



Department of Parks, Recreation and Tourism
Adopt-a-Park Program
Safety Guidelines

For the safety of program participants, park personnel and park users, the Department of Parks, Recreation and Tourism encourages everyone to adopt a responsible, common sense approach to safety. Adopt-A-Park participants are expected to accept responsibility for their actions, be safety conscious at all times and act with care to avoid causing damage to park facilities. The following are basic safety guidelines:

Do

- Begin with a review of safety procedures.
- Wear proper clothing and protective gloves when picking up litter.
- Stay within your designated project boundaries.
- Be aware of your surroundings.
- Drink water often and take breaks on a regular basis.
- Report damaged signs or dangerous conditions to Parks Operations Manager at 703-792-6189.
- Have a first aid kit on hand for small emergencies.
- Call 911 immediately if anyone is seriously injured.
- Use a dust pan and broom to sweep up broken glass.
- Supervise youth under the age of 18 at all times.
- Have fun.

Don't

- Don't pick up litter in a road, close to the edge of a road or narrow medians.
- Don't pick up broken glass, hypodermic needles or other medical waste with unprotected hands.
- Don't pick up liquid or semi-liquid blood, soiled clothing or articles. Report the above items to the Parks Operations Manager at 703-792-6189.
- Don't work in inclement weather.
- Don't try to pick up or move heavy tree limbs and objects.
- Don't overexert yourself. Take breaks and drink plenty of fluids.
- Don't participate under the influence of drugs and/or alcohol.