mine: Feeding with Love and Good Sense by E. Satter **(PWCL)**
- How to Get Kids to Eat...But Not Too Much by E. Satter
- Just Take a Bite: Easy, Effective Answers to Food Aversions and Eating Challenges! By Lori Ernspurger **(PRC)**
- Kids with Celiac Disease: A Family Guide to Raising Happy, Healthy, Gluten-Free Children by Danna Korn **(PRC)** Koegel, Ph. D., and Claire Lazebnik **(PRC)**
- Early Start for Young Children with Autism/PDD Practical Interventions by Kathleen McConnell and Gail Ryser
- Happy Mealtimes with Happy Kids: How to Teach Your Child About the Joy of Food! by Melanie Potock, MA, CCC-SLP
- Secrets of Feeding a Healthy Family by E. Satter
- Feeding with Love and Good Sense: The First Two Years by E. Satter

PWC EARLY INTERVENTION BOOKS FOR PARENTS OF INFANT AND TODDLERS (continued)

Sleep

- The Happiest Baby on the Block: The New Way to Calm Crying & Help Your Newborn Baby Sleep Longer **(PWCL)**
- Sleep: The Brazelton Way by T. Berry Brazelton, M.D. **(PWCL)**
- Sleep Better! By Vincent Mark Durand **(PRC)**



Sensory

- Sensational Kids: Hope and Help for Children with Sensory Processing Disorder, Lucy Jane Miller and Doris A. Fuller **(PWCL)**
- The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder, Carol Kranowitz and Lucy Jane Miller **(PWCL/PRC)**
- The Out-of-Sync Child Has Fun by Kranowitz **(PWCL/PRC)**
- Building Bridges Through Sensory Integration by Yack, Sutton & Aquilla
- The Sensory-Sensitive Child: Practical Solutions for Out-of-bounds Behavior by Smith & Gouze **(PWCL/PRC)**
- Senseabilities Understanding Sensory Integration by Maryann Colby Trott & Marci K. Laurel **(PRC)**

General

- Married with Special Needs Children: A Couples' Guide to Keeping Connected by Laura E. Marshak and Fran Prezant **(PWCL)**
- More Than a Mom by Amy Baskin and Heather Fawcett
- Thicker Than Water: Essays by Adult Siblings of People with Disabilities by **Don Meyer (Editor)**
- Parenting Young Children: Systematic Training for Effective Parenting (STEP) by Don Dinkmeyer **(PWCL/PRC)**
- Touchpoints Birth to 3: Your Child's Emotional and Behavioral Development by T. Berry Brazelton **(PWCL)**
- The Happiest Toddler on the Block: How to Eliminate Tantrums and Raise a Patient, Respectful, and Cooperative One- to Four-Year-Old by Paula Spencer & Harvey Karp
- Mastering Anger & Aggression: The Brazelton Way by T. Berry
- The Late Talker: What to Do If Your Child Isn't Talking Yet by Marilyn C. Agin, M.D., et. Al
- Choices in Deafness: A Parent's Guide to Communication Options edited by Sue Schwartz **(PRC)**
- SOS Help for Parents: A Practical Guide for Helping Common Everyday Behavior Problems by Lynn Clark, Ph. D.
- Brain Rules for Baby by John Medina – www.brainrules.net/brain-rules-for-baby
- The New Language of Toys: Teaching Communication Skills to Children with Special Needs, a Guide for Parents and Teachers by Sue Schwartz **(PRC)**
- Let's Talk About Early Language Development, a new book written by educators, Ana Gamarra Hoover and Karen Griffin Roberts
- Beyond Baby Talk: From Speaking to Spelling: A Guide to Language and Literacy Development for Parents and Caregivers by Kenn Apel
- Talking on the Go: Everyday Activities to Enhance Speech and Language Development by Dorothy P. Dougherty

Cerebral Palsy

- Teaching Motor Skills to Children with Cerebral Palsy: A parent and professional guide by Sieglinde Martin, MS, PT **(PRC)**

PWC EARLY INTERVENTION BOOKS FOR PARENTS OF INFANT AND TODDLERS (continued)

Down Syndrome

- Early Communication Skills for Children with Down Syndrome: A Guide for Parents and Professionals by Libby Kumin **(PWCL/PRC)**
- Gross Motor Skills in Children with Down Syndrome, A parent and professional guide by Patricia Winders PT **(PRC)**
- Fine Motor Skills in Children with Down Syndrome, A parent and professional guide by Maryanne Bruni OT **(PRC)**
- Babies with Down Syndrome: A New Parents' Guide by Susan Skallerup **(PRC)**

Autism

- Children with Autism: A Parent's Guide by Michael D. Powers **(PWCL/PRC)**
- A Parent's Guide to Autism: Answers to the Most Common Questions by Charles Hart
- Autism Treatment Guide by Elizabeth Gerlach
- Behavioral Interventions for Young Children with Autism, A Manual for Parents and Professionals by Catherine Maurice **(PRC)**
- Early Start for Young Children with Autism/PDD Practical Intervention by Kathleen McConnell & Gail R. Ryser
- Ten Things Every Child with Autism Wishes You Knew by Ellen Notbohm **(PRC)**
- Siblings of Children with Autism: A Guide for Families by Sandra Harris **(PRC)**



EARLY INTERVENTION SIGNING VIDEOS FOR PARENTS OF INFANTS AND TODDLERS

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant & Toddler Connection of PWC)

Current research has found that exposing an infant or toddler to language DVDs will **not** boost his or her intelligence and vocabulary. (Zimmerman, 2007)

To place a child under the age of two in front of the television, American Academy of Pediatrics say, **“Don’t Do It!”**

Located at PWC Library = PWCL or the PWC Parent Resource Center = PRC

1. Signing Time! Videos www.signingtime.com (PRC/PWCL)
2. My Baby Can Talk – First Signs
3. Sing and Sign For Fun! www.mybabycantalk.com
4. Sign With Your Baby by Joseph Garcia www.sign2me.com
5. The Treasure Chest Toys and Signs
6. Talking Hands: A Sign Language Video For Children (PRC)
7. Sign Songs Fun Songs to Sing and Sign
8. Sign With Me Videos
9. Baby See ‘N Sign
10. Sing Dance ‘N Sign
11. Say Sing & Sign Videos
12. We Sign Videos , www.wesign.com



PWC EARLY INTERVENTION SIGNING BOOKS FOR INFANTS AND TODDLERS

(Any reference obtained from this server to a specific resource does not constitute or imply its endorsement or recommendation by the Infant & Toddler Connection of PWC)

1. Early Sign Language Series
2. First Book of Sign Language Books
3. Beginning Sign Language Series
4. My First Book of Sign by Pamela Baker
5. Baby's First Signs Books
6. Babies First Words by Meredith Layton
7. Happy Birthday: A Beginner's Book of Signs by Bednarczyk & Weinstock
8. My First Book Of Sign Language by Joan Holub
9. Talking Hands, Listening Eyes Books
10. Simple Signs (Picture Puffins) by Cindy Wheeler
11. Word Signs: A First Book of Sign Language by Debby Slier
12. Pick Me Up! Fun Songs for Learning Signs by Sign2me
13. Expanded Songs in Sign by Harold Collins
14. Baby Signs Books (not ASL)
15. Sesame Street Sign Language Fun with Linda Bove
16. Sesame Street Sign Language ABC with Linda Bove
17. My ABC Sings of Animal Friends by Ben Bahan
18. Baby Sign Language Basics: Early Communication for Hearing Babies and Toddlers by Briant (for Adults)
19. Sign with Your Baby: How to Communicate with Infants Before They Can Speak & Sign With Your Baby
20. Complete Learning Kit by Joseph Garcia
21. Handtalk; an ABC of finger spelling & sign language [by] Remy Charlip, Mary Beth [and] George Ancona
22. Handtalk birthday : a number & story book in sign language / Remy Charlip, Mary Beth, George Ancona
23. Handtalk zoo / George Ancona and Mary Beth
24. Handtalk school / Mary Beth Miller & George Ancona
25. "Garlic Press" books like "Food Signs" or "An alphabet of animal signs" (ESL not ASL) or "Pets, Animals, and creatures
26. Baby Signs: How to Talk With Your Baby Before Your Baby Can Talk by Linda Acredolo, Ph.D., & Susan Goodwyn, Ph. D.
27. The Complete Idiot's Guide to Baby Sign Language by Diane Ryan

