

"Parks, Trails &
Greenways ~
Encouraging Healthier
Communities"

Sally Wood, Recreation Enterprise Manager Michael DePue, Planner



#### PWC Parks/Recreation & Community Centers/ Waterparks

Register for most classes online at <a href="https://www.pwcLeisure.org">www.pwcLeisure.org</a> <a href="https://www.facebook.com/PWCParks">https://www.facebook.com/PWCParks</a>

- Chinn Aquatics & Fitness Center
- Sharron Baucom Dale City Recreation Center
- Ben Lomond Community Center
- Lake Ridge Park, Locust Shade Park, Veterans Memorial Park
- Splashdown Waterpark
- Waterworks Waterpark



## Fitness / Wellness

- CAFC/SBDCRC offer over 180 land/water aerobics classes weekly- one pass and you can attend all
- Both facilities have full cardio/weight rooms and certified professional trainers/fitness staff











#### Waterparks

- Splashdown and Waterworks Waterparks-Summer fun- Memorial Day weekend thru Labor Day weekend
- Birthday Party Packages -Group outings- family reunion, church groups, camp groups, Full service catering/food services





## Children's Programs











# **Playschool**

- Offered at BLCC, CAFC, SBDCRC & Veterans Park
- Runs Sept- mid June/Mornings & Afternoons
- State licensed- 2 audits per year



#### **Summer Camps**

- Over 7 sites offer full and half day camp programs
- In 2014 we had over 4,764 campers and over 80 counselors
- Counselors receive over 30 hrs of training in behavior management, communication, risk management, activity planning, customer service and inclusion





#### **Dance**

- Offered at BLCC, CAFC,
   SBDCRC and Veterans Park
- Classes offered ages 2-adult



## Nature/Outdoors

- Science in the Park at LR, LS, SL
   & Veterans Parks
- Park Ranger Staff lead some of the classes
- Scouting Classes- over 70 offered



















#### **TRAILS & GREENWAYS**



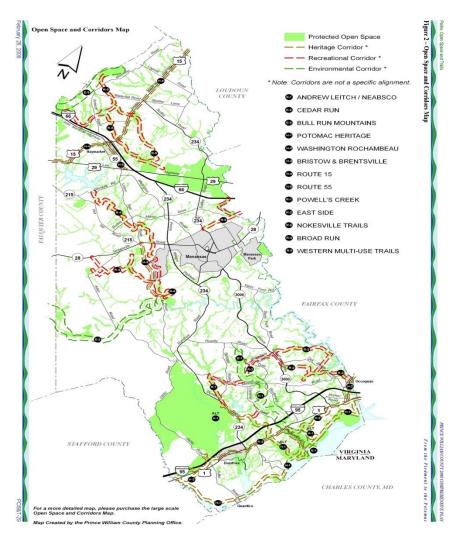
#### Why Do We Need Them?

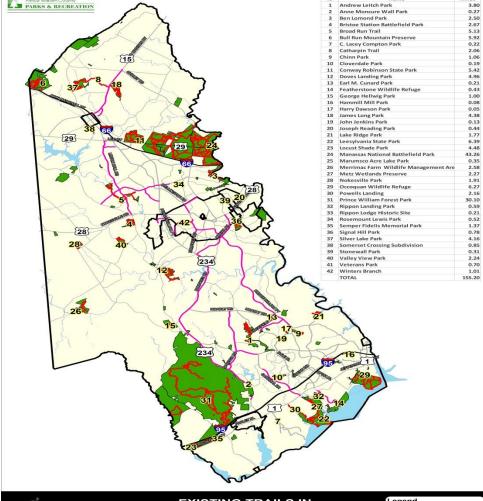
- Recreation and Exercise
  - Hiking, Walking, Biking
- Connectivity
- Access to Natural and Cultural Resources
- Quality of Life
- Sense of Community

#### Where Do They Come From?

- Development Proffers
- Volunteer Labor
- PWC Capital Improvement Program (CIP)
- Constructed With New Development

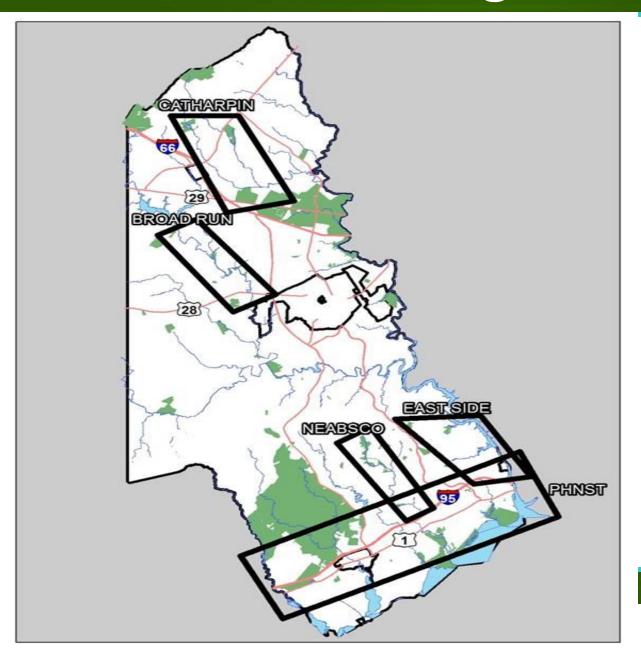
## The Vision & The Reality







# PWC'S CIP Regional Trails



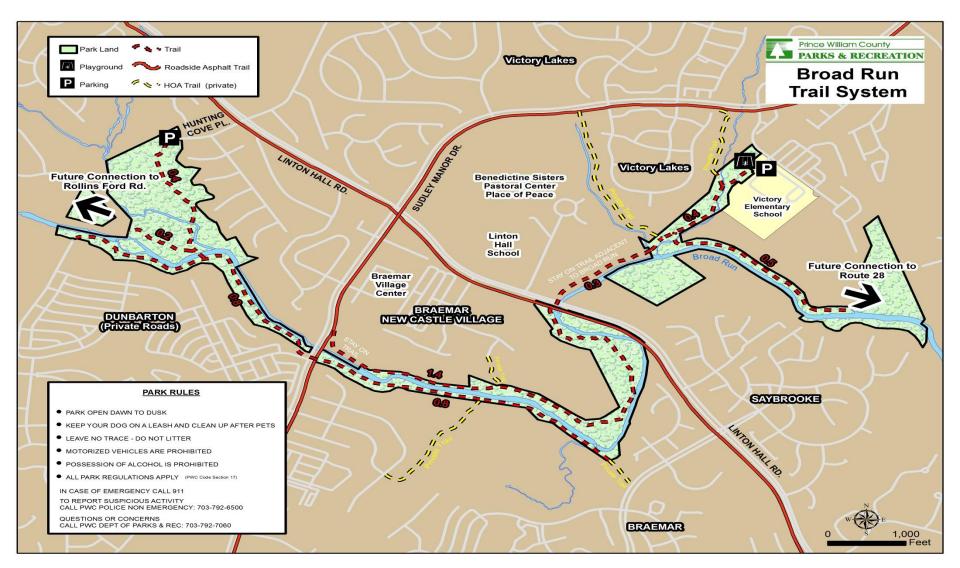


#### **Broad Run Linear Park**





#### **Broad Run Linear Park**



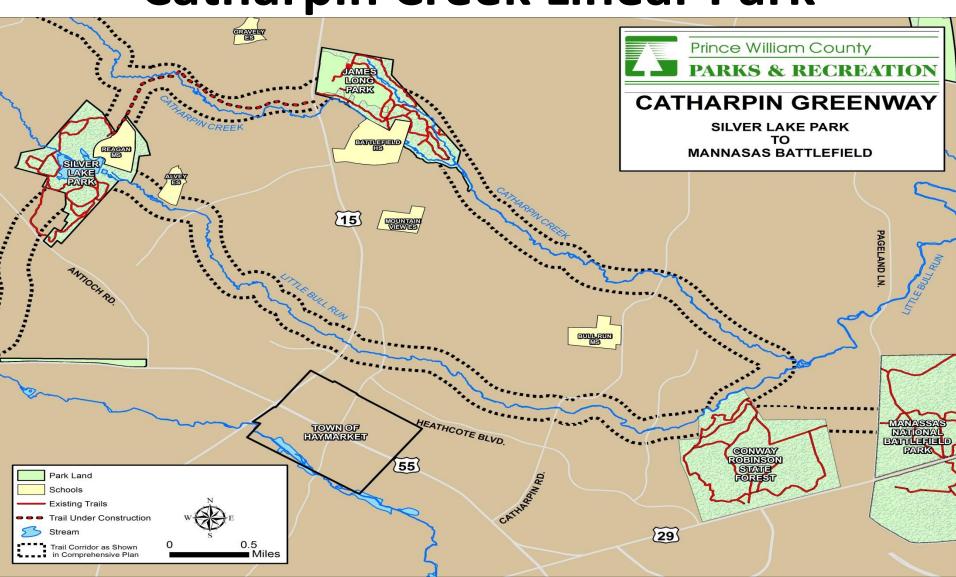


# **Broad Run Linear Park**



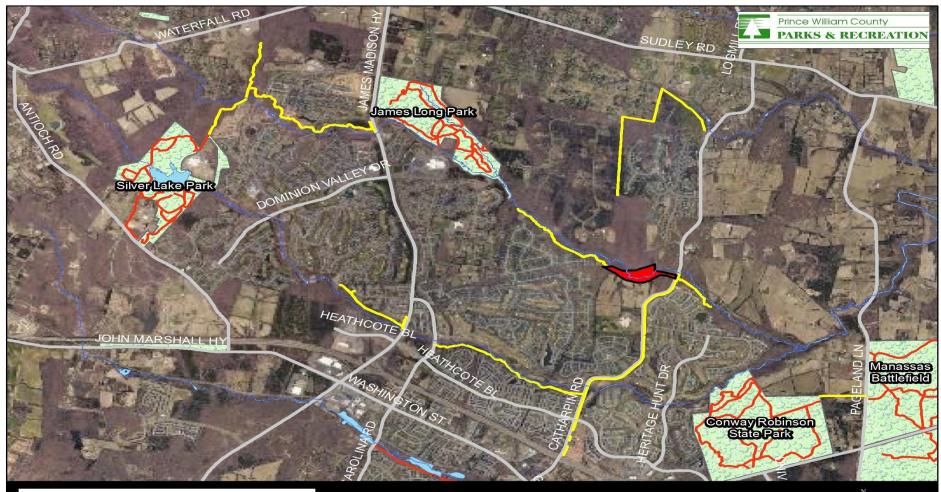


# **Catharpin Creek Linear Park**





#### **Catharpin Creek Linear Park**





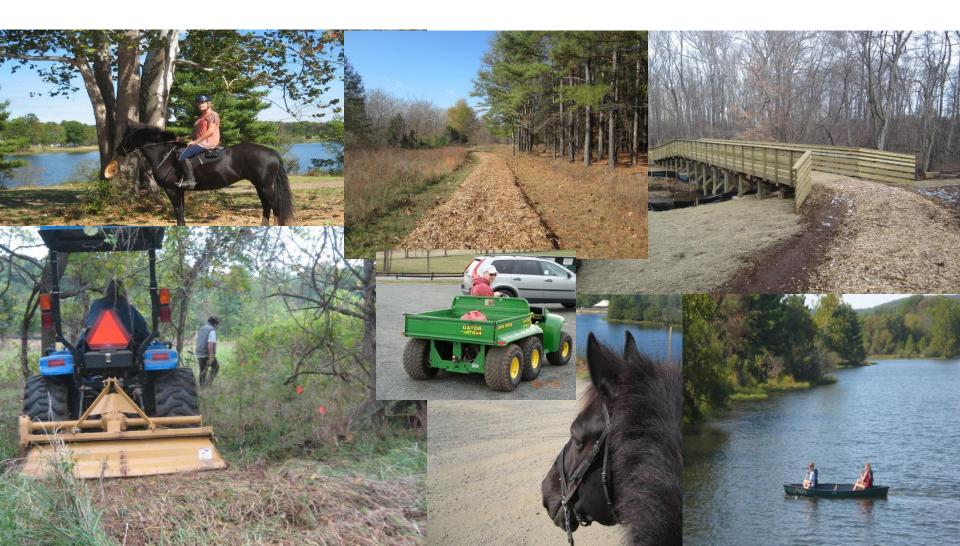
Trail Easement

Future Park Land

Fed/State/County Parks



# **Catharpin Creek Linear Park**



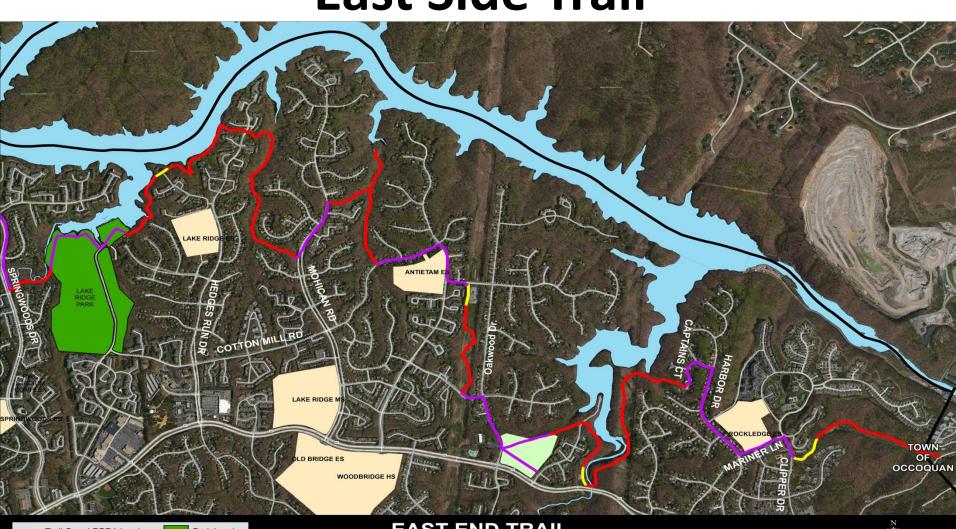


#### **East Side Trail**





#### **East Side Trail**



Springwoods Dr. to the Town of Occoquan



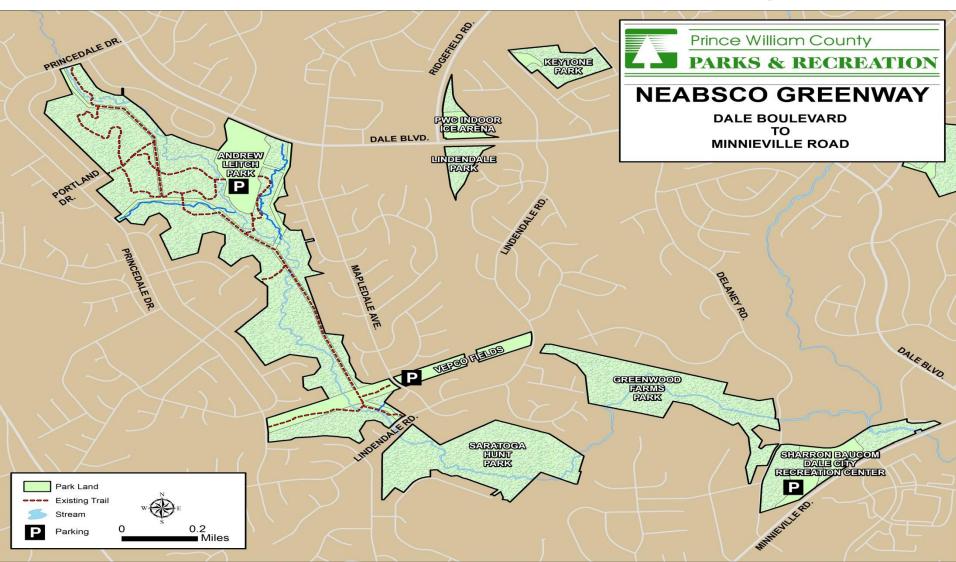


# **East Side Trail**





# **Neabsco Creek Greenway**



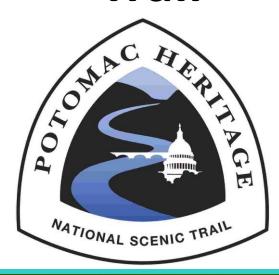


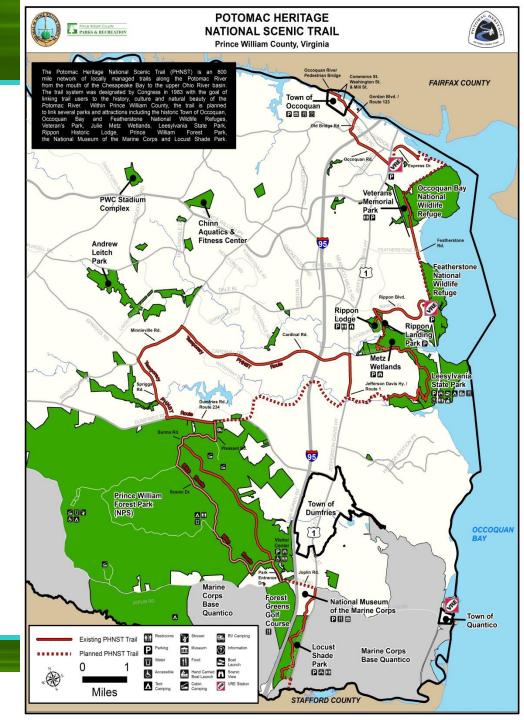
# **Neabsco Creek Greenway**





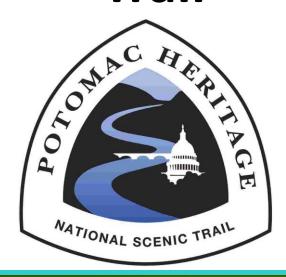
# Potomac Heritage National Scenic Trail







# Potomac Heritage National Scenic Trail







#### **Potomac Heritage National Scenic Trail**





# Questions

